

School News

Sandhills offers health session at Hoke Library on September 11

The Division of Continuing Education at Sandhills Community College, in conjunction with Healthcare Services of America - HSA Cumberland Hospital - is offering a series of five seminars dealing with current health issues.

Each two-hour session will meet at the Hoke County Public Library in Raeford from 3:30 - 5:30 p.m. on five consecutive Tuesdays.

Sessions begin on September 11 and continue through October 9. The series, entitled "Take Five," will consider mental health issues affecting parents, teachers, and anyone interested in understanding topics associated with mental health.

Each session will be conducted by a member of the professional staff of the hospital and the Life Center of Fayetteville.

The first session will consider depression in students from kindergarten to college, and will be led by Dr. David Marcotte.

The following week, Dr. Robert Blackburn will consider "Alcoholism: The Disease of Denial."

Week three will be devoted to "Positive Addictions: Exercise, Nutrition, and Relationships" and will be led by Dr. Steven Levenberg.

Session four is entitled "Children Who Can't" (read,

learn, behave). Dr. Norman Snyder will conduct this session.

The final topic addressed will be "Avoiding Burnout" and will include discussions of stress management in a two-career marriage, problems associated with internalizing children's trauma, etc. Judy Potts, RN and assistant administrator of Healthcare Services of America will lead this session.

These seminars will carry 1 CEU of teacher recertification credit. Students must register at the first class meeting on September 11. The registration fee is \$10 for the series. North Carolina residents age 65 or older pay no registration fee.



Receives doctoral

Linda Kay Barlow, a native of Parkton, received a Doctor of Philosophy degree this month from the University of North Carolina at Chapel Hill. Barlow was awarded the Ph.D. degree in English after completing a dissertation on "Musical Imagery in the Poetry of Keats." Dr. Richard Harter Fogle, University Distinguished professor emeritus at UNC-CH, directed her dissertation work. The daughter of Edith Black Barlow of Parkton and the late Dewey Foch Barlow, she received her B.A. degree from UNC-Greensboro in 1970 and her M.A. from UNC-CH in 1974. Both degrees are in English. She teaches in the Department of English at Meredith College in Raleigh.

Sandhills deans lists honors Hoke students

The following area students have been placed on the Dean's List at Sandhills Community College for the Summer of '84 quarter.

To be placed on the list, a student must achieve a grade point

average of 3.3 on twelve or more hours of course work.

Those honored are:

Lou V. Chambers, Stephen C. Ellis, Annie R. Harris, Jennifer L. Manning, Mary P. Sappenfield, and Cynthia J. Wilson-Banks, all of Raeford.

Three county students honored at Robeson Tech

Three Hoke County students are on Robeson Technical College's Dean's List for the 1983-84 Summer Quarter. (These students ob-

tained a 3.0 grade point average.) Jo A. Allen, Anita B. Phillips, and Mary G. Wilson, all of Raeford, were named to the list.

Money course for women slated for Sandhills

A course entitled Financial Planning for Women will be offered at Hoke High School through Sandhills Community College this fall.

Instructed by Bruce E. Holdridge, a Certified Financial Planner associated with Wheat, First Securities in Southern Pines, the course will address various personal financial issues including asset accumulation, risk management, investment alternatives, tax management, gifting, retirement planning and estate planning.

The objectives of the course are to provide the financial planning techniques and methods necessary for the student to analyze their current financial posture, delineate specific financial needs and objectives and develop their own personal financial plan aimed at satisfying those needs and objectives.

The course will meet on Thursdays from 7-9 p.m. from September 6 - October 11. Cost for the course is \$10.

Adult testing program offered

Adults in this area now have the opportunity to participate in a national testing program designed to help them evaluate their own educational accomplishments and to get recognition of these accomplishments from their employer or from a college or university.

The tests, part of the College-Level Examination Program (CLEP) of the College Board, are given every month, except February and December, by Dr. Elbert Patton, Director of the Career and Personal Counseling Center at St. Andrews Presbyterian College in Laurinburg.

CLEP, according to Dr. Patton, is designed primarily to serve men and women who have furthered their education by independent study, correspondence courses, on-the-job training, evening school or other "non-traditional" forms of study.

Many colleges are also using the CLEP tests to evaluate students

with more traditional academic preparation.

Various employers and agencies use the CLEP tests as a way to recognize college equivalency for promotion, admission advanced training, licensing, or certification.

Those interested in taking CLEP tests should check with the colleges, employer or agency they are interested in to learn how their CLEP test results might be used.

The College Board, an association of about a thousand colleges, universities and schools and the sponsor of CLEP, does not itself award credit or on-the-job recognition. Such credit or recognition is granted by the college, company or agency that uses CLEP scores.

Two kinds of tests are available within CLEP.

The General Examinations measure an individual's achievement in broad areas of knowledge. They are not based on specific college courses, but rather, seek to cover the broad scope of studies required of most students during their first two years of college.

The General Examinations are complemented by a number of Subject Examinations which are designed to evaluate an individual's accomplishment in the area of a specific college course.

Tests are offered in subjects ranging from Analysis and Interpretation of Literature to Computers and Data Processing.

Registration materials are available at no charge from the College-Level Examination Program, Princeton, New Jersey 08541, or from the Career and Personal Counseling Center at St. Andrews College.

Lewis promoted

Charles E. Lewis, son of Charles G. and Gale S. Lewis of Rural Route 1, Shannon, has been promoted in the U.S. Air Force to the rank of first lieutenant.

Lewis is an electronic warfare officer at Barksdale Air Force Base, Louisiana, with the 596th Bombardment Squadron.

He is a 1982 graduate of North Carolina State University, Raleigh.

Seamanship, boating skills on tap for continuing ed

The Division of Continuing Education at Sandhills Community College will offer a course entitled "Boating Skills and Seamanship" this fall quarter. The class will meet on Tuesday and Thursday nights from 7-10 p.m. in room 106 of the Kennedy Building on the SCC campus. The course begins on September 11 and will continue for six weeks.

The course instructor is Roger Cram, Power Boat Squadron, US Coast Guard Auxiliary. Those who complete the course will be rewarded a certificate. An optional exam is available at the end of the

course. A passing score will result in 15% savings on boating insurance premiums.

Topics to be considered during the course include general safety, legal requirements, navigation rules, piloting, marine engines, marlinlike seamanship, sailing, weather, radiotelephone, and maritime buoyage system.

The cost of the class is \$10. Students may register on the first night of class (Sept. 11) or on Continuing Education Registration Day August 28, in the Student Building on campus. North

Carolina residents age 65 or older are not charged tuition.

For more information about this Continuing Education opportunity, contact Ben Pate at 692-6185.

To learn how to "bird-proof" its planes, the U.S. Air Force is hurling dead chickens at airplanes, reports the National Wildlife Federation. The four-pound chicken carcasses are shot into engines, windshields and landing gear from a 20-foot cannon to reenact birds smashing into jets, which can cause serious accidents.

PRE-LABOR DAY CONCERT

South Hoke Review
South Hoke Community
Formerly The Old Jaycee Hut

PRESENTS
MOTOWN'S OWN
Roy "C"

SINGING HIS LATEST RECORDINGS:

"I Shot The Man"

"I Want To Be Where You Are"

"After Loving You"

"Leaving On The Morning Train"

"If I Could Love You Forever"

WITH

★ COUNTRY STEELERS ★
CAPTAIN FUNK

Sat., September 1, 1984

TWO BIG SHOWS

First Show 8-12 p.m. Second Show 12-4 a.m.

Advanced Tickets \$7⁰⁰ Door \$8⁰⁰

For Advanced Tickets Call 277-0289 or 843-2198

Tickets On Sale:

B&F TV and Record Store, Maxton

Carolina Indian Voice, Pembroke

LRDA Office, Raeford

Cale's
Food Store

Main St. Raeford, N.C.

BONELESS
CHUCK
ROAST
1³⁹ lb.

FRESH
LEAN
STEW
BEEF
1³⁹ lb.

CUBED
STEAK
1⁹⁹ lb.

COMET
RICE
2 lb. bag
59¢

FRESH
LEAN
HAMBURGER
99¢ lb.

PILLSBURY
CAKE MIX
Ass't flavors
79¢

LIBBY'S
CORNER
BEEF
12 oz. can 1¹⁹

LUZIANNE RT
COFFEE 1 lb. 1⁹⁹

WHITE
POTATOES
10 lb. bag 1⁵⁹

RINSO
DETERGENT
49 oz. 1²⁹

KRAFT DELUXE
MACARONI &
CHEESE
DINNERS
1⁰⁹

LUX or DOVE
LIQUID
DETERGENT
22 oz. 99¢

GENERIC
PAPER
TOWELS
2/1⁰⁰

JEWEL
SHORTENING
42 oz. 1⁷⁹

FRESH FISH DRESSED DAILY