

TIMELY FARM QUESTIONS ANSWERED AT STATE COLLEGE

Question: How much fruit and vegetables should be canned for each member of the family?

Answer: Each adult member of the family should have at least 57 pints of canned vegetables and 45 pints of canned fruit for use during the winter. To the canned articles

should be added twelve pints of dried fruits and six pints of dried vegetables. Preserves and jam will add the required sugar or sweets to the diet and a small supply should be prepared and added to the pantry shelves.

Question: Should rose bushes be dusted or sprayed during the blooming season?

Answer: A good grade of dusting sulphur should be applied to rose bushes at weekly intervals through the entire season. Where the plants are infested with aphids or thrips, the nicotine sulphur dust should be used. This is made by thoroughly mixing twelve ounces of forty percent nicotine sulphate solution with two pounds of hydrated lime and eight pounds of dusting sulphur. For the control of rose slugs the same solution is used with two pounds of arsenate of lead added. Where the arsenate of lead is added, one pound of the dusting sulphur should be removed from the mixture.

Question: What breed of chickens is best for producing capons?

Answer: There is a heavy market demand for birds of the yellow skinned breeds which include Rhode Island Reds, Cochins, White Wyandottes, Barred and Plymouth Rocks, Jersey Giants, and Cornish. Experiments at this station show a preference for Plymouth Rocks over the Rhode Island Reds, but almost any of the heavy breeds will produce good, marketable capons. A judicious crossing of any of these heavy breeds will produce birds with enhanced vigor and the ability to make rapid and economical growth.

Question: Is there any advantage to be gained in changing from one brand of poultry feed to another?

Answer: There is no advantage in changing feeds and, in most cases there is a disadvantage in that birds resent any change in the diet and will fall off in production. The only valid reason for making a change would be poor production and, in a few cases, the fact that price levels were out of reason. If the flock is in normal production, no change should be made. If the change is for the reason that prices seem to be out of balance it is best to remember that cheap feeds are, in the long run, usually the most expensive.

Question: How much feed will a fifty pound pig consume between now and September 1 and how much will he weigh at that time.

Answer: A fifty pound pig will, under normal conditions, eat 424 pounds of feed in fourteen weeks and will put on about 122 pounds of weight in that time. To get this gain, however, the ration must be balanced and should consist of 36 pounds of fish meal or tankage, 136 pounds of corn meal, 40 pounds of wheat shorts, and 212 pounds of corn. Extension Circular No. 143 gives the amount and kind of feed for different weights of growing pigs together with the amount of expected gains. Copies of this circular will be sent free upon application to the Agricultural Editor, State College.

Question: Is the appearance of poultry mash any index as to the quality?

Answer: No. The value of poultry mash cannot be determined by the appearance of texture. At one time it was believed that a finely-ground mash was more easily digested but experience has shown that, in some cases, the regrinding is done to hide inferiority in quality. Certain mash ingredients, such as wheat bran should not be ground too fine. The flakes of bran in the mixture tends to produce bulkiness which aids digestion. Check carefully on the ingredients and see that sufficient bulkiness is allowed.

Question: When should alfalfa be cultivated?

Answer: Cultivation is often of very little value except under certain conditions. When the stand is thin and crab grass comes in late in the summer, the crop may be cultivated during July or August. This will destroy much of the grass. If any cultivation is done it should be made immediately after a cutting. A spring-tooth alfalfa harrow is the best implement for this work. In no case should a disc harrow be used as it splits the crown and renders the plants more susceptible to disease and freezing.

Question: What size can is best for putting up fruits and vegetables for home use?

Answer: The number two or three is the size most generally used for home canning. Only experienced canners should use the No. 10 cans as it is difficult to sterilize so large a filled container. Corn, squash, peas, or pumpkin should never be put up in a No. 10 can. Where one has the necessary experience, string beans, tomatoes, soup mixtures, peaches, pears, and blackberries may be successfully canned in these big containers.

Visiting Delegate (to hotel clerk): "Why didn't you call me at seven-thirty this morning?" he demanded. "Because," returned the affable clerk, "you didn't go to bed 'till eight."

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The FAMILY DOCTOR

(By John Joseph Gaines, M. D.)

GETTING "FRESH" AIR

The modern automobile may be called the universal convenience for out-door travel. It is rare to find an American householder that does not possess some sort of a family car.

I rode in my sedan about thirty-five miles yesterday afternoon. It was sunny and warm—a perfect day; I wanted—needed—air and sunshine; I, like multiplied thousands, had been housed the week before. The question is, how much air and sunshine did I obtain?

In a very "sketchy" ride over the hills and through country lanes, I was not actually in the glorious sunshine over ten minutes? Seated on the cushions, I did not get ten whole minutes of physical exercise—a solemn fact.

I am forced to confess—the closed automobile is worth precious little as an instrument for gathering sunshine and exercise for the man who needs both. . . . Thrice more benefit comes to the health-tourist who is compelled to get out by the side of the highway and patch up a punctured tire or a "blow-out." He gets the sunshine and exercise.

An auto trip over mountain roads with camping out at nights, eating lunches broiled over a chunk-fire in the great out-doors—a trip lasting a week or two, is of immense benefit for recuperation; but how very few are so situated that they may go to that extent?

Let me word this exactly: I got

more sunshine and exercise in my back yard one afternoon with my garden hoe—than I would get in an entire Sunday afternoon's auto touring, and did it in twenty minutes. I mention this to show how easily, effectual and cheap one can obtain such absolute essentials to life and health, as sunshine, air, and good exercise. The humblest may reach forth and take without cost, while the idler merely "gets by" in his self-deception.

THE NERVOUS PATIENT

Let us hope and pray that you may never encounter one! I am not assuming that you may TREAT a nervous invalid; but I can imagine that you have a neighbor man or woman that has an attack of acute nervous collapse—and that you are privileged to call around in neighborly courtesy. Let the doctor do the threatening.

But my advice to YOU is most important—for you may, with the best intentions possible, make the patient most miserable by your ill-timed attentions, and make a lasting enemy of the poor physician.

To illustrate: I was calling recently on a collapsed nervous man; in that small bed room, I found four blood-relatives in a circle around the patient! They were of all ages and occupations; and they were all conversing about all the deaths that had occurred in the family for the last six or seven years! Can you imagine the effect on the poor, distraught nervous system—the man lying on the bed?

I found the patient in a most distracted state of mind; true he was among his loved ones, but they were heedlessly driving him near and nearer to the verge of despair. And they had been visiting—and tortur-

ing him for several hours, prior to my arrival!

Your conduct with the nervous patient should be regulated by the physician in charge. You should never call to see an extremely nervous invalid, unadvised; never make a long call—and, if you cannot carry a helpful manner and smiling face, please—PLEASE stay out of the sick room!

I never really wanted to commit murder; but my blood sometimes arrives at the boiling point when I find my nervous patient torn asunder by well-intentioned neighbors or kin-folks.

The beneficiaries of the status quo always find the causes of social ills in nature rather than in the constitution of society.

NOTICE

By virtue of the power contained in a certain deed of trust executed the 25th day of March, 1930 by George E. Welch and Sudie L. Welch, to the undersigned trustee for the Bank of Mount Airy, thereby securing a certain note in amount of Forty-Four Hundred Dollars (\$4,400.00), default having been made in the payment of said note and upon application of the holder thereof, I will offer for sale in front of the Surry County Loan & Trust Company the 19th day of July, 1935, at 1:00 P. M. the following described tract of land:

Beginning at the southeast corner of the intersection of West Poplar street and West Lebanon street and running with West Poplar street north 65 degrees east 160 feet to a stake on southern side of said street; thence leaving West Poplar street, south 24 degrees 15 min. east 50 feet to a stake; thence south 65 degrees west 160 feet to a stake on east side of West Lebanon street; thence with West Lebanon street north 24 degrees 15 min. west 50 feet to the beginning.

Also entire interest that is due from the estate of my father, G. C. Welch, after the death of my step-mother, Mrs. Lela W. Welsh.

Sale made to satisfy principal, interest and cost.

* This the 18th day of June, 1935.

E. C. BIVINS, Trustee.

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Aid Health Authorities

IN THEIR FIGHT TO PREVENT THE SPREAD OF

INFANTILE PARALYSIS!

KEEP YOUR CHILDREN FROM ATTENDING PUBLIC GATHERINGS OR CONGREGATING ON THE STREET.

Although at this writing only one case of infantile paralysis has been officially reported in Surry county, every parent and adult should take all possible precautions to prevent the spread of the disease. Cooperate with health officials by keeping children under 15 years of age from attending any public gathering or congregating on the street. And insofar as possible, adults should observe these same precautions. Do all you can to keep the disease from obtaining a foothold!

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