

TIVE THRU SAT., NOV. 2 AT ABP IN D. N.C.

IS OFFERED FOR SALE NOT AVAILABLE TO ER RETAIL DEALERS OR WHOLESALERS

SUPER COUPON BELOW

**FRESH BOSTON BUTT** 

OUBLE

OUPONS

MARKET FRESH GROUND FRESH DAILY

**REGULAR - BUTTER** 

can

**NEW CROP FLORIDA** 

for

U.S.D.A. CHOICE 12-14 lb. avg.

2 Specials

**Tot**ino's

Pizza

Grocery P Specials

MONTON FROZEN **Pot Pies** SEALTEST Cottage Cheese 12 or. FLORIDAGOLD 100% PURE

pkg

**Orange Juice** 

**American Si** 

TY JACK BUTTERMILK Pillsburv

Grocery (P) Specials

**Pepsi Cola** 

GOOD ONLY IN RAFFORD, NO

White Cloud

Tissue

AP

Spaghetti Sauce 32 oz

raqhetti lacaroni & Cheese

BETTY CROCKER Cake Mixes

BETTY CROCKER CREAM eluxe Frostin

Y SLACKEYE PEAS - CHILI HOT

Produce P Specials

Crisp **Carrots** 

Rome Apples

Green

Grapefruit

HONEYMOON WHOLE SMOKED **Buffet** 4-7 lb Half 2 19 (b.)

Pork

**D** Specials

BUY ONE GET ONE FREE SAVE **Hormel Sizzlers** 

SHANK OR BUTT PORTION **Smoked Ham** 

CAROLINA PRIDE

Sliced Bacon

**Furkey Ham Chunks** 15.

REGULAR - LIGHT Coors GOOD ONLY IN RAEFORD, NO

Produce P Specials

Romaine Lettuce ==

SELECT IDAHO **400** Baking 100 **Potatoes** 

Poultry Poultry Specials COUNTRY PRIDE

**USDA CHOICE BONELESS Beef Stew** 

London Broil

**Spare Ribs** FRESH DRESSED **Pan Trout** 

ALL FLAVORS Carlo Rossi btl. 1.5 ltr. GOOD ONLY IN RAFFORD, NC



\$1.00 OFF

**Fine Porcelain China** Completer Piece

CHOOSE FROM 15 DIFFERENT ITEMS COUPON GOOD SUN, OCT 27 THRU SAT, NO LIMIT ONE COUPON PER CUSTOMER

40 South Main St. - Rasford, N.C. Mon.-Sat. 8 a.m.-9 p.m.

Sun. 9 a.m.-6 p.m.

## . . . Front Burner

(Continued from page 6)

spread can of mushroom soup over the mixture and sprinkle with buttered bread cubes. Bake, uncovered, for one hour in a 350 degree oven. Before removing from the oven, sprinkle the top with a cup of grated cheese and bake until bubbly. Chicken, turkey or ham may be used in this one-

Crunchy Turkey Casserole
3 cups cooked, diced turkey
(chicken may also be used)

1 cup cooked rice I can sliced water chestnuts, drain-

1 cup celery, diced 2 tablespoons onion, chopped ½ cup almonds, sliced (optional) I can cream of chicken soup, un-

diluted 1/2 cup mayonnaise

1/2 - 3/4 cup cornflakes or nice krispies, crushed

Combine ingredients and mix well. Bake at 350 degrees for 45 minutes. Last 15 minutes add corn-flake crumbs or rice krispies. Serves 8. Note: Put in 2-quart casserole or divide between 2 1-quart casseroles; cook one now and freeze the other for another

Oatmenl Nut Cookies

l cup shortening I cup brown sugar

l teaspoon vanilla 2 eggs

1 cup sugar

1 ½ cups plain flour 1 teaspoon soda

3 cups rolled oats 2 cups chopped pecans

Cream shortening, add sugars gradually; add vanilla and eggs and beat well. Sift flour and soda; add to creamed mixture. Add oats and nuts and mix well. Drop by teaspoons on greased cookie sheet. Bake 7 minutes in 425 degree oven.

## ...Vegetables

(Continued from page 6)

ing such as old bedspreads, table cloths, sheets, shower curtains, burlap bags, or plastic to protect the plants against frost. It's advisable to erect a support frame around the plants to keep the covering from touching the plant's foliage and causing damage.

Try to place the covering over the plants about two hours prior to

The covering should be removed the next morning when the air temperature rises above 50 °F

There are also ways to save those last green tomatoes without exposing them to cold weather outside. First, harvest only the "mature-green" (glossy appearance but no red color) tomatoes that are free of bruises, insects, and diseases. Se-cond, place the tomatoes in a single layer on a table in a basement or vacant room with a temperature between 60 to 72 °F.

Some gardeners prefer to vrap each tomato in newspaper prior to storing. The spread of decay among the fruit will be reduced if the tomatoes are not allowed to touch each other.

Remember, temperature not direct sunlight controls the ripening process while in storage.

The Hoke County Campus of Sandhills Community College offers a chance. . . For a \$10 registration fee. . . you can train for a

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