

# Lifestyles



**Wandering**  
Obviously, these chickens are lost. Having wandered away from home, the birds turned up on Raeford's Fifth Avenue. They must have decided to

ask directions from the owners of this home. Sometime later, the birds were gone. They might have found a map.

## Garden tips offered toll free

A good place to start the 1985 gardening season may be on the telephone. With a telephone a would-be gardener can tap into Extension Teletip, which has more than 100 messages on gardening in North Carolina.

Willie Featherstone, Hoke County Extension Chairman, says the Teletip number is

**Extension News**  
**Willie Featherstone Jr.**  
County Extension Chairman



1-800-662-7301. The call is free from any place in North Carolina.

Some of the more popular Teletip messages at this time of year deal with cool season crops, such as asparagus, No. 2801; beets, 2808; broccoli, 2810; cabbage, 2812; carrots, 2819; leafy greens, 2840; onions, 2846; radishes, 2868; and Irish potatoes, 2862.

(See GARDEN, page 5B)

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\*INGRAM'S STUDIO (PBS) PRODUCTION

## Protect home with inspections

Buying and owning a home today is a big investment.

The best way to protect that investment is by keeping your home in good condition - and not just on the inside.

A regular program of inspections or audits can help you identify and correct problems before they become serious.

### Start at the top

The first stop on your exterior audit is the roof. As the first line of defense against the elements, the roof should form a water-tight shield over your home. Next to siding, it is also your home's most significant visual component.

The condition of your roof is usually related to its age. If the roof is more than 15 years old, chances are it's beginning to show signs of wear.

Most roofing problems start with the shingles - the exposed surface of the roof. You'll need to check them carefully. Begin your inspection on the ground, using a good pair of field glasses. Here's what to look for.

-Curled, cracked, blistered shingles or shingles that have a shiny appearance. This is usually an indication that the shingles' asphalt coating - its waterproofing element - is drying out.

-Lifted, torn or missing shingles. Pay particular attention in all this to the "hip" shingles - those at the peak of the house. Of all the

**On the Front Burner**  
**Alice Pettitt**  
Home Economics Agent



shingles on your roof, they are the most vulnerable and often the first to show signs of wear.

-Balding shingles - those that are losing their protective coat of mineral granules. Some loss of granules is natural. An excessive loss, however, exposes the waterproofing asphalt to the drying action of the sun. The best way to gauge granule loss is by inspecting the gutters. Granules are heavier than water and tend to collect there. Remember, you're looking for excessive granule loss.

-Damaged flashing. This is the metal or asphalt roofing material around chimneys, vent pipes and in the roof's valleys. It should be water tight. Check for cracks, gaps or pin-hole leaks. Also check for dry, cracked or missing caulking around the flashing.

Whether or not you find any of these problems, it's still a good idea to check the underside of your roof for leaks. Go into the attic with a flashlight during a storm. Better yet, have someone create an artificial storm by hosing down the roof. Look for water marks, drips or signs of a leaky roof.

Be alert, though. Water tends to follow sheathing or rafters before

falling to the floor. Follow the trail of water back to its source. That's where the real leak is.

Check next week's article for more on maintenance of your home.

### CABBAGE CASSEROLE

- 1 medium head cabbage
- 1 onion
- 1 lb. hamburger
- 1/2 cup uncooked rice
- 1 can tomato soup
- 1 can water

Brown hamburger and onion in skillet. Shred cabbage and put in greased baking dish. Add rice, hamburger, and onion on top of cabbage (do not stir). Mix soup and water together and pour over cabbage. Mix. Cover with foil. Bake at 350° for 1 hour.

### BROWNIE PIE

- 3 egg whites, beaten stiff
- 3/4 cup sugar
- 1/2 teaspoon vanilla
- 3/4 cup fine chocolate wafer crumbs
- 1/2 cup walnuts, chopped
- 1 cup heavy cream

Beat egg whites and salt until soft peaks form. Gradually add sugar, beating until very stiff peaks form. Fold in chocolate crumbs, nuts, and vanilla. Spread into a buttered 9-inch pie pan. Bake at 325° for 35 minutes. Cool. Spread with whipped cream. Chill. Decorate with curls of shaved chocolate.

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