

# A Souffle' THAT HUFFS AND PUFFS WAY UP

by Dorothy Greig

WHEN you have this souffle mixed and safely into the oven, just lay down the law to your family. "All hands washed right on the dot," you tell them. "No stragglers or dilly-dalliers permitted for this meal." For when a souffle comes out of the oven proudly high and it waits for no one. It must be eaten right then. A few minutes delay and it is down to soggy.



But it's worth being prompt for a souffle like this one. It has a tangy cheese flavor to which has been added the zest of tomato. And it comes out of the oven puffed high under a crusty brown top. Serve it with a fresh green salad. Follow with fruit. A lovely meal!

**Tomato Cheese Souffle**  
2 tablespoons butter  
2 tablespoons flour  
1/2 cup milk  
1/2 cup condensed tomato soup  
1/2 cup grated cheese  
1 teaspoon dry mustard  
4 eggs, separated  
Melt the butter, add flour and cook until frothy. Then add the milk and cook until thoroughly thickened. Stir in the condensed tomato soup and the grated cheese and heat until the cheese is melted. Remove from fire and add the mustard and egg yolks—adding one egg yolk at a time and beating thoroughly after the addition of each egg yolk. Beat the egg whites until stiff, but not dry, and fold them into the mixture. Pour into a well greased casserole and bake in a moderate (350°) oven for 50 to 60 minutes or until firm in the center. Serves 5 to 6. (Put in pan of hot water while baking.)

## Outlook a Little Gloomy For Weed Growers in Area

Lumberton—"Don't count the tobacco grower out just down for the time," said Jasper C. Hutto, supervisor of the Lumberton tobacco market, in reporting on the condition of tobacco plant beds in the Lumberton area. "At the time of this report weather conditions are favorable," he said. "While the shortage of both farm labor and tobacco plants, on top of a late spring, is giving the average farmer plenty of headaches, he is said to his credit that he usually finds a way through it all."

Supervisor Hutto said the second and third seed-bed plantings had come along slowly because of poor growing conditions, and that many farmers are now fearful that they will be short on plants when the time to "put out" arrives. Freezes earlier in the year killed from 50 to 70 per cent of the young plants in the first beds in the Lumberton tobacco territory, the supervisor estimates.

"Blue mold is making its appearance here and there, particularly to the south and east of Lumberton," the supervisor reports. "It is not time yet to determine what the real damage will be or how wide-spread the mold is. Another fifteen days will pass before there can be much accurate prediction on blue mold injury."

Read The News-Journal Want Ads

## Wartime Rationing Guide

**SUGAR**—Stamp No. 12, in War Ration Book 1 is good for five pounds of sugar through May 31.

**COFFEE**—Stamp No. 26 good for one pound through April 25.

**FUEL OIL**—Number 4 coupon became valid January 30 and will be good for 9 gallons until April 6. Period 3 coupons, good for 9 gallons and valid through February 19.

**GASOLINE**—Coupon No. 4 in A book good for three gallons Temporary "T" coupons will be issued directly by ration boards for a period of not more than 30 day. Boards will use original ODT certificates only for checking tire inspection.

**TIRES**—Holders of Ration A coupons must have tires inspected by OPA on or before March 31. Holders of B and C must get first inspection by February 28.

**SHOES**—Coupon 17 in the sugar and coffee ration book entitles each holder to one pair of shoes until June 15, when a new stamp will be designated.

**WAR RATION BOOKS**—Ration Book 1 is being currently used for purchase of sugar and coffee, and shoes. War Ration Book 2 for rationing canned goods started into use March 1st.

## What You Buy With WAR BONDS

Save now to buy later, after the War. That's good common sense because if you spend now, you help to drive prices up for everything you buy. Durable goods are scarce so invest in War Bonds today and do that house remodeling when Victory is won.



If you have not done so, join a Payroll Savings Plan at your office or factory. If you are not investing at least ten percent in War Bonds, increase your regular deductions on your Payroll Savings Plan. Let's "Top that ten percent."

## MORE LOCAL FARMS TO GET ELECTRICITY FOR INCREASED WAR FOOD PRODUCTION

A greater number of farms engaged in livestock, dairy and poultry production in this area are now eligible for electric service as a result of the War Production Board's recent lowering of the minimum number of animal units required from ten to five, according to Superintendent D. J. Dalton, of the Lumbee River Electric Membership Corporation.

The WPB and U. S. Department of Agriculture, announcing the new five animal unit minimum, said it will bring electric service within the reach of small farms and is designed to increase food production. Farms eligible for service under WPB's liberalized service connection regulations are those near existing rural power lines.

Each application for farm service must be approved by the local County USDA War Board before a connection can be made. The Board is required to certify that the proposed connection will comply with WPB regulations, and, in the opinion of the Board, result in a substantial increase in farm production or a substantial saving in farm labor.

## ADMINISTRATOR'S NOTICE

Having qualified as administrator of the estate of Gilbert McLaughlin, late of Hoke County North Carolina, this is to notify all persons having claims against said estate to present them to me, duly verified on or before the 3rd day of April, 1944, or this notice will be plead in bar of their recovery.

This 3rd day of April 1943.  
Annie Jane McLaughlin, Administratrix.

## NOTICE OF SALE OF LAND

WHEREAS, on the 1st day of April, 1940, Elbert McPhaul and wife, Elizabeth Clarke McPhaul, executed and delivered unto Southern Loan and Insurance Company, Trustee for Virginia-Carolina Joint Stock Land Bank, a certain deed of trust which is recorded in the office of the Register of Deeds of Hoke County, North Carolina, in Book 80, Page 4; and

WHEREAS, the undersigned W. O. McGibony has been duly substituted as the Trustee therein under the provisions thereof by a certain agreement of Substitution of Trustee dated March 11, 1943, and duly recorded in the public registry of Hoke County, in Book 82, Page 375, reference to which is made; and

WHEREAS, The Federal Land Bank of Columbia is now the owner and holder of the notes secured by said deed of trust; and

WHEREAS, default has been made in the payment of the indebtedness secured by said deed of trust as therein provided, and the undersigned Substituted Trustee has been requested by The Federal Land Bank of Columbia, Assignee of the Virginia-Carolina Joint Stock Land Bank, the owner and holder of said notes to exercise the power of sale contained in said deed of trust.

NOW, THEREFORE, under and by virtue of the authority conferred by said deed of trust, and said Substitution of Trustee, the undersigned Substituted Trustee will on the 29th day of April, 1943, at the courthouse door of Hoke County, North Carolina, at twelve o'clock noon offer for sale to the highest bidder for cash, the following real estate:

1. Containing 253 acres, more or less, situated on the Maxton-Antioch Road, about 1 1/2 miles from the town of Antioch, and bounded on the North by H. W. McPhaul and D. S. Liles; on the East by D. Henly McNeill; on the South by H. S. Kirkpatrick; and on the West by J. W. and A. D. McPhaul, and beginning at a stake on a ditchbank, pine pointers, McPhaul's corner, and runs thence N. 41 degrees West 7.90 chains to said Maxton (College) Antioch road; thence South 44 3/4 degrees West 8.30 chains; thence North 59 degrees West 6.80 chains to a ditchbank; thence along said ditchbank South 34 1/2 degrees West 5.80 chains to McCormick's corner; thence North 55 degrees West 19.85 chains by a ditch, McCormick's corner; thence North 36 1/2 degrees East 15.4 chains by a ditch, 57 chains to a stake by a pine; thence North 19 1/2 degrees East 6.80 chains to a stake; thence North 71 1/2 degrees East 17.30 chains; thence North 50 1/2 degrees East 12.50 chains to a stake; thence North 30 1/2 degrees East 9.43 chains; thence South 29 1/2 degrees East 72.30 chains to a stake in the line of the original tract; thence South 68 degrees West 9.72 chains to a stake by a ditch; thence South 83 3/4 degrees West 9.65 chains to an iron stake; thence North 84 3/4 degrees West 27.88 chains to McPhaul's corner, a stake in a field;

## EXECUTOR'S NOTICE

Having qualified as executor of the estate of L. E. Reeves, Sr., deceased, late of Hoke County, North Carolina, this is to notify all persons having claims against the said estate to present them to me, duly verified, on or before the 4th day of March, 1944, or this notice will be pleaded in bar of their recovery.

All persons indebted to the said estate will please make immediate settlement.  
This 4th day of March, 1943.  
L. E. REAVES, JR.,  
39-6t  
Executor.

## ADMINISTRATOR'S NOTICE

Having qualified as administrator of the estate of Neill A. McDonald, Sr., late of Hoke County, North Carolina, this is to notify all persons having claims against the said estate to present them to me, duly verified, on or before the 11th day of March, 1944, or this notice will be plead in bar of their recovery.

## CLASSIFIED A D S

NOTARY PUBLIC — See RALPH CHAPMAN, Hoke Auto (Chevrolet) Co. Phone 230-1. 42-1f

FOR SALE—Cotton Seed, Coker 100 grown in 1941, yield 707 lint per acre on 60 acres. Price \$1.25 bu. CLARENCE LYTCH. 40-4t

WANTED—Old Cotton Rags... Clean Rags Good Prices. At The News-Journal Office 23—

## ADMINISTRATOR'S NOTICE

Having qualified as administrator of the estate of Mrs. Cora Madry Stubbs Sneed, late of Hoke County North Carolina, this is to notify all persons having claims against the said estate to present them to me, duly verified, on or before the 22nd day of March, 1944, or this notice will be plead in bar of their recovery.

This 22nd day of March, 1943.  
MRS. DORA SNEAD CHAPMAN, Administratrix.

thence North 70 1/2 degrees East 6.20 chains to a stake by a gum and small oak; thence North 6 degrees West 12.35 chains to the beginning, containing 253 acres, more or less, and being the same tract of land quitclaimed by M. B. McNeill and wife, March 10th, 1919, to David Henly McNeill as see Book of Deeds No. 19, at page 339 of Hoke County Registry.

There is excepted from the above description, a tract of 97 acres released by Southern Trust Company, Trustee, in deed from D. H. McNeill et al to Elbert McPhaul, dated Sept. 25th, 1928, and recorded in book 50, page 142, of the Public Registry of Hoke County.

2. All those certain lands containing 97 acres, more or less, situated on the Maxton to Antioch Road, in Antioch Township, Hoke County, N. C., and beginning at a stake in the center of a ditch said stake being South 52 degrees West 204 feet from the tenth corner of the D. Henly McNeill 253 acre tract, and runs down the center of said ditch South 42 degrees 30 minutes East 372 feet; South 56 degrees 30 minutes East 355 feet; South 14 degrees 45 minutes East 110 feet to an 12 inch sweet gum; thence South 31 degrees 15 minutes West 1262 feet to a stake; thence South 51 degrees 45 minutes East 208 feet to a stake in the center of the Maxton-Antioch Road; thence

with said road South 37 degrees East 628 feet; thence with said road South 31 degrees 15 minutes West 85 feet to a stake in the second line of said 253 acre tract; thence with said second line South 45 degrees 15 minutes West 460.8 feet; thence North 58 degrees 30 minutes West 438.56 feet to a ditch bank; thence along said ditch bank South 35 degrees West 382.8 feet, McCormick's corner; thence North 54 degrees 30 minutes West 1310.1 feet to a ditch, McCormick's corner; thence North 37 degrees East 1027.62 feet to a stake by a pine; thence North 20 degrees East 448.8 feet to a stake; thence North 71 degrees East 1141.8 feet to a stake; thence North 51 degrees East 621 feet to the beginning, containing 97 acres, more or less, the same being a portion of the 253 acre tract above mentioned.

This property is being sold subject to the 1943 taxes.

A deposit of 10% of any bid not exceeding \$500 and 5% of any bid in excess thereof will be required. If said deposit is not made at the close of the bidding the property will be resold at two o'clock P. M. of the same day.

This the 27th day of March, 1943.  
W. O. MCGIBONY,  
Substitute Trustee.

G. B. ROWLAND, 43-4t  
Agent and Attorney for Substitute Trustee.



## From where I sit...

by Joe Marsh

Must say that the best store-keeper in these parts is probably Sam Abernethy. Sam's got a formula for success that's hard to beat.

"Remember that you're not the boss," he says. "The folks who trade with you are the real bosses, and you've got to run your business the way they want it."

And that goes for selling everything - including beer. Right now the brewers and the

beer distributors are cooperating with authorities in a "clean up or close up" campaign, to see that beer is sold in clean, quiet decent places. They're running their business the way the public wants to see it run.

And from where I sit, it's a mighty fine thing for an industry to undertake a job like that - all on its own.

Joe Marsh

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## THREE O'CLOCK... AND I HAVEN'T SLEPT A WINK

WAKEFUL NIGHTS—how the time drags! Minutes seem like hours, we worry over things done and left undone. After such a night, we get up in the morning more tired than when we went to bed. Nervous Tension causes many a wakeful night and wakeful nights are likely to cause Nervous Tension. Next time you feel Nervous and Kept Up or begin to toss, tumble and worry after you get to bed—try

## DR. MILES NERVINE

(Liquid or Effervescent Tablets)  
DR. MILES NERVINE helps to ease Nervous Tension—to permit refreshing sleep. When you are Kept Up, Cranky, Fidgety, Wakeful, take Dr. Miles Nervine. Try it for Nervous Headache and Nervous Indigestion.

Get Dr. Miles Nervine at your drug store. Effervescent Tablets, Large Package 75¢, Small Package 35¢; Liquid, Large Bottle \$1.00, Small Bottle 50¢, both equally effective as a sedative, both guaranteed to satisfy or your money back. Read directions and use only as directed.

## DR. MILES NERVINE

## POULTRY LOADING TUESDAY APRIL 13th

Our Truck will be in Raeford from 9 until 10:00 A. M. Red Springs from 11:00 — 1:00. St. Pauls—2:00 — 2:30.

## PAYING THE FOLLOWING PRICES:

Colored Hens, per pound	26c
Leghorn Hens, per pound	20c
Roosters	14c
Eggs	30c

## Sanford Poultry & Egg Co. Sanford, N. C.

## AT FIRST SIGN OF A COLD USE 666

666 TABLETS, SALVE, NOSE DROPS

IN THE COAST GUARD they say: "SACK DRILL" for take a nap "FISH" for torpedo "FOUR-O" for very good, or tops "CAMEL" for the favorite cigarette with men in the Coast Guard  
FOR RICH FLAVOR AND EXTRA MILDNESS, CAMELS ARE FOUR-O!  
FIRST IN THE SERVICE With men in the Coast Guard, Army, Navy, and the Marines, the favorite cigarette is Camel. (Based on actual sales records in Canteens and Post Exchanges.)  
Camel COSTLIER TOBACCOS

## How to Shop for Meats and Fats with Red Stamps

Shopping with your red point stamps will be easy if you remember a few simple rules.  
You already have War Ration Book Two; you need not register again or declare how much of these foods you have on hand. But when rationing begins remember that:  
1. Red Stamps may be used for any of the foods rationed in the Meats and Fats Program. The same stamps are valid for meat, cheese, butter, canned fish, margarine, etc.  
2. The point value of each item is set on a pound basis. But the amount of any food your points can buy will depend on whether the item you choose has a high or low point value.

## How to Shop

1. First study the "point values" of the foods you buy most often. To help you, you'll find a "Point Value Table" hung up in your food store. Or, better yet, you can clip a meats and fats "Point Table" from your newspaper and keep it handy.  
2. Take War Ration Book Two with you when you shop for meats, cheese, or any of the other items, just as you do now when you buy canned, frozen or dried fruits, and vegetables. Tear the Red Stamps out in the presence of your storekeeper or his delivery man.  
3. If you find you do not have the exact amount of valid Red Stamps to give for a purchase, your storekeeper can give you your change in "1-point" stamps. For example, if you must give him a 5-point stamp to pay for a 4-point purchase, he can give you a 1-point stamp as change. But he cannot use the 2-, 3-, or 8-point stamps as change. Make sure, however, that the "1-point" stamp has a letter on it which is valid at the time you receive it.  
4. Your storekeeper cannot always cut meat or cheese to the exact pound weight you wish. That means you must know how many points you should pay for ounces, too. A special table has been provided on the

