



A&P COUPON

SAVE ON



DOUBLE COUPONS

SEE YOUR LOCAL A&P IN RAEFORD FOR DETAILS

PRICES EFFECTIVE THRU SAT., SEPT. 1 AT A&P IN RAEFORD, N.C. ITEMS OFFERED FOR SALE NOT AVAILABLE TO OTHER RETAIL DEALERS OR WHOLESALERS.

GOING ON VACATION? ABP HAS MORE STORES ENTLY LOCATED TO ANY AREA OF THE GRAND STRANG

MARKET STYLE **Ground Beef** 3 lbs. or more **Ground Chuck** lb.

WESTERN SCANLES PESS Beef Shoulder WESTERN STANLES BEEF WESTERN GRAIN FED BEI FAMILY PACK Cubed Steak WESTERN GRAIN FED BEEF BONELESS

Rib Eye Steak

JANE PARKER HAMBURGER OR

Dog 8 ct. pkgs

A&P Vegetables ALL VARIETIES **A&P Dressings** DEL MONTE **Tomato Catsup** SLICED · CRUSHED · CHUNK IN JUICE · IN SYRUP

Dole Pineapple 20 oc con

DIET COKE · SPRITE · TAB

Coca Cola

CALIFORNIA CELLARS Wine 3 liter GOOD ONLY IN RAEFORD, N.

BUDWEISER Beer 6 pk. 12 oz.

GOOD ONLY IN RAEFORD, N.G.



Bone-In

A&P ALL FLAVORS

WESTERN GRAIN FED BEEF

Chuck Steak

Spaghetti Sauce

32 oz. jar

REGULAR - THIN **A&P Spaghetti A&P Diapers Brawny Towels** WE FAR

GOLDEN RIPE Bananas lbs

only

CALIFORNIA Prune 100 **Plums**

Leaf Lettuce JUMBO SIZE Broccoli U.S. #1 RED BLISS **Potatoes**

COUNTRY PRIDE Fryer Breast Qtrs.

JUMBO PACK Fryer Thighs 98¢ lb.

CAROLINA PRIDE 118 **Meat Hot Dogs** ARMOUR SLICED **Cooked Ham** WESTERN GRAIN FED BEEF

Boneless Sirloin Steak

FLAV-O-RICH

FLAV-O-RICH **Heath Bars** 5 qt.

ALL VARIETIES **A&P** Pizza **Orange Juice American Singles** FLAV-O-RICH REGULAR & LIGHT **Cottage Cheese**

ALL VARIETIES

pail

Potato

pkg

712 OZ

Country Pride Country Fresh Chicken Parts;

Breasts, Thighs, Drums, Legs, or Assorted Parts. MR. GROCER, Country Pride will redeem this coupon for 25e plus 7e handling fee it you receive it on the sale of any package of Country Pride Country Fresh Chicken Parts. For payment mail to:

COUNTRY PRIDE FOODS
P. D. BOX 1594
CLINTON, IOWA 52734

Coupons are not to be assigned or transferred ilication constitutes fraud. Invoice proving pu set 3 months to cover coupons accepted must fold when presented by outside agency or whi-therwise restricted. Consumer must pay applintly in U.S.A. Limits eres per surretimes.

NO.197 COUPON EXPIRES SEPT. 8. 1984

Sun. 9 A.M. - 6 P.M. Mon.-Sat. 8 A.M. - 10 P.M.

EDENBOROUGH CENTER



Promoted SSG James Willis formerly of Dundarrach was promoted to Sgt. First Class E-7 on July 1. SFC Willis had been stationed at Ft. Dix, New Jersey for the past two years as a Drill Sergeant. SFC Willis and family are now being transferred to Ft. Wainwright, Alaska. His wife is Patsy Dees formerly of Rockfish. They have two sons, Chad and Jeremy.

. . . Front Burner

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 Expect limited service. Be able to use your own judgement.

•Dress for undressing. For ex-

ample, wear separates and include a scarf to protect your hair style when pulling items over your head. Take your time in making your

buying decision.

*Above all, think twice before buying the item. Remember, the quality, plus the price, plus the appearance on you has to be acceptable before even considering to table before even considering to

buy the item.

Here are some of my favorite recipes that I would like to share with you.

ITALIAN CREAM CAKE

1/2 cup margarine 1/2 cup vegetable shortening

2 cups sugar 5 eggs separated

2 cups all-purpose flour 1 teaspoon soda 1 cup buttermilk

teaspoon vanilla

1 4 oz. can flaked coconut 1 cup chopped pecans Cream margarine and shorten-

ing. Add sugar gradually; beat until smooth. Add egg yolks; beat well. Combine flour and soda; add to creamed mixture alternately with buttermilk. Stir in vanilla. Stir in coconut and pecans; fold in stiffly beaten egg whites. Pour into 3 greased and waxed paper-lined 8 inch cake pans. Bake in preheated 350° oven for 25 minutes. Cool.

Cream Cheese Frosting 18 oz. pkg. cream cheese, softened

1 1-lb. box confectioners' sugar chopped nuts to taste 1/4 cup margarine, softened 1 teaspoon vanilla

Mix cream cheese and

margarine; stir in sugar, small amount at a time. Beat until smooth. Stir in vanilla and nuts. Spread between layers and on top and side of cake.

SWEET POTATO DESSERT BREAD

3 cups all purpose flour l teaspoon soda

1 teaspoon salt 3 teaspoons cinnamon

2 cups sugar

2 cups cooked sweet potatoes

4 eggs beaten

1 1/4 cups oil or melted shortening

1/2 cup nuts Place all dry ingredients in a

large mixing bowl. With spoon, make a deep well in the center and add all the other ingredients. Stir carefully, just enough to dampen all the dry ingredients. Pour into two loaf pans and bake at 350°F for one hour.

BEAN 'N BACON SALAD 2 cans (16 oz. each) whole green

beans drained

1/4 cup vinegar

1/4 teaspoon pepper 1/4 cup mayonnaise or salad dress-

2 teaspoons vinegar

4 slices bacon, crisply fried and

crumbled

1/2 cup chopped onion 1/3 cup salad oil 1/2 teaspoon salt

4 hard-cooked eggs, chopped 1 teaspoon prepared mustard

1/4 teaspoon salt crisp greens paprika

Combine beans, onions, salad oil, 1/4 cup vinegar, 1/2 teaspoot salt and pepper; toss lightly. Cover and chill. Mix remaining ingredients except bacon, greens and paprika. Just before serving, drain bean mixture and toss with bacon Serve on crisp greens; top with a spoonful of egg mixture and sprinkle with paprika. Makes 6 seri