



Healthy crop

Well managed Coastal Bermuda Grass provide summer grazing and hay production for beef cattle on the

Tommy Upchurch Farm in Hoke County.

Pastures need spring feeding

Most of Hoke County's farmers produce grain and row crops for their major source of farm income.

Some may produce livestock such as swine and beef cattle as an extra or main source of income.

Farmers producing livestock such as beef cattle should be concerned about providing good quality pasture and hayland for livestock use.

These animals will consume a large supply of vegetation throughout the year. For most cattle producers, the cheapest source of food for these animals is pasture and hayland.

With the proper quality and quantity of vegetation for feeding, these animals should develop and produce a profit for the producer (depending on market prices).

Now is the time to fertilize your pasture and hayland. With proper

management forage yields can be doubled and vegetation quality improved.

Farmers that properly manage their pasture and hayland will find their feeding cost to be lower and animals healthier than those feeding on poorly managed grassland.

In managing your grassland apply lime and fertilizer according to soil test or recommended rates.

Recommended rates/acre for Coastal and Midland Bermuda are: apply 1 to 1.5 tons lime each 3-5 years, 300-500 pounds 0-10-20 on sandy soils or 0-14-14 per acre on clay soils, plus 30-50 pounds of N per acre when growth starts. Use 400-600 pounds 5-10-10, 10-10-10 or 10-20-20 per acre on fields where crabgrass and weeds are not a problem.

Apply an additional 60-100

pounds N in midsummer.

Some pasture and hayland may not be producing the quality and quantity of vegetation that they are capable of producing because of poor management.

By liming and fertilizing the vegetation it will receive nutrients needed for optimum growth and quality.

To allow the plants to develop a good root system for producing vegetation above ground, do not graze or cut lower than 2 inches.

The optimum height to start livestock grazing on Coastal and Midland Bermuda is 5" during the month of April-October.

Over grazing encourages weed growth. For more information on managing your grassland, contact the local Extension or Hoke Soil and Water Conservation District Office.

Awareness makes good consumer

This week, April 22-26 is National Consumers Week. We should all be aware of being a good consumer, and making the most of our resources and those around us.

All of us are consumers of products and services. There are many products and services available, and advertising is a form of communication used by companies to inform the public about products and services. Every day people encounter hundreds of advertising messages. Knowing how to analyze these messages is an essential consumer skill. Good advertising is informative, specific, and honest. The immediate impression should be favorable, not offensive, annoying, or misleading.

Useful advertising should have these qualities:

- Informative - should describe product or service in clear, concise manner.
- Fair and Accurate - message should avoid use of unsubstantiated or exaggerated claims, misleading comparisons, vague guarantees, gimmicks and general lack of information.
- Tasteful.
- Clear.
- Valid - dishonest or deceptive ads are illegal. Consumers should not hesitate to inquire about an advertising claim if there is any question about the honesty or interpretation.

The Department of Justice of the State of California developed the following list of gimmicks that characterize deceptive advertising. If you hear these words, be careful - you may be cheated.

- "You have won a free gift." You will usually end up paying more than the gift is worth.
- "I am not the salesman," or "I'm the advertising manager." No matter what he tells you, a person who tries to get money from you, or your name on a contract, is a salesman.
- "Only a few people are getting this special deal." You can be sure that the company is selling to you at or above the regular price.
- "This is your last chance - I will not be in the neighborhood again." Before you spend a lot of money on anything, think it over; compare prices elsewhere. Don't be rushed.
- "This low-priced advertised special is not for you-you want the expensive one." If the salesman tells you that what he advertised is

On the Front Burner
Alice Pettiti
Home Economics Agent



not good, he may be using the bait and switch technique. Walk away and have nothing more to do with him.

•"Not only do you get these books, but you also get..." Be careful when a person sells you more than one thing. You may not want or need all of the items he is selling.

•"It will only cost you the price of one package of cigarettes a day." On package of cigarettes a day on a three-year contract can be over \$500.00

Turkey Cooking

Just a couple of reminders of opportunities you can get involved in. One is the Turkey Cooking Contest which is sponsored by the N.C. Turkey Federation.

Since this contest is being held here in Raeford, we should try to get involved and support it.

Just enter a recipe using turkey parts or parts other than the whole bird.

The recipe need not be original, but should not be from a copyrighted source. If you are interested in entering, give me a call at 875-2162 and I will send you the rules and entry form. Deadline is July 13.

Workshop on tap

I am starting a beginning sewing workshop April 30 from 6:30 - 8:30 p.m. Classes will be held several nights. There is a charge of \$1.00 to cover supplies for sewing machines. Call 875-2162 and register.

Below is a Winning Recipe from the 1984 Turkey Cooking Contest.

- 3 turkey leg-thigh parts (about 2 1/2 lbs.) cooked and cubed (3 cups)
- 3 slices bacon, fried crisp and crumbled
- 2 cups celery, chopped
- 1/2 cup almonds, chopped
- 1/2 teaspoon salt
- 1/2 cup green pepper, chopped
- 1 8-oz. can water chestnuts - drained and sliced
- 2 tablespoons pimento, chopped
- 1/4 cup mayonnaise
- 2 tablespoons lemon juice

2 10 1/4-oz. cans cream of chicken soup

3 tablespoons onion, grated
Mix the first nine ingredients in a large bowl. Blend mayonnaise, lemon juice and chicken soup and add to turkey mixture, tossing lightly. Spoon mixture into a large deep greased casserole and bake at 350°F. for 25 minutes or until heated through and edges are bubbly. Remove from oven and serve or top with Butter Crumb Dumplings.

Butter Crumb Dumplings:

- 2 cups sifted flour
- 4 teaspoons baking powder
- 1/2 teaspoon salt
- 1 teaspoon poultry seasoning
- 1 teaspoon celery seed
- 1 teaspoon onion flakes
- 1 tablespoon poppy seed (optional)
- 1/4 cup oil
- 1 cup milk
- 1/4 cup butter - melted
- 1 cup bread crumbs

Sift together the first seven ingredients. Add salad oil and milk - stir until just moistened. Drop rounded tablespoons of dough into a mixture of melted butter and bread crumbs. Roll to coat well with crumbs and place on top of the turkey mixture in the casserole. Bake at 375°F. for 30 minutes or until lightly browned on top. Serves 6-8.

The following recipe was given to me by Betty McDuffie, a member of the Phillipi Extension Homemakers Club. I got a chance to sample it at her club meeting this month and it was delicious. I invite others to share one of your recipes with me!

- Cinnamon Pecans**
1 lb. Pecan halves (4 cups)
1 egg white
1 tsp. cold water
1/2 cup sugar
1/4 tsp. salt
1/2 tsp. cinnamon

Beat egg white & cold water together till frothy. Place pecans in this mixture & coat thoroughly, using a spoon. Mix sugar, salt & cinnamon together in another bowl. Place pecan mixture in sugar mixture & coat again. Place nuts on baking sheet that has been greased with 1 tsp. butter. Bake at 225 degrees for 1 hour. Stir nuts about every 15 minutes & turn to separate.

Enjoy!!!!

Price limits could hurt consumers

By John Sledge
N.C. Farm Bureau Federation
Consumers often think that the prices of necessities are too high and that such prices should be controlled or limited.

"But there are adverse consequences to such price limitations," says Dr. Michael L. Walden, extension economist in consumer affairs, North Carolina State University.

He explains:
The people who produce necessities -- doctors, farmers, and investors in utility companies, for example -- must be paid a price for their efforts great enough to keep

them attracted to that business. If not, they won't produce the necessity but instead will produce something else.

"Countries that have limited the price charged for necessities have learned this lesson," Walden says.

For example, says the NCSU economist, Eastern European countries, including Poland and the Soviet Union, have put price controls on necessities like food and heating supplies.

The results are shortages. The price that is allowed to be charged for the produce or service is not high enough for farmers or coal miners to recover their costs.

"Farmers and coal miners have less incentive to produce, and so consumers wait in long lines or pay bribes to get the products."

Great Britain has seen the same effect in controlling medical care.

"If a government wants to help people who can't afford appropriate quantity of necessities, a better way is simply to transfer income to them so that they can afford the market price.

"Limiting prices that producers of necessities can charge will only come back to haunt all consumers in the form of shortages," Walden says.

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COMBINES: 1980 IH 1460 Combine cab & air diesel 900 hours. Like new inside and out; IH 1460 Combine Cab air 23-1-26 tires Ser No. 1700214V006398, 1350 hours. This is a super sharp combine; IH 1460 Combine Cab air 28L-26 tires Ser No 170019V002852 1874 hours. This is an A-1 combine; 1979 IH 1440 Cab air 1200 hours completely updated new grades. This combine is like new; 1977 JD 4400 combine cab air diesel; 1978 Roanoke Hustler Peanut combine Black basket.

INDUSTRIAL EQUIPMENT: Ford 5550 Backhoe Loader with new motor by local Ford Dealer-Grain Tables & Corn Heads; 1982 IH 820 22 1/2 ft. grain table; IH 820 16.5 ft grain table Ser No V010031; IH 844 corn head, like new; IH 854 5-row corn head, wide row; IH 843 4-row narrow; 2 IH 810 grain heads 15 ft.; 2 IH 810 grain heads salvage; JD grain table 20-ft-15-ft; JD 444 4-row corn head; 704 W White 4-row wide corn head; 2 IH 4-row wide corn head.

CAR-TRUCKS-TRAILERS-CAMPER-BOAT: 1984 Peterbilt cab over 300 cumings big cam 9 speed fuller transmission 90,000 miles; 1985 Volvo GL 4-door moon roof 12,000 miles; 1985 Delta 48-ft long 8 1/2 ft wide w/beaver tail; 1977 Ford F-600 2-ton truck gas w/26 ft equipment bed; 1969 Mack R-model 237 diesel-5 speed trans. Single axle; 1985 New Hudson HTD 18 C Tandem axle trailer; GVWR 30,500 lbs date 2/21/85 shipping w/ 6500 lbs with ramps; 1961 Chevy 2-ton truck new gas engine w/fuel body & pump; 1973 Gladding-Del-Ray Camper sleeps 6 with condition; 1983 Landoll 48 ft fully hyd. combine trailer w/winch; No title-glastron-15-ft boat & trailer 85 evenrude motor

TOBACCO HARVESTERS: New Roanoke 2-row tab. harvester gas, both heads with long tipping head 4-wheel drive; 4 new 2-row trailers; 19 Roanoke 2-row tab. harvester gas, both heads 4-wheel drive with extra parts; Roanoke 2-row tab. harvester Salvage; Taylor 2-row pull-type tab. harvester; 3 Taylor box trailers.

BULK BARN: 3 Dixie bulk barns; Long bulk barn; 4 Taylor barns w/furnace.

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