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IMPROVED UNITED INTERNATIONAL

Sunday School Lesson


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LESSON FOR JANUARY 8

ELIJAH THE TISHBITE.

LESSON TEXT—1 Kings 17:1-24.
GOLDEN TEXT—But seek ye first the kingdom of God, and his righteousness, and all these things shall be added unto you.—Matt. 6:33.
REFERENCE MATERIAL—Ex. 17:1-7; Kings 16:29-31; Matt. 23:34.
PRIMARY TOPIC—God Care for His People.
JUNIOR TOPIC—Elijah, the Brave Prophet.
INTERMEDIATE AND SENIOR TOPIC—Jehovah's Champion Preserved.
YOUNG PEOPLE AND ADULT TOPIC—Obeying the Word of Jehovah.

How Yeast Vitamin Tablets Put On Firm Flesh



Quickly Increase Your Energy and Beautify the Complexion—Easy and Economical to Take.

This or your own folks! Take Mavin's VITAMON—two tablets with every meal. You will gain weight and measure yourself with a new confidence. Mavin's VITAMON contains highly concentrated yeast-ferment as well as the two other still more important vitamins (Fat Soluble A and Water Soluble C). It is now being used by thousands who appreciate its economy, economy and quick results. By increasing the nourishing power of what you eat, Mavin's VITAMON supplies just what your body needs to feed the starved tissues, strengthen internal organs, clear the skin and renew faded nerve force without upsetting the stomach or causing indigestion, dizziness, or other ailments. It is so easy to take that children seem to snatch it up by magic and the complexion becomes radiantly clear and beautiful.

IMPORTANT! While the amazing results of Mavin's VITAMON have been clearly and positively demonstrated in many cases, nervous trouble, spots, indigestion, dizziness, drowsiness, and other ailments are a general result of having a deficient diet. It is the only object in having Mavin's VITAMON to get you back to normal. You can get Mavin's VITAMON tablets at

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WINTERSMITH'S CHILL TONIC

Not Only For Chills, Fever and Malaria BUT A FINE GENERAL TONIC

HIS GOOD BUSINESS SENSE

Easy to See That This Restaurant Proprietor Will Succeed in His Line of Trade.

First Guest—Hi, waiter, open that window, please. I can't stand this heat.

Waiter—Directly, sir. (Opens the window.)

Second Guest (a little later)—Waiter, there's draught enough to give one a death of cold. Do shut the window.

Waiter—Yes, sir. (Shuts the window.)

First Guest—Waiter, are you mad? Why have you closed the window? Open it again at once.

Waiter—Very good, sir. (Goes to proprietor.) Sir, one of the gentlemen wants the window open and the other wants me to shut it. What am I to do?

Proprietor—Do what the gentleman who hasn't dined yet—Patrons Weekly.

That Was Different.

Scene: A Milwaukee police court. James Montgomery, negro, is being arraigned. He is charged with theft. Archie Carey, lawyer, rushes in.

Carey—Your honor, I've just been called to defend this man. I've had no chance to confer with him. I enter a plea of not guilty and request continuance.

Prosecutor—For your benefit, Mr. Carey, the defendant is charged with stealing a limousine, belonging to one Archie Carey!

Carey—M-m-m-m! Guess I'd better withdraw from the case. By the way, Mr. Prosecutor, did you recover my car?—Milwaukee Journal.

1. Elijah's Message to Ahab (v. 1). This was a startling message, for Ahab had not only led Israel into idolatry, but into a repudiation of the living God.

2. "As the Lord God of Israel liveth," Elijah knew the source of his message. He knew that he represented the living God, therefore had no fear to come into the presence of the king in His name.

3. "Before whom I stand." Because Elijah stood before God, he could stand before Ahab. His "standing" before God indicates his constant readiness to go on His errands.

4. "There shall not be dew nor rain these years but according to my word." This suspension of moisture continued for three and a half years (Jas. 5:17), and was given in answer to Elijah's prayer (Jas. 5:17). Drought was predicted as the punishment for idolatry (Deut. 11:16, 17) and the prophet was now applying the divine judgment.

5. Elijah's Retirement (vv. 2-16). As soon as he had delivered his message he retired from the king's sight, while the penalty of the king's sin should be visited upon the land. When the famine was sore in the land, the king sought east and west, north and south for Elijah, but God had concealed him. Those who speak God's message frequently seek solitude when the message is delivered.

6. By the brook Cherith (vv. 2-7). (1) Drinking of the brook (vv. 4-6). While drinking of the literal waters of the brook, he was being nourished by the Living Waters from the throne of God. From day to day Elijah's faith was tested as he saw the stream run lower and lower as the drought continued. (2) Fed by the ravens (vv. 4-6). The evening meal of bread and flesh in the evening. Elijah thus enjoyed two meals each day, with water to drink. The same God who sustained Elijah, still lives, and we should trust Him for our daily bread. At last the brook dried up because there was no rain in the land. The Lord then instructed him to move.

7. At Zarephath (vv. 8-16). (1) The place (v. 8). Zarephath was at the west side of Palestine, near the Mediterranean sea, in Gentile territory. In order to reach this place Elijah had to cross the country from the Jordan to the sea. Zarephath was only a few miles from the home of Jesse's father. This no doubt was a trial to Elijah. (2) Sustained by a widow (vv. 10-12). "Bring a little water and a morsel of bread," was the request which he made of the widow. This, no doubt, was a great trial to her, but God had touched her heart and stirred up faith in her. Her reply reveals her deep distress. (3) Elijah's reply (v. 13). This made plain to her that it was a case of mutual interest to do as the Prophet said. "The barrel of meal shall not waste, neither shall the cruse of oil fail." (4) The widow's obedience (v. 15). "She did according to the sayings of Elijah, and she and her house did eat many days." (5) God keeps His word (v. 16). May we learn from this lesson.

1. The particularity of God's providence. Truly a sparrow shall not fall to the ground without our Father. By the prearrangement of God all our needs are daily met. There is no happen so in God's providence. The woman of Zarephath, going out to gather sticks to prepare the last meal, met Elijah, and is helped for two years.

2. No matter how small our resources we can do something for God if we will. The lad with the five barley loaves and the two small fishes, with the blessing of the Lord, did a great work.

3. Our concern should be to work for others and for God before our selves. We should give our all to God and trust Him for further supply.

4. God often allows us to get down to our very last in order to teach us that all is from Him.

5. God's dealing with this Gentile woman is a prefigure of His dealing with the Gentile nations.

"Those Who Dance Must Pay The Fiddler"

There's a settlement in profit or loss, for nearly every indulgence.

Sometimes the pay day is long deferred, and in that case the settlement may bear computed interest.

Often a payment in ill health is required for the dances led with tea or coffee during earlier years. Sometimes the collection comes in sleeplessness, sometimes in headaches, sometimes in high blood pressure, or in nervous indigestion—sometimes in all these penalties.

Nerves won't always stand the whipping of tea and coffee's drug, caffeine.

If you've been dancing to tea or coffee's fiddling, why keep on till payment time comes? If you're beginning to pay, now, why not cancel the contract?

There's an easy and pleasant way to avoid tea and coffee's penalties, as thousands have found who have changed to Postum. It is a delight with any meal—rich, comforting and satisfying—and it never burns. Even the little children can have a healthy cup of Postum, with no fear for what may happen to sensitive nerves.

Instead of paying penalties for your tea and coffee drink, let it pay because to you, by giving natural health a full chance—and begin the new arrangement today. Any grocer will sell you, or any good restaurant will serve you Postum.

Postum for Health

Stifel's Indigo Cloth

Standard for over 75 years



No work that you farmers do is too rough for clothes made out of Stifel's Indigo Cloth.

All Overalls, Jumpers and Work Clothes made of this cloth last longer, wash better and keep their "looks."

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Today there is a chance to replace the Potash losses of the past years at very low prices.

The current wholesale prices of fertilizer material show that Potash is the cheapest plant food used in fertilizers.

There is a fair supply in this country. Plenty more can be brought in.

It will pay you to take up the matter with your fertilizer dealer and let him understand that you want goods with 4 to 10 per cent of actual Potash. Do it now so that there will be ample time to have the desired goods made up and delivered.

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Mining and Transporting Potash

POTASH PAYS

The Cheerful Worker

Do all things without murmuring and disputing; that ye may be blameless, harmless, the sons of God, without rebuke in the midst of a crooked and perverse nation, among whom ye shall shine as lights in the world.—Philippians 2:14 to 16.

A Great Reward

I have fought a good fight; I have finished my course; I have kept the faith. Henceforth there is laid up for me a crown of righteousness.—II Tim. 4:7 and 8.