

Lifestyles



Squad of the year
These members of the Hoke County Rescue Squad were named to the squad team of the year during a meeting last week. Gene Hasty (second from left) was also named Squads Man of the Year and vice commander for the coming year. Mark Posey (left) was also elected commander for the year and Ron Ellis (second from right) vice commander and secretary. John Melton (right) is the outgoing commander of the squad. Jim Wade (not pictured) was elected treasurer.

Silk adds luxury to wardrobe

We see a number of silk and silklike fabrics on the home sewing market today.

Silk and silk-like fabrics are noted for their drapeability and luxurious hand (feel). Take these characteristics into consideration when selecting a pattern.

Silk: Absorbent, comfortable, has excellent dyeability and luster, excellent hand and drapeability and has fair to good wrinkle resistance.

Polyester: Very durable, good wrinkle resistance, not absorbent and oily stains will be difficult to remove.

Triacetate: Excellent drapeability, can wrinkle, weakened by direct sunlight.

Nylon: Very strong, static electricity may be a problem.

Check fabric bolt labels; all silk and silk-like fabrics are not of the

On the Front Burner
Alice Pettitt
Home Economics
Agent



same quality. Hand, texture, country of origin and fiber content are clues to quality. Whatever its origin, fabric should drape well and be of the proper weight for your sewing project.

If you choose a lightweight fabric, select a pattern that is not overly fitted. Loose-fitting styles that allow the fabric to drape are particularly good. Tailored, fitted styles should be used with medium to suitweight silks and silk-like fabrics.

Try to avoid excessive refitting

during sewing. Make alterations on the paper pattern whenever possible.

For more information about sewing silk, please call our office at 875-2162.

HONEY 'N APPLE-RAISIN OATMEAL

2 cups water
1 1/2 cups quick or old fashioned oats uncooked
1/2 teaspoon salt
1/4 cup honey
1/2 teaspoon cinnamon
2 cups pared thin apple slices (about 2 medium apples)
1/2 cup raisins

Heat oven to 350° F. Bring water to a boil in medium saucepan. Stir oats and salt into boiling water.

(See FRONT BURNER, page 7)

Prescribed burns can help forest

This winter is a good time to "fireproof" your southern pine stands by having them carefully prescribed burned, according to Hoke County Forest Ranger Robert Jones.

The primary benefit of prescribed fire is that it can reduce wildfires by controlling the build-up of hazardous fuels, Jones notes. Prescribed fire can also prepare sites for reforestation, improve wildlife habitat, control understory hardwoods, and improve appearance and access for hunting and harvesting.

The use of prescribed fire in the woods is not a new concept. Early settlers learned from the native Indians that fires could control hardwood brush, vines and needle accumulation in pine stands, allowing better access for hunting. However, early fires were rarely controlled. Having seen many millions of acres devastated by uncontrolled fires, forest managers in the early 1900's fought back with campaigns to exclude fire from the woods. An example is the very effective and continuing campaign of Smokey the Bear.

Today's foresters are no less concerned with wildfire. But, they now know that proper use of controlled fire is one key to creating and maintaining healthy southern pine forest, and protecting those forest from catastrophic losses. Prescribed burning is now established as an effective tool in forest resource management. In addition to being useful, prescribed fire is one of the least expensive management options — much cheaper (at a few dollars per acre) than mechanical or chemical alternatives.

Jones cautions that prescribed fire is a complex tool though, requiring proper planning and careful execution by trained, experienced personnel. Factors to be considered, in addition to season of year, include the area to be burned, boundaries, weather conditions, slope and type of soil, amount of moisture content of

Extension News
Willie Featherstone Jr.
County Extension
Chairman



fuel, and whether to ignite by hand, tractor or even helicopter. Improperly controlled burns are a liability hazard in addition to their negative impact on air, water and soil quality, aesthetics and wildlife.

A few counties prohibit outdoor burning except in specific situations. In others, particularly with hazardous organic soils, special permits must be obtained from N.C. Forest Service personnel prior to burning to control smoke pollution. In all cases a free burning permit is advised. Here in Hoke County, landowners contact the County Extension Office at 875-3461, or County Forest Ranger Robert Jones at 875-2808 for further information about prescribed burning and for assistance with the burn.

TAX LAWS

Our tax laws say it's up to you to prove your returns are correct. So play it safe by keeping a copy of your income tax returns and all supporting information.

Generally, additional tax can be assessed only up to three years after the tax return date — so you'll want to save your returns at least that long.

However, if you fail to report one-fourth of your gross income for any one year, the IRS can assess taxes up to six years after that return was due.

In the case of a fraudulent return — or one that wasn't filed — the IRS can assess and collect taxes at any time.

And you lose benefits from tax options, such as income averaging, if you don't have your tax returns

for the past four years.

FINANCIAL PLANNING
Businesses need a financial plan to keep them on target. And your family would do well to have a financial plan for the same reason.

One of the first things you'll need to do is to set down some lifetime goals. Next to each goal, write in the date for achievement and the cost. Goals might include a new house, education for the children or a vacation. Then look over that list, carefully.

Do you have short, intermediate and long-term goals? When you achieve these goals will you have provided for your family's wants and needs? Did you build in financial growth?

If it looks as though you won't be able to reach all your goals, you may have to rank them in order of importance and drop the less important ones. Alternatives might be to earn more money or to cut back on current spending so you can achieve future goals.

4-H'ers learn about phones

By Kimberly Potter
At the February meeting of the Hillcrest 4-H club Brenda Dougherty, a representative of Carolina Telephone, showed a film on communications.

The film was educational and interesting.

The club also learned a few rules about using the telephone.

Dougherty also left some literature about communications.

To end the meeting, the 4-H members played a game called "Kings and Queens."

Everyone enjoyed the game and the film.

HOKE COUNTY Rescue Squad

would like to express their thanks to the Citizens of Hoke County for supporting their recent picture drive.

Without your support, it would not have been such a success.

THANKS AGAIN!

**Mark Posey, Commander
Hoke County Rescue Squad**

RABIES

Hoke County Dog and Cat Vaccination Clinics

North Carolina Rabies Law states that all dogs and cats over four months of age shall be vaccinated against rabies. Failure to have your dog and cat vaccinated for rabies is a misdemeanor and upon conviction shall be subject to a fine or imprisonment in the discretion of the court (G.S. 106-387).

**VACCINATION FEE OF \$4.00 PER DOG AND CAT
THE THREE YEAR VACCINE WILL BE GIVEN BY
DR. RUSSELL J. TATE, VETERINARIAN**

TOWNSHIP	LOCATION	TIME
Antioch Stonewall McLauchlin	Monday, March 4, 1985 Dixie One-Stop Dundarrach Trading Davis Bridge	2:00-2:30 3:00-3:30 4:00-4:30
	Wednesday, March 6, 1985 Brown Hendrix Service Station Brooks Store, Rockfish Newton's Service Station	2:00-2:30 3:00-3:30 4:00-4:30
	Friday, March 8, 1985 McNeill's Grocery Store, 401 South Tyler Town, McCollum Texaco Station	10:00-10:30 11:00-11:30
Quewhiffle Quewhiffle Quewhiffle	Monday, March 11, 1985 Ashley Heights Feeds Lee Moss Pure Oil Station, Buchan Farm Five Points Calloway's Station	2:00-2:30 3:00-3:30 4:00-4:30
	Friday, March 15, 1985 National Guard Armory	3:00-5:00
	Wednesday, March 20, 1985 Hoke Trading Company, Bowmore South Hoke School (Hawk Eye) McCormick's Station, Duffie	2:00-2:30 3:00-3:30 4:00-4:30
Raeford	Friday, March 29, 1985 National Guard Armory	10:00-12:00
	Wednesday, April 3, 1985 National Guard Armory	3:00-5:00

William C. Hales, Dog Warden
HOKE COUNTY HEALTH DEPARTMENT
Raeford, N.C. 28376
876-3717