On The Front Burner

(Continued from page 4B) Heat oven to 325°F. Grease 1 quart casserole. Slowly stir grits into salted boiling water in heavy saucepan. Return to boil; reduce

heat; cook for 21/2 to 5 minutes. stirring occasionally. Saute celery and onion in 1 tablespoon margarine about 3 minutes or until

tender. Combine grits, celery mixture and tuna; mix well. Stir in eggs, milk and pepper. Place in prepared casserole. Melt remaining

cracker crumbs and drizzle with melted margarine. Bake for 25 to

Banana Carrot Cake 11/2 cups all-purpose flour

1 cup mashed ripe banana (3

I cup quick or old fashioned oats

1 cup shredded carrot (3 medium

9-inch square baking pan. Combine flour, baking powder, salt, soda and spices in small bowl. Combine sugar, banana and oil;

add eggs, 1 at a time, beating well

after each addition. Stir in flour

mixture. Add oats and carrot; mix well. Spread into prepared pan, sprinkle with nuts. Bake about 40 minutes or until wooden pick inserted in center comes out clean. Lemonade Pie (Pandy Autry)
1 small can frozen lemonade

2 regular pie crusts or 1 deep dish

Brown pie crusts, let cool. Mix

ingredients together and pour into

pie shells. Garnish with lemon

l pkg. whipped topping

can condensed milk

1/3 cup chopped nuts (optional) 1 cup sugar Heat oven to 350°F. Grease

margarine; top casserole

2 tablespoons baking powder

30 minutes.

medium)

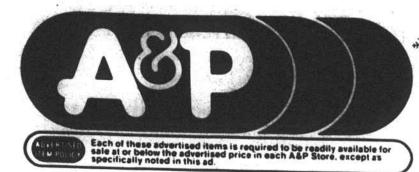
uncooked

carrots)

2 eggs

1 teaspoon salt 1/2 teaspoon soda 1 teaspoon cinnamon

3/2 cup vegetable oil



MID-WINTER\* SUPER COUP



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\$1.10

slices. Refrigerate. Makes 2 small pies or 1 deep dish. **Cheese Buttons** (Sarah McKenzie)

2 sticks margarine 2 cups sifted flour 2 cups grated sharp cheese 2 cups rice krispies

Allow margarine and cheese to soften at room temperature. Combine with other ingredients. Mix thoroughly. Roll into small balls (marble size). Place on ungreased cookie sheet, and press with fork. Bake at 325° about 18 minutes. Makes about 100 buttons.

Three Bean Salad

(Lynn Maxwell)
1 large can french cut string beans small can lima beans cup mayonnaise

small onion chopped 1 large can garden peas 2 teaspoons mustard

1 teaspoon worcestershire sauce Drain vegetables. Combine all ingredients. Cook 30 minutes for 325 degrees.

German Potato Salad 7 medium size potatoes

1 cucumber sliced fine 1/2 cup vinegar I onion cut up fine 3 chicken bouillon cubes

1/4 cup hot water 1/4 cup oil

Boil potatoes until well done. Peel while hot and slice thin. Dissolve chicken bouillon cubes in hot water. Mix all ingredients with potatoes. Season to taste.

Hint: Set aside a half hour each night to catch up on your cor-respondence. If you don't have the time to write each friend a letter, send a postcard with scenes of your town or community. You won't have to write as much and your friends will know you are thinking about them.

## Dees Returns From Sea Duty

Navy Machinist's Mate 2nd Class Melvin L. Dees Jr., son of Rachel W. and Melvin L. Dees of Route 2, Raeford, recently returned from a six-month deployment to Northern Europe. He is a crewmember aboard the

destroyer USS Dewey, homeported in Charleston, South Carolina. While on deployment, the ship served as flagship for NATO's

Standing Naval Force.

Stops in European ports included Scotland, the Netherlands, West Germany, Iceland, Greenland and Denmark. Visits to North American ports included Nova Scotia, Charleston, Boston

and Philadelphia. The Dewey is 513 feet long and carries a crew of 377.

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