

LOCALS

Mrs. Lee Phillips left Tuesday for a visit of two weeks with relatives in Apex.

Miss Mary Elizabeth Foster left Saturday for Raleigh, to resume her studies at Meredith College.

Alexander Smith spent the latter part of last week in Raleigh where he attended the debutante ball.

Dr. and Mrs. Roland A. Glenn spent the week-end in Mount Olive, the guests of relatives and friends.

Miss Geraldine Couch left Sunday for Raleigh, where she will be a student at Meredith College this year.

Fred Shore will leave Monday to resume his studies at Fishburne Military school at Waynesboro, Va.

John W. Comer, of Dobson, Surry county superintendent of schools, was a business visitor here Tuesday.

Miss Mary Holland attended a meeting of county home economics teachers at Pilot Mountain Tuesday.

Mr. and Mrs. Grady White and J. S. Bowers and family, of Zephyr, spent Sunday with relatives in Kannapolis.

Miss Dorothy Colhard spent the latter part of last week in High Point, the guest of Miss Mary Alma Teague.

Mr. and Mrs. Frank Finney announce the birth of a son at Hugh Chatham Memorial hospital, September 11, 1939.

Mr. and Mrs. H. F. Laffoon and daughters, Misses Louise and Grace, attended the annual Edmisten reunion at Boone Sunday.

Miss Rosamond Neaves will leave today for Durham, where she will be a student at Duke University for the coming year.

Mrs. Minnie Hunt, of North Wilkesboro, is the guest of her daughter, Mrs. R. L. Lovelace, at her home on West Main street.

Mr. and Mrs. J. P. Laffoon and Miss Ethel Samuels, of High Point, were here Sunday, the guests of friends and relatives.

Mr. and Mrs. Jack Russell, of Thomasville, and Nick Teague, of High Point, were Sunday guests in the home of Mrs. Fred Colhard, on Church street.

Miss Helen Caudill will leave the latter part of the week for Marion College, Marion, Va., where she will be a student this year.

Thomas Gwyn, of Roanoke, Va., was the guest last week of Dr. and Mrs. E. G. Click, the latter his sister, at their home on Circle Court.

Miss Nancy Click left last week for Morganton, where she has accepted a position as dietitian at the North Carolina School for the Deaf.

Mrs. L. E. Aldridge and children, Maxine and Dale, and Mrs. Jane Smith spent Sunday in Guilford College, the guests of Mr. and Mrs. R. C. Smith.

Misses Edwina and Virginia Lawrence, Amy Kathryn Myers and Hannah Reece left Wednesday for Raleigh, to resume their studies at Meredith College.

Misses Marjorie and Regina Meed left Tuesday for Western College, Oxford, Ohio, to resume their studies. The Misses Meed will be members of the senior class at Western this year.

I CAN GET ALL THESE NATIONALLY ADVERTISED BRANDS MY WIFE WANTS AT ELK PHARMACY THAT'S MY IDEA OF A REAL STORE!

Squibbs Toothpaste, 1g.33c
 Evening in Paris Cosmetics A Complete Line
 Fitch's Ideal Hair Tonic48c

ELK PHARMACY
Cut Rate Druggists

ELK PHARMACY
Cut Rate Druggists

Mrs. E. C. Grier and Mrs. Rich Chatham spent the week-end in Greensboro, the guests of Mr. and Mrs. Edward C. Voss, the latter a daughter of Mrs. Grier.

Mrs. Frankie Andrews, of Atlanta, Ga., arrived Wednesday for a visit with her daughter, Mrs. J. W. L. Benson, and Mr. Benson, at their home on Hospital Road.

Dick Smith, Jr., McNeer Fields, James Gray and Robert Nicks have gone to Raleigh, where they will be students at North Carolina State College.

Mrs. Herbert Cochrane and children arrived Thursday from Athens, Ga., for a visit of three weeks with her parents, Mr. and Mrs. J. F. Miller.

Miss Elizabeth Bryant returned to her home in Independence, Va., Tuesday, following a visit to Miss Lesbia Graham, at her home on Gwyn avenue.

Alexander Smith returned Wednesday from New York City where he spent several days attending to business matters and attending the World's Fair.

Mr. and Mrs. L. A. Jackson, of Greensboro, were week-end guests of Mrs. Jackson's mother, Mrs. Ila D. Burch, and family, at Rusk.

Miss Ned Ball has returned from a visit of several weeks with her sisters, Mrs. B. F. McEachern of Rowland and Mrs. Frank Joyce in Sanford.

Joe Gwyn Bivins and Dicky Graham left Monday for Davidson where they will resume their studies at Davidson College. Dick Smith, Jr., also will enter Davidson this year.

Mr. and Mrs. Franklin Folger left Sunday for a vacation of a week to New York, where they will attend the World's Fair. They will also visit in Richmond while they are away.

Billy Jones left Monday for Tennessee Military Institute, Sweetwater, Tenn., where he will resume his studies. He will be a member of the senior class this year.

Frank Walker and Claude McNeill left Monday for Wake Forest College, Wake Forest, to resume their studies. Billy Reece also entered Wake Forest College this year.

Mr. and Mrs. Rufus Felts had as their week-end guests their son, Gilbert Felts, and daughter, Mrs. Noah Walker, and little daughter, Linda Gay, and Miss Ruth Stuckey, all of Raleigh.

Miss Harvison Smith left Wednesday for Salem College, Winston-Salem, to resume her studies following a summer vacation here with her parents, Mr. and Mrs. R. G. Smith.

Mr. and Mrs. Odell Church returned Sunday from New York City, where they visited the latter's brothers, Glenn and Arvid Evans, and attended the World's Fair.

Mrs. Hugh Parks, Miss Sarah Click and Miss Virginia Jackson, the latter of High Point, spent the latter part of last week at Abingdon, Va., where they attended the festival at the Barter Theatre.

Cynthia Allen, daughter of Mr. and Mrs. Marion Allen, of this city, sustained a broken right arm in a fall on the sidewalk near her home Thursday afternoon, her many friends will regret to know.

Mrs. Dewey Stovall and children, Julia Anne and George, returned to their home in Waynesville Wednesday, following a visit with her parents, Rev. and Mrs. P. W. Tucker, at their home on Market street.

D. O. Totten and son, David, of Beckley, W. Va., were the week-end guests of Mr. and Mrs. W. F. Reece. They were en route to Chapel Hill where the younger Mr. Totten will enter the University of North Carolina.

Mr. and Mrs. H. D. Woodruff had as their week-end guests, John Woodruff, of Johnson City, Tenn., Sam Woodruff, of Terre Haute, Ind., and Mr. and Mrs. Ed Woodruff and family, of Shell Creek, Tenn.

Mr. and Mrs. J. Mark McAdams had as their week-end guests at their home on Church street, Mr. McAdams' father and sister, J. C. McAdams, of Elon College, and Miss Allene McAdams, of Greenville, S. C.

The following young men left the early part of the week for Chapel Hill, where they will be students at the University of North Carolina: Edwin Royall, Henry Dillon, Hoke Cockerham, Charles Neaves, Dick Shugart and Bill and Sam Gambill.

R. L. Lovelace, of this city, accompanied by Mrs. Hazel Mathis, Mrs. Flossie Mathis and Miss

Florence Mathis, all of near North Wilkesboro, spent the week-end in Chillicothe, Ohio, the guests of Dearlie and Hubert Mathis.

The fourth quarterly conference of the Methodist church was held Monday evening at the church. W. S. Reich was elected as a delegate to the district conference to be held in Greensboro on October 19, and Paul Gwyn was chosen as an alternate.

Miss Idelia Benson will leave Monday for Duke University, Durham, where she will be a senior this year. Miss Frances Benson, also a student at Duke, will leave Wednesday. The latter Miss Benson will be a sophomore this year.

Mr. and Mrs. Ottis J. Reynolds have as their guests at their home on West Main street, Mr. Reynolds' parents, Mr. and Mrs. C. M. Reynolds, and Mr. and Mrs. E. B. Reynolds, the former an uncle of Mr. Reynolds, of Roanoke Rapids.

Mr. and Mrs. Howard Hatch have as their guests at their home in Westover Heights, Mrs. Hatch's mother and sister, Mrs. T. F. Ward and Mrs. Leo Topping and little son, Arthur, of Lawrence, Mass. They arrived Saturday and were met in Washington, D. C., by Mrs. Hatch.

Keith Mathis returned to his home in Washington, D. C., Sunday, following a visit of a week with his grandmother, Mrs. J. H. Mathis, in Jonesville. He was accompanied by S. J. Ligon, also of Washington, who with Mrs. Ligon, has been visiting in the Mathis home for sometime. Mrs. Ligon remained for a longer visit.

Mr. and Mrs. W. A. Neaves, Mr. and Mrs. W. C. Cox, Mr. and Mrs. H. P. Graham, Mr. and Mrs. H. C. Graham, Mr. and Mrs. Dixie Graham, Mr. and Mrs. Sam Neaves, Mr. and Mrs. F. W. Graham, Mrs. Anna Graham, Worth and Sheffie Graham attended the funeral of Judge Joseph Cox, of Washington, D. C., which was held at Bridle Creek, Va., Sunday.

Members of the senior class of the local high school, along with other senior class members of the state, have been invited as guests of the village of Chapel Hill and the University of North Carolina for annual high school day at the University on September 23. Entertainment planned for the students includes the Carolina-Citadel football game, a campus tour and concerts by several high school bands. Plans are being made by several members of the local class and their class advisor, Miss Alice Dixon, to attend. Those attending will be given complimentary tickets to the festivities and will be served as guides by students from their communities at the University.

Rev. and Mrs. W. W. Lawton, Sr., missionaries to China, and parents of Mrs. Eph Whisenhunt, of this city, were released from captivity by the Japanese on August 10, according to news received by Mrs. Whisenhunt, and plan to go to Chefoo, a port city, 1,000 miles to the north, to visit their two sons and daughter, Deaver M. Lawton, Wesley Willingham Lawton, Jr., and Miss Olive A. Lawton. After a brief visit there they plan to sail for America for their first furlough visit in eleven and one-half years. Upon their arrival in America they will come directly to Elkin for a visit with Mrs. Whisenhunt, and will reside here for a year. The reason for the refusal by the Japanese for their three prior requests for release since the city was captured by the Japanese five months ago was not made known in the communication to Mrs. Whisenhunt.

Fleming Reunion Set for Sunday

The annual reunion of the Fleming family will be held at Mt. Pleasant church, four miles east of Booneville, on Sunday, Sept. 17th. There will be an address at 11 o'clock by county Superintendent Fred C. Hobson, and special singing will also be heard at this time.

All relatives and friends are invited to attend and bring well-filled baskets for the picnic dinner, which will be on the grounds at 12:30.

DORMINY STUDIO TO OPEN FOR 3rd YEAR

Again sponsored by the Elkin Woman's Club, the Dorminy dance studio will open this week for the third year.

Miss Jacqueline Dorminy and her instructors have recently returned from New York and Chicago, where they have studied during the summer. This year the studio will offer tap, ballet, acrobatics, physical drill and the newest and smartest in ballroom dancing. Miss Ruth Adams will again instruct the local class.

The Chinese scratch the feet instead of the head when they want to think.

WAKE UP AND LIVE

By DOROTHEA BRANDE

Mental discipline should connote the equivalent in the sphere of the mind which the athlete undertakes for the perfecting of his body.

The disciplines here suggested are drawn from all over the world.

Not all of them will be equally valuable in all cases, but before rejecting any one of them, examine yourself to discover if you are not possibly throwing it aside simply because it does ask you to put a little more restraint on yourself than you find pleasurable.

We might begin with this exercise. Spend an hour a day without saying anything except in answer to direct questions.

This should be done in the midst of your usual group, and without giving anyone the impression that you are sulking or suffering from a bad headache. Present as ordinary an appearance as possible; simply do not speak. Answer questions just to their limit, and no further; give a full and adequate answer, but do not continue with volunteered remarks which are suggested by the answer or the question, and do not attempt in any way to draw another question from your interlocutor.

Oddly enough, this is difficult as a discipline, even for a normally taciturn person. We are all so used to breaking into speech whenever we meet one another, merely in order to give evidence of our friendliness and accessibility, that we talk almost constantly whenever there is an opportunity.

This discipline is found in almost every country which is the home of a genuinely old religion. It is of immense value, and is productive of many results. Probably no two experimenters ever have identical reactions to this practice; they will vary according to temperaments.

One thing which soon becomes apparent to many, for instance, is that we seldom say exactly what we mean at our first attempt.

We rush into speech, see by the expression on another's face that we have not made ourselves entirely clear, or have misspoken in some way, and try again. This likewise may not make our intention understood; we try again.

We pause a moment, think the matter over, and issue a clearer statement. But in the meanwhile there are these three earlier attempts to express ourselves still remaining in our hearers' minds, beclouding the issue.

Another good exercise is this. Learn to think for half an hour a day on one subject.

Simple as this sounds, it is first ludicrously hard to do. To begin with, a concrete object should be chosen; a flower, a bottle of ink, a scarf.

Do not have it before you; build it up in your mind. With a flower, for instance, describe it to yourself as each of the senses would report it. When that is done, go on to how it grows and where; what it symbolizes, if anything; what uses are made of it.

From this simple beginning, work up to considering a concrete problem, and finally, to an abstraction.

Start with subjects which really interest you, but when you have taught your mind not to wander even for a moment, begin choosing a subject by putting your finger at random on a newspaper or the page of a book, and think on the first idea suggested by the lines you have touched.

You will find it very revealing to start this exercise with a pencil and pad, and to make a slight check on the paper whenever you find your attention slipping.

If you are really quick to realize when your mind has begun to wander, you will find your paper very full for the first few days.

The value of this exercise must be obvious to anyone who hopes to engage in original work, or to introduce new procedures of any sort.

AYRSHIRES AT LONG CREEK ARE TESTED

A herd average of 863 lbs. milk, 34.05 lbs. butterfat was completed on twice-a-day milking in the Ayrshire Herd Test during the month of July by the 13 Ayrshires owned in the Long Creek Lodge herd of R. J. Reynolds, Jr., at Devotion.

The leading individual producer in the herd during the month was Lady Sylvan Cecile M., a nine-year-old cow that produced 1681 lbs. milk, 61.20 lbs. fat.

Cigarettes can be kept from becoming dry and stale by putting a thin slice of raw potato in the bottom of the package.

WITH THE SICK

The following patients have been admitted to the local hospital during the past week: Esterline Salmons, Yadkinville; Worth Coe, Dobson; Roger Mendenhall, Jonesville; Pearly Colbert, Benham; Thomas Byrd, Jonesville; Mrs. Alice Castevens, Booneville; Imogene Crouse, Thurmond; Robert Vestal, Jonesville; Toledo Gentry, Elkin; Clyde Draughn, Mt. Airy; Willie Cave, Dobson; Mrs. Frank Finney, Elkin; Mrs. John Brown, Elkin; Dan Marion, Dobson; H. D. Wagone, Booneville; Lawrence Jackson, Valdese; Adeline Wilkins, Elkin; Mrs. Reece Tilley, Thurmond; Walter Shore, Jonesville; Mrs. Laura Timmons, Boone; J. H. Dunman, Jonesville.

Patients dismissed during the week were: Vera Underwood, Mt. Holly; T. G. Snow, Elkin; Mrs. Mable Combs, Thurmond; Mrs. Lonnie Brown, Benham; Pansy Farmer, Dobson; Mrs. Roy Chipman, Elkin; Mrs. Bessie Byrd.

Funeral services for Mrs. Cora Etta Holcomb Ray, 57, wife of Arthur Ray, of Booneville, R. F. D., who died Monday night in a Winston-Salem hospital following a brief illness, were conducted Wednesday afternoon at 2 o'clock at Swaim's Baptist church. The service was conducted by Rev. Clete Simmons, Rev. E. C. Norman, Rev. Grady Hamby and

Elkin; Johnny Jenkins, Jonesville; Mrs. Clara Gentry, Elkin; Mrs. Hessie Gambill, Elkin; Billy Woodruff, Elkin; W. R. Hamilton, Winston-Salem; Kate Long, Mt. Airy; Esther Stokes, Elkin; Mrs. Ethel Cook, Yadkinville; Gaston Golding, Mt. Airy; Don Cheek, State Road; Mrs. Flora Young, Mt. Airy; Mrs. Faye Brown, Traphill; Worth Coe, Dobson; Roger Mendenhall, Jonesville; Pearly Colbert, Benham; Mrs. Alice Castevens, Booneville; Robert Vestal, Jonesville; Toledo Gentry, Elkin; Don Marion, Dobson; Lawrence Jackson, Valdese.

MRS. ARTHUR RAY PASSES MONDAY

Funeral services for Mrs. Cora Etta Holcomb Ray, 57, wife of Arthur Ray, of Booneville, R. F. D., who died Monday night in a Winston-Salem hospital following a brief illness, were conducted Wednesday afternoon at 2 o'clock at Swaim's Baptist church. The service was conducted by Rev. Clete Simmons, Rev. E. C. Norman, Rev. Grady Hamby and

Rev. R. L. Speer. Burial was in the church cemetery.

Mrs. Ray was a daughter of the late Mr. and Mrs. Henry Holcomb and had been a loyal member of Swaim's Baptist church 35 years.

Surviving besides her husband are three children, Carl Ray, Mrs. Noah Wagoner, Mrs. Melvin Weatherman, of Booneville, Route 1; four sisters, Mrs. Isom Calloway, Mrs. Walter Brown, of Booneville; Mrs. Emery Southard, of Jonesville; Mrs. Lloyd Reece, of New Providence, Iowa; three brothers, James and Jones Holcomb, of Booneville, and William Holcomb, of Detroit, Mich., also five grandchildren.

A tribe in Bolivia is distinguished by the fact that instead of their hair becoming white when they grow old, it turns red.

NOTICE!

Elkin Masonic Lodge No. 454, meets every 2nd and 4th Tuesday nights at 7:30. All members requested to be present. Signed: Secretary of Lodge. ttc



Engraved or Printed
Wedding Announcements
Invitations and Calling Cards
Or Anything in the Engraving or Printing Line

When you need beautiful, attractively designed engraved or printed wedding announcements, invitations or calling cards, you will find we can supply you with exactly what you want. We have the agency for one of the finest engraving firms in the nation and can give you the best service and lowest prices on high class engraving. We can also fill your needs promptly on printed announcements, cards, etc. No need to go out of town—just call 96 or visit our office.

Elk
Printing Company
Phone 96 Elkin, N. C.