

...in the schools of Duplin County. This work will be completed this fall. This program was sponsored by the state and county boards of health, 25 per cent of which was contributed by the county board of education.

Health education is one of the most popular as well as one of the most beneficial pieces of work that is being done by the health department. The necessity of this work and the results obtained from it are so outstanding that many counties in this state consider these programs as a part of the regular school curriculum. It is indeed an opportunity for the betterment of the health of many children that was not made possible years ago.

This work is a subject of vast importance from a public health standpoint, not second to any other subject that concerns the mental and physical welfare of the people, for it strikes at the very foundation of the race in that at least seventy-five per cent of all public school children are suffering from it, and until recently no adequate measures have been put in force to cure or arrest its progress. It is very evident that the public generally is not awake to its responsibilities in this matter. It is a fact that children who are suffering from decayed and abscessed teeth soon become slack in their school work, fail to pass their examinations and have to remain in the same grade from year to year. Conditions of this nature impose a heavy drain upon the school funds of our state each year and it is the belief of school and health authorities that these programs will have a great effect towards correcting this menace.

The introduction of vaccination against smallpox has almost driven disease from the face of the earth. Great efforts are being made to stamp out tuberculosis. Much has been done to prevent diphtheria and typhoid fever but practically nothing has been done to rescue this seventy-five per cent of school children from the dangers of decayed and abscessed teeth. It is hoped that Duplin County will see fit to sponsor another program of this kind.

Dr. Koonce stated that he considered his work a great success in this county and that he contributes his success to the excellent cooperation of the educational and local health departments. While the primary purpose of this work is educational, many corrections were made by Dr. Koonce for those children who could not afford the services of a private dentist. Dr. Koonce has left for Boston, Mass., where he will spend several weeks at the Forsyth Dental Infirmary for children, taking a post graduate work in children's dentistry. It is a policy of the state board of health to employ only those men who are especially trained for public dentistry.

### Treated Seed Checks Disease

Despite unfavorable weather, fairly good stands of cotton are growing on some 250,000 North Carolina acres which were planted with seed that had been treated to control damping-off disease.

QUESTION: How does one make gravy minus lumps?

ANSWER: Gravy made from minute cooked without white (roux) (works) (shops) is thickened with plain flour; while that made from meats cooked in large quantities of water (pot soups) is usually thickened with a flour and water paste. Turn the heat low when adding the flour or flour paste to the hot fat or hot fat and liquid, respectively, in the pan; then slowly add the milk or hot water, stirring constantly, then increase the heat. The controllable calrod unit of the Hotpoint electric range is a boon in this respect because the heat may be quickly regulated from low to high heat.

QUESTION: What makes hot water pastry—the type chilled in the refrigerator—break when rolling it out?

ANSWER: The dough is probably too soft. It is best to remove the pastry from the refrigerator 20 to 25 minutes before rolling in order to allow the fat to soften a bit.

QUESTION: Is there any way that one may improve a steamer from various cooking stands to steam a small pudding or cake?

ANSWER: Some women have found that their roasters may be used as steamers but these are very often cumbersome and unhandy. The economical Thrift Cooker unit of the Hotpoint Range provides an ideal steaming media because it is large enough to accommodate a complete meal—from meat to pudding, if desired; yet economical enough to operate that one doesn't mind using it for steaming small quantities of food.

This disease, which has been a menace to the cotton crop, is being brought under control as more farmers treat their seed, said Dr. Luther Shaw, extension plant pathologist at State College.

Last year, he said, good results were obtained on some 20,000 acres, and this year 12 times as much land has been planted with treated seed. A recent survey of 47 farms in 16 counties representative of all the cotton growing sections of the state showed that an average of 452 plants were found in 100 feet of row where treated seed was planted, whereas only 307 plants per 100 feet were produced by untreated seed.

Moreover, Dr. Shaw said, the treated seed will produce healthier, more vigorous plants that will make bigger yields of better quality lint.

The treatment costs about 27 cents per acre and increased the value of the crop by \$13.35 per acre in demonstrations conducted last year. Similar benefits are expected this year, he added. The treatment recommended is dusting the seed with a two per cent ethyl mercury chloride, commonly known as Ceresan.

Gus Edwards of Cane River, Yancey County, paid \$900 for seven-year old Spanish Jack weighing 900 pounds. The animal was purchased in Kentucky.

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