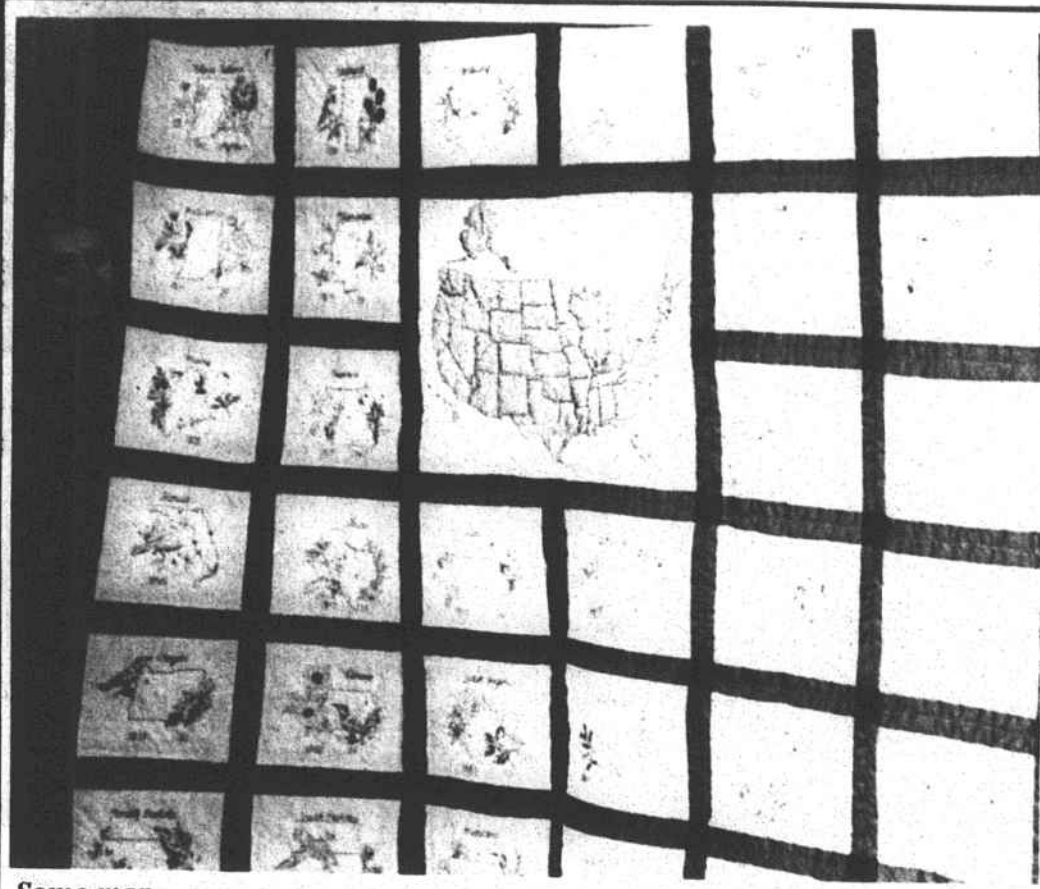


# Lifestyles



## Some map

Ever wonder what the state bird of Mississippi is? Have you ever needed a quick reference as to when New York was admitted into the union? If so, the answers lie on this quilt made by Edith Nixon. In-

cluded on the covering are the birds and flowers of the 50 United States. Mrs. Nixon, who lives at Rt. 1, Aberdeen, spent 800 hours working on the quilt.

## Long-lasting wear is essential

You don't need to be a financial expert to know that the cost of new clothing is high. And because new clothes are expensive, it is important to get the most wear possible from old favorites.

Consider the following tips to keep garments fresh looking. When stains occur, it is important to treat the problem quickly. As a general rule, soak protein-based stains in cold water. These include blood, urine, egg, milk, mayonnaise, gravy, meat juice, baby for-

**On the Front Burner**  
Alice Pettitt  
Home Economics Agent



mula, cream and ice cream. Chocolate, fruit, wine and soft drinks also get treated with cold water.

It's not safe to assume that no

spot will occur if the untreated area looks okay after it dries. If you don't treat, a yellowed spot may occur with age or heat.

Check all garments for spots as you sort items for laundering. Treat any visible spots with one of the prewash products designed for stain removal. This may save a lot of the frustration and expense that comes with a set stain.

Perspiration stains can also make good clothes look old fast. If (See FRONT, page 5B)

## Harvests should be at peak

The harvesting of quality vegetables will be the big pay-off for many home gardeners during June and July. In order to capture peak freshness and flavor, vegetables must be harvested at the proper stage of maturity. The maturity indicators for some of the most commonly grown vegetables are as follows:

**Beans, Snap** -- Start harvesting before seeds develop in the pod. Beans are ready to pick if they snap readily when bent in half.

**Beans, Lima** -- Harvest when pods first start to bulge with the enlarged seed. Pods must still be green and not have turned yellowish.

**Broccoli** -- Harvest the dark green, compact cluster or head while the buds are shut tight, before any yellow flowers appear. Smaller side shoots will develop for a continuous harvest.

**Cabbage** -- Harvest as heads feel hard and solid.

**Cauliflower** -- Harvest curds (heads) when they are 4-6 inches in diameter but still compact, white and smooth; exclude sunlight (blanch) when curds are 1-2 inches in diameter by loosely tying together the older leaves above the curd with a string or rubber band. Head should be ready 10-15 days after tying.

**Corn, sweet** -- Silks begin to brown and dry out as the ears mature. Check a few ears for maturity by opening the top of the ear and pressing a few kernels with thumbnail. (All ears checked with the thumbnail should be harvested anyway since sap beetles will be attracted to the exposed kernels and destroy it). If milky juice exudes, it is ready for harvesting.

**Cucumbers** -- Harvest when cucumbers are deep green. Length of fruit should be 2-3 inches for sweet pickles, 5-6 inches for dills, and 6-8 inches for slicing. Pick vines 4-5

## Extension News

Willie Featherstone Jr.  
County Extension Chairman



times per week to encourage continuous production.  
**Muskmelon (cantaloupe)** -- Harvest when stem slips easily

from the fruit with a gentle tug.

Below is a list of some of the vegetables grown in Hoke County and typical damage observed. The insect that most likely caused damage is listed in the right column.

For additional information or control procedures call the County Agricultural Extension Service at 875-3461.

Vegetable	Damage	Cause
Beans	Round, large holes in leaves Ragged, small holes & some leaf scraping Whitish streaks, leaves cupped up, plants stunted	Bean leaf beetle Cucumber beetle Thrips
Potatoes	Speckled, chlorotic leaves Small, round holes in leaves Leaves devoured, usually stems remain	Mites Flea beetles Colorado Potato Beetle European corn borer
Tomatoes	Terminals wilted and stems broke Small, wilted and blackened leaflets	Tarnished plant bug Flea beetles
Eggplant	Small, round holes in leaves Holes in fruit Speckled, chlorotic leaves	Tomato fruitworm Flea beetles Mites
Onions	Yellowish/white blotches in leaves Leaves and fruit eaten Stems and fruit bored	Eggplant lace bug Colorado potato beetle European corn borer
Squash	Whitish streaks on stems Entire plants cut at base Leaves and plants wilted and dead	Thrips Cutworms Squash bug
Cucumbers	Stems tunneled Leaves or stems eaten	Squash vine borer Cucumber beetle (striped/spotted)
Watermelon	Whitish streaks, leaves cupped and plants stunted Speckled, chlorotic leaves Leaves or vines eaten	Thrips Mites Cucumber beetle
Pepper	Whitish streaks, leaves cupped and plants stunted Speckled, chlorotic leaves Small, round holes in leaves	Thrips Mites Flea beetles
Collards/Cabbage	Leaves wilted, sticky and often black Stem or fruit bored	Aphids European corn borer
	Leaves stripped	Imported cabbageworm
	Tiny holes and "window panes" on old leaves Plants wilted and off-color Plants wilted, stunted & often dead	Diamondback moth Aphids Harlequin bug

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**4 FOR \$1**  
4.75 OUNCE LUX Regularly 39¢ Bar. Beauty bar soap. Limit 4 bars.

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