ports

Raeford native named **UNC** assistant coach

Mike Peckham, a native of Raeford, who has worked with the North Carolina women's basketball program for the past four years, has been named the school's first full-time assistant in that

sport.
The announcement was made this week by Athletic Director

John Swofford. job for us in a part-time role for the past four years," said Swof-ford. "He has had a big part in the team's recent success and will cer-tainly be part of that in the future."

"We are very excited that Mike has been promoted to a full-time position," said Head Coach Jennifer Alley. "The program's success is due in a great part to his hard work and the advances he has ntade in the recruiting field. He has certainly been a dedicated and loyal worker on a part-time basis.

"This appointment, along with the move into the new Student Activities Center for the 1985-86 season, are indicators of the commitment North Carolina's athletic program has made to the future growth and success of its women's basketball program," said Alley.

Peckham joined the program in 1981 as the junior varsity assistant coach. He served as a graduate assistant for the varsity squad the following year and became part-



Mike Peckham

time assistant for the 1982-83

Peckham will continue to concentrate his efforts on recruiting as well as assist in scouting and general administrative details. His recruiting efforts have helped the Tar Heels to back-to-back 20-win seasons. Carolina won its first ACC Championship in women's basketball last season en route to a school record 24-8 record and

14th-place national ranking.
Peckham is a 1977 graduate of
Hoke County High School. He received his bachelor's degree in recreational administration from

After kings and queens

Whether or not they play like small kings, these young Royals sure fight with the hearts of lions. The Royals are: James Carter, Dektrick Miller, Donnie Norton, Christy Long, Charles Cecil, Bill Cameron, Brian Rutowski, Jason Falls, Michael Branch, Jim McNeill, Marc Norton, Todd Rutowski, and Michael Hardin. The Royals are sponsored by Home Food Market.



After seeing last week's professional baseball game between the Braves and the Padres, one must assume that these young Hoke County Padres have more dignity than to start fights. Besides, they just don't look like the types. Sponsored by Century 21, these Padres are: Mark McNeill, Christopher Crowder, Newton Barrien, Jaclyn Jones, Will Witherspoon, Brad Martin, Michael Bennet, Lee Ward, Victor Murchinson, Harold Teal, Dexter McDuffle, Patrick McNeill and Tim Furmage. The coaches are from left: Mike McNeill, Harry Teal and Ken Witherspoon.

Duke expedites healing for injured athletes

By Catherine Macek Duke University Medical Center Whether you're an Olympic hopeful or a weekend athlete, injury often-accompanies physical activity. Fortunately, most injuries are minor ones --scraped knees or

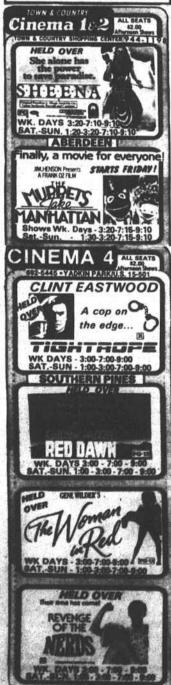
with a bandage or aspirin. But recovery from severe in-juries, especially ones requiring surgery, often is a long, tedious

sore muscles -- that can be treated

process. DUSMOR University Sports Medicine and Orthopaedic Rehabilitation -- is a program designed to expedite the athlete's return to the gridiron or

jogging trail.
"It is often difficult to determine exactly when an athlete has recovered from an injury," said Dr. William E. Garrett, assistant professor of orthopaedic surgery and director of DUSMOR.

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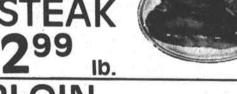


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August 13 6:30 Recappers Pony Express Sugar Hill Gang 13-15, 15-12, 15-11 15-6, 17-15 16-14, 15-13 7:15 Eight Pack Recappers B&W Food Mart Rockets 15-0, 15-0 Diggers Eight Pack D.C. Jets 15-11, 15-12 15-7, 15-6 15-11, 16-14 Faberge Diggers D.C. Jets **Dynamites** 15-0, 15-0 9:30 Aces 15-0, 15-0 15-11, 15-9 Dynamites **Pacemakers** F.I.S.H.

Adult and youth football leagues

The Recreation Department will be offering three football leagues this fall: Men's Flag, Youth Flag, and Midget Tackle. The men's league will be open to current ninth graders and up. The organizational meeting will be held on Wednesday, September 5 at 7 p.m. in the Recreation Office (Old National Guard Armory). All interested teams must have a representative

The youth flag league is open to all boys and girls ages 7-9. You must turn 7 before October 1, or must turn 10 on or after April 1, 1984 to be eligible to participate. The first practice session will take place at Armory Park at 4:30 p.m. on Monday, September 10. Birth certificates are required for those who did not play in the T-Ball and Bambino Baseball Leagues this sum-

The midget football league is open to all youth ages 10-14 years. You must turn 10 before October 1, 1984, or you must turn 14 on or after April 1, 1984. Also, you must weigh at least 65 pounds and not more than 125 pounds. Physicals are required to provide the provider of the provider for each participant before being allowed to practice. A \$6 insurance fee is charged for each participant in midget football, and should be paid at the time of registration. The opening practice will be held at Armory Park at 4:30 p.m. on Tuesday, September 4. Birth certificates are required for those who didn't play T-Ball or Bambino Baseball this summer.

Youth football physicals

All youth interested in playing midget football are required to obtain physicals. The Hoke County Health Department will be giving physicals to interested participants on Tuesdays ONLY, on the following dates: August 21, 28 and September 4, 11, 18,

25 and October 2 from 1-4 p.m.

APPOINTMENTS ARE REQUIRED! Parent or legal quardian must accompany the child. You must bring your shot record if you have not previously visited the Health Department. Physical forms can be picked up from the Refreation Office. The Health Department will NOT have the physical forms.

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