

Country Home Department.

Conducted by Mrs. E. D. Nall, Sanford, N. C., to Whom all Matter for this Department Should be Sent.

TOGETHER.

There is in the world a Paradise
That no man enters alone.
For only the light of a woman's eyes
Can make the pathway known.
A sudden gleam, then a tender glow—
Behold he has seen the way,
And he leads her forth to the Joyful Gate
That opens this Land of May.

To her the very rocks lean close
And thrill to his love words sweet,
And to him the dust is glorified
Because it has touched her feet.
Nothing is false in this Paradise,
Nothing is common or mean;
All blacker clouds float far away,
And show but a silver sheen.

But there is a gate of passing,
And be it soon or late,
The two who wander through Paradise
Will come to the sorrowful gate,
The barren land of Reality
Lies ever beyond the walls,
And on, straight on, 'mid its stony hills,
The path of the wanderers falls.

But the two who came through Paradise
Hold in their souls its charm;
Its perfume clings to their garments still
And their hearts are soft and warm.
And as long as they journey hand in hand
They find neither hill nor stone
So steep or sharp as those they trod
While yet each toiled alone. —Selected.

VIRTUES OF VINEGAR.

For cleaning smoke and dirt in
general from walls and woodwork,
especially yellow pine, vinegar works
like magic. Put about a pint in a
basin, wet a flannel cloth in this

side of the sleeve. Fasten this at the
wrist and another shorter piece at the
arm-hole. Draw up the tape to a de-
sired length and tie at the arm-hole.
In this way sleeves may be lengthen-
ed or shortened as need be. This is
very convenient in infants' clothes.

A simple and easy way to braid is
to trace the design on tissue paper,
then baste to the material to be
braided. Proceed to sew on the braid,
sewing through paper and material
until the design has been all covered
with the braid, after which remove
the paper carefully. To mend a hole
in a carpet after it is tacked to the
floor, find a piece of carpet as near
like that on the floor as possible and a
little larger than the place that needs
patching. Make some paste of flour
and water, or use any adhesive that
you prefer, paste the side of the patch
that goes next to the carpet, and lay
it on just as you want it, then with
hot sad-irons press until dry.

When your sewing machine belt
becomes loose, just drop a little ma-
chine oil upon it, and you will find
the belt light after a few turns of the
wheel.

When the needle cuts heavy cotton
or linen goods when stitching, rub
the seam with white hard soap

Geography.

This game is of French-Canadian
origin. Players are seated in a cir-
cle, and one calls out the name of a
country. The player next to him must
then name a country, beginning with
the last letter of the word just given.
The next player uses the last letter
of that word as his initial letter, and
so on. About fifteen seconds is al-
lowed each person to think of his
word. Sometimes the first player be-
gins with the name of a province,
river or lake, but no matter what
he chooses, the other players must
give a word describing the same type
of geographical division. Anybody
who fails to give a word drops out of
the game. Suppose the first player
says: "Greece"; the second player
must use "Egypt," then follow: Tur-
key, Yucatan, Netherlands, Spain,
and so on until nobody find a word
with which to continue.—Selected.

DOMESTIC SCIENCE THE WOMAN'S PART.

Improvement in the Iowa farmer's
home is keeping pace with that in the
fields and barnyards, and it can no
longer be said that the stock is better
housed than the family. Roomy,
comfortable, well-kept homes are in
the majority.

Miss Mary F. Rausch, the practical
enthusiast in charge of domestic sci-
ence in the extension department in
the college, has her time pledged
months ahead for lectures at farm-
ers' institutes, county fairs, schools,
women's clubs, "short courses," etc.
With common sense and tact she has
won attention and respect of experi-
enced housekeepers, who are grateful
to her for showing easier and better
ways of doing things. She thinks it is
wiser to show a farmer's wife how to
make a good pie than to argue with
her about the unhealthfulness of all
pie. She insists that the farmer's
wife shall have a share of his pros-
perity and generally finds the men
in hearty sympathy with her, once
they are shown how to lighten the
wife's burdens. One farmer who said
her lecture cost him \$100 in "modern
fixings," including water in the house,
told Miss Rausch that it was a mighty
good investment, it made his wife so
much happier. Sanitary improve-
ments and various reforms follow her
lectures.

"Almost every day," said Miss
Rausch, "women come to me and say
that their lives would have been
much easier and happier if they had
learned some of these things at the
beginning of their married life. They
tell me they and their children are
healthier since they learned to bake
their bread thoroughly and chew
their food well. This is one of the
results of the bread-making contests
we have had all over the State. Many
women are eager to hear about the
right foods for little children, and
profit by what they learn. Even the
older women resolve to begin doing
their house-work in the easier and
better way. One woman seventy-six
years old drove three miles and back
every day for six days to attend the
domestic-science course.

"I believe," Miss Rausch summed
up her work, "that the day is com-
ing, and very rapidly, too, when peo-
ple will think that it is just as im-
portant for a girl to learn how to keep
house intelligently, economically and
healthfully as it is for a young man
to prepare for his life-work."—Se-
lected.

MOTHER REALLY KNOWS.

A girl of sixteen is very apt to be-
lieve that the emotions, the feelings
and experience that she is passing
through are unique to herself; that
she alone knows them and that there
is no one nearer her who can "under-
stand!" Her mother, says a woman

writer in particular, she is inclined to
believe as "knowing nothing of such
things"; therefore, why ask her any-
thing, why talk to her? "She would
not understand!" Poor child! If
she could but realize that every emo-
tion, every feeling, every dark shad-
ow, every ambition that is hers, were
those of her mother, and of her
grandmother, and of their mothers
before them! Instead of her mother
"not understanding," if the young
daughter could only realize that that
same mother knows every step of the
way! Wouldn't it be a bit curious if
new feelings had been reserved for the
girl of to-day that no other girl of the
previous centuries had ever experi-
enced; that the girl of to-day is ex-
periencing emotions absolutely new
to the human soul? How many heart-

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