

Extension intern

Adewale "Wally" Majekodunmi will be working with the Hoke County Agricultural Extension Service from May 29 to August 17 this year. Ma-jekodunmi will be serving as a summer intern, sponsored by the Agricultural Extension Program at North Carolina A&T of the summer internship is to provide on-the-job paid experience to students interested in careers with Extension. The interns receive instruction in how to deliver informal educational programs to diverse audiences. Majekodunmi will work primarily with the county's farmers, under the supervision of county extension chairman Willie Featherstone. A native of Nigeria, Ma-jekodunmi received his B.S. in agricultural economics this spring from A&T. He plans to attend graduate school at A&T, studying production economics.

# ...Front Burner

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dosages and combinations of estrogen, flouride and calcium have been found to be the most effective, though estrogen and flouride are not without risks. This is something to be determined by a physician.

I recently was visiting in the home of my sister in Guilford Col-lege and had the opportunity to look at a cook book from UNC-Greensboro. I copied several recipes I would like to share with

## **CREAM PUFFS**

1 1/2 cup water 1 1/2 cups all purpose flour 3/4 cup butter

6 eggs Heat water and butter to rolling boil. Stir in flour. Stir vigorously over low heat about 1 minute or until it forms a ball. Remove from heat. Beat egg all at once. Continue heating until smooth. Drop by teaspoon in 1 inch balls onto ungreased baking sheet. Bake 20-30 minutes in 400° oven or until puffed and golden. Cool away from draft. Cut off top. Pull out filaments. Fill.

# PEACH PICKLE

3 cups sugar 4 sticks cinnamon, broken peaches

I cup vinegar 12 whole cloves

A good meat accompaniment. Prepare syrup, add cloves and cinnamon. Drop peeled peaches in syrup and cook until barely tender. Pack in jars. Process 10 minutes.

### PECAN CARAMEL 3 cups sugar

I cup milk

2 cups chopped pecans

1 1/2 cup sugar 2 tablespoons butter

Boil 3 cups sugar with milk. Melt 1 Kraft Dressing 1/2 cup sugar in an iron skillet to FRENCH'S mixture to soft ball stage, then add Instant Potatoes caramel, nuts, and butter. Remove from heat and beat until creamy. Pour into buttered dish. Cut into squares when cool.

# GOLDEN NUTS

I' 1/2 cups sugar L/4 cups warm water

2 tablespoons grated orange rind 3. tablespoons orange juice 1/4 teaspoon cinnamon

2 1/2 cups nut halves

Stir sugar with water and add orange juice. Cover and boil 1 minute until sugar crystals on side of pans are dissolved. Uncover, cook at 240° or soft ball stage. Add remaining ingredients. Stir with fork until creamy. Turn onto waxed paper. Separate, cool, store in tight container.

### WATER CHESTNUTS IN BACON

Slice chestnuts. Cut bacon strips in half. Spread a thin layer of peanut butter on bacon strips - wrap around chestnut secure with toothpick. Broil until bacon is crisp. Serve hot.

Schedule

Wednesday, June 6, 1984, 10:00 n.m. - Wayside Extension Homemakers Club Meeting. Thursday, June 7, 1984, 10:00 a;m. - Raeford Morning Extension

Homemakers Club Meeting.

**A&P COUPON** SAVE ON Orange Juice #640

10 oz

cans

**A&P COUPON** SAVE ON Miracle Whip

#639

Hamburger Buns

**A&P COUPON** SAVE ON Tomato Ketchup

1

#642

**A&P COUPON** 

Sauce

Each of these advertised items is required to be readily available for sale at or below the advertised price in each A&P Store, except as specifically noted in this ad

PRICES EFFECTIVE THRU SAT. JUNE 2 AT ABP IN RAEFORD, N.C. ITEMS OFFERED FOR SALE NOT AVAILABLE TO OTHER RETAIL DEALERS OR WHOLESALERS.

Pork Specials

Whole Smoked Picnic

U.S.D.A. INSPECTED FRESH Turkey Breast 4716

COUNTRY PRIDE

**Fryer Wings** 

**Mixed Fryer Parts** 

COUNTRY PRIDE

Skinner Macaroni 16 oz.

Spaghetti Sauce 15 22.00

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Cubed Steak

**Beef Specials** WESTERN GRAIN FED BEEF

Chuck Roast

WESTERN GRAIN FED BEEF BONE-IN

**Chuck Steak** WESTERN GRAIN FED BEEF BONE-IN

**Shoulder Roast** 

WESTERN GRAIN FED BEEF BONELESS

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Daily Dog Food 5 151/2 02.

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WHITE CLOUD WHITE · ASSORTED

**Bath Tissue** 

Honeydews

RED RIPE FAMILY PACK

Fresh Limes

Romaine Lettuce 58

**Tomatoes** 

TANGY FLORIDA

WESTERN GRAIN FED BEEF BONELESS-FAMILY PACK **Beef Stew** 

lb.

Bone-In

A&P QUALITY FRESH (3 LBS. OR MORE)

**Ground Chuck** 

Sliced Bacon

Picnic Pork Roas

**Canned Ham** 

Family

Pack

FRESH LEAN COUNTRY FARM SLICED

FRESH LEAN COUNTRY FARM

1/4 Pork Loin

**Margarine Quarters** MRS. FILBERT'S GOLDEN

# RUFFLES ALL VARIETIES

8 oz. Save pkg.

ANN PAGE UNSWEETENED

**ALL FLAVORS** 

lce Dairy Charm Cream FLAV-O-RICH AII

5 Qt. Flavors Pail

Save ANN PAGE

**Pot Pies ALL VARIETIES** Mr. P's Pizza **FARMER'S CHOICE** 

**Shoestring Potatoes** 

**Pound Cake** 

lb. pkg. HOMESTYLE OR BUTTERMILK 10 ct. A&P Biscuits 4 .... **GOURMET ALL FLAVORS** 

**Breakstone Dip** Cracker Cheese

Flav-O-Rich Yogurt 2 to 79¢

STP SALE

Notor Oil

10W30 OR 10W40

1

Pepsi Cola

Grocery Special

REGULAR **Budweiser** Beer ctn. 6 12 oz

GOOD ONLY IN RAEFORD, N.C. Inglenook & Wine

GOOD ONLY IN RAEFORD, N.C.



each

**Yellow Corn** 

**Ripe Cherries** 

**Crisp Carrots** 

PLANTATION RIPE

CALIFORNIA

**Pineapple** 

Save FLORIDA SWEET

Conditioner

MENNEN SPEED STICK Deodorant BARBASOL

Shave Cream 3 ::: **BLACK/WHITE 12 INCH** 

Philco T.V.

Sun. 9 A.M. - 6 P.M. Mon.-Sat. 8 A.M. - 10 P.M.

**EDENBOROUGH CENTER**