

### Cold Beverages for Warm Days

Expert Gives Pointers on Preparation of Tea.

By EDITH M. BARBER

THE first warm days all of us welcome call back to our table the refreshing cooling beverages which we Americans like so much. The clink of ice in a pitcher of cold tea, the sight of a glass of iced coffee are welcome at lunch and dinner or in the afternoon. "A barbarous custom," remarked an Englishman to me the other day as he passed them by and demanded his usual cup of hot, scalding tea. "It's very strange that you people have never discovered that hot tea is much more cooling than all these cold things." Perhaps he is right! Indeed, I have had this fact explained to me scientifically, but custom influences likes and dislikes.

Just a word about tea, hot or cold, and its preparation. First of all, there is the tea itself. Your final beverage will be influenced by your choice of type. Whatever kind you choose, it must be steeped in fresh boiling water which should stand about five minutes upon the leaves and then preferably poured into another heated pot, if it is to be served hot. If it is to be served cold it should be poured immediately over ice, as the quick chilling insures the best flavor. If you know the tastes of your family and friends you may add lemon, lime or orange juice and a few sprigs of mint to the pitcher in which you serve. It should not be sweetened as there are usually some people who prefer tea without sugar. Tea, by the way, makes an excellent foundation for punch, to which it gives body.

When coffee is to be served iced, it should be also made fresh and poured over ice as soon as it is dripped. You may pass plain or whipped cream or both at the table. Of course, it should never be sweetened. Iced cocoa or chocolate may be cooled before they are served with ice cubes or chopped ice in tall glasses. Whipped or plain cream is

always served with them. You may like to add a bit of almond flavoring to the cream. A combination of coffee and chocolate makes a delicious beverage, which is known as mocha or Russian chocolate.

**Chocolate Sirup.**  
1 cup cocoa or 4 squares chocolate  
2 cups cold water  
2 cups sugar  
1/4 teaspoon salt  
1 teaspoon vanilla

Put cocoa or chocolate, cut into five or six pieces, into large saucepan and stir over a low fire until the mixture is thick and smooth. Add sugar and salt and stir until dissolved. Let boil three minutes, add vanilla and pour into two pint jars and seal. If cocoa is used, the sirup will keep indefinitely.

This sirup can be used as a basis for any number of cold drinks. **Iced Chocolate.**—Allow 3 tablespoons sirup and 1 cup milk for each serving. Beat together, pour over cracked ice and top with whipped cream.

**Iced Mocha.**—Allow 3 tablespoons sirup and 1 cup fresh hot coffee for each serving. Beat together, pour over cracked ice and add plain or whipped cream.

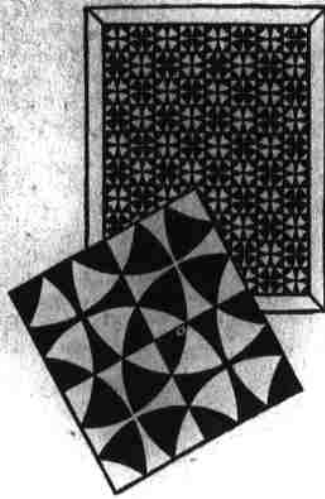
### Electrical Organ Has No Pipes



Here is Laurens Hammond of Chicago, inventor of the first technically perfect electrical pipeless organ, seated at the instrument. All the mechanism is contained in the console and the music originates as sound from a power cabinet which is connected to the console by cable.

### Wheel of Mystery Quilt Picturesque

By GRANDMOTHER CLARK



This quilt dates back many generations and there are possibly several reasons why it is called the "Wheel of Mystery." Each 18-inch block is composed of 4 9-inch blocks set together in reversed color combinations. Two small blocks are light on dark material and the other two dark on light material. When the 18-inch blocks are set together, as illustrated above, you will see dark wheels with light colored centers and light wheels with dark colored centers. Count the circles from left to right in the above assembled quilt. The colors seem to reverse as the eye travels across.

When making the quilt use two contrasting solid colors for patches to get the proper effect. Twenty 18-inch blocks with a 6-inch border will make a quilt 81x99 inches.

This is one of the 33 patchwork quilts in book No. 23. All illustrations, with instructions, cutting charts, and showing different ways for assembling, will be mailed to you upon receipt of 15c.

Address—HOME CRAFT COMPANY, DEPARTMENT D, Nineteenth and St. Louis Avenue, St. Louis, Mo.

Enclose a stamped addressed envelope for reply when writing for any information.

**Beyond Human Power**  
We may give advice, but we can not give the wisdom to profit by it.

### BLACK WALNUTS EXCELLENT CROP IN DROUTH AREA

One neglected tree which offers possibilities not only of a sure financial return, but an excellent solution of drouth conditions is the black walnut.

This type of tree roots deeper than most and because of its habit of sending its roots far down into the lower soil can maintain its life and produce its crops when all the surface crops around it fail.

Heavy yields of walnuts were reported last fall from practically the whole commercial range of the tree, from Pennsylvania to Arkansas, says the Chicago Tribune. One dealer in walnuts in western Arkansas buys an average of 800,000 pounds of nuts each season. Two years ago he purchased 1,000,000 pounds, and had a heavy carry over, which he disposed of easily last year, when the walnut crop was short. The nuts keep very well stored in cellars.

Commercial cracking plants have been established in many parts of the country. The farmer, however, has certain advantages over the large operator. By careful cracking and removing of the kernels on the farm, an average of 14 pounds of kernels may be obtained from 100 pounds of nuts. The industrial plants using machinery net about ten pounds. The hulls make excellent fuel.

Food and confection concerns consider black walnut kernels a staple product, and some place single orders for as much as 10,000 pounds. Farmers and state forestry depart-

ments planted millions of walnuts and large numbers of nursery raised seedlings last year, especially in the Ohio valley states. A dual purpose tree, the black walnut is a favorite for farm planting over a wide range. Once plentiful in the hardwood forests, walnut was used prodigally for fencing, fuel and building. Later demands for gun and furniture stock further depleted the supply. Fortunately the walnut tree is a fairly rapid grower, and excellent for farm forestry purposes. Foresters are urging more extensive plantings of both nuts and seedlings where remaining old trees indicate the walnut will thrive.

### Try CARDUI For Functional Monthly Pains

Women from the 'teen age to the change of life have found Cardui genuinely helpful for the relief of functional monthly pains due to lack of just the right strength from the food they eat. Mrs. Crit Haynes, of Essex, Mo., writes: "I used Cardui when a girl for cramps and found it very beneficial. I have recently taken Cardui during the change of life. I was very nervous, had head and back pains and was in a generally run-down condition. Cardui has helped me greatly." Thousands of women testify Cardui benefited them. If it does not benefit YOU, consult a physician.

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Daisy Fly Killer  
Placed anywhere, Daisy Fly Killer attracts and kills flies. Guaranteed, effective. Neat, convenient. Cannot spill. Without salt or injure anything. Lasts all season. 20¢ at all drug stores. Harold Bowers, Inc., 100 Du Sable Ave., Chicago, N.Y.

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**PARKER'S HAIR BALM**  
Removes Dandruff—Stops Hair Falling  
Imparts Color and  
Beauty to Gray and Faded Hair  
6¢ and 15¢ at all drug stores.  
Parker Bros. Co., Chicago, N.Y.

**FLORESTON SHAMPOO**—Ideal for use in connection with Parker's Hair Balm. Makes the hair soft and fluffy. 50 cents by mail or at drug stores. Hiseco Chemical Works, Patuxent, N.Y.

### Believe the Ads

They Offer You Special Inducements  
Sometimes in the matter of samples which, when proven worthy, the merchandise can be purchased from our community merchants.

## The Household

By Lydia Le Baron Walker

THIS is one of the great seasons of giving, not of new things, but of an accumulation of unwanted articles. Spring is the greatest season for this, with autumn as a good second. With the house-cleaning orgy in process or recently over, the homemaker realizes that during the previous months many articles have accumulated; clothing, furniture, dishes, utensils of various sorts, etc., and some must go to permit space for another period of accumulation.

With new frocks, what is to be done with the old? With new equipments discarded ones are in the way. With replenished linens, etc., the others may prove only a care to save. It is because of such circumstances that spring and fall become seasons of dispensing.

There are few persons who do not find certain pleasure in giving, and this is a not unworthy enjoyment. But it has to be done with much tact when the things belong in the personally unwanted group. Yet these same things, unwanted by present owners, may be just the things wanted by someone else. When the giver can find the right person for the right thing she is fortunate. It is not easy. Every one realizes the truth of this. Oftentimes there are articles the owner appreciates are really worthwhile, but can be dispensed

with, and she tries to find someone she knows who would like them.

Hesitation.

Then comes the hesitation lest offense be taken by an offer of them. Often those in most need are the most difficult to help. There is the reluctance of equals to accept from equals. An interchange would be different.

If the person who wishes to present the articles will put herself in the place of the receiver, she can get some idea of the reluctance mentioned. Also she may be able to find an acceptable way to give. How would she like to be approached with the gift if the other wanted to give the thing to her, knowing the means were less? The pinch comes with the realization of the last clause, the question of difference in pocket books. However a kind heart will find a way.

For most of the things, there are avenues of dispensing, such as through the church, or benevolent societies. These know of needs, but the articles will scarcely go where you so wish them to. So it is worthwhile to puzzle the matter out and give what you want to give, where you want it to go, if possible. It is by so doing that giving becomes more than dispensing. It takes on a human interest.

### PROBING THE PAST

By LEONARD A. BARRETT

The word "if" has occupied no small place in our thinking during these depression years. We have frequently heard the expression, "if only I had not done this or that—if I had only wanted and not been so hasty—if only I had been in a better position to meet it." The remorse, created by an endeavor to reconstruct the past, would be entirely eliminated were it possible to erase from our vocabulary that little word "if." How foolish! Introspection is a valuable mental attitude providing we do not let it lead us to self-pity or remorse. A rehearsal of past motives and decisions should lead us to avoid repeating mistakes. Otherwise nothing is gained by probing the past.

When rehearsing a past decision we should have vividly in mind the conditions in which that decision was made or not performed. The

difficulty with most of us is that we divorce the consideration of these conditions from our thinking when we let that little word "if" dominate our mood. Given the same conditions and the same experiences, the chances are that 95 times out of a 100 we would do the same things again. "If I had only known" is a better way to look at it. "If I had only known the market was going to crash I would not have invested in stock. If I had only known the bank was going to fail I would not have made my deposit in that particular bank." True—if we only knew in advance, but we did not, and that is the end of it.

If we could forget the "if" and put the same amount of mental energy into the words pluck, valor, and courage, we would be better able to harness the resources that remain, and with more self-confidence and hope go forward, being sure not to commit the same mistakes again.

What every person needs today is courage and self-confidence. These are attitudes of mind and heart which are self-creative and self-assertive. William James wrote a fine book on "The Will to Believe." Somebody should write a book on "The Will to Forget." The latter is one of the secrets of progress.

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### My Neighbor Says:

In repairing torn gloves, first buttonhole in small stitches round the entire edge of the slit, then draw together the stitches, one by one, down the center. Repairing of this kind is very neat.

One teaspoonful of vinegar added to the fat in which doughnuts are fried will prevent the cakes from absorbing the fat.

Never water the top of your fern. Just pour the water around the pot in a deep dish and let the earth soak up water through the bottom of the pot.

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### Bandeau Turban



Navy blue pineapple straw in a bandeau turban is attractively trimmed with white violet. The bandeau is white pique and the flaring stiffened veil is navy blue.

**Problems and Progress**  
It is said that problems make life more interesting, that without them existence would be dull. It certainly is true that overcoming and surmounting obstacles, and solving problems correctly, give one a feeling of assurance of ability, and courage to advance. They are like milestones marking progress on the climb to reach the goal of high aims.

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## George repairs his Disposition

WELL... I JUST THOUGHT PERHAPS I COULD HAVE THE CAR TOMORROW, THAT'S ALL.  
AW, LET HIM WAIT! HE'S ALWAYS IN A HURRY—WHEN SOMEONE ELSE IS DOING THE WORK!  
WHAT DO YOU THINK I AM—A MAGICIAN? I CAN'T WORK MIRACLES!  
COFFEE NERVES!  
GEORGE—THERE GOES ANOTHER CUSTOMER MAD AS A WET HEN! YOUR BAD DISPOSITION IS LOSING US BUSINESS EVERY DAY!  
YEAH? WELL, IT'S EASY FOR YOU TO BE CHEERFUL... YOU'RE NOT HAVING HEADACHES AND INDIGESTION!  
WHAT IF HE IS YOUR PARTNER—TELL HIM TO PULL IN HIS NECK... BEFORE YOU WRAP A MONKEY WRENCH AROUND IT!  
COFFEE NERVES!

DON'T EXPECT ANY SYMPATHY FROM ME, GEORGE—YOU KNOW WHAT THE DOCTOR TOLD YOU—YOU'RE DRINKING TOO MUCH COFFEE!  
OH, BUNK! COFFEE NEVER HURT ANYONE!  
ASK HIM WHAT HIS JOB IS, ANYWAY... REPAIRING CARS OR GIVING HEALTH LECTURES!  
YOU KNOW YOU'VE GOT COFFEE-NERVES—SWITCH TO POSTUM FOR 30 DAYS LIKE THE DOCTOR SAID!  
OH, ALL RIGHT! I'LL DO IT! IF YOU'LL JUST QUIT NAGGING AT ME!  
CURSES! THAT KNOCKS MY PLANS FOR A LOOP! NOW I'LL HAVE TO SCREAM!  
COFFEE NERVES!

30 DAYS LATER  
SURE—BRING THE CAR RIGHT OVER! I CAN HAVE IT FOR YOU BY NOON!  
GEORGE CERTAINLY HAS CHANGED! LATELY HE'S THE MOST ACCOMMODATING MAN IN TOWN!  
I CAN TELL YOU WHY, TOO! SINCE HE SWITCHED TO POSTUM HE'S FELT LIKE A NEW MAN!  
"Sure—coffee's bad for children—but I never dreamed it could be bad for me!"  
"There are grown-ups who find that the caffeine in coffee disagrees with them. It can upset their nerves, cause indigestion or sleepless nights!"  
If you suspect that coffee disagrees with you... try Postum for 30 days. Postum contains no caffeine. It is simply whole wheat and bran, roasted and slightly sweetened. It's easy to make, and costs less than half a cent a cup. Postum is a delicious drink... and may prove a real help. A product of General Foods.  
**FREE!** Let us send you your first week's supply of Postum free! Simply mail the coupon.  
GENERAL FOODS, Battle Creek, Mich. W. N. U. #30-28  
Send me, without obligation, a week's supply of Postum.  
Name \_\_\_\_\_  
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City \_\_\_\_\_ State \_\_\_\_\_  
Fill in completely—print names and address  
This offer expires December 31, 1935

### Miracle Bowlers



George Tull (left) of Philadelphia and Frank Liss of Syracuse, N. Y., are shown after doing the almost impossible. Playing as competitors representing Shallock's Ink company, and Markson Furniture company, respectively, they both rolled perfect 300 scores. So far as is known, this has never before happened in the history of bowling.

### AMAZE A MINUTE SCIENTIFACTS BY ARNOLD



**TONS HURLED FROM SPACE!**  
THE LARGEST KNOWN METEORITE LIES WHERE IT STRUCK THE EARTH, IN GROOFTON, S.W. AFRICA. IT WEIGHS NEARLY 70 TONS.

**PULLING METAL OUT OF THE EYE—**  
A 700-POUND EYE MAGNET HAS BEEN INSTALLED IN A MINNEAPOLIS HOSPITAL TO DRAW STEEL DEBRIS FROM THE EYE.  
**SWAMP COUNTRY—**  
OVER 100,000 SQUARE MILES OF U.S. LAND CONSISTS OF SWAMPS AND Bogs REMOVED BY IT UNIT FOR AGRICULTURE.

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