



FRESH CUT GRAIN FED WESTERN U.S.D.A

CHOICE BEEF

NOT JUST CHOICE BUT A&P'S FINEST

DOUBLE COUPONS
SEE DETAILS AT STORE

PRICES EFFECTIVE THRU SAT., JUNE 29 AT A&P IN RAEFORD, N.C. ITEMS OFFERED FOR SALE NOT AVAILABLE TO OTHER RETAIL DEALERS OR WHOLESALERS

HUNT'S
Tomato Ketchup
32 oz. btl. **68¢**
LIMIT ONE WITH AN ADDITIONAL 10.00 OR MORE PURCHASE.

REAL Kraft Mayonnaise
32 oz. jar **99¢**
LIMIT ONE WITH AN ADDITIONAL 10.00 OR MORE PURCHASE.

JANE PARKER HAMBURGER OR Hot Dog Rolls
3 8 ct. pkgs. **1.00**
LIMIT THREE WITH AN ADDITIONAL 10.00 OR MORE PURCHASE.

PINTO • BLACK EYE • NAVY • FIELD PEAS GREAT NORTHERN
Luck's Beans
15 oz. can **39¢**

REGULAR OR REDUCED CALORIE Kraft Dressing
8 oz. btl. **89¢**

MARKET STYLE MORE THAN 73% LEAN Ground Beef
3 lbs. or more lb. **88¢**
Ground Fresh Daily

Frozen P Specials

Grocery P Specials

Meat P Specials

Beef P Specials

SAVE 30¢
A&P Pizza
10 oz. pkg. **79¢**

SAVE 20¢
Pork N' Beans
3 8 oz. cans **89¢**

SAVE 6¢
Meat Hot Dogs
12 oz. pkg. **78¢**

SAVE 17¢
Rib Eye Steaks
Boneless U.S.D.A. CHOICE lb. **3.98**

FROZEN A&P Lemonade 4 6 oz. cans **1.00**
SEALTEST Sour Cream 16 oz. ctn. **89¢**
FLORIDAGOLD FROZEN Orange Juice 12 oz. can **1.29**

PRIDE OF THE FARM Canned Tomatoes 3 14 1/2 oz. cans **1.00**
P&Q Tea Bags 100 ct. pkg. **1.19**
SENECA Apple Juice 48 oz. jar **99¢**

FRESH Fryer Leg Qtrs. lb. **59¢**
CENTER CUT BONELESS Pork Chops lb. **2.89**
SWIFT Hostess Ham 4 lb. can **7.98**

U.S.D.A. CHOICE BONELESS Shoulder Roast lb. **1.98**
GWALTNEY Great Dogs 1 lb. pkg. **79¢**
CAROLINA PRIDE Meat Bologna 12 oz. pkg. **99¢**

PREMIUM Gallo Wine 1.5 ltr. btl. **5.29**
GOOD ONLY IN RAEFORD, N.C.

ALL FLAVORS Gatorade 46 oz. jar **99¢**
SAVE 30¢

HOLLY RIDGE SMOKED BUFFET Boneless Ham 5-8 lb. avg. lb. **1.68**
SAVE 31¢

SEA LITE IMITATION SURIMI Crab Meat lb. **2.98**
SAVE 10¢

Grocery P Specials

Produce P Specials

General Merchandise P Specials

REGULAR • LIGHT Coors Beer ctn. of 12 12 oz. cans **4.69**
GOOD ONLY IN RAEFORD, N.C.

CALIFORNIA Juicy Nectarines lb. **89¢**
FLORIDA Fresh Limes 10 for only **1.00**

CALIFORNIA Jumbo Broccoli each bunch **99¢**
CRISP Romaine Lettuce each bunch **59¢**

FIRST QUALITY TOWELS TASTEMAKER
• SUPER ABSORBENT • THICK AND THIRSTY
• 100% COTTON LOOPS
• 6 FASHIONABLE COLORS
• PEACH GLOW • CAMEL
• BISQUE BLUSH • PINK BLUSH • LEMON CHIFFON
THIS WEEK Wash Cloth 13 x 13 **1.99**
Hand Towel 16 x 28 **2.99**
each only

DIET COKE • TAB Coca Cola 2 Ltr. **1.19**
GOOD ONLY IN RAEFORD, N.C.

SEEDLESS White Grapes lb. **99¢**
SAVE 40¢

FRESH UNTRIMMED Yellow Corn ears only **6.99¢**
SAVE 5¢

Engineering trainee Tiffany (Tiff) L. Hinshaw has joined the Burlington Industries Raeford Plant as an Industrial Engineering Trainee. She is a 1985 graduate of Appalachian State University, Boone, North Carolina, where she received a B.S. Degree in Applied Mathematics.

... Front Burner

(Continued from page 4B)
For more information on removing spots and stains, call the county extension office at 875-2162.

Upcoming Events:
July 3, 10:00 a.m. and July 15, 7 p.m. - Area Extension Homemakers meeting open to the public. Program is "Money Saving Ideas in Decorating" at the Extension Office.
July 9, 7 p.m. - "Stir Fry Foods" program to be given by Marilyn Fowler. Open to the public. Cost: 50¢ to cover supplies. Register by calling 875-2162.

Squash Pickles
8 cups squash (use small tender ones)
3 cups vinegar
Pickling spices
1 cup onions
4 green bell peppers
3 cups sugar
Slice squash and cut onions and pepper. Sprinkle squash with salt and let stand one hour; then drain. Bring sugar, onions, pepper, spices and vinegar to hard boil. Put in squash and bring to another hard boil; then put into jars and seal. Process for 10 minutes at simmering temperature in water bath canner.

Skillet Squash Au Gratin
1/4 cup butter or margarine
1 medium onion, sliced
1 teaspoon salt
1/4 cup water or 2 peeled sliced tomatoes
4 cups thinly sliced zucchini or other squash
Dash of pepper
1/2 cup grated American Cheese
Soy sauce (optional)
Melt butter in skillet. Add squash, onion, salt, pepper and water or tomatoes. Cook uncovered, for 10 to 15 minutes or until squash is tender. Sprinkle with cheese and soy sauce. Yield: 4-6 servings.

Squash Souffle
2 lbs. small yellow squash
1/2 teaspoon salt
1/4 lb. sharp cheddar cheese, grated
1/4 stick butter
Black pepper
1 tablespoon onion, chopped
2 eggs, beaten
1/2 cup cracker crumbs
Paprika
Cook squash and onion in salted water until tender. Drain off water; cool squash. Add beaten eggs and mix well. Put in casserole and add cheese. Put cracker crumbs on top. Dot with butter and sprinkle with paprika and black pepper. Bake at 350°F. about 20 minutes or until browned. Yield: 6 servings.

HOME
A VERY SPECIAL POLICY FOR EXTRA SPECIAL NEEDS
Nationwide's new homeowners policy (HO-5) is special because it provides "all risk" coverage for not only your home but also its contents. And that makes it one of the most comprehensive homeowners plans available in North Carolina. Call today to find out if your home qualifies for Nationwide's new top-of-the-line homeowners plan.
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121 West Elwood Avenue
Raeford, N. Carolina 28376
875-4187
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Nationwide Mutual Fire Insurance Co.
Home Office: Columbus, OH