# Lifestyles



New officers installed
The 1985 4-H County Council Officers were installed
at the County Council meeting on March 28. The
new officers were installed by past-president Mindy Riley. The officers are left to right - Leah Hendrix -President; Leslie Ashburn - Reporter; Mindy Riley -Past President; and Melissa Pratt - Secretary. Not

pictured is Patrick Miller - Vice President. Four-H'ers were reminded of the Public Speaking Contest on April 25 and the Talent Show on May 14. The program included a slide set about Betsy-Jeff Penn 4-H Camp which members will be attending July 7-12.

# Babysitters, mothers should know about children's stages

Whether you are a parent or a babysitter, you need to know a lot about children and the stages they go through.

There are a lot of things you need to know before babysitting:

How children grow and change

as they get older.

•Some tips for helping children with eating, bathing, dressing, go-

ing to bed. •Fun things to do that help children grow.

•How to prevent accidents and misbehavior.

•What to do in emergencies.

·Babysitting as a business.

•Understanding yourself by working with children.

One way to learn how children

On the Front Burner Alice Pettitt Home Economics Agent

grow and change is to look at what they like and what they can do at each age. For instance, babies up to one year of age:

Babies usually like: -To be held close to you.

-To hear you talk and sing to them.

see your face and other

things around them.

-To taste the things they hold in

-To explore the world around

-To be with people they know. What an average 1-year old can

-Crawl (so watch him carefully);

-Stand (both feet); -Walk with help (your hand or

furniture); -Drink from a cup (but may

drop it); -Wave, hug, laugh (cries, too); -Imitate sounds (not talking

-Understand some words (no,

give, bye, go); -Pick up tiny pieces of things (to

keep th floor clean).
The 4-H Babysitting project has

(See FRONT, page 5B) Cured pork processors must

### New 4-H officers sworn in

At the last County Council

Meeting, 4-Hers from all over the county came to see the officers sworn in that they had elected in

As the new officers were sworn in, their predecessors informed them of their duties.

Each new officer lit a candle to show that they accepted the responsibilities of their new office. After this ceremony, refreshments were served.

Everyone enjoyed it and had a great time.

# Pork products change names

Consumers may notice a change in the label on some cured pork products beginning this week

This is the effective date for a new U.S.D.A. Food Safety and Inspection Service regulation.

Products affected are cured cooked or uncooked pork products: ham, Canadian bacon, shoulder, Boston butt, picnic, ham patties, chopped ham, pressed ham, and spiced ham.

Products not affected are bacon and related products, dry sausages and dry cured hams - such as country ham.

The government currently re-quires that finished bacon products will not exceed their raw, uncured weight after curing and smoking. Dry sausages and air dried cured hams, such as country ham, are excluded from the new rule since they already must meet certain analytical chemical standards and weight losses.

History - The U.S.D.A. always had inspection procedures to assure that the consumer received correctly labeled products. These regulations were written so that the finished product would contain the products listed in the ingredients statement and they were produced in an acceptable manner for human consumption.

This new regulation was put forth to recognize new technology incorporated into the processing and compliance-testing systems.

It also meets the consumers' desire for more information regarding the nutrient content of foods.

Extension News Willie Featherstone Jr. weight. County Extension Chairman

begin labeling their products based on the chemically analyzed muscle protein content beginning April 15, 1985.

The products must still meet the same processing regulations. Now they will be labeled according to the protein content of the finished product. The previous regulations required inspectors to manually weigh cured pork products during different steps in the process and collect samples for chemical tests.

The new regulation is referred to as Protein Fat Free. It states that processed cured pork products must have a minimum protein content, when the fat content is mathematically held constant. By using this more modern approach, the intent is to minimize human errors and assure the consumer a variety of cured pork products segregated by the amount of pro-

**Cured Pork Product Names** 

Some of the product names based on the protein fat free content will not change. For example, a cooked boneless ham must have a minimum protein content of 20.5%.

This does not indicate a name change, because the minimum 20.5% protein fat free is in the range for cured pork. In the past, "water added" was included on any cured pork product that weighed more than its fresh

The new regulation will allow a product to be called Cooked Boneless Ham with Natural Juices if the minimum protein content (fat free) is 18.5%. A minimum protein content of 17.0% in a ham must have a label showing "water

Cooked hams and Canadian bacon containing less than 17% protein content (fat free) must be labeled with their common name and "water product -X% of weight is added ingredients." An example could be Cooked Ham Water Product - 20% of Weight is Added Ingredients.

Effect on Type of Current Pro-

There will be no measurable change in the type of products that consumers have been purchasing from any given cured pork processor. As indicated above, the regulation is to give more variety of cured pork products with a known protein content.

An economic advantage will be in the manner in which the Food Safety and Inspection Service will monitor the production of these various products. In the past, it has been common for an inspector to be present at all times. This was regardless of how tightly the cured pork processor maintained his pro-duct standards.

#### ADVERTISEMENT OF TAX LIENS ON REAL PROPERTY

Under and by virtue of the authority vested in me by Section 105-369 of the North Carolina General Statutes and pursuant to an order of the City Council of City of Raeford, dated April 1, 1985, I am hereby advertising tax liens for the year 1984 upon the real estate described below. The amount advertised will be increased by interest and costs, and the omission of interest and costs from the amount advertised will not constitute a waiver of the taxing unit's claim for those items. The real estate that is subject to the lien, the name of the person to whom the property is listed for taxes, and the principal amount of the taxes are set out below. If the taxes remain unpaid, the lien will be foreclosed by the taxing unit and the property sold to satisfy the taxing unit's claim for taxes.

AMOUNT

This the 11th day of April, 1985.

PROPERTY

City Tax Collector

AMOUNT

PROPERTY

Larry D. Adams & wife, Res. N. Main St	Neill McFadyen Jr., Main St
Belva G. Altman, Res. Niven St	Dennis McGregor & Martha, 104 Covington St
Patricia Baker, Res. N. Jackson St. 73 60	Mrs. John A. McKeithan Heirs, 320 E. Prospect Ave43.20
Aline Baldwin Heirs, 409 S. Magnolia St	Donella McKoy, 524 E. Fifth Ave
James W. Baxley, Jr., 513 East Donaldson Ave. 175 60	Delarre McLean, 923 N. Jackson St
Annie L. Bease, 416 East Edinborough Ave. 106 92	Flora L. McLean, Lot 53 Robbins Hghts
Larry J. Beatty & wife, 833 N. Green St. 165	Barbara Ann McNeill, Lot 65 Robbins Hghts
Lula M . Beatty, 812 N. Jackson St	Marcel Leverne McNeill, 901 Johnson St
Earnest Bethea, 1 Lot Wooley Street	I W McDhaul & Jahnaia D. 67 - 146   6
Helen Billinger, Robbins Heights #78	J.W. McPhaul & Johnnie B., 5 Lots Main Street
Lilly Ruth Blue, 904 Johnson St	Major J. McQueen & Shirley, 514 Grant Ave
G.B. Bratcher & wife, 112 St. Pauls Drive	Hazel Harrell Madden, 423 East Edinborough Ave
Ludean & John Bratcher, 320 St. Pauls Drive	James E. Malloy, 919 N. Jackson St
Leon & Cetrude Proton 514 N. Jackson 6	Ora L. Malloy, 912 Johnson St
Leon & Getrude Bruton, 514 N. Jackson St	Rex C. Merritt, 508 E. Prospect Ave. 22 37
Edmund Burney, 1 Lot Green St	Myri L. Miller & wife, 831 E. Donaldson Ave
Eugene C. & Mary Chalaire, 114 Birch Circle	William L. Monroe & Joann Pinewood Sub 366.57
Brenda G. Cobb, 604 N. Jackson St	Martha Vega Morrison, 624 E. Donaldson Ave
Avery Connell, 5 Lots Robbins Hghts, 2 Campbell,	William C. Morrison & Cathy, 407 N. Dickson St 172.31
2 Niven Lots	Cynthia C. Murchison, Bethel Road
James E. & Olivia Daniels, 608 N. Jackson St. 216 72	Tony Oxendine & Diane, 221 Covington St
Same L. Daniels, 523 East Donaldson Ave	PSM Inc., 2 Lots Prospect Ave
John T. Davis and wife, 311 W. Fifth Ave 365 46	William A. Pate & Brenda, 702 McLean St
1 nomas 1. Davis & wife, 809 Lewis St	Luther S. Paul, 305 Adams St
John E. Dees, Sr., 312 W. 8th St	Coleman Deterron & wife 207 N. W. L. C.
Brenda Sue Dunevant, 405 N. Dickson St	Coleman Peterson & wife, 207 N. Wright St
Mary Jane Farmer, 117 Vega St	John S. Poole & Edna L., 108 W. Prospect Ave
Josephine Flowers, 227 N. Wright St	John Pope, Jr., Bethel Road
Rachel Foster Heirs, 231 Maxwell St	Aaron Purcell, 707 N. Jackson St
Heirs G. M. Freeman, Stewart St	Walter Purcell Jr. & wife, 708 Saunders St
Heirs G. M. Freeman, Stewart St	Jefferson K. Riley & wife, Main St
Hamilton Grace & wife, 204 Scotland Ave	Clara Robinson, 508 Grant Ave
Thomas O'Neal Ham & wife, 602 Forrest St	M. Denise Rogers, 924 Johnson St. 177 18
Dorothy J. Atkinson Hayes, 702 Saunders St	Wanda Roper, 905 N. Jackson St
Mary Lee Hill, Reaves St	Ethelda Ross, 521 Oakwood Ave. 33 85
Carressie Hollingsworth, 509 E. 5th St	Matthew Sanders & Fannie, 501 Forrest St
Geraldine C. Hollingsworth, Res. Jackson St	James A. Saunders Jr., 514 Green St
Samuel Hunt, 1 Lot McLaughlin	Alexander Schwarchher, Jackson St
Helen T. Ivey, 207 E. Donaldson Ave	Service Insurance & Realty, 6 Lots Pinewood Sub
Richard Ivey, 418 N. Main St	Lucille T. Sessoms, Main St
Carl Willie Jackson & wife, Res. Wright St	Lucille T. Sessoms, Main St
Faye B. Jackson, 427 East Donaldson	Lucille T. Sessoms, 6th Street
Genell Jones Jackson, 225 Maxwell St	M K Sestoms Is & mife 204 Onlywood Ave.
Theodore Jackson & wife, 232 Maxwell St. 152.59	M.K. Sessoms Jr. & wife, 304 Oakwood Ave
Charnita Jacobs, N. Dickson St	Robert L. Singletary & Mary, 110 S. Jackson St
Vannage M. Johnson & wife I at 25 Comment VIII	Spencer Singletary & Maggie 409 Wooley St
Kenwyn N. Johnson & wife, Lot 35 Sunset Hills	ricien B. Smith, 906 N. Jackson St.
Miles F. Johnson Heirs, Res. N. Main St	I voline M. Southerland, 219 Reaves St. 194 co
Curtis O. Jones, 922 N. Jackson St	Leon R. Sparrow & Dorothy, Main St. & Donaldson Ave. 222 68
Edmund Jones & wife, 228 Maxwell St	Ralph E. Stewart Jr., 518 W. Edinborough Ave 102.00
Robert L. Jones, Mary G., 1004 N. Jackson St 202.31	Clyde A. Thomas Jr. & Doris, 918 N. Jackson St
Rosa M. Jones, 304 East 7th St	Henry Lee Thomas & wife, 611 N. Jackson St
Viola T. Keston, 314 N. Jackson St	
Evelyn Knapp Kelly, 913 N. Fulton St 109.94	William L. Upchurch Jr., St. Pauls Drive
L&O Investments Inc., 3 Lots Oakland Sub	Ophelia M. Virgil Heirs, 414 W. Fifth Ave
Nathaniel J. Lanier, Jr., Main Street Store	Annie N. Walker Heirs, 403 St. Paule Dr
James C. Lentz, 411 W. Prospect Ave	Patricia A. Walker, 313 E. 8th St
Phyllis D. Leslie, 704 N. Jackson St	Wilbert Earl Walker, 402 St. Pauls Drive
Annie Ruth Lockiegr, #18 Oakland Sub. 195 74	James Wetson & Linda, Harris Ave
Ellis R. & Rachel Locklear, 604 S. Main St	Nellie L. Wilkes, 632 B. Donaldson Ave
Allen J. Lundy Jr. & Martha, 602 East Donaldson Ave 100.53	J.H. Wright, Page Trust Building
Mary Dalton McBryde Heirs, 219 Roberts St	J.H. Wright, Plowers Grill
Willie M. McCall & wife, 712 N. Jackson St. 128,22	J.H. Wright, McLean Bet
Toron D. Stationary 404 D. Digital Co	J.H. Wright, 2 Lots Niven Sub
Larry D. McColline. 504 P. Pifth St.         63.45           Wilmer A. McDonald & Betty, Main St.         160.12           Wilmer A. McDonald, Main St.         135.41	J.H. Wright
William & A. Maria and a Delly, Main St	I. H. Weight 2 Lots Holly Deet
WARRING A. MICDORNO, MININ St	J.H. Wright, 2 Lots Holly Park
Wither A. McDonald, Main St	J.H. Wright, 5 Lots Holly Park, 5 Lots Sunset Hills 934,50
Lacy D, McFadyen Heirs, 208 East Edinborough	Y Inc., 1 Lot 401 Hwy

