

"Things That Matter"

by Lucien Coleman

"CAN'T TAKE THESE LONELY NIGHTS"

On the Mississippi Gulf Coast a few days ago, I picked up a newspaper that had some interesting personal ads in the classified section.

One went like this: "White widow, 75, seeks charming male companion, 25 to 40, free to travel at my expense. Experience with wheelchair, insulin injections helpful."

And another: "Tall, handsome, Irish/Mexican gentleman bachelor. Love friendship with a sensitive intelligent woman to 45. (Prefer outdoor type, but not necessary if you can cook!) No time for bar hoppers, hopheads or heavyweights. Social drinking and Cig. smoking OK. Can stand the lonely days, but can't take these lonely nights."

There was a particularly plaintive note in this one: "White male, 21, 5'11", 165 lbs., wishes to meet attractive women 19-25. Loves outdoors and indoor sports. I need some companionship. Please answer."

And so the ads went, six columns of them. And one common theme ran through all of them. Loneliness. A hunger for relationship with somebody. With anybody.

It's incredible how many lonely people there are. Even people who live their lives surrounded by other people. Paul Tournier, a Swiss psychiatrist, once told of a woman who worked for an international organization. People came and went all day long in her office. But she had no friends and seldom went out of the building where she worked and lived. In her room at night, she always turned on her radio before going to bed, just to hear the sound of a human voice -- the announcer's -- say, "And now I bid you a pleasant good night."

Those who are acquainted with the scene at singles bars (I am not) will tell you that some of the loneliest people in the world join the milling crowds there night after night.

Psychologists say that such people are lonely because they have never learned to be alone, with themselves. Strange as it sounds, they can't relate to others, because they can't relate to themselves. They don't know themselves. They don't trust themselves. They don't like themselves. And until they do something about that, they will go on placing ads, hoping that somebody out there will answer.

FAT ISN'T FUNNY ANYMORE

Well, I'm into it again. The battle of the bulge. Fifty years old and fifty pounds overweight. That's where I found myself a week ago.

It was that movie on cable television, I think. The comedy about a fat guy who couldn't stop eating. A funny comedy. But I didn't laugh. And my wife didn't laugh. That's because the fat guy was sitting by her. Eating popcorn.

Now, five days later, I'm just 41 pounds overweight. That's right. Nine pounds off in just five days. And I am now about to reveal my secret diet. Just stop eating.

I don't mean stop things like doughnuts, popcorn, buttered rolls, mashed potatoes and gravy, pizza, ice cream, and Heath bars. I mean stop eating. Period. Not a morsel of solid food has passed my lips for five days. And, to my great surprise, I'm still breathing.

It's the ultimate diet. No calorie counting. No need to measure portions or buy expensive exotic foods like hummingbird filets. No lying awake at night wondering if you ate more than your daily quota of watermelon seeds. Fasting is the simple, clean way to do it.

There's another advantage, too. Going without food keeps me from tempting my stomach. When it comes to eating, I have just two speeds -- all the way on and all the way off. I can go all day without food and have just a few hunger pangs. But just let me put a morsel or two down the hatch and my whole gastronomical system starts snarling and snapping for more. It's a little like throwing a piece of bloody beef to sharks. Doing without is easier.

I suppose I'll break my fast in a day or two, though. I keep remembering that fellow who boasted to all his neighbors that he was training his mule to do without food. His technique was to reduce the quantity a little each day. Finally, just before he got the mule completely trained, the poor beast died.



BUYING · SELLING · TRADING · SERVICES · JOB OPPORTUNITIES

NOTICE
All classified advertising must be paid for in advance unless you have an established advertising account. Classified ad rates are 10 cents per word with a minimum of \$1.50. The classified advertising deadline is 2 p.m. each Tuesday.

BUSINESS OPPORTUNITIES

You can have a pleasant and profitable career selling custom made lubricants to industrial, commercial and farm accounts in your area. Company paid training program. No investment or overnight travel. Call 1-800-527-1193 8:30 a.m.-4:30 p.m. c.s.t. 50P

NOTICES

The Hoke County Board of Education is accepting bids on the following roof replacements: Turlington, Main Building; Turlington, Library Building and Upchurch, Shop Building. If interested please contact Mr. Joe Soles at the Hoke County Maintenance Shop 875-4263. TFC

Relieves Pre Menstrual symptoms of bloating, tension. New Fluidex W/Pamabrom proven safe & effective at Hoke Drug Co. 49-50P

CARD OF THANKS
To all my friends and neighbors: Many thanks for gifts, flowers, cards, prayers and all kindnesses shown during my recent illness. J.C. Barrington. 50C

CARD OF THANKS
We wish to express our heartfelt appreciation for the many acts of kindness, cards, food, visits and floral offering received during the illness and passing of our loved one. Also a special thanks to Ronda, Judy and Helen of the Home Health Agency. The Family of W.L. Smith. 50P

FOR SALE

Approx. 9' x 12' BRAIDED RUGS - \$59.95 - 100% WOOL ORIENTAL RUGS - \$299.95. 50% OFF on Seconds. Over 10,000 Rugs. 919-576-3211. Troy, N.C. TFC

Aluminum camper shell, fits 7 ft. bed pickup. \$150. Call 875-3313. TFN

NEW MOPED: Retail \$400 plus. Will sell for \$300 firm. Call Terry Houston, 875-4529. 50P

Blue bird and Wren bird houses. Painted and ready to use. \$5.00 each. Jack Ellis, 875-4081. 50P

B.F. Avery tractor with cultivators bottom plow & disc. \$17,000. 875-8706. 50P

Hop Top Camper Shell will fit 1973-1977 El Camino's. Very Good Condition. \$150.00. Call 875-5650 til 5:30 p.m. and after 5:30 p.m. Call 875-5314. 50C

AUTOMOBILES FOR SALE

1980 Chevrolet Monza, \$4500.00, 1978 Mercury Zephyr Z7, \$3,750.00. Call 875-3251. TFC

1971 Chevrolet Estate Wagon. AT, PS, PB, PS, V-8 engine, AC, AM Radio. \$450.00. Call Southern Pines 692-2850 after 9 p.m. 50P

4-wheel farm Wagon, twelve hundred bushel grain bin with blower. Tel. Day 875-5132, night 875-2246. TFC

1977 Olds Cutlass Supreme. Low mileage, very good condition. \$3450. Phone 875-3278. TFC

SERVICES

Household furniture upholstered by experts. Call Hoke Auto Co. 875-5591. TFC

Autos reupholstered by experts. Call Hoke Auto Co., 875-5591. TFC

LAWN MOWING: I can beat the current price and do a better job. Local references. Call 875-5943. Call after 6 p.m. 49-53P

PETS

Black Labrador AKC Puppies for sale. \$100.00 for female; \$125 males. Call 875-4222 after 4 p.m. 49-50C

EASTER BUNNIES: \$5 each, plus full blood German Shepherd, female, free to good home. 875-4550 after 6 p.m. 50P

LOST & FOUND

DOG MISSING: Reward to finder. Small terrier-type female, 7-8 years old, white with two brown spots on her back, a mostly brown head and some white on her face, disappeared Sunday afternoon, from my yard at 110 Campbell Ave. She belongs to my son, Lillian Culbreth. 50-51P

WANTED HONEYBEES
If anyone knows of the whereabouts of a swarm, call 875-5681 any time

AUTOMOTIVE & DIESEL REPAIR
Major & Minor Overhauls
Nixon's Auto Repair
875-4992 - ANY TIME

WHEEL ALIGNMENT
NEW TIRES and RECAPPING
McDONALD'S TIRE RECAP. SERVICE
PHONE 875-2079
114 RACKET ALLEY & STEWART STREET

TERMITES? CALL 944-2474
LOCALLY OWNED & OPERATED
Complete Pest Control Service - Specialized in Residential, Commercial & Industrial Pest Control. Free Estimates
ABERDEEN EXTERMINATING CO.

REAL ESTATE

FOR SALE: Residential lots, city water and sewer, financial terms can be arranged. Contact Younger Snead, Jr. at Hoke Auto Co. Phone 875-5591 between 7:30 a.m. and 5:30 p.m. TFC

FOR RENT: Office Space with Conference Room Privileges, Manufacturing/Assembly and Warehouse Area. Pilot Equities, Inc., 227 N. Main St., Raeford, N.C. 875-4870. TFC

FOR SALE: Thomasfield area. One acre wooded lots, public water, financing available, no city taxes. Pilot Equities, Inc., 875-4870. TFC

2 acres between Rockfish and Arabia, septic tank and well, reasonably priced. ALSO, 1/2 acre lots ideal for home site or trailers in South Hoke School area. Call Manning and Associates, 875-8531 or 875-8308. TFC

FOR SALE: 2000 sq. ft. house. Thomasfield Subdivision. Assumable loan. 875-5791 after 5 and on weekends. TFC

HOUSE FOR SALE BY OWNER: 115 S. Jackson St., 3 br., 1 bath, LR, DR, garden spot. Call after 4 p.m. 875-2432. 49-50P

Government Foreclosure Homes Available to Qualified Buyer: 3 BRs, 1 1/2 baths, central heat and cooling, carpet. \$34,500. 3 BRs, 1 1/2 baths, central heat and cooling, carpet. \$36,000. Call Hubert M. Moss for more information, 944-2050. TFC

BEACH COTTAGE FOR SEASON: Very, very reasonable, three large rooms, huge screen porch, Fayetteville, 1-485-3324. 50-52C

COUNTRY ESTATE: Approximately 11 acres of pasture and woods surround this 3 bedroom home. Home features family room with fireplace, large kitchen, energy efficient. Large barn shelter ideal for livestock, additional out buildings. \$75,000. Call Realty World-Hobgood-Jones-Weeks. Collect 919-864-3000, evens. 485-8248 Barbara Compton. 50P

FOR RENT: one bedroom, partially furnished apartment in town. \$130.00 call 875-5792 after 5 p.m. TFC

FOR SALE: By Owner (Happy Ridge Road) Beautiful Home Site with 10 Rolling Acres. Natural Pond Site in Back. Low downpayment -- Owner financing at 12%. Call day 704-283-2442; night 704-289-8127. 50-1C

HOME REPAIR - PAINTING
Interior & Exterior
HOLT'S Handiman Service
631 W. Prospect Ave. 875-4261

McDONALD'S TIRE & RECAPPING
BUYS - Junk & Salvaged Cars
Call 875-2079

McNEILL'S APPLIANCE & PLUMBING
Repair all makes of major appliances & plumbing repair.
Floyd McNeill 875-4733

ROOFING
Specializing In All Types Insurance Repairs
Call For Free Estimate On Any Construction
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Archie Maxwell, President
Tel. 875-4885

Commercial Sewing
• Custom Alterations
• Major & Minor Repairs
• Army Name Tags and Patches Sewn On
• Reweaving
- FAST SERVICE -
RAEFORD
Cleaners & Launderers
Main St. Raeford, N.C.
Drive-In-Service 875-3727

MOBILE HOMES

Reposessed mobile home for sale. \$295.00 to \$495 down. Conner Mobile Homes of Raeford, phone 875-3811. TFC

FOR RENT: 2 bedroom mobile home. Call 875-4807 days, 875-5230 nights. TFC

1980 14 x 70 mobile home, two bedroom, island kitchen, total electric, excellent condition, low equity and assumable loan at 15 1/2 percent. Under pinning with trailer. Call 875-4979 after 5:00 p.m. TFC

FOR RENT: Two bedroom mobile home with washer and dryer. Couple or with one child. 875-4568. TFC

BONANZA MOBILE HOMES IS HAVING A EASTER SALE ON HWY. 41 IN LUMBERTON!!!
FREE 6 months lot rent, FREE washer & dryer, FREE set up, FREE steps, FREE blocks. SINGLE WIDES: 14 wide 2 br., 1 bath, \$10,300.00; 14 wide, 70 ft. long, 3 Br, bath and 1/2, \$13,500.00; 12 wide, 3 br., 1 bath, \$10,300.00; 12 wide, 2 br., 1 bath, \$9,995.00; 12 wide, 3 br, 1 1/2 bath, \$11,500.00 PLUS ABOUT 30 MORE HOMES TO CHOOSE FROM. DOUBLE WIDES: 24 x 60 shingle roof, masonite siding, 3 br, 2 bath, and den, \$19,000.00; 8 DOUBLE WIDES TO CHOOSE FROM. See us during our Easter Sale on Hwy 41-Lumberton. Hours: 9 a.m. til 7 p.m. Monday-Friday, 9 a.m. til 6 p.m. Saturday, 1-6 p.m. Sunday. For other information call 738-5900 or 738-5157, Mike Smith. 49-51C

NEW 2 bedroom mobile home delivered and set up, only \$6995. No downpayment on your lot, and low monthly payments. Call Ken Garner at Taylor Homes Factory Outlet 488-7537. 50C

FOR SALE: 1973 Taylor mobile home, 2 BR, 2 full baths, new carpet & linoleum, custom draperies throughout, large living area, central heat & air. Unfurnished but includes stove & refrigerator and large deck. Call Comers Realtors, Vass 949-3621. 50P

JACK'S THRIFT SHOP
MAIN ST.
We buy and sell used & new furniture, appliances, bedding, odds & ends of value. We do woodwork, and income tax returns. 875-8802

BOWMORE Tire Center
Located Next To Davis' Kash Mart
RECAPPED TIRES \$16.95 all sizes
USED TIRES \$8.95 and up
401 South Bowmore, N.C.
See Frank Davis
875-2928

MISSION SALE
OPEN DAILY 281-4243
Wringer Washer - 150.00; Stereo Cassette, Radio & Speakers - 80.00; Bedroom Suite - 300.00; Electric Range - 100.00; Frost Free Refrigerator - 200.00; Twin Bed Complete - 75.00; Hope Chest - 50.00; Chest 12.00; Dresser - 25.00; Window Screens - 1.00 each; Air Conditioners - 75 to 150.00; Dry Wall Water Pump - 50.00; Lawn Mower - 50.00; Carpets - 35.00; New Sofa - 200.00; China Cabinet - 300.00; New Dryer - 225.00; Deep Freezer - 150.00; Odd Chairs - 10.00 each; Metal Dresser - 25.00; Lamp 10.00; Dishes, Clothes, Clocks, Radios, Tables, Book Cases, Heaters, Toys, Books, Pictures, & Misc. Items.
Take 211 N. to Parks Restaurant and turn left. Go approximately 4 miles and watch for sign on right.

OPENING SOON
ROBINWOOD APARTMENTS
RED SPRINGS, N.C.
FEATURES:
ALL ENERGY SAVING WITH HEAT PUMP
* ALL 1 LEVEL * PRIVATE PATIOS * WALL TO WALL CARPET * BUILT IN RANGE AND REFRIGERATOR. 1 BR, \$198.00 AND UP; \$205.00 AND UP; 3 BR, \$225.00 AND UP.
For Information Call Hope Mills, N.C. 424-3441

NDG MANAGEMENT INC.
PO BOX 53006
FAYETTEVILLE, N.C. 28306
TELEPHONE: 463-5363

The News-Journal makes every effort to publish only reliable ads. We urge our readers to carefully consider their investment and if you have doubt regarding the offer, to investigate carefully.

HELP WANTED

Information on ALASKAN and OVERSEAS employment. Excellent income potential. Call (312) 741-9780 Extension 3323. 49-53C

WANTED: People with commercial & industrial related backgrounds. Unusual opportunity in the selling field. Company paid training, fringe benefits, incentives, unusually high commissions. Call 1-800-527-1193, 8:30 a.m.-4:30 p.m. c.s.t. 50P

WANTED 2 People to start work this week in Hoke County. Flexible Hours. Group Insurance. Top Earnings. Must be over 18. Call Avon collect 483-7071. 50C

Cook, part time, experience preferred. Wagon Wheel Restaurant, 875-5752. TFC

YARD SALE

TWO FAMILY: Saturday, April 10, 8-12 noon. Hwy 211 West 4 miles. Rain or shine. 50P

McGINNIS PLUMBING & SUPPLY
Lic. #8433P
Bathroom Remodeling
TERMS AVAILABLE
Showroom Open
Mon.-Fri. 8 a.m.-9 a.m.
or by appointment
Tel. 875-8861

HOMES and LAND REAL ESTATE

10 AC. FRONTS - 401 Bus. Owner Financing \$18,500.00
30 AC. - WOODED - Beautiful home site & pond site. 3 mi. west of Raeford \$27,000.00
10 AC. - IN AREA OF NICE HOMES. Restricted property - Mobile homes permitted. Owner will finance \$13,500.00.
117 ACRES - Wooded - Pines & hardwood. Fronts on state road. Borders Lumber River \$600 per acre.
BEAUTIFUL WOODED HOMESITES IN PUPPY CREEK AREA. 2 acre min. tracts. Terms available.
3.9 ACRE WOOD TRACT - 10 min. from Cumberland County. Assumable mortgage \$8000.
FRAME HOME with barn, metal shop, building equipment, and paint bldg. West of Raeford SR 1105. Terms.
64.67 ACRES located Lumber Bridge area in Hoke. Part wooded, part farm land.
HOME FOR RENT - 2 br. 1 bath, liv. room, kit., and dining. Scurlock area \$175. per month and security deposit.
WOODED HOMESITE - South of Raeford. Approved FmHA \$3500.
FARM LAND - Robeson County - Home and homesites Moore Co. Acreage Harnette Co.

HOMES & LAND REAL ESTATE, INC.
(In Front of Burlington Mills)
Tel. 875-5132
Night 875-3562 875-2246

Do Your **SPRING** Cleaning With **CLASSIFIED ADS** THE NEWS-JOURNAL CALL 875-2121