

for MOTHER
for DAD
for SISTER
for BROTHER
for GRANDMA, TOO

MY WORRIES ARE OVER!
NOW WE ALL USE
FOM-OL AND OUR
HAIR TROUBLES
ARE ENDED!

It's mother's lot to watch and worry over the health of the family. But mother's worries about the family's hair problems are ended, now that Fom-ol is here to help. Fom-ol is a remarkable foaming oil shampoo, super fine and non-irritating to the most tender skin. Fom-ol takes drab, sickly hair and leaves it thoroughly clean and glowing with vibrant health. Through its amazing 2-fold power to clean and revitalize, Fom-ol takes young hair and keeps it young; takes old folks' hair and makes it look young! Fom-ol is so economical; a little goes a long way. Ask your druggist for the regular 50c size. Or, write for a generous trial bottle, enclosing 10c to cover packing and postage.

FOM-OL
More than a shampoo... a treatment!

ELANOL, INC., 132 West 46th Street, New York, N. Y.
I enclose 10c for one trial size bottle of Fom-ol

Address _____
City _____

AN IMPORTANT MESSAGE TO
NORTH CAROLINIANS—No. 2



North Carolina
is on PARADE

WITHOUT the blare of trumpets... minus gaudy trappings... yet with appealing interest, the Old North State is passing in review before the eyes of the Nation. Through carefully planned, intelligent advertising, its tourist attractions—industrial advantages and its agricultural appeal are being brought to the attention of millions of readers of magazines and newspapers—and tens of thousands will be attracted to North Carolina. Let's be sure that when they do come, they will be favorably impressed. In the same degree that we display courtesy, friendliness and hospitality to guests within our own homes, let us greet and entertain visitors to our State from outside its borders. Let our Law Enforcement Officers go a step beyond mere duty in their treatment of the "stranger within our gates"... let our various communities conduct a permanent cleanup campaign, to the end that we may always be ready and proud to receive company. These things are but part of what every North Carolinian should gladly accept as OUR NEW RESPONSIBILITY.

Governor's Hospitality Committee
N. C. Department Conservation and Development

For the success of this campaign
this space contributed by

NAME OF PAPER GOES HERE

Conduct Examiner
Training Course

J. E. Jerritt, acting chairman of the Duplin County Chapter American Red Cross, announced this week, an Examiner Training Course, to be conducted from August 23, to 25th at Kinston by Chas. A. Mix, American Red Cross representative.

Active examiners, or other examiners in need of review who can do so, should go over for the work, also, any senior life savers or new candidate, exceptional swimmers, of twenty years of age or over who will have an opportunity to conduct training after their work with Mr. Mix should be included.

ALMANAC



Set a bogger on horseback and he will gallop.

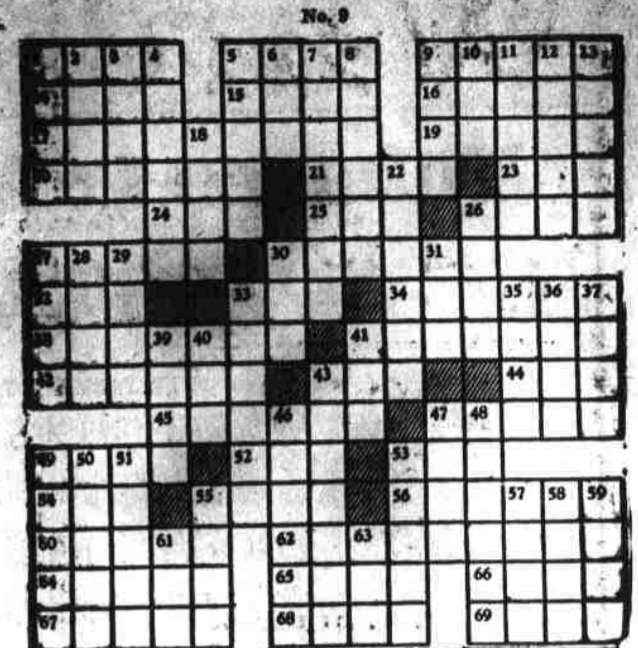
- AUGUST
- 1—Grand naval review held in New York harbor—The return from the Spanish-American War, 1898.
 - 21—Charter Oak at Hartford, Conn., blown down, 1856.
 - 24—The famous painting "Mona Lisa," vanished from the Louvre, 1910.
 - 25—General Merritt assumed duties as Military Governor of Philippines, 1898.
 - 24—The British burned the White House and captured Washington, 1812.
 - 25—French arrived in Louisiana and founded New Orleans, 1718.
 - 27—The Women's Suffrage Amendment to Constitution proclaimed, 1920.

FARES REDUCED
ROUND-TRIP
TICKETS
GOOD IN
AMERICAN LINES
ATLANTIC COAST LINE

Full details can be secured from Jack Skinner, Chairman of First Aid and Life Saving of the Lenoir County Red Cross Chapter at Kinston. It is expected that the classes will be held in the evening in order that a great number can participate.

Convinced by Facts
Few men are convinced by argument. They are convinced by facts which they may see for themselves.

CROSS-WORD PUZZLE



- (Solution in Next Issue)
- HORIZONTAL**
- 1—Pause
 - 2—Dons
 - 3—Water craft
 - 4—Having wings
 - 5—Mohammedan noble
 - 6—Lowest deck
 - 7—Marigold
 - 8—Vehicle
 - 9—Glossy lacquer
 - 10—Children's napkins
 - 11—The human race
 - 12—Be indebted to
 - 13—Measure
 - 14—Multitude
 - 15—Game preserves (Great Britain)
 - 16—Bear-like
 - 17—Noah's ship
 - 18—High in the scale
 - 19—Irides
 - 20—Religious allegory
 - 21—Varnish
 - 22—Bondsmen
 - 23—American writer
 - 24—A republic (abbr.)
 - 25—Pointed arches
 - 26—Feline carnivore
 - 27—Scratch
 - 28—Knowledge
 - 29—Male child
 - 30—Propeller
 - 31—Fish
 - 32—Elegance of manner
 - 33—Austere
 - 34—Watchfulness
 - 35—Fruited
 - 36—Regular
 - 37—Holy picture
 - 38—Breaks
 - 39—Golf mounds
 - 40—Crow-like bu...
- VERTICAL**
- 1—Swift current of water
 - 2—Dash
 - 3—Spanish drawing-room
 - 4—Earthquake
 - 5—Cup-shaped spoon
 - 6—Bird
 - 7—Hazelnut
 - 8—Follows
 - 9—Dominate
- Puzzle No. 8 Solved:**
- AWARD SEEDS
DEMURS FILED
MINERAL M...
FIRK CAROM...
TENS CRIM...
RICHES LONE
FOED BING
ATON SCENES
ABER PR YAP
MUD CANED LIT
US CONTAIN DO
SEDATE MEANER
EDITS SPOR

FACTS YOU NEVER KNEW!

IN CERTAIN PROVINCES OF CHINA, THE MEN WEAR INVERTED WASH-BASKETS ON THEIR HEADS AS HEAD-PIECES! THEY ARE NOT REGARDED AS WELL-DRESSED, OTHERWISE!

THE EARLY EUROPEAN HINDS WEAVE WARE GARMENTS MADE OF LION SKIN AS A MARK OF THEIR PRIDE AND GREEDINESS!

IN THE BEST COUNTRY OF AFRICA, THE NEGROES CUT OFF THEIR HAIR TO GET THEM LIKE MACHES THEY CONSIDER GREAT WEALTH!

THE BEST OF THE PIRATES, INCLUDING THE VIKINGS, FEEL IT THEIR DUTY TO "STRIKE THROUGH" FIRST!

THE PRODUCTS OF PORK ARE MORE NUMEROUS THAN ANY OTHER MEAT IN THE WORLD!

DETECTIVE RILEY

THE BLACK SEAPLANE SEIZES AN OPPORTUNE MOMENT AND SENDS A FERRY STRAIGHT ON LEACHEN BEACH AT THE CHINA CLIPPER!

FLASH OF LIGHTNING, A SUDDEN BLINDING GLARE OF LIGHT, AND THE AIR PIRATE—

BECOMES A FLAMING METEOR—

IT'S GREAT TO BE BACK IN THE U.S.A. HOW HAVE YOU BEEN OFFER?

THE CHINA CLIPPER LARMS EARLY AT SAN FRANCISCO AND RILEY IS GIVEN A HEAVY WELCOME BY HIS BRIDE AND FELLOW OFFICERS!

DASH DIXON

DASH DIXON AND DOT SMITH HAVE BEEN MARRIED ON A SMALL TROPIC ISLAND WHEN THE BOAT WAS WENT DEAD IN THEIR FIRST GOAT.

SUDDENLY—

DASH RUSHES UP THE BEACH JUST AS DOT CRIES FOR HELP.

I'M COMING DOT! WHAT IS IT?

DASH! HELP!

DASH SEES DOT CARRIED INTO THE STRANGE SHIP. HE TRIES TO FIGHT OFF THESE QUEER LITTLE MEN WHO WALK AND FLY, BUT THERE ARE TOO MANY.

DOT!

DASH! HELP!

ON BOARD THE SHIP THEY ARE BROUGHT BEFORE THE CHIEF.

NO, NO, NO! WHAT QUEER LOOKING PEOPLE THESE BARTHLINGS ARE!

COME ON, WHAT'S THE BIG IDEA OF THIS KIDNAPPING?

THE SHIP SUDDENLY TAKES OFF WITH TERRIFIC SPEED WITH DOT AND DASH CAPTURED. WHO ARE THESE FANTASTIC PEOPLE?

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THERE IS A YOUNG LADY IN MILES, WHOSE FACE IS ALL COVERED WITH SMILES.

SHE ALWAYS WAS WORRIED, AND HURRIED AND FLURRIED,

TILL SHE TOOK GOOD NERVINE MADE BY MILES.

RELAX!

When you're nervous they tell you to relax. Easy advice to give, but mighty hard to follow. You will find it much easier to relax—no over-comes Sleeplessness, Nervous Irritability, Restlessness, Nervous Headache after you take

DR. MILES' NERVINE

DR. MILES' NERVINE is a well known nerve sedative. Although the formula from which it was made has been in use for nearly 60 years, no better medicine for a tense, over-wrought nervous condition has ever been prescribed. DR. MILES' NERVINE is as up-to-date as the morning's paper.

At all drug stores.
Large bottle or package—\$1.50
Small bottle or package—75 cents.

DR. MILES' NERVINE