



MDTA GRADUATES - Receiving certificates last week as graduates of the Manpower Development Training stenographer's school were, left to right, front row, Diane Grim, Bertie Roberts, Marceonia McMillan, Betty Melton, Gladys Dukes. Back row, L. C. Nelson, Hattie Loyd, Juanita Breeden, Delores Jones and Hazel Murphy.

Strawberries For Spring Should Be Planted Now

Home gardeners would be well advised to plan now for those strawberries they hope to enjoy next spring. November is the beginning of the planting season.

"Gardeners who plant now should be able to pick enough for home use next spring," comments North Carolina State University extension small fruit specialist Joe Brooks. "Of course, the first big crop won't come until a year later after the plants have matured," he added.

Brooks suggests four "musts" for satisfactory results from strawberries: 1. Plant clean, disease-free plants. This means plants that are certified. 2. Plant in clean, disease-free soil. 3. Plant in weed-free soil. 4. Plan the strawberry patch so that it can be irrigated.

Brooks suggested using methyl bromide for treating the soil. This gas, which is available in pressurized cans, kills weed seeds except those of a few of the hard-seeded plants, knocks out nematodes and insects and eliminates disease organisms.

"Starting out with clean soil is important," Brooks said, "since the strawberry plants will be in that soil for several years. If the soil isn't clean, the plants have very little chance."

The methyl bromide is applied under a plastic cover that is sealed down to prevent the gas from escaping from the area being treated. The cover is kept on the treated soil for three days. Gardeners should wait two weeks after the cover has been removed before planting.

Brooks suggests using one and one-half pounds of methyl bromide per 1,000 square feet, or about twice the rate farmers use on tobacco plantbeds. Also, the gas should be applied to soil that has been prepared for planting and when temperature and moisture conditions are right for planting.

Treatments other than methyl bromide can be used. Brooks suggests diphenamid, Dacthal or Tenoran. These are post-planting treatments and should be applied according to label directions only.

Here are other suggestions: Fertilizer - Add lime, phosphate, potash or a complete fertilizer as indicated by a soil test report. Lime should be added early, if possible, even as much as a year in advance of planting. Fertilizer should be applied at least 10 days to two weeks prior to planting. Top dress with nitrogen 30 days after planting.

Planting - Set plants two feet apart in rows four feet apart. If you want to pick strawberries the first year, plant slightly closer in the row. Plant deep enough so all roots are covered but shallow enough so the crown is above the soil line. Soil should be firm around roots.

Mulching - Cover new plants with straw so they will not be heated out of the ground by freezing and thawing soil. Also, apply straw in middles to conserve moisture and shade out weeds.

Irrigation - Strawberries are shallow rooted. Drought seriously reduces the size and yield of berries.

12 Students Graduate

Twelve students, as members of the Hoke County Manpower Development Training Act stenographers graduating class, received certificates last Wednesday certifying that they had completed the nine-month course.

This was the second such class to be graduated from the school under the instruction of Mrs. Sarah Leach. Exercises were held at the sponsoring Sampson Technical Institute in Clinton with Jefferson Strickland, dean of students, as speaker.

Strickland advised the Hoke County students and a Sampson County MDTA graduating class that to get ahead in the business world, they must be dependable, conscientious, loyal, confident, ambitious and enthusiastic.

Oscar U. Porter, acting president of the Institute, brought greetings and served as master of ceremonies of the program.

Traffic Violations And Bad Check Cases Fill Magistrate And District Court

A 12-month sentence, handed to Dan Baldwin Jr., Laurinburg, was suspended and the defendant was ordered to pay \$200 and costs of court when convicted in district court last week of driving while his license was revoked. Judge Joe Dupree ordered him not to drive for two years.

Other judgments in district and magistrate's court were: Thomas Eugene Gillespie, Red Springs Rt. 1, exceeding speed limit, costs.

Albert Connors Hendrix, Stantonburg, no valid operators license, not guilty. Driving 75 in 60 mile zone, \$20 and costs.

John Elvin Mooney Jr., Red Springs, driving 80 in 60 mile zone, 30 days or \$35 and costs.

Linda Strickland, Aberdeen

Rt. 1, failure to yield right of way, \$10 and costs.

Linwood Bass, Stantonburg, littering (throwing liquor bottle from car) 30 days or \$25 and costs.

Delores Covington Townsend, Hamlet, driving 75 in 60 mile zone, \$20 and costs.

Thomas Ervin Culbreth, Fayetteville, driving under the influence, six months or \$100 and costs. Must not drive for one year.

Alton Lilly Bain, Lumber Bridge, driving on wrong side of road, 30 days or \$35 and costs.

Henry Tyrun Jr., Fayetteville, following too closely, costs.

James Mitchell Tickle, Midway, Ga., exceeding 35 in

35 zone, costs.

Randolph McIntyre, Raeford Rt. 1, worthless check, four months, suspended on restitution of \$97.58 check and costs.

Larry Steele, Ft. Bragg, driving 70 in 60 mile zone, \$15 and costs.

Ervin McGirt, Maxton, non support, six months suspended three years must pay \$15 a week for benefit of his child and costs of court.

Bernice Locklear, Red Springs Rt. 1, driving 80 in 60 mile zone, 30 days or \$35 costs.

Clem Ray, Raeford, worthless check, 30 days or restitution of \$48.98 check and costs.

Joe Walter Lowery, Raeford Rt. 1, driving at speed greater than reasonable and prudent, \$10 and costs.

Mary Adcox Newton, Asheboro, driving at speed greater than was reasonable and prudent, \$10 and costs.

Flora Smith Scott, Raeford, failure to stop for school bus, costs.

Leslie Henderson, Red Springs, RFD, assault with deadly weapon, not guilty.

Eugene Bush, Ft. Bragg, drunk in a public place, 30 days, suspended on payment of \$2 and costs.

A. L. McNeill, Lumberton, driving 45 in 35 mile zone, \$5 and costs.

Robert Levin Harris, Ft. Bragg, failure to drive on right half of road, \$10 and costs.

Clyde Casey Barnes, Fayetteville, improper passing, costs.

Bernice Esthell Smith, Evergreen, driving on wrong side of road, costs.

Sylvia Fore Furman, Fayetteville, passing on crest of hill, \$10 and costs.

J. L. Leach, Lumber Bridge Rt. 1, failure to transfer registration plates, costs.

John Marcus Davis, Raeford, Exceeding speed limit, costs.

Carl Franklin Barnes, Lakeland, Fla., driving 60 in 50 mile zone, \$5 and costs.

Russell Cagle, Raeford Rt. 2, Drunk in public place, 30 days or \$4 and costs.

Eugene Rhinehard, Ft. Bragg, driving 70 in 60 mile zone, \$5 and costs.

Roderick Graham, Raeford Rt. 1, simple affray, not pros. Carrying a concealed weapon, 12 months or \$50 and costs. Must not carry a weapon off his premises for five years, Gun in evidence confiscated.

Robert Louis Campbell, Raeford RFD, worthless check, restitution of \$19.53 check and costs.

James Douglas, Raeford, worthless check, 30 days or restitution of \$19.53 check and costs.

James Douglas, Raeford, worthless check, 30 days or restitution of \$16.24 check and costs.

Simon Headen Jr., Raeford Rt. 1, driving 45 in 35 mile zone, prayer for judgment continued on payments of costs.

Brenda Joyce McMillan, no valid operators license, not pros.

David Hoxit, Fayetteville, no valid operators license, not pros.

Veffery Michael Spriggs, Ft. Bragg, Speeding, \$40 bond forfeited.

Local Population Tons Heavier

(Special to The News-Journal)

NEW YORK, Nov. 9 - What the average Hoke County resident should weigh, for proper health, and what he does weigh are two quite different things, it appears.

Under the standards recommended by medical authorities, the local population is tons overweight. It has been accumulating much of the extra poundage during the last decade or two.

The problem is a general one. Estimates place the number of Americans who are overweight at about 40 million, or one out of every five persons.

Their annual outlay for reducing pills, for medical treatments, for special foods and the like, in their quest for slimmness, comes to more than \$370 million, it is estimated.

On the basis of national studies on obesity, conducted by the Public Health Service, the Department of Agriculture and others, the average man in Hoke County tips the scale at about five pounds more than his father did at his age. Assumed is that the national rate of change applies locally.

What it adds up to, for the 3,960 males in the local area over age 21, is some 19,800 additional pounds, or around 10 tons.

As to the women, they have been putting on weight, also, but not to the same extent. Because they are more concerned with clothes and fashions than men are, when style dictates the slender look

they proceed to diet and reduce.

Despite their greater concern with weight, they are about four pounds heavier, on average, than their mothers were at their ages.

For the 4,260 women in Hoke County over 21, the overall increase amounts to 17,040 pounds.

The statistics show that women in the 18 to 24 bracket have gone from 112 pounds to 117 in the last 20 years and that those between 25 and 34 have gone from 127 to 134.

Between 35 and 44 the change has been from 138 to 142.

Wreck Victim Dies Thursday

A High Point resident, injured Monday in an automobile accident in Hoke County, died Thursday night at Moore Memorial Hospital in Pinehurst. His young daughter reportedly continues in critical condition at N. C. Memorial Hospital in Chapel Hill.

Lester Frank Thomas, 41, received fatal injuries when a pick-up truck, driven by his wife, went out of control on N. C. 211 on the new road back of the N. C. Sanatorium at McCain.

Mrs. Thomas and their son were admitted to Moore Memorial with relatively slight injuries and were released Wednesday. Funeral services for Thomas were held in Mullins, S. C.

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