

And it came to pass, when the evil spirit from God was upon Saul, that David took an harp, and played with his hand; so Saul was refreshed, and was well, and the evil spirit departed from him.—1 Samuel 16:23.

Music washes away from the soul the dust of every-day life.—Auerbach.

Livestock Show Stimulates Interest

According to The Smithfield Herald, a livestock show and sale has stimulated much interest in Johnston County. The "new era" is reflected on every hand, the editorial writer pointed out, as he discussed the "new day" because of the stimulated interest.

The editorial, which is timely for Haywood, reads as follows:

Take a Sunday afternoon drive through the Johnston County countryside and you'll get a good idea of just what the annual Livestock Show and Sale has meant to the county's farming operation. For one thing, it has done much to dispel the "one-crop thinking" that used to hamstring the entire South.

But the Livestock Show and Sale has worked greater wonders in another sense. It has fired the imagination of the county farmer; but even more, it has fired the imagination and whetted the interest of those most important to the Johnston County farm picture—the youngsters in 4-H and FFA clubs who this week in Smithfield will parade the results of their year's work.

No one will deny that all great men, all strong nations in history, have had the imaginative trait. It is one of the facts of life that "Where there is no vision, the people perish." For a good many years Johnston County and the South faced the dead end of a one-crop economy. There were, of course, dreamers looking for other means of a livelihood, the forerunners of diversified farming as we know it today, the planners and visionaries who are at the base of every move, agrarian or otherwise. Our Livestock Show and Sale is a continuing arm of the movement that began years ago, the movement aimed at lifting the bonds of one-crop agriculture.

Ten years ago when the Livestock Show and Sale was first conceived there were few cattle in Johnston County, there were few registered swine, but worse, there were fewer farmers even concerned with the possibilities of good strains of stock. Ten years later you can hardly find a farmer who isn't interested in the near miracles that have been accomplished, and the gratifying fact is that more and more farmers are actively taking part in stock programs.

It would be impossible to give all credit where it is due, but a visit to the festivities this coming Wednesday and Thursday will show you where much of the applause for the success of the program goes. The 4-H and FFA members are vitally interested in their beef cattle and their hogs. There is a continuing, an ever growing concern about the future of agriculture and the part they must play in that future. Their eyes shine, they are radiant with pride when they exhibit the results of their year of labor. And don't think that some of their interest hasn't rubbed off on their parents and their friends. It has, and to them we owe a debt of gratitude for their efforts to better the lot of the farmer, to improve the life we all live.

So next time you see a fat steer grazing in a green pasture, next time you see a prime looking swine, pause long enough to think how far the Livestock Show and Sale has come in 10 years and what a tremendous effect it has had for the betterment of our county.

Ratcliffe Cove Shows More Leadership

Ratcliffe Cove, long known for its progressive spirit, has led off in establishing a garbage collection system.

Garbage disposal is becoming a major problem for town and rural communities. The steps just taken by Ratcliffe Cove show

Views of Other Editors

Don't Let Kids See This

Because spinach has always impressed us as one

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Thursday Afternoon, May 17, 1956

Hazelwood Off To Good Start On Playground

The thinking of recreational programs seems contagious in this community. Within 24 hours after the announcement was made of the purchase of the Horse Show property, actual work began on a \$3,500 project in Hazelwood on the school playground.

The Hazelwood project includes a large concrete area for various uses, such as skating, basketball, volley ball, and tennis courts.

The Hazelwood PTA is to be congratulated for having the initiative to go forward with such a project. We are interested in seeing that they are building something permanent, and something that will be utilized by a large group of people of all ages.

It will not be too long before this community "can point with pride" to the various recreational facilities of this immediate section. And now that the start has been made, just watch it develop even faster as our interest increases. One completed project in this field, will be the means of stimulating many other projects. We see a brighter day for recreational programs in this community.

A Lot Of Red Safety Stickers

More than half of the registered vehicles in Haywood are now sporting a flashy red safety sticker in the lower right hand corner of the windshield.

Of the 14,000 vehicles in the county, more than 7,127 went through the safety check lanes last week. This shows a lot of interest, and indicates that perhaps motorists are not as opposed to the program as was manifested against the state law several years ago.

The compulsory check-up was not opposed in principle, but only in the manner in which it was executed. Some of the lanes were under-staffed, and in some instances the staff members failed to realize that they were there to serve the public and did not have a license to issue stinging insults.

Certainly no motorist would want to operate a vehicle that he knew was unsafe. And we have the proof from last week's voluntary check-up.

Your Good Health

A child born in this country in 1900 had a life expectancy of less than 50 years. A child born today will live, on the average, for about 70 years.

This means that life expectancy has increased by some 40 per cent in a little more than half a century. That is a development of almost incredible magnitude. What has made such unprecedented progress possible?

Obviously it wasn't just magical good luck. It was the result of many factors. And one of those factors — possibly the overriding one — is found in medical progress.

Disease after disease has been conquered. Infant mortality has been reduced and reduced. Frontiers of medical knowledge have been pushed back and back. Our medical schools produce more and more physicians — and better prepared physicians. The standards of hospital care have been constantly raised. In every phase and facet of the healing arts there has been outstanding achievement.

We live longer lives and healthier lives than our forefathers did. Each day some new contribution is made to the vast body of medical knowledge. Thus do free men achieve in an atmosphere of freedom.

that a program can be worked out, and the cost to the citizens is rather small — fifty cents for each pick-up period.

We expect other communities will soon be following the example of Ratcliffe Cove in this garbage disposal program.

of the most over-rated of all the foods which have crossed our palate, rating a poor third even to turnip greens and collards (which we've never exactly considered our favorite dishes), an item from Pete Ivey at the University of North Carolina news bureau arouses a measure of glee.

Popeye, the Sailor, reports Pete, is the man most likely to get kidney stones.

The fondness of Popeye for spinach is well known. After downing a mess of spinach he can whip his weight in battleships.

But two doctors at UNC recently showed that spinach isn't all it has been cooked up to be. Dr. Claude L. Yarboro and Dr. James C. Andrews, bio-chemists, said their tests have proved that too much oxalic acid is what causes kidney stones. Spinach has plenty of oxalic acid.

North Carolina is a "kidney stone area"—so called because there are so many cases of kidney stones occurring in this state, it isn't known whether we eat more spinach than people in other states or not. There are other reasons why people get the stones, and medical science will have to dig further to find out more about it. It's just one of bits of research going on in the School of Medicine.

A PAGE FROM THE PAST



My Favorite Stories

By CARL GOERCH

There are really several chapters to this story; also several widely separated characters.

The first character, we'll present is Annie Jane McCrimmon, colored nurse, who works for Mr. and Mrs. Roy Bostic of Laurinburg.

Mrs. Bostic drove down to Fayetteville a number of years ago to do some shopping. Annie Jane and the baby remained in the car. Annie Jane gazed at the well-dressed woman walking along the street and riding by in cars.

"Lawsy me," said Annie Jane, "some folks in this world has all the luck! Wish I had me a nice new hat like some of them ladies has got!"

No sinner had she given birth to this perfectly natural wish than a hat sailed through the window of the car and slapped her squarely in the face.

Annie Jane blinked. Then she picked up the hat and gazed at it rapturously. It was a new spring model of very attractive appearance.

"De Lawd looks out for His chillun!" muttered Annie Jane piously.

When Mrs. Bostic returned to the car, Annie Jane explained what had happened. Mrs. Bostic waited a while to see if anybody would come along to claim the hat, but as no one did, and as Annie Jane insisted that it was a gift from heaven, Mrs. Bostic finally started the motor and headed back home to Laurinburg.

That same day, a man whose identity we do not know was driving down Hay Street in Fayetteville. A stiff breeze was blowing. People on the street suddenly saw a woman's hat go sailing through the air. It caught on the bumper of the green car. The driver apparently didn't see it, because he kept right on driving, circled around Market Square and disappeared from view.

That's all we know about the green car and its driver; so we'll have to dismiss them with that brief reference.

Also that same day, Mrs. W. H. Cox, of Laurinburg, was in Fayetteville, visiting friends and doing some shopping. She had on a new spring hat. The wind was quite strong. An extra severe gust swept across the street, lifted Mrs. Cox's hat from her head, sent it spinning through the air and finally deposited it on the bumper of a green car.

Mrs. R. E. Young, who was accompanying Mrs. Cox, ran down the sidewalk, hoping to catch up with the green car at the next stop light, but the light changed just as she got there and all she could do was to stand there and watch the hat wobbling wildly on its precarious perch on the bumper of the car.

"Well, it's just too bad, but I reckon there's nothing can be done about it," said Mrs. Cox when Mrs. Young told her of her inability to catch up with the car.

The next day Mr. Cox, of Laurinburg, was talking to a group of friends and, as is usually the case when several folks get together, some mention was made of the weather.

"Certainly has been windy durtin' the last day or two," somebody remarked.

"Certainly has," someone else agreed.

"An expensive wind for me," commented Mr. Cox.

"How do you mean?"

"Well, my wife went over to Fayetteville yesterday, and when she was walking down the street, a gust of wind lifted her hat from off her head. It landed on the bumper of a green car, and that's the last she saw of it. So far as we know it's still there."

"No, it isn't," said Mr. Roy Bostic, who happened to be in the crowd.

"How do you know it isn't?" inquired Mr. Cox.

"Because Annie Jane wished for a new hat," said Mr. Bostic.

"What in the world did Annie Jane's wishes have to do with my wife's hat?" demanded Mr. Cox.

"More than you might think," said Mr. Bostic. "My wife and Annie Jane were in Fayetteville yesterday too, Annie Jane was sitting in the car, wishing for a new hat. At that very moment, a gust of wind swept into the car and delivered a first class new hat right on her head. It must have been that a few minutes after your wife lost her hat, it was blown off the bumper in response to Annie Jane's wishes, and that's all there is to it."

Mr. Cox wouldn't believe him at first. He described Mrs. Cox's hat.

"That's the very same hat that Annie Jane has got," said Mr. Bostic. "If your wife wants her hat back, she'd better phone my wife about it because I think that Annie Jane is going to a big dance tonight."

Mr. Cox immediately phoned Mrs. Cox. Mrs. Cox phoned Mrs. Bostic. Mrs. Bostic told Annie

EASTERN COFFEE BREAK

You hear it said often that the reason Eastern North Carolina is low in per capita income is that we have it too easy.

When Ben Douglas was director of the Department of Conservation and Development he said often and emphatically if Easterners had as much blood, sweat and tears to dig a living from their soil as Piedmonters do that things would have been different in the East. Our soil is so rich, our seasons so long and luxuriant, we can eat our cake and have it too. We can give a third of our time to attention of our farms and the rest to taking our ease, to hunting and fishing and visiting and relaxing.

That is what they say. That is stretching the truth to make a point, no doubt. But it is a point.

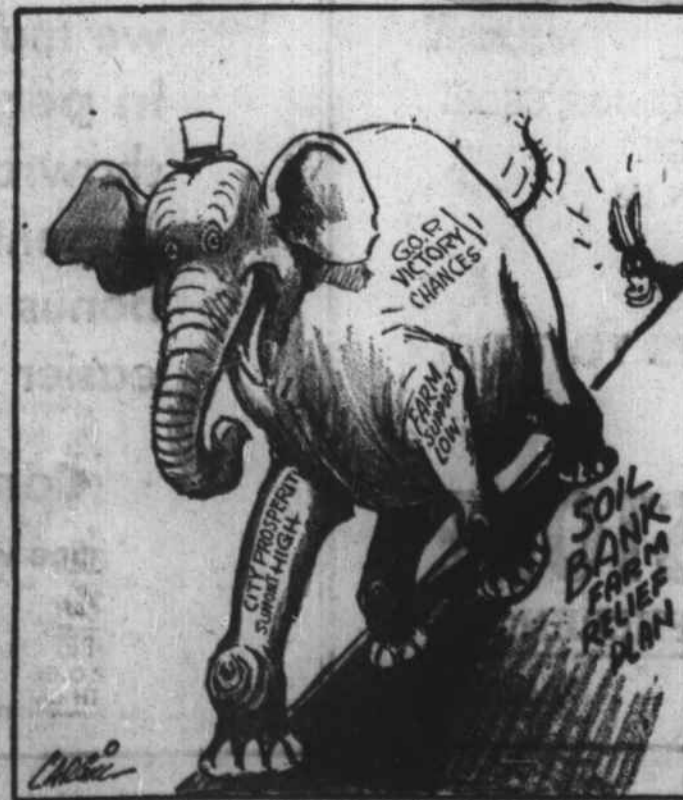
In town we are equally relaxed: We go to work at 9 o'clock in the morning and at 9:45 we take a coffee break.

Some of us save our consciences in the coffee break by picking a seat at the counter rather than in the booth. By preferring the counter, we give the impression of hustle, bustle and rush. We save our face and make pretense that the visiting with friends we actually come in to do was not the real reason we came. — Goldsboro News-Argus.

Dr. Ernest Jones, British psychoanalyst: "The best cure for juvenile delinquency is a happy marriage."

Jane, and Annie Jane ruefully and sadly returned the hat to its original owner, and everybody was satisfied, except possibly Annie Jane.

BETTER ROAD PROGRAM



Rambling 'Round

By Frances Gilbert Frazier

We have always had a heartfelt sympathy for the team, the individual or any one connected with the loss of the game. This is especially true of those interested in amateur sports. These youngsters haven't yet felt the heavy hand of adversity and what may seem like a minor thing to others, is a tragedy to the losers.

No one likes to lose; that is only human. But, be they young or old, it is an inevitable detail in life. If no errors were ever made, this world would succumb to over-perfection. But to the youthful pitcher in the baseball game who is "pulled" out, or to the center fielder, who lets the ball drop and allows the winning run to come in, the universe goes into a tail spin. Or the track runner who falls down, or the pole vault jumper who kicks the cross bar. These are all part of the game to the seasoned athlete, but to the youngster, they are calamities that pull the sun out of its orbit.

So, let's be a bit charitable to the loser. He feels bad enough without adding to his misery.

Classified ad. "Wanted: Baby sitter for eight year old boy. Applicant must have good disposition, and a strong right arm."

Perhaps we are all a bit too complacent and sit smugly back saying to ourselves that no invasion can possibly come to us where we are. We pray to a kindly Protector that this is true, and we hope that the daily warnings we read and hear are only false rumors.

A great many blame the "higher ups" that we are kept in too much ignorance as to present conditions; then in the next breath, condemn the press, radio and television for acquainting the public with our innermost war secrets. They read headlines hastily, skip the material matter and merrily turn to the comics.

Personally, we are bitterly opposed to jumping into a fanatical frenzy and leap to the conclusion that we are on the brink of war. But we do think that a bit of judicial perusal of daily events and a calm appraisal would do no harm. True, we are blessed beyond measure here snuggled cozily in the arms of the mountains, but it isn't a bad idea to locate the "EXIT" sign in case of an emergency.

If all our wishes were piled in a heap, we'd probably pull the whole thing down trying to add another one.

Remember Andy Griffith's famous "Baseball" record? Well, get a slant on his new one on "Carmen". It's a riot. Andy, as you well know, is a North Carolina product and is doing very well, thank you, on Broadway in the lead of "No Time for Sergeants".

Television was created a long time after conversation and conversation will outlive television.

Looking Back Over The Years

20 YEARS AGO

Building activity reaches new high peak with at least 12 new houses under construction.

Miss Mary Wood, granddaughter of Mrs. John N. Shoobred, is valedictorian of the senior class of Elizabethton, Tenn.

Joe Rose, popularly known in radio circles as Joe Emerson, spends time with his wife and daughter here.

Emily Siler and Haseltine Swift are visiting the former's aunt, Mrs. C. L. Dickson, in Durham.

10 YEARS AGO

A ton of canned goods is shipped from here to hungry nations abroad.

First National Bank holds formal opening in new banking house.

The Rev. Everett Murray resigns as pastor of the Hazelwood Baptist Church.

Haywood farmers receive \$1,196,284 for 1944 tobacco crop.

Mrs. R. L. Holt of Edensburg,

Pa. is here for an extended visit with her sisters and brothers.

5 YEARS AGO

Dr. Boyd Owen is elected president of the Lions Club.

Jerry Alexander of Canton is installed as president of the Haywood Methodist Youth Fellowship.

Mrs. Jack Messer goes to New York to attend a ceremony recommissioning the United States Ship Corregidor, to which her husband is assigned.

Kenneth Grasty goes to Chicago as winner of a chain-wide contest for market managers of Dixie Home Stores.

Views Of Other Editors

CONNECTED DEVELOPMENTS

One of the most significant characteristics of scientific exploration is the way discovery in one area leads to new developments in another. Radio led us into television. Not until scientists were able to produce germanium and silicon of extreme purity was it possible for the electronics industry to come out with the transistor. Tetraethyl lead and catalytic cracking gave us high octane gasoline, and that made it practical to build higher compression engines.— Samuel Linker of the du Pont Co.— Chapel Hill News Leader.

CROSSWORD

Crossword puzzle grid with clues:
ACROSS
1. Father.
2. Run before the wind.
3. Sharp cutting implement.
4. Hourly.
5. Poker stake.
6. Perform clumsily.
7. Tiny.
8. Leather leggings.
9. Select.
10. West Africa (abbr.).
11. Some.
12. A star.
13. Run away and marry.
14. Scatter.
15. Heavy blow (slang).
16. Owing.
17. Half an em.
18. Corrects.
19. Ancient female warriors.
20. Astern.
21. Locality.
22. An artificial bait.
23. City (VW).
24. Confronted.
25. Spreads grass to dry.
26. S-shaped molding.
DOWN
1. Part of a window.
2. Mexican Tlaxca.
3. American poet.
4. Land measure.
5. Closed.
6. Satisfied.
7. Impel.
8. Small valley.
9. Uncooked.
10. Man's nickname.
11. A channel marker.
12. Linen vestment (Eccl.).
13. Ditch around a castle.
14. Measure of land.
24. Beard of rye.
25. Bone (aria).
26. Baskets in solar rays.
27. Sand dune (Eng.).
28. Burrowing animals.
29. A dressing for meat.
30. Liberate.
31. Man's nickname.
32. Field officer (abbr.).