



Head of the class . . . Educated sweaters go back to school this fall, in new miracle yarns which can be washed in a jiffy, dried without blocking and retain their shape and color. Pictured are a boy's turtle-neck pullover in cable stitch and a girl's pebble-stitch cardigan with brass buttons, both in the new bulk style, both in tyora, newest in the synthetic yarn lineup, requiring minimum care.

### Teachers, Doctors Show Concern Over After Class Activities Of Students

Teachers, doctors and others are worried about the effect of too many activities upon the school child, report the editors of Parents' Magazine. Typical of these extra-curricular activities are Sunday school, scouting, music lessons, dancing school, sports, school clubs, and work for organizations like the Red Cross and Community Chest. Parents encourage this participation, and

rightly so, as desirable for the development of the child's personality.

But what happens to the over-busy youngster? Physically tired, nervous, restless, he is unable to concentrate. His school work suffers.

Parents can remedy this situation in several ways. They can consult the family doctor for his estimate of their child's stamina. An easy-going, placid child can probably take a greater amount of activity than a nervous, underweight one. The child's school record is also a picture of his capacity for engaging in other activities.

In the light of the child's aptitudes and special interests, perhaps some outside activities could be dispensed with or deferred. Finally the parent-teacher association could review the situation. The school could undoubtedly keep after-school activities to a reasonable limit. Troop meetings, dance recitals and similar activities could also be correspondingly reduced.

#### PLAN AFTER SCHOOL SNACK

Providing a balanced diet for the school child can be easier if mother includes the after-school snack and "milk breaks" in her planning.

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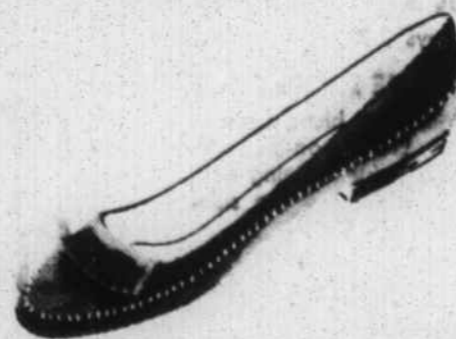
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