Caused by Sores on Neck-Merciless Itching For Two Years Made Him Wild -Another Cure by Cuticura.

"For two years my neck was covered with sores, the humor spreading to my hair, which fell out, leaving an unsightly bald spot, and the soreness, inflammation and merciless itching made me wild. Friends advised Cuticura Soap and Ointment, and after a few applications the torment subsided, to my great joy. The sores soon disappeared, and my hair grew again, as thick and healthy as ever. I shall always recommend Cuticura. (Signed) H. J. Spalding, 104 W. 104th St., N. Y. City."

The sins of the heart are the heart of all sin.

Cures Eczema, Itching Humors, Especially for old, chronic cases take
Botanic Blood Balm. It gives a healthy
blood supply to the affected parts, heals all
the sores, eruption scabs, scales; stops the
awful itching and burning of eczema, swellings, suppurating, watery sores, etc. Druggists \$1 per large bottle, 3 bottles \$2.50, 6
bottles \$5.00, express prepaid. Sample free
and prepaid by writing Blood Balm Co., Atlanta, Ga. Describe trouble and free medical advice sent in sealed letter.

The fun of pretending to like opera more than vaudeville is that our friends pretend to believe us.

Women Obtain Mrs. Pinkham's Advice and Help.

She Has Guided Thousands to Health .low Lydis E. Pinkham's Vegetable Comund Cured Mrs. Fred Seydel.



satisfaction for a woman to feel that she can write to another telling her the most private and confidential details about her illness, and know that her letter will be seen by a woman only, a woman full of sym pathy for her sick sisters, and

It is a great

above all, a woman who has had more experience in treating female ills than any living person.

Over one hundred thousand cases of

female diseases come before Mrs. Pink-ham every year, some personally, others by mail, and this has been go-ing on for twenty years, day after day. Surely women are wise in seeking advice from a woman of such experience, especially when it is absolutely

Mrs. Pinitham never violates the con-Adence of women, and every testimonial letter published is done so with the written consent or request of the writer, in order that other sick women may be benefited as they have been. Mrs. Fred Seydel, of 412 North 54th Street, West Philadelphia, Pa., writes: Dear Mrs. Pinkham:-

"Over a year ago I wrote you a letter asking advice, as I had female ills and could not carry a child to maturity. I received your advice. I am not only a well woman in consequence, but have a beautiful baby girl. I wish every suffering woman in the land would write you for advice, as you have done so much for me."

Just as surely as Mrs. Seydel was cured, will Lydia E. Pinkham's Vegetable Compound cure every woman suffering from any form of

No other medicine in all the world has such a record of crees of female troubles as has Lydia E. Pinkham's Vegetable Compound. Therefore no prudent woman will accept any substitute which a druggist may offer.

If you are sick, write Mrs. Pinkham, Lynn, Mass., for special advice. It is free and always helpful.

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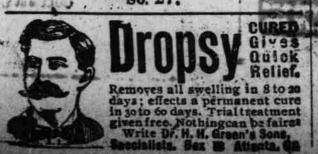
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So. 27.





Cheese Charlottes.

Mash smooth half a cream-cheese with one tablespoonful of Roquefort crumbs, using enough sweet cream to make it soft. Add one cupful of sweet cream, two tablespoonfuls of dissolved gelatine, and salt and cayenne to taste. Fill twelve Swedish timbale-cases with this mixture. Sprinkle over with Parmesan, and put in a cold place.

Cheese Canapes.

Cut a stale loaf into slices about a quarter of an inch thick. Divide these into pieces about two inches long and one inch wide, and fry them in hot butter or oil till they are a bright golden color. Spread a little thin mustard on each of these pieces, lay over that some good cheese, and put them in a quick oven till the cheese is dissolved. Serve as hot as possible. Time, altogether, about half an hour. an hour.

Eggs a la Creme.

Hard-boil twelve eggs; slice them thin in rings. In the bottom of a large baking-dish place a layer of grated bread crumbs, then one of the eggs; cover with bits of butter, and sprinkle with pepper and salt. Continue thus to blend these ingredients until the dish is full; be sure, though, that the crumbs cover the eggs upon top. Over the whole pour a large teacupful of sweet cream, and brown nicely in a moderately heated oven.

Apple Trifle.

Pare, core, and stew with sugar and lemon peel two pounds of apples, and cook till quite soft. Cut some sponge cake in slices and arrange them in a pie dish. Then spread a layer of the apple mixture, more sponge cake, and so on till all is used up. Make a pint of thick custard and pour over the trifle. Beat up the white of an egg till stiff, and pile on to the custard, and lightly brown in the oven. Place a pie collar round the dish when serving. This sweet is equally good, hot or cold.

Alexandra Pudding.

Take three large apples, a little lemon peel, four ounces of sultanas, a little candied peel, one ounce of sugar, light suet crust. First peel, core and slice the apples, put them in a saucepan with a little nutmeg, grated lemon rind and sugar_Stew till the apples are soft, then add the chopped candied peel. Roll out the suet pastry, then spread the apples, etc., on it. Scatter the sultanas on it, make into a roly-poly, wet the ends and squeeze together. Boil for two hours and a half in a floured cloth. Turn out to serve and sift sugar over.

Orange and Rhubarb Marmalade.

Wash three pounds of tender pink skinned rhubarb and cut in pieces two inches in length. Put three pounds of oranges in the preserving kettle with plenty of cold water to cover, and simmer three hours. Drain and cut in four pieces. Put six pounds of granulated sugar in the kettle with just enough water to prevent sticking. and stir until dissolved and boiling. Add the oranges and rhubarb, stir until boiling, then move to the edge of the fire and cook gently fifteen or twenty minutes. Turn into glasses, but do not cover until cold. While the food value of these sweets is not specially high, they satisfy the natural craving, while at the same time their judicious use may be made to help out the butter supply which, next to meat, is the greatest expense for the family of limited means.

All Through the House.

Wet cooking soda, spread upon a thin cloth and bound over a corn, will

A glass of water drunk half an hour before each meal and just before retiring will frequently regulate the di-A paste made of equal parts of

Don't use borax and rosewater to remove fan and freckles without putting on a little cold cream afterwards,

Camphor is very useful to freshen the air of a sick room. Put a piece on an old saucer, and on it lay the point of a red-hot poker, when it fumes

When asparagus is to be served cold as a salad or a la vinaigrette, boil and drain as usual, and after draining let cold water run gently over the stalks to keep them firm and fresh looking.

A preparation of one ounce of flour of sulphur and one quart of soft water, if applied thoroughly to the scalp, night and morning, will remove every trace of dandruff and render the hair rich and glossy. OO . 18 A mint cherry, rich green in color and piquant to the taste, is added to vanilla ice cream, greatly improving that simple ice. Mint cherries are becoming even more popular than marashino fruit,

CURED To remove old putty and paint, make of caustic soda, or with slaked lime and pearlash. Lay it on with a piece of rag or a brush, and leave it for several hours, when it will be found that the paint or putty may be easily re-

FITSpermanently cured. No fits or nervousness after first day's use of Dr. Kline's Great NerveRestorer, \$2trial bottleand treatise free Dr. R. H. KLINE, Ltd., 981 Arch St., Phila., Pa.

England has just built the biggest troop hip in the world.

Profits of the Packers. There has been a great ceal of disappointment because the Garfield report shows that the profits of the packing industry only mount to about two per cent. on the folume of business transacted. There is no doubt, however, that the report is correct.

The census reports compiled by the Government in 1900, before the agitation regarding the "beef trust" began, throw considerable light on this question. It appears from the census that the packing industry is conducted on a smaller margin of gross profit than any other industry in America. The gross margin of profit of 871 flour and grist mills in Illinois, in the census year, was nearly seven per cent. on the volume of business. The gross margin of fifty-one wholesale slaughtering and meat-packing establishments in Illinois was only about one-third as large, or a little more than two per cent. on the volume of business.

The millers have not been accused of being in a "trust," and combinations would seem impossible in a business where there are several thousand mills in the United States competing actively for the flour trade, but it appears that the gross profits of the millers are larger than the gross profits of the packers. It may turn out that the agitation regarding the packing industry will show the same result as the devil found in shearing the pig: "All squeal and no wool."

Why, when buying a book, are we influenced by the author's name? Why by an artist's if we purchase a picture?

Why do wise buyers insist upon having a reliable name on nearly everything they purchase?

It is because the name attached is the safeguard of the buyer — a protection against the palming off of inferior articles. This "name guarantee" we all look for in the most important things we buy, and what can be more important than our food?

Everybody knows that all intelligent housekeepers are very particular about the buying of things to eat and drink, and nobody realizes it more than the up-to-date grocer, who caters to the wants of his customers. For instance, every real grocer knows

reason for the universal popularity of LION COFFEE, the leader of all package coffees. He knows that its uniform purity and high quality have made it welcome in millions of American homes for over a quarter of a century. Realizing this he cannot but hand it out cheerfully when asked for it. He knows

that the people accept the package as a guarantee of the contents. Yet there may be a few grocers left who do not recognize that the buyer-not the seller—has the right of choice, and they may want to sell their loose coffee (who knows what it is, or where it came from?) instead of LION COFFEE, which the customer asks for, and the merits of which both know.

In such cases the wisest advice is: "Change your dealer."

How to Dose a Dog. (In July Outing.)

A dose of castor oil is as disagreeable to the ailing dog as it is to the ailing human being. He kicks against it, and does right, when he is grabbed by the back of the neck, and with his jaws yanked apart with a towel awaits the nasty dose. This is poured down his neck-on the outside. It is usually followed by a few more doses, all of which go the same way -which is the wrong way. The jaws are in a vise, the dog is in torture, and he is ready to condemn his very best friend for thus treating him shabbily. If they were only sensible enough to know how any dog, from the meanest cur to the bluest-blooded canine on earth was in the habit of taking his oil, it would be different But they are all at sea on the subject, and poor doggie is about dead when a friend utters:

'Humph! All chumps on dogs, I see. Pour the stuff over the fellow's paws.

Lo, and behold! The wise few who thought they knew all about dogs and dogs things learned something to their credit when they saw how carefully Towser licked his paws, cleaned them and thus took his oil without fuss and in the proper way.

A girl's idea of a romance is a man who wears a woman's ring on his finger and looks sadly at it.

IN COLONEL'S TOWN. Things Happen.

From the home of the famous "Keyhnel Keeyartah, of Cartersville," away down South, comes an enthusiastic let-

ter about Postum. "I was in very delicate health, suffering from indigestion and a nervous trouble so severe that I could hardly sleep. The doctor ordered me to discontinue the use of the old kind of coffee, which was like polson to me, pro-

dueing such extreme disturbance that I could not control myself. But such was my love for it that I could not get my own consent to give it up for some time, and continued to suffer till my father one day brought home a package of Postum Food Coffee.

"I had the new food drink carefully prepared according to directions, and gave it a fair trial. It proved to have a rich flavor and made a healthy, wholesome and delightful drink. To my taste the addition of cream greatly improves it.

"My health began to improve as soon as the drug effect of the old coffee was removed and the Postum Coffee had time to make its influence felt. My nervous troubles were speedily relieved and the sleep which the old coffee drove from my pillow always came to soothe and strengthen me after I had drunk Postum-in a very short time I began to sleep better than I had for years before. I have now used Postum Coffee for several years and like it better and find it more beneficial than when I first began. It is an unspeakable joy to be relieved of the old distress and sickness." Name given by Postum Company, Battle Creek, Mich. There's a reason.

Read the little book, "The Road to Wellville," in each pkg.

Delicacy of the Japanese.

The Japanese have a malted preparation known as ame, which is a kind of candy or barley sugar, made by the action of barley malt on glutinous rice. Midzu ame, or liquefied ame, a syrup, forms the subject of an article by Prof. Storey and Mr. Rolfe, published in the Bulletin of Bussey Institution, Harvard university. The preparation of ame dates back many centuries, and it is interesting to compart it with most of the more modern wort. Prof. Storey also describes some experiments made with popcorn, which bear out the opinions of previous investigators that popping is caused by bursting of the starch grains.

How It Turned Out.

I went because it seemed to be

A pleasant place to stay—
Where I could go and drink some ter.
And wile the hours away.
The girl appeared to be a quite
Refined and modest sort.
But though I went there every night
I did not go to court.

We sat upon the sofa and
The lights were burning low.
At times I even held her hand—
No harm in that, you know;

I surely thought so, anyway; It had no real import. And I'm sincere now when I say I didn't go to court.

I never thought she would be so Unprincipled and base; To me it was an awful blow,

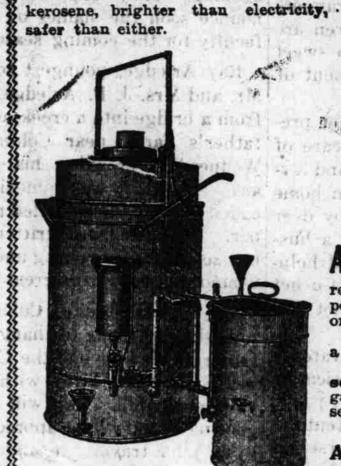
That breach-of-promise case.

To pay her damages was gall, For payings' not my forte, I had to pay, though. After all I had to go to court.

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a hot air furnace. Send for booklet, "After Sunset." It gives full information regarding this wonderful light, and is sent free to anyone.

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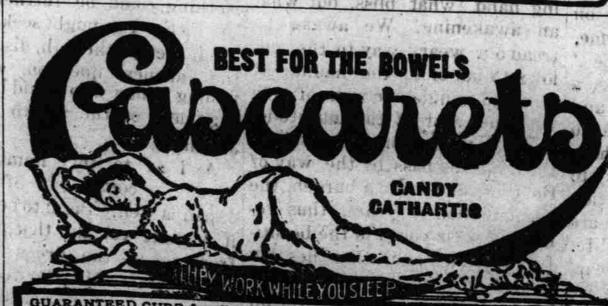


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