

State College Hints For Farm Homemakers

By Ruth Curran,
N. C. State College.

"The diet and manner of every person and the condition under which he eats have a profound influence upon his mental and bodily health and upon his morale," states Dr. Robert S. Goodhart of the Industrial Feeding Program Division, U. S. Department of Agriculture.

"Weakness, irritability, difficulty in concentrating, and a 'lazy' feeling toward work are symptoms common to both fatigue and hunger. Malnutrition, not yet serious enough to be a real deficiency disease, still may be responsible for mental depression, indigestion, easy fatigue, loss of weight, slow learning ability, interference with vision, and clumsiness at jobs requiring skill with hands."

The giblets are some of the least appreciated yet most valuable parts of chicken or turkey, say food scientists. Too many home cooks know only of their use in giblet gravy and do not realize their possibilities for delicious main dishes. Chicken or turkey livers especially offer rich value in iron and all vitamins. Some retail markets today sell giblets—livers and gizzards together—or livers alone by the pound.

In preparing giblets an important point to remember is that gizzards and hearts need long slow cooking by simmering to make them tender, but livers are tender to begin with, so need only cooking. In general, gizzards and hearts of older birds take about twice as long to cook as those of young birds. Giblets cook more quickly if they are cut in pieces first.

To prevent a child from taking things which belong to others, give him possessions of his own and respect his rights to them.

Home Labor Must Meet Farm Demand

Labor which farmers themselves can supply or draw from adjacent communities must suffice in the production of North Carolina crops this year, is announced by F. S. Sloan, state program leader of the State College Extension Service, who said that outside help from migrants, foreign workers and "Bohunks" will be exceedingly short as compared with the volume available in war years. No prisoners of war, who worked 312,485 man-days in 58 North Carolina counties last year, will be available for farm labor after June 1, Sloan reported.

Meanwhile, it appeared doubly imperative that state farmers pool machinery and available labor on an exchange basis especially in perishable crops areas because of the prospect that farmer labor will demand higher pay as industry ups its wage scale.

Sloan also reminded that many older and physically-handicapped persons who filled in at farm work during wartime, now are leaving the farm in increasing numbers. Of the 9,661 boys and girls under 18 years of age who worked on farms in the state last year, many will not return this year because the patriotic appeal enhanced by the war now has been lost.

On the basis of figures available thus far, Sloan declared, it is expected that less than one in 10 former farm boy veterans will return to farms in this state. Brunswick County Agent J. E. Dodson reported that of 16 farm lads who entered the armed services during the war from one community in that county, all have since been discharged from service but only one has gone back to the farm.

"The only encouragement I can offer in connection with the farm labor problem this year," Sloan said, "is to urge farmers to increase efficiency by pooling resources."

Here Are Tips For Handling Beef Calf

Noting that several thousand baby beef calves are now being fed out for spring and fall fat stock shows by farm lads in every section of the state, H. Bruce Butler, assistant Wake County farm agent, says that "by this time all calves should be on full feed," using one of the home-mixed feeds such as the following:

Eight pounds of cracked corn, two pounds cracked oats and one pound of cotton seed meal.

The above ration mixture is prepared, Butler reports, adding that the following may be used if oats are not available:

Ten pounds of corn and one pound with one pound of cotton seed meal.

Butler explained that "fall" feed means keeping feed before the calf in a trough about 14 inches above the ground with a box containing loose table salt along side.

The calf should be taught to walk slowly beside its handler, Butler continued, indicating that a rope halter handled from the calf's left side is a helpful teaching instrument.

The young animal should be exercised and trained out of doors as the weather permits, the assistant agent said, and its coat combed regularly to remove dirt mats. The calf should be treated monthly with a sulphur-selenium mixture to control lice and warble.

Next, accurate records of the animal's growth and progress in a record book should be maintained, Butler explained.

The Farmville School Children Raised a Total of \$379.97 In the March of Dimes Campaign



The Second grade, Mrs. R. N. Freeman, teacher led the primary school with \$46.37.
SECOND GRADE—Reading from left to right,

Bottom row: Cecil Carr, Edward Earl Baldree, Barbara Paramore, Geneva Braxton, James Murphy, Sam Nannay, Loretta Oakley, Betty Jones Walston, Dorothy Allen, Frank Williams, Jr., Lois Owens.
Middle row: S. D. Bundy, Jr., Bobbie Jones William Edward Hobgood, Janice Davenport, Vera Cannon, Faye Oakley, Peggy Joyce Oakley, Jane Joyner, Blanche Satterthwaite, Mary Lou Moore, Joyce Diddy, Bill Fisher.
Back row: Studie Mae Davis, Peggy Allen, Lillie Little, Peggy Joyner, James Davenport, Cliff Williams, Billie Ray Moxingo, Gordon Tillman Lee, Cliff Simpson, Mack Holmes, William Carol Wooten, William Edward Wooten, Mrs. R. N. Freeman, teacher.



The Seventh grade, Mrs. L. P. Thomas, teacher, led the Grammar grades with \$41.50.
SEVENTH GRADE—Reading from left to right,

Bottom row: Ruth Tyson, Randolph Allen, Betty Lee Owens, Mittie Baker Rouse, Julian Boyce, Hazel Garria, Joyce Merritt, Margaret Andrews, Charles Joyner, Robert Pollard.
Middle row: Ann Bynum, Everette Roebuck, Ray Hathaway, Gayle Finnagan, Betty Johnson, Nancy Lou Moore, Billie Ray Allen, Janet Hobgood, Conrad Moxingo, Charles Hinton.
Back row: James Thorne, Marguerite Thomas, Wilbert Morris, Carol Pippin, Wilbur Bennett, Haywood Smith, Maggie Braxton, Joyce Morgan, Ruth Matthews, Mrs. L. P. Thomas, teacher. John Russell Joyner was absent the day the picture was made.



The Tenth grade led the high school with \$41.50, Mrs. J. B. Joyner and Mrs. C. E. Miller, teachers.
TENTH GRADE—Reading from left to right,

Bottom row: Doris Yelverton, Billie Johnson, Faye Corbett, Gertrude Bundy, Sadie Cates, Mary Ann Rouse, Louise Phillips.
Second row from bottom: Dora Mae Barrett, Clara Brock, Allie Walston, Jean Baker, Doris Tugwell, Margaret Wainright, Audrey Cobb.
Third row from bottom: Mrs. C. E. Miller, teacher, Charlie Nanner, Ann Moore, Vivian Scott, Betsy Jones, Joyce Tyson, Doris Shackelford, Mary Alice Morgan.
Fourth row from bottom: Alan Parker, James Baldree, Lola Gray Kemp, Bruce Tugwell, Beulah Causey, Mrs. J. B. Joyner, teacher.
Fifth row from bottom: Sidney Casaway, Artie Cates, William Owens, Elbert Pittman, Betty Rose Wilkerson, William Sermons, Cedric Davis.
Back row: Edward Allen, Billie Fulford, Dewey Hathaway, Raymond Cannon, R. H. Lloyd, Aaron Tyson, Emerson Roebuck.

Use Care-In Saving Those Hatching Eggs

Care in saving hatching eggs and in the general condition of the breeding flock will pay excellent dividends. A premium is generally paid for eggs of high hatchability and this premium is of great importance in determining the profits of the breeding flock.

E. T. Brown, Extension poultry specialist at State College, gives three suggestions for increasing the hatchability of the eggs, or for preventing the hatchability from declining.

containers that permit air circulation and in a room that is somewhat moist and has a constant temperature of between 50 and 60 degrees.

Brown also suggests that deliveries of hatching eggs to the hatchery be made at least once a week because eggs that are held too long may decline in hatchability.

"Cleaned eggs should not be sent to the hatchery," says Brown, "because the eggs may have been damaged in the cleaning process and the hatchability may have dropped."

He also points out that the eggs should be carefully graded, removing those that are irregular in shape, and both the large and small sizes. "The interests of the hatcheryman and the producer of hatching eggs are very closely related," Brown says, "and best results are obtained when both work for the same high standards."

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Lowly Gopher Is Experiment Subject

Experiments are continuing in Northampton County, center of the state's peanut producing area, to answer at least for that section the long-debated question of whether the lowly gopher "ruins the land."

Northampton County Agent E. L. Norton reports that experiments conducted with peanuts on the J. F. Turner farm, where land was already high in calcium content, showed that very little difference in yields was recorded from the use of different fertilization plans.

Following are listed the yields in pounds per acre of peanuts following the use of 10 different fertilizer schemes:

- No treatment: 1,682 pounds;
- Broadcast 1,200 pounds of dolomitic limestone in February, 1,672 pounds;
- Broadcast 2,400 pounds limestone in February, 1,784;
- Six hundred pounds of dolomitic limestone on top of row after plants came through ground, 1,792;
- Six hundred pounds plaster on top of row after plants came through, 1,800;
- Six hundred pounds plaster on foliage at blooming, 1,856;
- Six hundred pounds limestone in row at planting and 600 pounds plaster at blooming, 1,597;
- Six hundred pounds potash lime (100%) in row and 600 pounds of plaster at blooming, 1,496;
- One hundred pounds murate of potash on top of row and 600 pounds of plaster at blooming, 1,991;
- Five hundred pounds 0-12-12 fertilizer on top of row and 600 pounds plaster at blooming, 1,817.

STATE COLLEGE ANSWERS TIMELY FARM QUESTIONS

QUESTION: What is the prospect for additional farm labor in North Carolina this year?

ANSWER: Prisoners of war are out. Very few veterans are returning to farms; many older persons and those physically handicapped will be unable to help out this year. Little assistance can be expected from migrant and foreign workers, so it appears that local labor will have to serve the purpose.

QUESTION: What is the veteran's outlook for starting in the poultry business?

ANSWER: Veteran's prospects as beginners in poultry production are probably a shade better than for non-veterans because of government assistance but no new poultry business should be started unless the operator has first obtained a trustworthy guarantee that sufficient protein feed will be available for feeding out the flock.

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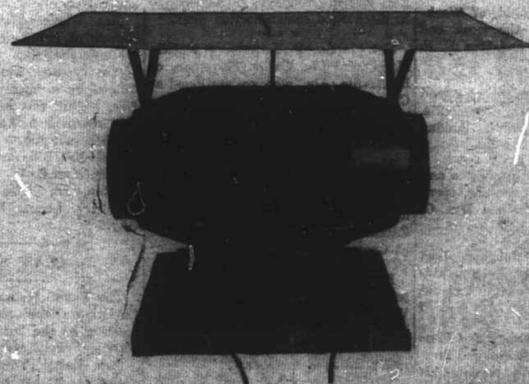
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