

# Poultry Proves Practical in Spring Shortages Of Meat

By JANE EADS



WASHINGTON — (AP) — With the price of red meats soaring, housewives would do well to make use of the plentiful cheaper products, especially poultry or eggs. This is the advice of food economists, nutrition experts and others in the U. S. Department of Agriculture.

William Dewey Thermohlen, head of the department's Poultry Branch, says the present differences in price between meat and poultry or eggs warrants such a choice.

"It isn't a shortage of supplies, but prices, that are taking certain items out of the family's reach," another official told me.

There are plenty of hens on the market which, when steamed or boiled, make big, tasty and wholesome meals for the family. There are plenty of broilers and fryers and now we can have "spring chicken" the year around. Suggestions on how to freeze poultry are supplied by the department in a booklet "Chicken in the Freezer".

Mr. Thermohlen says the turkey crop in 1950 was the greatest in history. Turkeys are no longer a seasonal bird. They are available the year 'round and can be purchased in various cuts—half turkeys, turkey breasts, and turkey legs, to be prepared and dished up as best suits family tastes.

As for eggs, the average production per hen this year, Mr. Thermohlen says, is 170.

Mrs. Rowena Carpenter, home economist for the poultry branch of the Department of Agriculture also points to the "excellent quality" and low prices of current supplies of poultry and eggs.

"Poultry is extremely reasonable and one of the best meat buys on the market," she says.

Supplies of other proteins such as frozen fish fillets, fresh and frozen shrimp, as well as cottage cheese and peanut butter, are plentiful.

Some 39,000,000 pounds of frozen fish fillets—cod, haddock, ocean perch, pollock and others—are in cold storage as compared with last year's 30,000,000.

Shrimp are also available in record quantities—30 per cent more than was available in 1949. Stocks of canned tuna, sardines and mackerel are 50 per cent above average.

TOOD of U.N. Counter-intelligence agents, Park Poon-Ok, as the "Mata Hari of Korea," is a spy. Considered a beauty in native circles, she admitted being trained by the Japanese for a career in espionage. She was allegedly a nurse who allegedly had Korean officers as bait for her information for the (International Radiophoto)

COVERS GROUND  
BERNARDINO, Calif. — Anyone else has traveled to insure that scales and devices are kept honest. Johnson hasn't heard about

erved recently after 20 scale of weights and for San Bernardino — largest in the United Part of his job was to inch measuring device year- estimates that tracking each has carried him more 0,000 miles.

TRAFFIC LIGHT EXPLODES  
WORCESTER, Mass.—A traffic light exploded, knocked down a policeman and blew windows out of two passing buses. Illuminating gas from a leaking underground main seeped through the light's hollow post into the beacon chamber, where it was detonated by an electric spark.

## Correspondents See How Pages of Type Are Assembled



Five of the sixteen reporters for The Mountaineer from Haywood communities are shown here as they visited the two floors of the plant to see how a newspaper is published. Shown here looking at a page of type ready for press are, left to right: Mrs. Martin Rogers, Stamey Cove; Mrs. Sam Ferguson, Fines Creek; M. T. Bridges, co-publisher; Mrs. George Boring, White Oak; Miss Peggy Bradshaw, Crabtree, and Mrs. Carl Jones, Ratcliffe Cove. (Staff Photo)

## Uncle Abe

"INDEEDY"

Mr. Editor:  
This will serv sorter as a op'm letter to my fr'ends in ol' Haywood:  
How'dy, fokes! Bein' away over here in this Buncum kuntry, I of'en think o' you. As I set here tonite with my lags crosst lookin' into the far (l sumtimes do I'm meditat'n), but more of'en when percerastatin' I wonder if the worl's comin' to an eand this time or nex' time. Well, enny way, I've done repented of most all o' them cuss words I used back yander when my pipes friz up. They friz up onct over here this winter an' I help the plummer 'thout a slip. Onct he let out one when his wrench slipt an' I told him he orter be ashamed of hiz-self, he lookt up right quick, an' sez he, "Air you a preacher?"  
"Well, of sorts," sez I, "wuz before my pipes friz up."  
"These pipes?" he axt. "Shucks! a feller ort not quit preechin' caze of a little proverca-shun like this. Then you jist quit today, well—"  
"Hold on!" I interrupted, "hit wuz years ago—le's not talk about it now—you're chargin' me 3 bucks an hour!"

But what I wanted tell mos'ly in this letter is 'bout my cookin'—short cuts, money-savin' ways & so forth. I've larn't a lot 'long this line endurin' the 2 1/2 yrs. I've bin cookin' fer myself. If I'de a started-out when I wuz young an' soople—what a sheff I'de a made! Here's jist a few o' my money-savin' hints, fer this day of high prices, which I want to pass on to you Haywood wimmen—an' others also, caze when hit comes to wimmen my chivvylarity knows no bounds. We'll start off with coffy—sumtimes the worst part o' the meal:  
1. Furst, have yore coffy ground fine as frog's hair.  
2. Also save yore grounds, a'er dryin' them in the stove, fer the day compny comes. When about 3/3 thru the meal you can jist say, "I mist it on my coffy today." When they leave you can then make yourself a good cup to stave off the headache.  
3. If you haff to kill a chicken sumtimes when lokes come, be shore to cook the feet, an' give 'em full display in the bowl. Then yore visitors will not eat near so much, prob'ly not enny.

Note: If the controls don't work, an' prices go higher, Uncle Abe will give you more money-savin' hints.



What's the matter with American girls — on the romantic scene, that is? Why do some of their sweethearts marry girls across the sea?  
So many girls are concerned about this problem and the man shortage, that I asked war correspondent Hal Boyle, recently back from Korea, what in his estimation foreign girls have that American girls do not have.  
Mr. Boyle's answer is simple. Says he:  
"Japanese and French girls, in particular, are more feminine than the Average American girl. They are modest and charming and learn how to build a guy up."

What does Boyle mean by "building a guy up"? He defines it as that certain something which makes a fellow feel important, permitting him to make a few decisions—a privilege he is not always accorded by American women, he says. Abroad he is not likely to be led around "by the nose" as he is in this country.  
So there you have it in a bomb-shell, girls. The boys want a pat on the back, not occasional-ly, but pretty darn often. And if that's what they want — well, why not?  
The little girls in Japan, in particular, impress our boys with their courtesy and willingness to please them. Some boys tell us they are embarrassed by all this sudden affection.  
One could point out that 18,000,000 working women in this country not only grease the wheels of industry, but the family bankroll as well, not to mention assuming all the household and nursery chores. They probably are just about as feminine as might be expected after daily bouts in the man's world. If the poor husband must seek his own dropped collar buttons or draw his own bath water, he is put upon, indeed.  
But if he wants femininity, give it to him. You don't have to put him on a leash and stroke his brow every few seconds to make a pet out of him. Rustle up some of those superlatives you use to describe next season's fashions. For instance:  
1. If you know more than he does about a particular thing, don't let him know it. Treat him to the "wonderful," "marvelous," "terrific," "stupendous" routine, even if you don't share his viewpoint.  
2. Make him feel like heap-big-man-on-campus even if he's low-man-on-school-thermometer.  
3. Be awed by money. Act as if you'd never seen it before, and don't tell him how to spend it.  
4. Make a big thing over presents of you get any! Don't say, "Do you mind if I exchange it for..."  
5. When and if he proposes, do not mention that you'd like to continue working to help out with the family exchequer.  
6. It is a good idea not to appear too healthy if you're adopting this new feminine viewpoint. Cancel dates occasionally because you have the vapors or ague or some such.  
7. If you should play tennis or golf with him, let him win by a big healthy margin, and of course ask him to suggest a few pointers on how you can improve your game.  
Mr. Boyle points out, however, that a very small percentage of American boys do not come back to their sweethearts, and a few get fooled setting for second-best. Take the American author, who shall be nameless, who married a Japanese girl, and even became a Japanese citizen. Mr. Boyle says that rumor has it that he's the most hen-pecked man in Japan.  
That's consolation, girls!

## Navy Making Search For An Ideal 'Brain Food'

by FRANK CAREY (for Jane Eads)

WASHINGTON—The Navy is aiding in research on what may turn out to be a "brain food". The Scientist heading the Navy's project says there is some hope that the substance may aid not only in combating certain forms of mental deficiency but may also help increase the mental efficiency of normal people.

The material is glutamic acid, a substance that occurs naturally in all body tissues but in highest concentrations in the brain. It is also present in all protein food that we eat.

Investigators already had reported that when mentally-deficient children were treated with glutamic acid their intelligence quotients showed significant improvement. Other investigators, however, were unable to confirm this.

Now Dr. Samuel P. Hessman of Washington is engaged in new research, aided by grants from the Office of Naval Research (ONR) and from the International Minerals and Chemical Corp. He and his associates are trying to appraise the value of giving the acid as treatment to children after first studying them for a year or more. They are trying to reach judgments based upon the "continuing performance" of individual children rather than taking an average for the group. Their objective is to find types of cases which might be expected to benefit.

They have been studying and treating some 150 children for more than two years. Some of the children are of low mentality. Others are of normal intelligence. So far evidence suggests glutamic acid does improve mental function, at least in some cases.

One of the low-mentality cases was a teen-aged girl who had behaved like a six or eight-year-old. Soon after treatment began, her

Contract was let Wednesday for a \$25,000 building program at the North Canton school. It was announced by A. J. Hutchins, superintendent.  
Plans call for the construction of a new lunch room, complete in every detail, an all electric kitchen, enlarging the auditorium to provide recreation facilities.  
The general contract was awarded to William D. Dillard Construction Company of Sylva, and the plumbing contract went to Young and Brookshire of Canton.  
Work is expected to get underway soon as materials can be laid down and weather conditions permit, it was understood.  
Improvements and additions have been made to other schools in the local system during the past year. The addition of new class rooms have just been completed at the Beaverdam school. New rest rooms have been provided at Pennsylvania Avenue school, and work is underway on a larger lunch room and general improvements at

## Contract For New Unit To Canton School Let

Intelligence quotient approached normal, she showed an "amazing improvement" in her school studies and her general behavior was that of an adolescent rather than a child.  
Bessman said that one of the difficulties in research of this type is the "crudeness of the methods of testing intelligence". He added: "We have attempted to compensate for the lack of definition of any single test by employing, as have others, a number of standard tests."

## All Out Support For Fund

BALTIMORE — (AP) — A Baltimore publisher, who regularly turns over all profits from his newspaper to the March of Dimes, has donated to the polio fund \$180 in prize money he won on a radio quiz show.  
The publisher is Robert P. Fleishman, editor, reporter and entire staff of "The News Hound," a mimeographed weekly. He is eleven years old.  
Ice butters around Boston and northward, often can cut two "barvests" of ice two feet thick in one year.  
Patton school.  
Funds for this improvement program were made possible, it was pointed out, by the allocation of \$150,000 from the state bond program of fifty million dollars.

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