

Homemade Ice Cream Pleases

Expert Gives Some Advice and Good Recipes.

By EDITH M. BARBER

TURNING the ice cream freezer is a job that the children never mind if they are sure of a definite reward which comes when the dasher is removed from the can and not too well scraped.

There are two kinds of ice cream known as French and Philadelphia, both very good. The comparative cost depends on whether eggs or cream can be bought at the lowest price. For French ice cream a soft custard is made and chilled before the cream is added. For Philadelphia ice cream the sugar, salt and flavoring are merely mixed with the cream. Don't try to improve your ice cream by using heavy cream as it is likely to get buttery when it is turned.

Vanilla is always a favorite as it can be varied by the use of different sauces, chocolate, butterscotch or fruit to which nuts may be added if you like. If chocolate cream is your choice, heat your chocolate with the milk and beat until smooth and then chill before beginning to freeze. Ground sugared almonds or Brazil nuts make a delicious flavoring—so does ground peppermint candy as well as rolled nut brittle or macarons. If you like a caramel flavor you may caramelize half the sugar, heat your cream, add the caramel to it and stir until dissolved again.

In making ice cream the freezer should not be turned too fast. Slower turning makes smoother ice cream.

Philadelphia Ice Cream

1 quart thin cream
1/2 teaspoon salt
1/2 cup sugar
2 tablespoon vanilla
Mix well and freeze. To freeze: Crush ice fine. A burlap bag and a heavy wooden mallet makes this an easy task. When packing for freezing use eight parts of ice to one part of salt, as this comparatively small amount of salt makes a cream or ice smoother than when more salt is used. After the cream is frozen turn off the water and re-pack, using four parts of ice to one of salt.

Mint Marshmallow Sauce

Melt one-quarter pound marshmallows with one-quarter cup boiling water in a double boiler. Stir in one teaspoon mint flavoring and

Irish Wrestling Champ

Following his sensational victory over the so-called invincible Greek, Jim London, Danno O'Mahoney, Irish heavyweight champion, is recognized as the world's heavyweight wrestling champion in New York, Pennsylvania, Illinois, California and about twenty-four other states.

Training Future Aces of Navy



The Philadelphia navy yard is a beehive of activity, as the prospective aerial aces of the United States navy are receiving ground training for their future jobs. Since the Navy department has authorized training of several hundred aviation cadets from whom naval aviators will be selected for the United States navy, many candidates from eastern states started their one month of instruction which is climaxed with 12 hours in the air. After those first 12 hours, the budding aviators are sent to the naval air station at Pensacola, Florida, for a year's training, after which those successful are designated as naval aviators and are ordered to three years' duty at good pay. Before the actual flight instruction starts, however, the young men, preferably college graduates, are put through a rigid series of tests for eyesight, balance and other perceptions. The picture shows a student aviator having his vision tested.

The Household

By Lydia Le Baron Walker

THE person who travels, however short the distance, and by what conveyance; train, ship, auto or airplane, finds difficulty in keeping frocks from getting mussed and creased. It may be inconvenient to get the articles pressed, or to iron them yourself, yet there is a hesitancy about appearing in dresses that are not free from rumpled. Assuming that proper care has been taken in the packing, which care is essential, let us see what can be done to restore the frocks without work or inconvenience to anybody.



Fresh air pressing is a process that is not understood enough and advantage of it is lost through lack of knowledge. It is entirely manual labor, yet the results are amazingly good. The frock is put on a hanger as usual with the arms of the hanger, coming beneath the shoulders. If there are shoulder strap tapes on the under-shoulder seams, clamp them about the arms of the garment hanger. This will prevent the frock from slipping off the hanger. Safety pins can be used if tapes are lacking.

Where to Hang Garments
If you are where it is possible to hang the garment on a clothesline out of doors, do so, or on the branch of a tree. These places are best of all, but if you must keep your garment in your own room, suspend the hanger, with its frock secured to it, near an open window where the fresh air can blow on it. The wind is an agent as well as the out-of-door element. The density

of the atmosphere is another factor. For this reason twilight, when the air is slightly damp, is the best time for fresh air pressing unless it is the early morning. Cloudy days because of the dampness are good for this pressing.

The wind will blow the creases out, so a breeze hastens the work. Precaution should be taken to bring the frocks in the house, or take them away from before the open window before the dampness takes away the crisp quality of the new, or laundered textile. The fragrance of the fresh air permeates the garments like perfume.

It may be interesting to hear that while I have been writing this story, I have successfully restored three frocks which were rumpled after being in the suit case during a motor trip. The frocks are entirely free from the creases and rumpled, and are now in the closet, and all the work there was to restoring them was to put the hangers with the garments on them out on a clothesline.

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SEEING THE CITY

by

LEONARD A. BARRETT

In every large city we are greeted by a crier—"Enjoy a sight-seeing trip, two dollars for a three-hour ride."

We pay our money and take the ride. On the return journey we are interested in a number of persons who express great satisfaction in having "seen the city." Their remarks remind us of the lady who rather beautifully wrote a club paper on "Seeing Rome in a Day!" What did our friends see on this three-hour motor trip? True, they saw tall buildings, the exterior of the art museum, houses upon whose construction fortunes were spent, perhaps they saw the stock market and maybe the zoo. They saw many visible objects, but the real city they completely failed to see, for that is the invisible—its music, libraries, neighborhood houses, hospitals, churches, universities and homes. The aspirations, struggles, ambitions, successes as well as failures of its population.

A stranger in a large city reveals his true inner soul the moment he sets out to "see the city." A few hours after he starts out to see what the city has to offer we may find him in the dens of vice, gambling joints or gangster quarters; we may find him quietly sitting in one of its great cathedrals, or studying the collection of art in one of its museums or listening to lectures in one of its great universities.

The reaction within one who sees the city for the first time is most interesting. Some are overwhelmed by its size, rush and congestion. They never dreamed it was like this. Others are depressed, fall to see the meaning of it all and find themselves victims of a bit of homesickness. They miss the odor of roses, the beauty of trees and songs of birds as well as that majestic thing called silence.

It is also interesting to discover that while once the tide was away from the country to the city, the

opposite is now true. Many persons, tired of the impersonalism of city life, are returning to small towns and rural life. The city has much to offer to one who truly desires to see its inner life, but very little to offer to one whose capacity to see is limited by the outward things which glitter. Wherever they are, the world they see within is but a reflection of the inner world of heart and spirit. What you see as well as what you think determines what you are.

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Something New in Hats



Louise Bourbon introduces a large hat of beige colored velvet trimmed with ostrich that shades from white to dark brown. The low telescope crown is in keeping with the wide, slightly rolling brim. The bow is pale green bejot ribbon.

My Neighbor Says:

After the leaves have turned yellow, lift, dry and store in sand until fall, tulip, narcissus and hyacinth bulbs.

If the upper crust of a blueberry pie is rolled under the lower crust and pressed down, juice will not run out.

Glazed chintzes make shabby chairs look like new. Make the chintz with slip covers, being careful to have them fit perfectly.

To clarify bacon fat, put over fire, melt and slice a raw potato into it. Remove potato slices in a few minutes, add a pinch of baking soda, then strain liquid through cheese cloth.

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GABBY GERTIE



"It's impossible to keep straight when you're bent on doing crooked work."

"QUOTES"

COMMENTS ON CURRENT TOPICS BY NATIONAL CHARACTERS

PREVENTION OF WAR

By SIR NORMAN ANGELL, English Publicist and Author.

THE public mind can easily be persuaded to adopt policies which mean war. The prevalent method of defense is a fruitful cause of conflict. The method consists in each state attempting to be stronger than any other state challenging its interests.

The only way out is for the community of states to create common protection. The public thinks falsely that armies and navies have the same function as police, whereas their purpose really is to permit the imposition of certain views upon any challenger.

Defense of the individual, whether a person or a state, must be the affair of the community. This principle gains force from the fact that the defense of wealth in the modern world does not mean the defense of goods, as goods must change hands to create wealth.

RADIO TALKS

By JOSIAH O. WALCOTT, Chancellor, State of Delaware.

THE grimmest irony in all the radio programs that come over the air is found in that type of program where two college professors, who are not really in disagreement, debate with each other according to a prepared manuscript the merits of a certain theory of money or the wisdom and workability of some far-reaching scheme of social reform—all to the end that the people, the butchers, the bakers and the candlestick makers, may be equipped to form an intelligent judgment on the intricate subject and thereafter compel their representatives to act accordingly, when as a matter of fact two other professors of equal standing and worth could be picked up from almost any institution of learning to demonstrate with a positiveness equally pontifical that the first two are entirely wrong.

CONSTITUTION MAN-MADE

By R. WALTON MOORE, Assistant Secretary of State.

WHAT, if anything, is to transpire in the way of constitutional modification is unpredictable.

It is not practicable to maintain for all time any provisions of a Constitution that may disable representative democratic government from functioning so as to take care of new and growing popular needs and demands.

Washington clearly indicated in his farewell address that he looked on the Constitution as an experiment, and added that if, in the opinion of the people, the distribution of constitutional power should be in any particular wrong, let it be corrected by amendment in the way in which the Constitution designates.

RURAL ELECTRIFICATION

By OWEN D. YOUNG, Chairman General Electric Company.

THE public service companies have extended their lines far into rural areas, as far as it was economically justifiable to go. I welcome the activities of the government in extending rural service into unpopulated fields if the social advantages of doing so justify the government entering into such fields at all.

Now that housing is a new art, as new and different from the old as the motor car from the carriage, I hope that the young and productive brains of America may now devote themselves to the home and by its ratio of improvement bring it in step with the vast advances we have made in other fields.

RAILWAY IMPROVEMENT

By COL. WILLIAM J. WILGUS, Engineer and Author.

THERE are several things the railways must do. Deadwood must be cleared away in a ruthless manner. Unnecessary sidelines and superfluous mainlines must be cleared away.

The railways must abandon obsolete things to which they have become accustomed for 100 years. They must ruthlessly cut away outmoded railway equipment.

They must amalgamate their terminals to cut expenses. There must be groupings of railways and combinations of railways instead of fighting.

ANGLO-AMERICAN AMITY

By ANTHONY EDEN, Lord Privy Seal of Britain.

FRIENDSHIP with the United States is of the first importance. It exists today, and it will grow; and everything that we can do to promote that friendship will be readily and eagerly done.

There is nothing incompatible between friendship with the United States and membership in the League of Nations. It is not we or the League of Nations or any government that has tied us up with Europe. Geography has done that.

Crochet Designs in Wide Demand



Crocheted edgings and insertions have such a wide application to household linens and wearing apparel that they are always in demand and always, in use.

Pillow cases, towels, table runners, dresser sets, aprons, gowns, kiddie dresses, handkerchiefs, curtains, bed-spreads, and many other articles, require these handmade finishing touches to make them attractive.

Book No. 26 contains 72 actual size illustrations with instructions for many beautiful edgings, some insertions and a few medallions, and is a valuable book to have on hand when an edging is wanted. Use a thread of proper size, depending on article to which edging is to be applied.

Send 15c to our crochet department and receive this book by mail. Address, HOME CRAFT COMPANY, DEPARTMENT B, Nine

teeth and St. Louis avenue, St. Louis, Mo.

Inclose a stamped addressed envelope for reply, when writing for any information.

Japanese Women Workers

Quarterly Review, London, contains an article as to conditions among factory workers in Japan. The writer tells of the 1,600 young girls in a cotton-spinning factory near Osaka, who, far from a "sweat-and-martyr" condition, often reported for Japanese women workers, lived in spotless, airy halls with every comfort. They are fed well for 15 sen (5 cents) a day, by a management, who deducts this amount from their wages. For clothes and recreation, the workers spend 20 cents a day.

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PRESERVING THE SURFACE
THE SERVICE LIFE OF PAINTS IS DECREASED BY WAITING TOO LONG BETWEEN SUCCESSIVE COATS. A COAT IN FALL AND ONE IN SPRING IS BEST.