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TEACHERS TO WATCH CHILDREN'S HEALTH

Must Report All Suspected Cases of Contagious Diseases. Franked Cards Furnished Free.

School work is not to be interrupted as much in the future on account of communicable diseases as it has been in the past for the reason that school teachers are now required by the State Board of Health to give a stricter watch to the children's health. This new ruling has been found necessary by the State Board of Health, not only to check the spread of influenza through the schools, but all other communicable diseases. The regulation requires all teachers to report to the county quarantine officer when a pupil is found to have symptoms suggestive of chicken pox, diphtheria, measles, German measles, scarlet fever, septicaemia, sore throat small pox and whooping cough, and furthermore, to exclude the child from school until the nature of the disease is determined, and if the disease is contagious, until the child is well.

Teachers are now being sent by the State Board of Health cards prepared for reporting all cases of communicable diseases. It is the purpose of the Board to have the cards in the hands of the teachers as soon as possible on opening their schools after the Christmas holidays, that they may be prepared to handle any outbreak of influenza or other communicable disease that may occur. The cards will bear the Government track and will require no postage.

The State Board of Health is of the opinion that the teachers can render a most effective service in controlling contagious diseases by watching carefully their pupils on their returning to school and reporting and excluding all suspected cases. They are requested by the Board to keep in touch with their county quarantine officer and to call upon him when help is needed in an outbreak of any disease.

W. S. PLEDGES REDEEMABLE IN 1919 S.

Twelve Million Dollars of Unredeemed 1918 War Savings Pledges in North Carolina.

Winston Salem, N. C., Jan. 6.—Governor George I. Seay, of the Federal Reserve Bank, Richmond, Va., under whose jurisdiction the War Savings Campaign of 1919 is to be conducted has just wired State Director Fries that 1918 War Savings pledges outstanding on January first, 1919, may be redeemed by the purchase of 1919 Stamps but that 1919 Stamps must be affixed to 1919 Certificates only.

Reports from the several Counties of North Carolina show there are about twelve million dollars in War Savings pledges outstanding and unredempted on January 1, 1919. This large amount of unredeemed pledges is due, first to the drop in the prices of cotton and peanuts in the east which caused many of the farmers to withhold their crops from the market.

No Woman is a Healthy Child. All children should have an intelligent mother who will give them the best of care. The best of care is to give them the best of food. The best of food is the best of health. The best of health is the best of life. The best of life is the best of success. The best of success is the best of happiness. The best of happiness is the best of everything.

and, second, to the shortage of Stamps on the last day of the year. Many pledgers waited until the last day to redeem their pledges and then found that there were no Stamps to be had at the postoffice or other agency. In view of these facts the Government is going to give pledgers an opportunity to keep their word of honor to the Government by redeeming their 1918 pledges in 1919 Stamps and the Government expects all outstanding 1918 pledges to be redeemed as early in 1919 as possible.

The financial need of the Government is almost as great as they were during the War. During the fiscal year ending June 30, 1919, eighteen billion dollars will be needed. During the past six months the Government has spent ten and a half billion dollars and is now spending two billion dollars a month. Secretary Glass has recently stated that the War is not over so far as the Treasury Department is concerned and that it will not be over until the United States shall have honorably discharged every commitment it made on entering and during the War.

Plan of Giving Each One Who Has no Employment a Home-stead and Work is Suggested by Secretary Lane.

Development of arid, swamps and cut-over lands to provide farms for returning soldiers and improvement of the public school system to provide for Americanization of foreign-born citizens and the education of illiterate mountain white populations and negroes are two big reconstruction problems, Secretary of the Interior Lane, says in his annual report made public a few days ago in Washington. He suggests that more emphasis on teaching trades.

Of immediate importance is the proposal that the government systematically go about the work of providing work for soldiers on existing cut-over lands in the west. Later, Secretary Lane suggested, more extensive reclamation of waste land should be put under way, and small farms sold to soldiers by the government on long-term payment plan.

Mr. Lane outlined in detail his proposed plan for carrying out this program, which he characterized as part of the "looking ahead work" of the nation.

By systematic government development of the idle lands, said Mr. Lane, there will be provided immediate jobs for these men, labor markets will be protected against possible collapse by being swamped with a surplus of labor, and the industries will be kept busy.

His plan for the future of the population of cities will be checked, many "best proved Americans" will be attracted permanently to agricultural occupations and great areas of land now neglected and valueless will be brought into use.

"As an immediate program," said the secretary, "we should first offer an opportunity under our present irrigation projects for all who wish to work on clearing and leveling the land now now cultivated but for which water is available, or to which water can be brought under the present irrigation system, and that such tracts shall be developed under an appropriate land-settlement plan. This we can do at once and most whatever a labor problem may be immediate."

"As a second step, I would urge an appropriation for one or more of the largest irrigation schemes for which surveys are in an advanced state. Concurrently it would seem to me wise to undertake the draining of the most promising projects—government-owned land preferred, but if privately owned, the land to be bought at an appraisement made by the farm loan board and subject to the approval of the department of agriculture."

After a soldier has returned to his home, said Mr. Lane, if his old position is not open and he wishes to turn to an independent life, "there would be laid before him a number of projects which the government has undertaken in the different sections of the country. Let us assume no more than three, one an irrigation scheme, another a drainage project, a third the development of a body of cut-over lands. The one would need to have great dams constructed to impound and direct waters, a hydro-electric plant, miles of canal and tunnel, perhaps thousands of acres to be cleared and leveled, fenced and broken. This would mean years of work at good wages, work in the open under housing conditions that would seem palatial to the soldier of the trench, and at the end a piece of land on which would be erected a house and barn, a farm home in the midst of farm houses. For this he must say: But already he has received wages out of which he can have saved the necessary first installment on his piece of land of 10 per cent. The balance with interest he can pay in 40 yearly installments, or earlier, if he can."

There is no manly sentimentality about Herbert Hoover. The man who has done possibly more than any single individual to fight starvation from the doorstep of the world knows how to deal with hunger, and he knows how to deal with unscrupulous men who have caused hunger.

A HOOVERISM.

His work in Belgium relief, if it taught him anything, convinced Mr. Hoover of the truth about certain German officials interested in the administration of Belgian affairs. Among them were Baron von der Leeken and Dr. Reihl. So it was that when these two illustrious Hoover in regard to the problem of feeding Germany, the United States Food Administrator shot back this message, bristling with punch and brimful of the power that has been produced with meagre days, reduced sugar ration and corn bread:

"You can describe two and a half years of arrogance towards ourselves and cruelty to the Belgians in any language you may select and tell the pair personally to go to hell with my compliments. If I do have to deal with Germans, it will not be with that pair."

A pretty fair indication that Mr. Hoover is the right man to handle the problem of feeding Germany, if that must be, without any aid from Baron and the Doctor.—News and Observer.

WENT TO LEND HAND AND LOST A LEG

"I went to France to lend a hand and they took a leg." He was a big lad from the middle west, the American soldier who called out this leg to cheer his neighbors in the sick bay of the Empire of Britain, the first transport to arrive in New York with "Hitter cases" from the American hospitals in France.

"That is just a sample of the never failing humor of these boys, rising above suffering, above helplessness," said Miss Maud Kellam, chief nurse on the big vessel, as she came ashore a few days ago.

"All the way over they yearned for a sight of the Statue of Liberty, but when they got on deck to see the Statue of Liberty, as we passed, there were no complaints. "This is the spirit now, but I fear for the future," said Miss Kellam, who was superintendent of nurses at the Colorado Training School, before she entered the army service. She urged women to prepare themselves for their part in the reconstruction period, not in the devastated regions of Europe, whose people, she said, preferred to handle the problem themselves, but here at home.


"There is plenty of reconstruction work for the woman who wants to help," she asserted. "I'm afraid our enthusiasm is going to spend itself after a year or so—just about the time our wounded soldiers are beginning to feel only bitterness of the thought of the 'missing leg.' Then they will need the women. I don't know just what the women will be called upon to do, but their work will turn up. The boys will need their enthusiasm and sympathy then more than now."

SURRENDERED U-BOATS BEING DIVIDED UP

German submarines which have been surrendered are to be divided among the Allies according to the London Mail. The newspaper says that fifteen go to France, ten to Italy, seven to Japan and four to the United States. The U-boats turned over to the United States are said to be on their way across the Atlantic. The newspaper does not say how the rest of the 127 surrendered submarines are to be allotted.

Some men are well preserved, others are merely spoiled. If you kill time today, time will kill you tomorrow. A diplomat is one who can buzz all over the world of truth without being believed.

The Dutch Government should not stop all exports to Germany till it has shipped the cargo of Holzstollars to the only place where there is a market for such beasts.—Toronto Telegraph.



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Health About Gone

Many thousands of women suffering from womanly troubles, have been benefited by the use of **Cardui**, the woman's tonic, according to letters we receive, similar to this one from Mrs. Z. V. Spell, of Hayes, N. C.: "I could not stand on my feet, and just suffered terribly," she says. "As my suffering was so great, and he had tried other remedies, Dr. ———— had me get **Cardui**. I began improving, and I would like to know, and my doctor knows, what **Cardui** did for me, many nerves and health were about gone."

TAKE CARDUI
The Woman's Tonic

She writes further: "I am in splendid health, I can do my work, I feel I owe it to **Cardui**, for I was in dreadful condition." If you are nervous, run-down and weak, or suffer from headache, neuritis, etc., every month, try **Cardui**. Thousands of women praise this medicine for the good it has done them, and many physicians who have used **Cardui** recommend it with enthusiasm to patients, young, middle-aged, and old. Think what it means to be in splendid health, use Mrs. Spell's **Cardui** a trial.

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