

School News

Social work program offered

The School of Social Work at the University of North Carolina at Chapel Hill will offer an extension program at Fayetteville State University beginning this fall.

The program will allow field-based—or extension—students to complete one half of the requirements for the master of social work degree on a part-time basis. The remaining requirements must be met at UNC-Chapel Hill.

Students in the program will need at least three years to complete the degree, the first two years at Fayetteville State and the last at the University. The degree must be completed in a maximum of five years.

During the two years of the off-

campus program, students who are employed continue to meet a major portion of their agency responsibilities while taking courses on Fridays during fall and spring semesters at Fayetteville State. Two courses will be offered each semester. Students may meet some degree requirements in the agencies where they are employed or at another social work organization in the area.

The curriculum being offered concentrates on services to individuals, families and small groups and service to organizations and communities. Students may specialize in health, mental health, public welfare, aging or family and children's services dur-

ing their final year of study.

Field-based students will complete the same core curriculum requirements as on-campus first-year students. Students also must demonstrate knowledge of life cycle development either by previous undergraduate course work, a directed readings course or examination.

Applications will be accepted until July 15. Students are selected for the extension program by the same process and criteria as on-campus students.

For more information, write to the admissions office, School of Social Work, 223 E. Franklin St. 150A, UNC-CH, Chapel Hill, N.C. 27514; or call 962-1225.



Unloading
Members of the Hoke High band unload equipment in preparation for Saturday's inaugural parade in Raleigh.

Oxendine makes Georgia Tech Dean's List

Robin Oxendine, who is the daughter of Earl and Betty Oxendine of Hoke County, has been named to the Dean's List at Georgia Tech University for the last two quarters.

Robin is a senior in chemical engineering and will graduate in March.

To remain on the Dean's List, Robin had to maintain a 3.0 average.

Sappenfield finishes Navy warfare course

Navy Ensign Mary C. Sappenfield, daughter of Gerald A. and Mary M. Sappenfield, both of Raeford, has completed the Basic Surface Warfare Officer's Course.

During the 18-week course conducted at Surface Warfare Officers School Command Detachment Coronado, San Diego, Sappenfield was taught how to perform as a watch and division officer aboard Navy Ships.

She received extensive instructions on the duties of an underway Officer of the deck, which included shiphandling and maneuvering information under simulated battle conditions. She also studied radar detection, tracking and plotting of enemy aircraft, ships and missiles; communications; damage control; and shipboard organization.

A 1980 graduate of Hoke County High School, and a 1984 graduate of the University of North Carolina at Chapel Hill with a Bachelor of Science degree, she joined the Navy in May 1984.

When there is a computer in the home, who is most likely to use it? Dad, say researchers, followed by the kids and then Mom.

Chorale has busy Dec.

By Nancy McNeill
The Hoke County High School Chorale performed several times during the Christmas season under the direction of Anne Dorsey.

On December 4, they entertained the Hoke County Senior Citizen's Club at the United Methodist Church in Raeford.

The Chorale provided the entertainment for the Lions Club on December 10.

The Chorale projected a Christmas atmosphere while the Lions members and their wives enjoyed a steak dinner.

On December 18 the Chorale visited the Open Arms Rest Home.

The traditional carols were sung as well as wome up-beat tempo songs.

Several of the rest home residents sang along with the Chorale and a joyous and fun time was had by all.

The Chorale also continues to uphold the tradition of voicing their patriotism by singing the National Anthem before every basketball game that is played on the Bucks' home court.

County student gets CCTC honor

Central Carolina Technical College Dean of Students, F. Hubert Garner, has announced that Yvonne M. Lospinoso of Hoke County has been named to the Dean List's for the Fall Quarter 1984.

List students must have been enrolled full-time in a curriculum program, at the Sanford school received no grade lower than a 'C' with no incomplete grades and a final grade point average of 3.25 for the quarter.

Students announced as Dean's

JAN. '85 LUNCH MENU

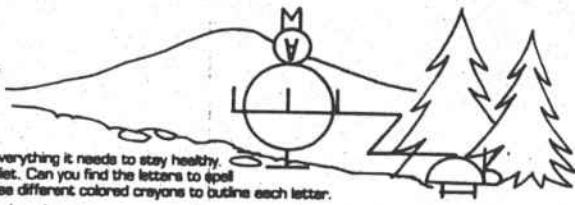
14 Hamburger Steak Rice, Gravy Green Beans Diced Peas Rolls Milk	15 MARTIN LUTHER KING JR'S BIRTHDAY Sloppy Joe Cole Slaw French Fries Catsup Milk	16 Beef-A-Roni Tossed Salad Fried Okra Rolls Milk	17 Turkey & Noodles Green Beans Fruit Rolls Milk	18 Vegetable Beef Soup Peanut Butter & Jelly or Toasted Cheese Sand. Cinnamon Buns Milk
21 Pizza Buttered Corn Fruit Milk	22 Grilled Cheese Sandwich Tater Tots & Catsup Cherry Crisp Milk	23 Taco Lettuce, Tomato Cheese Sauce Fruit Cup Cookie Milk	24 Barbecue Chicken Rice & Gravy Green Beans Rolls Fruit Milk	25 NO SCHOOL
28 Barbecue Slaw Candied Sweet Potatoes Milk	29 Hot Turkey Sandwich Lettuce & Tomato French Fries Milk	30 Smoked Sausage School Cooked Beans Steamed Cabbage Birthday Cake Cornbread Milk	31 MANAGER'S CHOICE	

January

HOKE COUNTY

What happens when you pour too much water in a glass? It spills over onto the table.
What happens when you put too many books on a shelf? It falls to the floor.

Eating too much food may make you weigh too much.
Eating too much of any one food may not give your body everything it needs to stay healthy.
Not eating too much is the meaning of MODERATION in diet. Can you find the letters to spell MODERATION in the picture of a robot walking its pet? Use different colored crayons to outline each letter.



Cereal Orange Juice Milk	14	Cheese Toast Orange Juice Milk	15	Sausage Biscuit Orange Juice Milk	16	Mini Buns Orange Juice Milk	17	Cheese Toast Orange Juice Milk	18
Cereal Orange Juice Milk	21	Apple Fritters Orange Juice Milk	22	Sausage Biscuit Applesauce Milk	23	Doughnuts Orange Juice Milk	24	NO SCHOOL	25
Cereal Orange Juice Milk	28	Buttered Toast Orange Juice Milk	29	Sausage Grits Applesauce Milk	30	Manager's Choice	31		

Older Americans
There are exemptions and credits for you! Use the handy order form in your tax package to obtain free IRS Publication 554 for details.

A PUBLIC SERVICE MESSAGE FROM THE INTERNAL REVENUE SERVICE

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Nail Polish Remover 6 oz.	→ 82¢ →	COMPARE Cutex
Tussin DM Liquid 4 oz.	→ 1.43 →	COMPARE Robitussin
Cocoa Butter Lotion 16 oz.	→ 1.95 →	COMPARE Ponds
Pure Petroleum Jelly 15 oz.	→ 1.69 →	COMPARE Vaseline
Balsam & Protein Conditioner And Shampoo 16 oz.	→ 1.63 →	COMPARE Flex

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During the past months Alert Cable TV has undergone an extensive rebuilt and extension program. Alert Cable TV can now offer more and better quality programming to more subscribers.

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In order for Alert Cable TV to afford to make a special free installation offer, it must be time limited. The offer expires on your street according to the date stamped below. We hope you take advantage of this very special introductory offer.

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AVAILABLE TO BOTH NON-SUBSCRIBERS AND PRESENT BASIC SUBSCRIBERS

New Channel Directory

Service	Channel	Description	
B A S I C	3	CBN Cable Network - America's Family Entertainer	
	4	WCCB-Ch. 18 Charlotte, Independent	
	5	WRAL-Ch. 5, Raleigh, ABC	
	6	WECT-Ch. 6, Wilmington, NBC	
	7	WUNJ-Ch. 39, Wilmington, ET/PBS	
	8	WPDE-Ch. 15, Florence, ABC	
	9	WWAY-Ch. 3, Wilmington, ABC	
	10	WKFT-Ch. 40, Fayetteville, Independent	
	11	WTVB-Ch. 11, Durham, CBS	
	12	WBS - Atlanta Superstation for movies, sports, syndication	
	13	WBTW-Ch. 13, Florence, CBS	
	T I E R	15	ESPN - Entertainment Sports & Programming Network
		17	CNN - Live news from Cable News Network
19		Nashville Network - Country Music - old favorites and new hits	
21		MTV - Music Television - 24-hour Video Music	
P R E M I U M	22	Nickelodeon - Children and Young Adults Special Programming	
	2	Showtime - Broadway hits, Specials, Movies - 24-hours	
	16	The Movie Channel - All Blockbuster Movies - 24-hours	
24	The Playboy Channel - Adult Entertainment - Late Night		

* Replaced in Pembroke only with WPSU, University programming.

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