

### Tasty Desserts Are No Problem

Best and Simplest Are Parfaits and Mousses.

By EDITH M. BARBER

WHEN you ask for ice cream recipes which can be made in an automatic refrigerator. Perhaps it is just as well to go on record first of all that the frozen desserts, good as they are, which can be made in the refrigerator are not exactly like ice cream. If you have ever made ice cream, you will know that it is the turning which makes the mixture smooth and increases their quantities. For this reason it is always necessary to whip the cream used in preparing the mixtures which are to be frozen in the refrigerator.

Perhaps the most successful desserts of this sort are the mousses or parfaits, which are combinations of whipped cream, or whipped cream and beaten egg whites, with various flavorings.

A moussé is, of course, a rich dessert, and it is possible to make these desserts with combinations of milk and cream. I have found that a combination of sweetened condensed milk diluted with water plus whipped cream is as satisfactory as any recipe I have tried. In my own refrigerator I get good results without stirring the mixture during the freezing process. You may have better results in your own box if you stir the mixture at least once during the freezing period.

It is also possible to produce good desserts with whipped evaporated milk to replace the cream, especially if you use it with crushed fruit or chocolate. The milk must be heated and then chilled before it is whipped. A very little gelatin is dissolved in water and added to the hot milk. I have found that unless I use condensed milk which is already sweetened, powdered sugar is needed to give the dessert a smooth texture.

Another type of frozen dessert which can be made successfully is a combination of milk, marshmallows and whipped cream.

One of the easiest refrigerator

- #### Marshmallow Ice Cream.
- 1 cup milk
  - 25 marshmallows
  - 2 teaspoons vanilla
  - 1 cup cream, whipped
  - Salt
- Add marshmallows to milk and melt in double boiler, chill until slightly thickened. Whip cream, add vanilla and salt and beat into cold mixture. Turn into freezing tray and freeze three to four hours. Fill one pint tray.
- Variations—Add one cupful crushed berries or fruit.
- #### With Evaporated Milk.
- 1 cup evaporated milk

### Too Many Pups for Carol Ann

Little Carol Ann Prather of Los Angeles likes puppies, but when the seven born to Patsy, Jack Porter's Irish setter, were dumped about her, she protested, especially because one of them even chiseled from her milk bottle. However, Carol Ann was allowed to choose just one for a birthday present promised by her parents, Mr. and Mrs. Seb Prather.

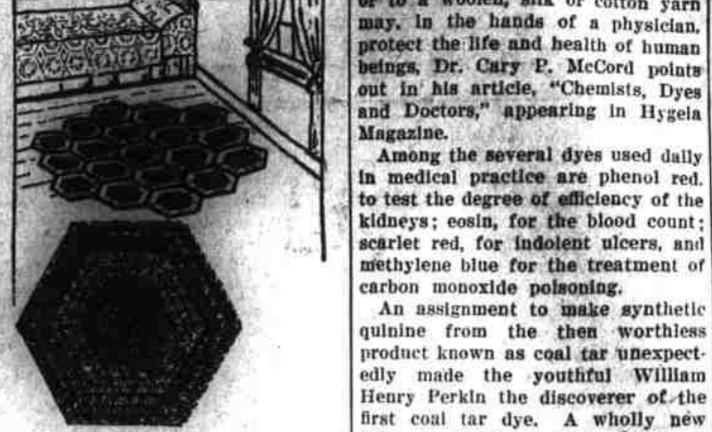


½ teaspoon gelatin  
2 tablespoons water  
2 teaspoons vanilla  
½ cup condensed milk  
½ cup water

Boil milk uncovered in double boiler or saucpan until scum begins to form. Add gelatin which has been soaked five minutes in cold water. Stir until dissolved. Do not remove film formed on milk. Pour into bowl and chill ice cold about 15 minutes in a bowl of cracked ice before whipping. Whip until stiff; add vanilla and condensed milk mixed with water. Pour into freezing tray and freeze several hours. Freeze two pint trays.

### Different Ways of Making Rugs

By GRANDMOTHER CLARK



The making of rag rugs has interested needleworkers for hundreds of years. One very good reason for this is that rugs are practical and wanted in every home. The larger the rug the harder the work; the weight increases as the work progresses. Making a rug of motifs and then assembling takes the hard labor out of rug making and the work becomes interesting. Work these motifs in spare time at home or elsewhere and, when all are finished, assemble.

Folder No. 532 contains a lot of information about making the hexagon motif in various sizes in hexagon shaped rugs and in various color combinations. Hexagon motifs are crocheted in any size and color scheme according to your own idea. Amount of material and all the stitches are given and other hints of value to rug makers. A new kind of chart for selecting your colors gives you an opportunity to see what your rug looks like before you go ahead with the work. You can get some wonderful ideas from this folder on "Different Ways to Make Rugs." It will be mailed to you upon receipt of 10 cents.

Address Home Craft Co., Dept. C, Nineteenth and St. Louis Ave., St. Louis, Mo. Inclose stamped addressed envelope for reply when writing for any information.

#### Woman Opticians in England

Woman opticians are appearing in England, and are said to be very successful. Because it is one of the professions which a woman can keep after marriage, many other recruits are expected.

#### Deep Wells

Paris is boasting that it has now the deepest well in the world. This new source of supply for the northeastern corner of the city is sunk 2,850 feet and will yield 1,000,000 gallons a day. The well is fed from a sheet of subterranean water that extends at a variable depth under the French capital. A writer in the London Spectator says that the water has its source in the Ardennes mountains. The existence of this reservoir has long been known; a hundred years ago several localities availed themselves of it.



**44 AWARDS AT ONE STATE FAIR**

Mrs. M. E. Ryerson, whose cakes, etc., baked with CLABBER GIRL, won 44 awards at the 1934 Indiana State Fair.

**CLABBER GIRL BAKING POWDER**

Always Ready to Burst  
There seems an element of unreliable explosiveness in a radical. One seldom seems to be calm.

### Calotabs

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\$2 PER DAY

SINGLE ROOM AND PRIVATE BATH

A new hotel on 42nd Street 8 blocks east of Grand Central Station.

**HOTEL TUDOR**  
NEW YORK CITY

### The Household

By Lydia Le Baron Walker

AS PEOPLE advance in years, it is important for them to be able to enjoy themselves alone. It is a wise thing to learn this trick at any time, but it becomes almost an essential to happiness to know how to employ time in pleasant ways without any companionship, when past the prime of life.

Just what shall occupy the attention is for each individual to determine, as tastes differ widely, but there are certain ways which may be suggested that lie within the scope of possibility for almost everyone. That is, none of the things require expensive outfits, nor are costly to do.

Games of solitaire are a recognized diversion. Of these there are endless kinds. Most of them are played with a single deck of cards. Some require cards other than the regulation ones.

Numbers is one such game for those who do not care for playing cards. Denominations rather than suits of diamonds, clubs, spades and hearts are manipulated in much the same way, but not so pictorially.

There is a game of solitaire that is played with marbles on a board. It is intriguing.

Puzzles of all sorts and descriptions come to keep a person mentally occupied. They take just enough physical energy to co-ordinate mind and body without actual exertion.

Anagrams and cross-word puzzles are a delight to thousands of people. Besides the puzzles in newspapers, books of these entertaining types of solitaire are on the market. Picture puzzles are favorites with many persons.

the humorous eccentricities of their nature.

Try to see a situation from the viewpoint of the "other fellow" and the funny side may be more easily discovered.

Our troubles never seem so serious to others as they do to ourselves. Read books which portray humor. Nothing is more contagious than a good laugh. When an audience begins to laugh, though you may not know the reason, instinctively you smile and may even join the crowd. Humor is many times more convincing than argument. Presentation of the ludicrous side of a situation has won many a debate. Wit demands imagination; but humor, the opposite of pathos, demands reason and reality. A sense of humor may help you to win your battle and solve your problem; for:

"Good humor is the clear blue sky of the soul."

Western Newspaper Union.

### With a Military Touch



The detachable cape, lined with dark brown french jersey, lends a military air to this smart three-piece suit. Brown and rust rabbit hair and french spun yarn are woven into the wide herring-bone pattern. Winged effect turban of brown nora.

### Vexed by Germany



Jeremiah T. Mahoney, national head of the A. A. U., announced that he would vote against America's participation in the Olympic games of 1936 to be held in Berlin, if reports of religious persecution are substantiated.

### HUMOR

By LEONARD A. BARRETT

"Humor is the clear blue sky of the soul." The biographers of Abraham Lincoln tell us about his frequent use of humor. Some members of his cabinet could not understand the reason for his resort to the relaxation of a good laugh. In many grave situations facing the government he would be found reading a funny story or telling a joke. It was Lincoln's saving grace. It is doubtful if he could have lived through some of those trying times had he not been able to see the humorous side of things.

As every cloud has a silver lining, so many a vexing problem has its funny side, if we can only see it. Perhaps this explains why some persons are able to endure great hardships with a sort of indifferent attitude and frequently with a smile. "Fool's luck," some call it—not so, for humor dispels the mists and enables us to see our problems in a clearer light. The person who is too seriously minded many times studies a problem from a one-sided point of view and his judgment becomes distorted.

Have you ever noticed the effect of humor at a lecture? The audience has been held at a tension for some time. A joke is related, and audience relaxes and is now ready for another argument. That audience is not unlike our daily experiences. We are keyed up to a high tension, nerves are taut and our thinking likely to be clouded. The grace of humor breaks the tension, we relax and with renewed vitality are ready to begin again.

Some persons say that humor cannot be cultivated. That is not true. A person can develop the sense of humor just like any other mental attitude, some with more success than others, but all with some degree of progress.

Study persons until you discover

### AMAZE A MINUTE

SCIENTIFACTS BY ARNOLD

FROM LAKE TO SKYSCRAPER—MEXICO CITY, BUILT ON LAND THAT WAS FORMERLY THE BOTTOM OF A LAKE, IS CONSTRUCTING ITS FIRST SKYSCRAPER (15 STORIES).

SHOOTING TREES—INFLAMMABLE GAS PRESENT IN MANY HARDWOOD TREES SOMETIMES ESCAPES WITH A LOUD REPORT WHEN THE TREE IS BORED.

FOG SIZES—FOG DROPLETS MEASURED FOR FIRST TIME REVEAL SIZES AS SMALL AS 1/25,000 INCH DIAMETER.

### My Neighbor Says:

Use the flat nozzle of the vacuum cleaner to rid the rooms of the little house spiders which so many people have trouble with.

Early blooming perennials such as peonies, bleeding heart, iris, columbine, etc., need a good application of fertilizer in September, for they are forming next season's buds then.

Do not beat the egg whites too much for angel cake or it will be too dry. They should be beaten until they form a point when egg beater is removed.

Fish and sausages should always be rolled in flour before frying. It improves the flavor and prevents sausages bursting open.

Associated Reprints  
WNU Service.

### DIZZY DEAN pulls a fast one!

BASEBALL TODAY

GOSH, JOE WE HAVEN'T A CHANCE OF BEATING DE KALB! NOT WITH THEM RINGING IN THAT STAR PITCHER FROM CHICAGO ON US!

AND WHAT A SMART MANAGER I AM LETTING THEM PUT ONE OVER ON ME!

HEY, HOW 'BOUT A LITTLE SERVICE?

SO THEY PULLED A FAST ONE ON YOU, DID THEY? HOW ABOUT LETTING ME PITCH FOR YOUR TEAM?

DIZZY DEAN! WOULD YOU PITCH FOR US? THEY'D NEVER KNOW YOU IN THEM SMOKED GLASSES!

GEE WHIZ, JOE! IT'S DIZZY DEAN!

YOU BETTER START DUCKIN' NOW. 'CAUSE YOU'RE GONNA GET YOUR HEAD KNOCKED OFF IF YOU DON'T

YOU HIT 'EM AND I'LL DUCK 'EM

INNINGS DE KALB BATAVIA

WHAT A PITCHER!

HE MADE MONKEYS OF 'EM!

NOT A HIT OFF HIM!

BATAVIA WINS! 2 TO 0! OH BOY!!

WHERE'D JOE GET HIM?

YOU'RE TOO GOOD TO BE PITCHING FOR THIS BATAVIA BUNCH. IF YOU WANT A REAL JOB, LOOK ME UP

THANKS, PAL, BUT I'VE GOT A JOB NOW—DOWN IN ST. LOUIS

GEE DIZZY I WONDER IF I'LL EVER MAKE THE BIG LEAGUE?

WELL, YOU'RE HEADED THAT WAY—WITH YOUR ABILITY. WHAT YOU OUGHT TO DO NOW IS BUILD UP YOUR ENERGY. AND I'LL TELL YOU ONE SWELL WAY TO DO IT. EAT GRAPE-NUTS LIKE I DO. IT'S ACES FOR MAKING ENERGY!

### Boys! Girls! ... Get Valuable Prizes Free!

Join Dizzy Dean Winners ... get Dizzy Dean Winners Ring

Just send the top from one full-sized, yellow-and-blue package of Grape-Nuts, with your name and address, to Grape-Nuts, Battle Creek, Mich., for membership pin and copy of the club manual, containing list of 37 mighty free prizes. And to have loads of energy, start eating Grape-Nuts right away. It has a winning flavor all its own—crisp, nutlike, delicious. Economical, too, for two tablespoons, with whole milk or cream, provide more varied nourishment than many a hearty meal. (Offer expires Dec. 31, 1935. Good only in U. S. A.)