

TALK HAPPINESS.

Talk happiness. The world is sad enough Without your woe. No path is wholly rough:

Look for the places that are smooth and

And speak of them to rest the weary ear Of earth, so hurt by one continuous strain Of mortal discontent and grief and pain.

Talk faith. The world is better off with-

Your uttered ignorance and morbid doubt. If you have faith in God, or man, or self, Say so; if not, push back upon the shelf Of silence all your thoughts till faith shall

one will grieve because your lips are

Talk health. The dreary, never-ending tale Of mortal maladies is worn and stale; You can not charm or interest or please By harping on that minor chord, disease. Say you are well, or all is well with you, And God shall hear your words and make them true.

-Ella Wheeler Wilcox.

THE WOMEN'S DEPARTMENT.

We met a brave woman the other day; she judged household products at a farmers' institute, and told the ladies their exhibits were not up to standard. Now, it often happens that exhibits at farmers' institutes are not up to standard, but the practice usually adopted is to praise any kind of an exhibit, lest telling the truth about it will prevent further exhibits. Farmers' wives are better cooks as a rule than women who live in town, but there are fewer of them, and classes should be limited, since large classes can not be expected in many different varieties of cakes, breads, etc. It appears to us it would be a good plan for the ladies to decide on two kinds of cake, possibly also a plate of fancy cakes and bread, and have the premiums offered on these classes only at next year's institute. Offer a large enough premium to bring out an exhibit that is worth while, and have each exhibit scored. If the exhibit winning first premium scores low, let the score card tell the tale by being placed with the premium tag, so that every one can compare the scores of the prize winners, and the exhibit be of some educational value to them. There can be no enthusiasm without interest, and there can be no interest in seeing a kinds of cake, each cake bearing a prize tage for lack of competition. If an institute offered premiums that brought out from fifteen to twenty cakes of one kind, the friendly rivalry of the neighborhood would boost the institute and cake baking.

When a girl goes to college and bakes a cake or a loaf of bread, her work is not scanned for the good that can be found in it, but for the faults. Hence college women learn to take criticism as it is intendedan incentive to better work. The farmers' institute is the country woman's college, and if she is to get full benefit from it, her exhibit must be judged on its merits. It is claimed that with the advent of the score card for bread in the State University of Illinois, and its adoption by county institutes, the quality of the bread baked all over the State has been improved. Let us have our exhibits judged by score card and raise the standard-Wallace's Farmer.

A MODEL GIRL.

We have discussed the happy, the unhappy, the educated, the uneducated girl; the girl who has pleasures and friends, and the girl who has none, but we have failed to mention the model girl-by this I mean, the girl who, in spite of difficulties and disappointments, never finds her burdens too hard to bear, but takes up her cross and patiently wends her

way over the thorn and rugged paths until by her earnest perseverance she will find those same burdens dissolving into mist and trailing behind in the distance, while the way before her will really become beautiful, because her feet are shod with patience, and this patience becomes sweetest peace.

In my estimation, the model girl is always neat, but never conspicuous. Her manners are very gentle and her voice low. Girls, cultivate a low voice. She is very respectful to her elders, and considerate of the happiness of every one else before herself. She never speaks ill of any one, and is very sympathetic with those in trouble. She knows how to "Rejoice with those who rejoice and weep with those who weep," but she is ever ready to dry the falling tear and by some brightly cheerful word to dispel doubt and gloom from a burdened heart. If she happens to have a pretty face and nice clothes, she is not vain of the fact, but rather more humble. If she is not pretty, she can make herself so in the hearts of her friends by her sweet disposition and pleasant manners. If she is poor, she does not bemoan the fact. She does not tell her sorrows, but buries them deep in her heart and hides them with a smiling face. She does not shirk her duty, no matter how hard it may be. She acknowledges her faults and tries to make amends for them.

She does cheerfully the duties of to-day and trusts in to-morrow, because she realizes that if she does her little well, greater things will be

The girl who does these things is happy, whether she be poor or rich, educated or uneducated, and whether she lives in a mansion or a cottage, a city or the country. The latter, I think, is the one ideal place.-Hazel Blanche Beam, in Southern Ruralist, Cherryville, N. C.

CHEAP FURNISHINGS.

Much bad taste is displayed in cheap furniture, which lasts but a display of one each of three or four few years and must be replaced. It In short, women must learn to is economy, if nothing more, to buy work like men. They must study

well-built chairs and tables of plain design. They will be easier to care for, will give a better effect and last longer. Many houses are crowded with cheap pictures, stools and pedestals, purchased because they were just like the neighbor's across the way and which cost enough to have bought many good and useful articles. It is never wise to buy furniture and house decorations in a hurry. To avoid extravagance buy good substantial furniture. Better to temporarily use boards on wooden horses for a dining table than to buy a cheap one that will always be an eyesore or shortly need to be replaced.

One of the greatest losses, and the one least considered, is the waste of physical energy, due to unnecessary labor. A few moments spent each morning planning the day's work, making a written list if necessary, will save much labor, and will insure getting many things attended to that would otherwise be forgotten. It is really remarkable how many women work day after day in poorly arranged kitchens; the sink, table and range seemingly placed so as to require as many steps as possible,-all because they were first placed in that position and thought never been given as to how to better that condition. Usually a kitchen contains a chair, but few women use it. A high chair or stool is useful when working at sink or table. Saving energy is not laziness; it is extravagant to use 'up strength unnecessarily. There is a great deal of wasted time and energy through false economy in the lack of proper utensils to work with. A few dollars spent in labor-saving devices is money well spent. No manufacturer considers it extravagant to purchase machinery to save time or la-

The question of the division of money in the family is one that has caused much discussion, but whether it be settled by allowance or a free access to the common funds, it will be found that in most cases a large amount of the family expenditure must of necessity be made by the women. And much of it is done in a careless fashion, owing to lack of business methods. Each housekeeper should keep accounts and keep them accurate. Careful study along this line will reveal the weak places in the family purse.

their business as the business man studies his. They must have needed utensils to work with; they are as necessary as equipment for shop or factory. Is not the home, and especially the kitchen, the housewife's work-shop?—Selected.

IN MEMORIAM.

Robert G. Mitchell.

On February 3 Mr. Robert E. Mitchell was suddenly called to meet his Creator. He was at work on a barge near his home, Pitch Landing, Hertford County. Endeavoring to fulfill his mission of providing for the future of his loved ones, when he was struck by a log, and in a few minutes all was over. He was born in Hertford County, N. C. Reared on a farm, he received but a limited country school education and thus equipped, he entered into life's struggle. He selected the farm work to which he gave ceaseless energy and tireless industry. Such a great shock spread through our community when it was learned he was dead. Many had seen him with his wife and baby at church the day before. He little thought that sermon preached by Rev. Mr. Dowell was the last he would ever hear. God saw fit to call him away in his young manhood, and we must submit with what patience we can to the will of one who doeth all things well. Our hearts go out to the wife whose deep sorrow and bereavement are almost unbearable. Our prayer is that his loved ones here shall meet him in that realm above where parting shall be no more. He was a member of the Baptist Church. He came into our Union, February 17, 1912. and was a faithful member, always punctual and willing to do his part. He is missed by us; therefore, be it-

Resolved 1. That while we bow in humble submission to the divine will, we sincerely mourn the loss of our departed brother. 2. That in the death of Brother Mitchell

our Union has lost a faithful member. 3. That we extend our sincere sympathy to the bereaved ones and commend them to the loving care of our Heavenly Father. 4. That a copy of these resolutions be spread on our minutes, a copy sent to The Carolina Union Farmer for publication, and a copy'sent to the wife of our deceased

MRS. W. P. BRITTON, JR., J. T. SLAUGHTER, SOLON JERNIGAN, Belhaven, N. C. Committee.

J. M. Pipkin.

On March 4, 1913, our Heavenly Father, in His infinite wisdom and love, saw fit to remove from our midst Bro. J. M. Pipkin, who was a consistent member of Winn Local Union, No. 1844. Because of Brother Pipkin's death Winn Local wishes to express their sorrow; therefore, be it-

Resolved 1. That in the death of Brother Pipkin we realize one of our charter and oldest members has been removed from our

2. That we as a Union bow in humble submission to Him who doeth all things

That the Union has lost a true and faithful member whose place cannot be easily filled. 4. That we extend to his family our ten-

derest sympathy and pray God to be their

5. That a copy of these resolutions be sent to the bereaved family, a copy be spread on the minutes of our Union, and that a copy be sent to The Carolina Union Farmer for publication.

B. R. EAVES. J. D. NEWMAN,

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