

NOT ROOM.

The report that another moving picture theatre would open in Waynesville is probably without foundation.

The present picture house is sufficient for Waynesville. We get good first class pictures and another would only be in the way.

WAYNESVILLE AT THE COLLEGE.

In the records of many of the colleges of this State and others, Waynesville young men and women have figured extensively this year. There are more than thirty boys and girls who have recently returned from college. Among those who have received diplomas this month, six from Waynesville are in the list as follows: From the State University, William T. Hannah and Charles E. Ray, Jr.; from North Carolina Colleges for Women, Misses Lois Briggs, Lucy Tate, and Collie Garner; from Agnes Scott, Miss Isabel Ferguson.

Miss Edna Wellins, Miss Mariam Wellins, sisters of Mrs. D. M. Simons, was visiting here Sunday, also Mr. Cadison, Mr. Liebenstein and Miss Silverman.



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Announcing the Formal Opening Of

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Saturday June 20th

Open House European Plan

Excellent Cafeteria Under Direct Supervision Of Mrs. S. F. Barrett

Public Cordially Invited To Inspect From Garret To Cellar

E. R. Pennebaker, Jr. Manager

CONCERNING HEALTH IN THE SCHOOLS

Such a program may well emphasize the following points:

- 1—Weighing and measuring scales in every school.
 - 2—Monthly weighing of children, and weight records sent home on the monthly report cards.
 - 3—Every child should be helped to form health habits rather than merely receive instruction in hygiene.
 - 4—A hot school lunch available for every child.
- The following principles should be kept in mind:
- 1—Emphasize health always as a POSITIVE rather than as a negative thing. Present health to children in terms of beauty, strength, and joy. Never mention illness or disease to children if it is possible to avoid it. Too much so-called health education is mainly information about disease.

Second: Concentrate on the FORMATION OF HEALTH HABITS in the child, rather than on his acquisition of information about physiology and hygiene. It is fundamentally important for a child to acquire a taste for the right kind of food, to go to bed early, form the habit of a thorough daily bowel movement. Unless health teaching functions in these practical ways in the child's life, the teaching is in vain.

Third: The child's weight, and especially his regular gain in weight, are significant indices of the child's physical conditions. Very important is the regular monthly GAINING IN WEIGHT. The North Carolina Tuberculosis Association, Southern Pines, issues a classroom and personal weight record as a help in keeping the record of the month's gain or loss in weight.

Fourth: Capture the interest and imagination of the child and help him to express his new enthusiasm originally and creatively. No ready made posters or plays compare in value with those originated by the child himself. Help the child to originate and create so as to express his interest in health and growth.

Fifth: The nutrition problem is more than the teaching of foods and bringing up to normal weight specific groups of undernourished children. It is DEFINITELY AN EDUCATIONAL problem. Proper health education for all children will help greatly in preventing malnutrition from becoming a definite difficulty.

Sixth: In following the best adaption of the child, remember that as food is building up the tissues, correct habits with regard to food are helping to organize sound personality. And the same principle applies to other bodily functions. Special sensibility and inability to face the exactions of the school regime should be modified and overcome and not allowed to become fixed. So with other nervous symptoms and emotional instability in the social adjustment of the child.

Seventh: Do not attempt everything at once. Decide on a few objectives and work for these with might and main. But realize, at the same time, that these few objectives are not all there is in health work for children. To make one health habit function effectively is more useful to the child than to learn a great deal which is not put into effect. To get scales into the schools and establish the monthly weighing of children is only a beginning. But it is a beginning. It will probably show conclusively why the school needs a hot lunch for every school child. There are many steps in the program. Map out definitely how many steps you will take this year, and limit yourself to these. And of these, take one step at a time.

Eighth: There are two principal ways of beginning health work. Each has some particular advantages and disadvantages. One way is to take the small group who are most in need of remedial work and concentrate upon these. The other method is to decide upon a few points in the health program and see that these are taught effectively to every child. The small group of underweights may become a nutrition class. This limits the work to a small group, but permits intensive work. The group may be those needing dental or other work. This is a common method of beginning health work. There is no doubt that such work is needed in nearly every school. The results are more dramatic than the results of health teaching to all, but the group that profits is a limited one.

Ninth: A comprehensive and attractive health program, correlating with the school curriculum from kindergarten through high school will eventually lessen the necessity for nutrition classes and other remedial work. The health program in our schools should be a means of INCORPORATING HEALTH into the life of every child.

The North Carolina Tuberculosis Association, Southern Pines, can secure scales for weighing and measuring children at wholesale price. They also carry chore folders for the Modern Health Crusade and Nutrition work.

RESULT OF EXPERIMENT WITH TUBERCULOSIS VACCINE GIVES HOPE OF COMPLETE SUCCESS

First Discovery Ever Made For Immunizing Against Tuberculosis

For an extensive trial of Dr. Albert Calmette's BCG vaccine used in the vaccination of cattle against tuberculosis, is made by Dr. Allen K. Krause, Editor of the American Review of Tuberculosis, in the October number of that journal. Doctor Krause points out that Doctor Calmette's position as Assistant Director of the Pasteur Institute, Paris, and his extensive studies covering over twenty years gives sufficient warrant of success, so that American investigators are being asked to repeat Calmette's experiments and confirm them by demonstrations on cattle in various parts of this country.

BCG, which is the name that Doctor Calmette gives his vaccine, is a strain of tubercle bacilli which has been grown through 230 different generations on medium of potato cooked in olive oil. The peculiar characteristics of these germs is that while they are like other tuberculosis germs in most particulars, they are unlike them in this respect—that they do not cause the ordinary processes of tuberculosis, the setting up of tubercles, and the subsequent destruction of bodily tissue. When these germs are introduced into the system of young animals they protect these animals against attacks of tuberculosis.

Cattle inoculated with BCG have resisted efforts to give them tuberculosis with virulent tubercle bacilli for as long as eighteen months. Calmette and his associates have aimed within five years to rid previously infected farms of tuberculosis by gradually doing away with the non-vaccinated cattle and keeping only the vaccinated ones, as these through the natural increase by birth would repopulate the herds. Up to May, 1924, they have vaccinated 127 young calves all of which remained in perfect health. The conclusion reached by Calmette is that "at present vaccination and annual re-vaccination are absolutely harmless."

Since forty per cent of mature adult cattle, that is, 5 years of age and over, generally throughout the country give evidence of tuberculosis, Doctor Krause points out that any efforts to extend Calmette's experiments and make BCG useful everywhere would mean a saving of countless millions of dollars to the cattle industry of the world.

Doctor Krause points out also that Calmette's experiments in vaccinating babies within the first nine days of life are suggestive, but he questions whether the time has arrived to experiment on the active immunization of children in this country. He intimates that before this is attempted, the most exhaustive investigation should be made on cattle; for, as he says, "one cannot help feeling certain that whatever will keep cattle from getting tuberculosis will also eventually be found to prevent the disease in man." Calmette's BCG is useful only in animals that have not previously been infected with tuberculosis. For others the BCG is of no value.

Notwithstanding the knowledge and previous scientific work in tuberculosis by Dr. Calmette, and the implicit confidence placed in his ability and integrity, yet it is necessary that his work as Dr. Krause says, should be "checked by many observers in many lands on many animals, and later on many infants that will likely be exposed to infection by their mothers, and that the United States of America, with its favored economic and scientific outlook, and its warm appreciation of the author's work in the tuberculosis world, is the place to have a large share in proving the value of Calmette's method."

Notwithstanding the fact that the proof of the value of this BCG vaccine cannot be accepted at this stage of the investigation as typhoid and diphtheria preventive inoculations are, and notwithstanding the fact that it is only effective as an immunizing agent in those who have never had any infection of any kind by the tubercle bacillus, yet in all probability this is the greatest discovery that has ever been made toward immunizing against tuberculosis.

Arrangements have been made by the National Tuberculosis Association whereby investigators properly approved may be able to secure Calmette's BCG for experimental purposes, provided that such investigators meet certain conditions laid down by the Association.

EPISCOPAL CHURCH NEWS,

The worship of the day on Sunday, June 21st, will begin at 8 A. M. in the Sacrament of the Holy Communion. This beautiful service in the restful quietude of the early morning is the best way to begin the Lord's Day.

Ex-Congressman Hon. Chas. R. Thomas will conduct the Bible Class at 10 o'clock in the Parish House.

The Rector will preach at 11 A. M. and also at 8 P. M.

Wednesday, 24th inst, being St. John Baptist's Day, there will be celebration of the Holy Communion at 8 A. M.

The Freemasons of the city will

hold their annual June 28th, at 11 A. M. when an address will be delivered by Dr. Clyde E. Cotton, M. D. of Asheville.

Everybody cordially invited to all services.

REV. ALBERT NEW, Rector.

ERROR CORRECTED.

In last week's issue of the Carolina Mountaineer a list of donators to the Appalachian Scenic Highway was published. Mr. J. P. Swift and the Waynesville Book Store subscribed \$10.00 and not just \$1 as appeared. No one gave less than \$10.00.

SOUTHERN RAILWAY SYSTEM POPULAR EXCURSION

TO Norfolk, Va., and Virginia Beach Thursday, June 25, 1925 Three Full Days and Two Night on the Sea Shore Schedule:

GOING:

June 25th, Lv. Asheville, 2:20 P. M., Train No. 12 to Salisbury
June 25th, Lv. Salisbury, 8:25 P. M., Special Train Service.
June 26th, Lv. Norfolk, 8:15 A. M., Special Train Service

RETURNING:

Tickets good on all trains up to and including No. 3 leaving Norfolk 6:10 P. M., Sunday, June 28th.

NO BAGGAGE WILL BE CHECKED ON THESE TICKETS.

ROUND TRIP FARES.

	VIRGINIA		VIRGINIA	
	NORFOLK	BEACH	NORFOLK	BEACH
Asheville	\$12.00	\$12.50	Bryson	\$13.50 \$14.00
Black Mountain	11.00	11.50	Sylva	12.00 12.50
Old Fort	10.00	10.50	Hendersonville	12.00 12.50
Andrews	15.00	15.50	Marshall	12.00 12.50
Brevard	12.50	13.00	Hot Springs	12.00 12.50
Canton	12.00	12.50	Flat Rock	12.00 12.50
Waynesville	12.00	12.50	Saluda	12.00 12.50

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