## . . . Front Burner

(Continued from page 6) and cover. Bake in 350 °F. oven for

## Spinach Casserole

6 eggs 1 (24 oz.) carton cottage cheese

6 tablespoons flour 1/2 cup butter, melted

2 (10 oz.) pkgs. spinach, thawed (or two cups fresh spinach, blan-

2 tablespoon minced onion

1 lb. cheese, cubed
Beat eggs and cottage cheese and
flour until blended. Add butter,
cheese and spinach, and onions. Bake in a large covered casserole (2 ½ qt.) for 1½ hours or until set at 325 °F.

## Favorite Banana-Nut Bread

1 cup butter or margarine

2 cups sugar 4 eggs

1/4 teaspoon salt

2 teaspoons soda 2 teaspoons cinnamon

4 cups flour

6 large, very ripe bananas, mashed
1 cup finely chopped pecans
Cream together butter and
sugar. Add eggs, one at a time,
beating well after each addition.
Sift dry ingredients together and
add to creamed mixture. Add bananas and nuts. Pour into wellgreased loafpans, and bake at 250 or 300 °F. from 1 to 2 hours. A few of the pecans may be saved for sprinkling over the top of each loaf before baking. Makes 2 loaves.

## ... Winter rains

(Continued from page 6) occurs, we may begin to see some

problems.

Water that drains off cropland fields may cause soil erosion to occur or begin ponding in local fields causing wetness problems.

These type of conditions are costly to the local farmers.

Fields with soil erosion occuring Fields with soil erosion occuring are loosing valuable to soil, fertilizer, chemicals, organic matter and soil particles; which may be deposited in local field ditches, stream channels or ponds. Soil erosion on cropland causes farm profit to decrease and maintenance

cost to increase.

Many fields in the southern part of the county are faced with soils that have a natural high water

Winter rain can cause fields to become too wet for large farm equipment to complete harvesting

spring crops.

The time and money spent in planting a crop in these areas are

lost. The farmer's potential profit is

Wetness problems can be easily solved by the installation of field drain tile if adequate outlets are available.

Farmers that are faced with soil erosion or drainage problems should contact their local Soil and Water Conservation District Office for assistance with conserva-tion needs and application.

For assistance with erosion and drainage problems contact the Hoke County Soil and Water Con-servation District Office.

Sign an organ donor card . . . it's one New Year's resolution that's easy to keep. Contact the National Kidney Foundation of North Carolina for information.



Apparel president

J. Franklin Joiner has been named President for Apparel Division of Stedman Corporation. Joiner assumed this responsibility effective December 3. Prior to joining Stedman, Joiner was for 14 years associated with the Hanes Knitwear Division of Con-solidated Foods in Winston-Salem. The company is head-quartered in Asheboro, with 13 manufacturing plants in North Carolina, including one in Red

DOLLAR DAY advertised items is required to be readily available for the advertised price in each AAP Store, except as sted in this ad CTIVE THRU SAT, JAN. 12 AT ASP IM SEE YOUR LOCAL ASP IN RAEFORD, N.C. FOR DETAILS MRS. FILBERT'S **GOLDEN QUARTERS** MARKET STYLE **Ground Beef** Ground Fresh Daily 3 lbs. of more pkgs

**CHUNK LIGHT** 

**Double Q Tuna** 

WITH COUPON BELOW

A&P FROZEN 100% PURE

WITH COUPON BELOW

Grocery



• Specials

WITH COUPON BELOW

61/2 OZ.

Meat

U.S.D.A. INSPECTED FRESH

Specials Flav-O-Rich Milk

Grocery P Specials

Pepsi Cola

DELUXE

Fox Pizza

**Pot Pies** 

**Kraft Jelly** 

NABISCO PREMIUM

**Saltine** 

**Crackers** 

FUNK & WAGNALLS NEW ENCYCLOPEDIA

**ALL VOLUMES** 

IOW ON SALE

**Round Top Bread** 

loaves

WESTERN GRAIN FED BEEF Cubed Steak Boneless **Beef Stew** 

**Specials** 

Top Sirloin Steak Bone lb.

Medium Shrimp 115

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GWALTNEY MILD OR HOT

**Cooked Ham** 

**Beef Patties** 

**BUNKER HILL** 

**Pork Sausage** 

Specials

100

Specials

**Pork N' Beans** MT. OLIVE DELI **Kosher Halves A&P Biscuits 9** Campbell's Soup 10.75 oz. 100 **BUSH BEST FRESH** Blackeye Peas 316 oz. 100

Produce Specials

O'. S CAROLINA **Sliced Bacon** CENTER CUT SMOKED **Pork Chops** COUNTRY PRIDE

lb.

**Pick Of Chick** TALMADGE FARMS BOLOGNA OR Chicken Franks 212 oz. 100

Produce P Specials

**White Potatoes** 

CALIFORNIA **Navel Oranges** 



5 ib. 100 Yellow Onions RIPE-FAMILY PACK **Red Tomatoes Leaf Lettuce** bunch 59¢

**Bird Seed 5** в. bag

only

FLORIDA RED OR White Grapefruit only 100 Jumbo Broccoli bunch 100

Golden Pineapple 31, 100

KUNMAID 15 oz. pkg.

SIGNAL Mouthwash 30 OFF LABEL AQUA-FRESH **loothpaste** 100 BARBASOL

Shave Cream 4 11 oz. 300 Secret Deodorant 202 200

Cold Capsules 10 ct.

**Faberge Shampoo** 15 oz. btl.

**A&P COUPON** range Juice TO HE SEC. AND THE PARTY OF THE

**A&P COUPON** Margarine Qtrs. SET TWO WITH COUPON AND 7.85 OR MORE OF

**A&P COUPON** Double Q Tuna

Sun. 9 A.M. - 6 P.M. Mon.-Sat. 8 A.M. - 10 P.M.

**EDENBOROUGH CENTER**