

School News

Jump Rope For Heart set for Hoke Saturday

In conjunction with national Physical Education and Sport Month, Hoke County Schools will be participating in Jump Rope For Heart.

Jump Rope For Heart began in 1978 at Riverside High School in Milwaukee, Wisconsin when an AAHPERD (American Alliance for Health Physical Education, Recreation, and Dance) member organized the first event.

In September of 1979 the Executive Committee of AAHPERD launched this project into a national program. During the first year thirty-nine states joined together in JUMP ROPE FOR HEART, and its second year climbed to all 50 states. It involved over 6,000 schools and one million students--the largest special event in the American Heart Association's history.

Hoke County's event day is scheduled for Saturday, April 14.

The participants are asked to report to the following sites by 8:30 a.m.: Scurlock School, W. Hoke School and J.W. McLauchlin report to Upchurch's Gymnasium, J.W. Turlington's

participants report to J.W. Turlington's Gymnasium and S. Hoke participants report to S. Hoke's Gymnasium. They will jump by teams until noon.

JUMP ROPE FOR HEART is a team exercise used to promote physical education through cardiovascular exercise.

The members jump individually until tiring and then pass the rope on to another member.

The team strives to jump the entire 180 minutes.

Upon completion, each team member secures pledges or donations from the community.

The students are trying for these prizes:

**\$ 5-24- JUMP ROPE FOR HEART PATCH

**\$ 25-49- Adjustable Baseball Cap

**\$ 50-74- Backpack

**\$ 100-199- Watch

**\$ 200+ Walkman radios for the one winning school team.

Please support that child that knocks on your door and asks for a pledge or donation for JUMP ROPE FOR HEART!



Getting ready
These three South Hoke students are warming up for Saturday's Jump Rope For Heart competition to be held at the school gym from 9 a.m. to noon. About 80 South Hoke students will be participating in the countywide fundraiser.



Ready for action
These McLauchlin School students are ready for Saturday's jumping rope action. The students are: Front row: Grey Johnson, Stephanie Mayor, Kim Holcomb, Holly Scarboro, Alex Schwarcher and Jasper Sanders; 2nd row: Santes Beatty, Artis Fuller, Natasha Tillman, Cynthia Harris, Kisha Williams and Stephen Simpson; 3rd row: Mandy White, Sharon Murchinson, Bobbie Britt, Angela Manor, Montrell Graham, Dorothy Blue, Demetrius McEachen and Michael Branch; 4th row: Kim Singletary, Laura Foster, Teresa McMillian, Damoris McLean, Robert Singletary, Keisha Marley, Angela Patterson and Luigi Billinger.

Humpty Dumpty survives fall at Turlington

The latest happening at J.W. Turlington Elementary School is "egg-citing," introducing the incredible "Humpty Dumpty the Second."

Carol Jackson, the Science Demonstration Teacher, has sprung right into spring with this exciting project.

Using the scientific approach, students were given guidelines to follow in order to successfully and scientifically protect Humpty Dumpty the Second (an egg) from cracking as it falls from a tall structure, such as a building.

Therefore, if Humpty Dumpty the Second sits on a wall and if Humpty Dumpty the Second has a great fall, all the King's horses, and all the king's men will not have to put Humpty Dumpty the Second back together again - Thanks to "Egg-citing."

All unbroken eggs are displayed in the showcase, located in the lobby of J.W. Turlington School.



Attending course

Carol M. Nye has been selected as one of the participants in the Mathematics Curriculum Development Institute to be held at Peace College in Raleigh this summer. This institute is to be sponsored by Carolina Power and Light Company and the Mathematics Division of the State Department of Public Instruction. It is to be from June 18 until the 29th. Out of a total 25 participants, six could be selected from Region IV. Nye is a 5th grade math teacher at J.W. Turlington School.

Turlington holds drug ed program

Sixth grade students at J.W. Turlington School have been involved in a month-long drug education and awareness program. The program was organized by science teacher Gloria Strickland.

Each week students gathered in small groups to hear lectures, to see thought-provoking films, or to engage in question-answer sessions.

The course was led by Dr. John McBride, George Linial, Ron Sunderland, and Ed Hamlin who

are employed by Sandhills Mental Health.

Topics which were covered during the seven session course included over the counter drugs, prescription drugs, marijuana, nicotine, psychoactive drugs, death and drugs, alcohol, and the DWI law.

The seminar appeared to be well received by both students and parents.

Turlington School hopes to sponsor a similar drug education program annually.

Hoke student receives St. Andrews scholarship

James Ward, a senior at Hoke County High School in Raeford, has been named a Distinguished Scholar at St. Andrews Presbyterian College in Laurinburg. He will receive a \$16,000 scholarship to attend the college beginning in the fall of 1984.

Ward was one of 49 outstanding high school students from the western seaboard states who was invited to participate in the annual Distinguished Scholarship Competition March 1-3 at St. Andrews.

"The competition was keener than ever before," said Peggy Crawford, director of admissions at the college. "The number of qualified scholarship applicants almost doubled this year."

Ward was selected by a 12-member committee consisting

of six faculty members and six honor students from St. Andrews. The applicants were evaluated on the basis of their high school grade point averages, Scholastic Aptitude Test scores, extracurricular activities, recommendations from guidance counselors and teachers, and interviews during the scholarship competition.

Ward is active in chorale, the Science Club and is a member of the National Honor Society. He also was voted 'Most Likely to Succeed' and 'Most Intellectual' by his high school class. He is considering a major in chemistry.

St. Andrews, which has gained national recognition for its academic programs, is a private, four-year, liberal arts college in Southeastern North Carolina.

County above state average for immunization

North Carolina continues to be a national leader in immunizing children against communicable diseases, according to State Health Director Dr. Ronald Levine.

State records show that 99% of all 174,467 kindergarten and first graders who entered school last September met the minimum requirements of the state's immunization law.

In Hoke County, 99.7% of the students were properly immunized. "We're currently doing some random sampling to see if those

students who were not immunized when school started last fall have since gotten their shots," Levine said. "The returns so far indicate they have, but the sampling is not complete yet."

He said that the state's public and private school principals, physicians, and local health departments have strongly supported the state's immunization law.

"Their persistent efforts have helped North Carolina practically wipe out some diseases, Levine

said. "In 1983, for example, only one confirmed case of measles was reported. That is the lowest rate of measles recorded since 1918 when state statistics were first compiled."

North Carolina's immunization law requires that children entering school be immunized against diphtheria, tetanus, pertussis (whooping cough), measles, rubella and polio. The law applies to school children through the twelfth grade.

Levine stressed that the primary responsibility for having children immunized rests with the parents.

"Parents who fall behind in having their children properly immunized are leaving those children more susceptible to disease," he pointed out.

Levine said that in 1983 34 cases


of whooping cough were reported in children less than five years old.

Thirty of those children had one dose of vaccine or less, which is not sufficient to protect a child against whooping cough. Children should have completed three DTP (diphtheria, tetanus and pertussis) doses by six months of age.

"It's important that parents start their children's immunizations at two months of age and then complete them on time," Levine emphasized. "Parents should also keep the children's boosters and records up-to-date. This not only protects the children, but helps to wipe out some diseases."

The required immunizations are available from private physicians and local health departments throughout the state.

Please Vote For Judge Guy



DEAR VOTERS

I WANT TO SINCERELY THANK YOU FOR ENABLING ME TO SERVE AS ONE OF THE TWELFTH JUDICIAL DISTRICT'S JUDGES OVER THE PAST TEN YEARS. I HAVE AND WILL CONTINUE TO SERVE AS A JUDGE TO THE BEST OF MY ABILITY. I HAVE ALWAYS TRIED TO BE A JUDGE WHO PUNISHES ACCORDING TO THE CRIME AND TEMPER MERCY WHERE DESERVED. I AM NOW ASKING ALL OF YOU TO GIVE ME THE CHANCE TO ACHIEVE MY LIFE LONG AMBITION TO SERVE AS A JUDGE OF THE SUPERIOR COURT. "IF ELECTED, I DESIRE TO ALWAYS REALIZE, I AM AN INSTRUMENT OF ALL THE PEOPLE TO ADMINISTER JUSTICE TO ALL WHO COME BEFORE ME." AND I PROMISE TO SERVE FULLY AND ENERGETICALLY TO THE VERY BEST OF MY ABILITY.

SINCERELY,
Charles Lee Guy

Paid for by Committee to Elect Charles Lee Guy to Superior Court Judge. Bob Williams, Treasurer

VOTE MABEL M. RILEY

VOTE MAY 8



VOTE MAY 8

HOKE COUNTY COMMISSIONER

•Capable •Honest •Experienced
Dedicated To Serve All Citizens

PAID POLITICAL AD

5742 Pounds of Tobacco FOR LEASE

70 Acres of Land FOR LEASE

Phone Day 843-3700
Night 875-2551
Curtis Hardin

Income Tax

1040 U.S. Individual Income Tax Return 1983

Department of the Treasury - Internal Revenue Service

We'll help you solve it.

Owe taxes? Have a refund coming but you need some extra cash now?

We can help you either way by arranging an income tax period loan to fit your needs and budget.

Or, you may want to combine your tax period money needs with your outstanding bills, pay them all off with a Bill Consolidation Loan and make just one convenient monthly payment at one place... many times reducing your present monthly payments by 1/2.

Call on us today.

Safeway FINANCE
where people and money get together

LOANS UP TO \$7500
103 N. Main - Raeford
875-4111

PHONE FOR FOOD


Fish, Shrimp, BBQ, Chicken...
SPECIALS DAILY
875-5752
Wagon Wheel Restaurant

A.A. Meetings
Wed. 8 p.m.
Nursing Home Dining Room

HELP KEEP

DANIEL H. DeVANE

YOUR REPRESENTATIVE



Thank you for the trust and confidence you placed in me by allowing me to serve as your representative. I need your vote and continued support in order to utilize the experience that I gained as a Freshman Representative.

"Proven to be effective"

Thanks for the assistance you are giving to the people affected by the March 28th tornado. Danny

COMPARE and SAVE with

E/Z ACCESS MONEY MARKET	8.75% APR
6 MONTH CERTIFICATE OF DEPOSIT	9.90% APR

HERITAGE FEDERAL
Savings & Loan Association

RAEFORD
113 Campus Avenue
875-5061