

Lifestyles



Fish fry catch

Members of the Mecca Shrine Club proudly display a check representing the \$5,000 raised during the annual fish fry. The profits will go to the Shriner's Crippled Children and Burn Center. Pictured are (from left to right) Vardell Hedgpeth, treasurer;

Vernon Hubbard, chairman of the fish fry committee; Paul Livingston, the member who sold the most fish fry tickets and Jim Attaway, Mecca Shrine Club president.

Hoke celebrates Farm-City

Why is a Farm-City Week observance important to the citizens of Raeford and Hoke County?

Citizens of Raeford and Hoke County depend on each other for products and services that are essential to modern business and living.

Ken McNeill of Farm Chemicals, Inc. puts it this way, "Today's farmer relies upon the skills and abilities of a vast number of specialists to assist him in his job of providing food and fiber for the nation. It would be difficult to operate one week if these services were not available. Likewise, the businesses which serve agriculture could not exist without the farmer." And in my opinion, the consumers they serve couldn't last a week without the output of these two groups.

This is what Farm-City Week activities are all about. The purpose is to promote a widespread understanding of the interdependence of both rural and city residents, and to narrow the gap of understanding that sometimes divides the rural and urban segments of our population.

Extension News

Willie Featherstone Jr.
County Extension Chairman



This concept gets at the very heart of the relationship that ties the two groups together.

Goals

It is the hope of Hoke County Steering Committee, co-chaired by Caroline Shook and Robert L. Gibson, that this year's observance will:

- Promote and attitude that encourages better understanding and appreciation of both farm and city viewpoints and concerns.

- Put into practice the good neighbor policy in the local rural-urban setting.

- Spread the word that city and suburban people have as much, or more to gain from prosperous agriculture as do farmers themselves. Millions of city jobs are created by farmers who buy the products and services offered by city people. A prosperous agriculture encourages greater production of needed food.

- Push the idea that both farm and city people have more than usual to gain from participating in Farm-City activities.

- Point out that the price of food at the city retail store includes not only production, processing, transportation, advertising, marketing and other costs, but also such less recognized items as providing parking space and check-cashing services and a wide variety of other services.

- Recognize that urban people are the principal customers of the American farmers, thus their concerns are important to farmers.

- "Talk common sense" in regard to environmental concerns.

- Deal with the world food situation as being important to farmers and urban people for humanitarian and strategic reasons.

- Promote activities which support the theme of "Partners in Progress".

WHAT DOES THE FARMER RECEIVE?

When agricultural products reach the retail market, how much of the retail price of the product is the farm value? Here are the farm values for:

- Eggs - 65%
- Meat products - 48%
- Dairy products - 49%
- Poultry - 53%
- Cereal and bakery products - 11%
- Fresh fruit - 22.5%
- Fresh vegetables - 28.6%
- Processed fruit and vegetables - 15.8%
- Fats and oils - 26.5%

Consumers spent 15.2% of their 1984 disposable personal income for food. This is the income left after the taxes are paid. For persons in low income categories, the percentage may exceed 20 percent; however, for the high income family, the percentage may be as low as 5 percent.

On behalf of the Agricultural Extension Service I would like to take this opportunity to express our appreciation for the work of this year's Farm-City Steering Committee and all the many people that have contributed to the success of Hoke County's observance.

If through your participation in Farm-City Week programs or contact with other individuals you have developed an interest in working with others to help narrow the gap of understanding between rural and urban people, please call me at 875-3461.

It's time to plan next year's observance.

Pearson receives Spec. 4 promotion

Sherry J. Pearson, daughter of Ledford and Mary L. Pearson Sr., of Rural Route 2, Red Springs has been promoted in the U.S. army to the rank of specialist four.

Pearson is a storage specialist in West Germany, with the 2nd Support Command.

Last instructions aid loved ones

If you were to die today, would your survivors know your wishes for funeral arrangements and disposition of property and personal effects?

A letter of last instruction can provide quick answers to questions family members face when they have lost a loved one. The letter can answer questions beginning with "Where?"

Where is your will? Where are the keys to your safe deposit box? Where have you stored your insurance policies, stock certificates and other property ownership?

The letter of last instruction can also provide names and addresses of people familiar with your personal and business affairs and a list and location of personal property. And it should include funeral and burial instructions.

Here's a caution. A letter of last instruction isn't a legal document. It doesn't replace a will. It merely helps survivors handle financial and burial affairs in an orderly

On the Front Burner

Alice Pettitt
Home Economics Agent



manner following a death.

Once you've written your letter of last instruction, tell your spouse, adult children or legal advisor where it can be found.

And plan to update the letter yearly or as often as your property holdings and wishes change.

Skip stitches

Sewing machines skip stitches for a variety of reasons. So before you carry the machine to the repair service, run some quick tests to see if you can solve the problem yourself.

First, make sure the sewing machine is free of lint. Many fabrics shed lint. And that lint can accumulate under the needle or in

the bobbin or tension areas might fast. If you do find lint in these areas, brush it away and try your machine again.

Next, check the needle. It might be slightly bent, burred or blunt. Or the needle may have become coated with sizing or some other temporary finish used on the fabric. If this is the case, change needles. Soak the old needles in rubbing alcohol and try them again later.

Using the wrong type or size of thread can also cause skipping. So be sure and use synthetic thread on fabrics made of synthetic fibers.

If you find that it wasn't lint, or a blunt needle, or the wrong thread that made the sewing machine skip stitches, check the machine itself.

Sewing over pins, racing the machine, using uneven speeds, or feeding fabric too quickly or too slowly can cause a machine to misbehave.

So always test-stitch a fabric, (See FRONT, page 5B)

Need Grows

A wide variety of concerns in our society (to include Hoke County) brings clearly into focus the growing need for better understanding between rural and urban people.

It is clear that this nation is served best when there is a free and full interchange of views and opinions between all segments of the population on questions that affect the welfare of all of us.

Farm-City Week activities, whether they are tours, banquet, or other types of educational programs encourage the interchange of ideas and create an atmosphere in which rural and urban people can operate easily and effectively.

These programs stimulate an exchange of ideas and encourage activities that bring a feeling of mutual interest and good will.

The theme for Farm-City observances continues to be "PARTNERS IN PROGRESS".

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