THE POLK COUNTY NEWS, TRYON, N. C.

Hoarseness

Have you got hoarseness that continues? Or do you get hoarse once in a while, whenever you get the slightest cold?

Hoarseness means a catarrhal condition of the vocal cords. The vocal cords are way down in the arynx and when affected by hoarseness should cause serious concern.

Peruna has been found to be an excellent remedy for such cases. We have received testimonials from responsible people who have been relieved of hoarseness by Peruna. Should you want to read Iot of excellent testimonials on all subjects write for the

ILLS OF LIFE" ment free by the Peruna Co., Coumbus, Ohio. Peruna can also be obtained in tablet form. Ask your druggist, e send to us direct.

The Medium. "How can you drink to anybody with your eyes, as the poet says?" "I suppose, in an eyeglass."



cross, feverish, constipated, give "California Syrup of Figs"

A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their **bowels**, which become clogged up with waste, liver gets sluggish; stomach Sour.

Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat **beartily**, full of cold or has sore throat or any other children's ailment, give a ceaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation poison, sour bile and fermenting waste will gently move out of the bowels, and you have s well, playful child again. A thorough "inside cleansing" is oftimes all that is necessary. It should be the first treatment given in any sickness. Beware of counterfeit fig syrups. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.



HOLDEN PLANS CAMPAIGN

Agricultural Extension Department to Aid Any Community Interested in Conducting Campaign to Encourage the Growing of Alfalfa-Live Stock, Silos, More Pastures and a Better System of Crop Rotation Will Be Urged.

Alfalfa Automobile Trains Important Feature of the Work-Schedules to Be Arranged and Meetings to Be Held at Farm Homes-Prominent Speakers to Accompany Each Alfalfa Train-Organizations Will Be Formed in Each Community to Promote the Work-Field Men Experienced in Alfalfa Growing Will Follow Up Preliminary Work Wherever Possible and Give Ald in Getting a Start-Prof. P. G. Holden, Director Extension Department, International Harvester Company of New Jersey, Chicago, Will direct the work.

The campaign will be conducted in co-operation with farmers' institutes, bankers, business men, farmers, commercial clubs, granges, live stock and dairy associations and other organizations in any community where the people are anxious to improve their agricultural conditions and are willing to give time and money to carry on the work.

County and city superintendents of schools, colleges, institute workers, Chautauqua lecturers, and others interested in the work will be assisted in obtaining alfalfa charts and lantern slides. Literature and booklets will be given wide distribution throughout the country. Special alfalfa articles will be sent to farm journals and magazines, and plate and matrix pages to newspapers. Special editions of newspapers will be published where campaigns are conducted. Dates will be arranged for "Alfalfa Day" in the schools.

To Begin Campaign Work in Cotton Belt Immediately.

Work to be started immediately in the cotton belt states and in the east and west. Thirty to forty meetings will be held in each county, the Number depending on local conditions.

To accomplish the most in agricultural development, we must begin with the man behind the crop. Upon him depends the final working out of the principles of agriculture-the simple and practical things-which our schools, colleges and experiment stations are endeavoring to bring into general use.

Professor Holden proposes to carry these principles further even than the very effective work done on the agricultural trains, by using that most modern vehicle-the automobile-going directly to the people on their own farms where the meetings are to be held.

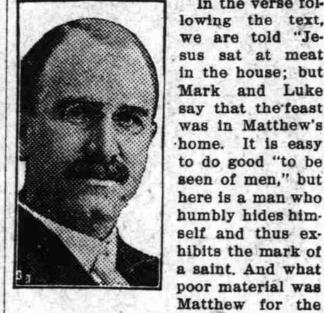
Alfalfa Greatest Soll-Enriching Crop.

Hope for the Hopeless By REV. L. W. GOSNELL

Assistant to the Dean Moody Bible Institute, Chicago

TEXT-And as Jesus passed forth from thence, he saw a man, named Matthew, sitting at the receipt of custom; and He saith unto him. "Follow me." And he arcse, and followed him.-Matt. 9:9.

In the verse fol-



Matthew for the making of a saint! The Sinner.

The publicans were servants of the tax farmers, who collected dues for Rome, and were extortioners; the custom house official was considered the worst of his class. The Jews had a saying that bears and lions might be the fiercest wild beasts in the forest, but publicans and informers were the worst in the cities. For a Jew, such as Matthew was, to enter thus into the service of the oppressors of his own race, was considered the lowest degradation. The religion of the day had no hope for such a man.

Some who read these words may have given up hope for acquaintances, and even for those of their own household. There may be some, still more unfortunate, who have given up hope for themselves. Let us see what Jesus did for a man who was considered beyond redemption.



William E. Corey praised at a Pittsburgh club the wines of California. "Our California wines," said the steel magnate, "are much better than wines of a similar price in France, for French wines are so adulterated today that even a high-priced one

water." "But the fine wines, the 'grand cru' wines are wonderful," a young banker interrupted.

often tastes like burnt sugar and

Mr. Corey shook his head. "Not always," he said. "A friend

of mine, a gourmet with whom I lunched not long ago at a fashionable boulevard restaurant in Paris, ordered a bottle of very old celebrated Margaux. Pouring out a little of the wine and rolling it on his tongue in true gourmet fashion he made a wry face. "'Waiter;' he demanded. 'What

wine is this you brought me?" "'It is what monsieur ordered,' was the reply. 'Margaux 1895, grand cru.' "'Humph,' sneered my friend, 'how lucky it is to be so old and to conceal its age so well.""

Testing Nephew's Knowledge.

There is a certain old German of Wilkesbarre, Pa., whose pride, like that of many self-made men, leads him at times into a sort of patronizing condescension toward those things he did not "have time for" when he was making his way in life.

Upon the occasion of the graduation of a nephew, he asked:

"Vell, Wilhelm, vot did dey teach you up there?"

"Greek and Latin," said the boy 'and German and algebra."

"So, so!" murmured the old Ger man. "And vot's der algebra for po tatoes, now?"-Youth's Companion.





The Price She Paid for E.Pinkham'sVegetableC pound Which Brough Good Health.

Denville, Va. - "I have only spent dollars on your medicine and I fee



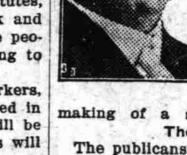
ing good health now and owe it your remedies. I take pleasure in ing my friends and neighbors a them."-Mrs. MATTIE HALEY, 5010 quhone Street, Danville, Va.

No woman suffering from any in of female troubles should lose hope til she has given Lydia E. Pinkha Vegetable Compound a fair trial

This famous remedy, the media ingredients of which are dem from native roots and herbs, has forty years proved to be a most val ble tonic and invigorator of the male organism. Women everywh bear willing testimony to the wonder virtue of Lydia E. Pinkham's Vers ble Compound.

If you have the slightest dou that Lydia E. Pinkham's Vegen ble Compound will help you,wi to Lydia E. Pinkham Medicine (confidential) Lynn, Mass., forst vice. Your letter will be opened read and answered by a woma and held in strict confidence,





Too Good.

To say that honesty is the best polto say in other words, that the more honest you are the richer you will become-that is a silly and selfavident lie."

The speaker, Harvey Woodruff, the well-known G. A. R. historian of Houston, had been discussing the honesty deorge Washington. He continued:

To be virtuous means to be poor and wretched. Take the case of Auntie Martha Washington Clay.

"Auntie Martha visited the office of . Nota Chucky lawyer and said:

"Ah wants a divorce from mah husband Cal.'

"Why, auntie, what has Cal been doing ?"

"He's done got religion, sah, an' an free months.'

Peace in That Family.

A little girl being lost, was taken to the police station, where the officers tried to learn her name. At last, after many vain efforts, one of them asked

Tell me, dear, what names does your mother call your father?"

"She doesn't call him any name," the child answered, innocently. "She Thes him."

Nice Woman This.

Snapp-Well, all the fools are not dead yet. Mrs. Snapp-I'm glad of it. I never

did look well in black,

LIFE'S ROAD

Smoothed by Change of Food.

Worry is a big load to carry and an mnecessary one. When accompanied by indigestion it certainly is cause for the blues.

But the whole trouble may be easily thrown off and life's road be made easy and comfortable by proper eating and the cultivation of good cheer. Read what a Troy woman says:

Two years ago I made the acquaintsince of Grape-Nuts and have used the food once a day and sometimes twice, ever since.

Agricultural development needs in addition to the work of our public institutions, the individual efforts of every merchant, banker, corporation, or laboring man, and this plan calls for their heartlest co-operation.

This plan for increasing the yields of our crops by the more extensive growing of that wonderful soil improver, ALFALFA, is meeting the approval of all men who have any knowledge of the beneficial results of its introduction as a general crop.

Campaigns are now being conducted in many of the central western states, and Professor Holden is daily answering requests for his assistance in organizing other localities, and invites cordial co-operation with every community interested.

Where campaigns are contemplated it is required, first, that a request be made to the Agricultural Extension Department for assistance in carrying on the campaign.

What the local people will provide:

(1) Expenses (meals and lodging) for the alfalfa speakers and staff upon their arrival and during the campaign.

(2) Where the campaigns are conducted by automobiles alone, from ten to twenty automobiles for each day of the campaign to carry the alfalfa crew and invited guests; one auto truck to carry literature, baggage, charts, and other equipment.

(3) Where the campaigns are carried on in co-operation with the railroads, automobiles and railroad equipment must be furnished.

(4) Arrange for meeting places and publish schedule of same.

Local advertising. (5)

- (6) Photographer, if possible.
- The Agricultural Extension Department will provide: Advance men to assist in organization work.
- (1) (2)Lecturers.
- (3) Literature.

Special educational articles for newspapers and farm journals perti-(4) nent to alfalfa culture, object of campaign, etc.

(5) Field men to follow up the preliminary work and aid the people in any community where sufficient interest is shown to warrant it.

WILL DISTRIBUTE EDUCATIONAL BOOKLETS

Interesting Literature to Be Sent Out By the I. H. C. Extension Department-Books Dealing With Many Phases of Agriculture and Other Subjects.

Agriculture means more to the people at large than all other things. It is the most vital subject now holding the public mind. The work of agricultural and industrial education is a very large and a very important work. The Agricultural Extension . Department of the International Harvester company of New Jersey was organized to develop the agricultural efficiency of the people, who are tilling the soil and producing the crops

upon which we live. The work of the department is carried on in many ways. First, by going direct to the homes of the people, and assisting them in their homes with their problems.

Another method is the dissemination of educational literature. The department has at present for dis-"At the time I began to use it life tribution a number of interesting tities 1 cent.

twine. Single copy, 3 cents; in quantities, 2 cents.

Tells all about how to operate, repair and keep in good condition a gasoline engine. Single copy, 3 cents; in quantities, 2 cents.

way for getting rid of it. Single copy,

No. 8-For Better Crops in the South-Deals with crops and conditions in the south. Single copy, 4

No. 9-The Disk Harrow-Shows the part disking plays in crop production. Single copy, 4 cents; in

No. 10-The Binder Twine Industry -A story of the process used in making binder twine. Single copy, 20

World-A 150-page book, handsomely bound, and printed in two colors,

No. 12-Alfalfa in the Cotton Belt-How to get a stand of Alfalfa in the south. Single copy 2 cents; in quanThe Saviour.

(1) He called this man to himself. Matthew did not seek him, but he sought Matthew. Christ's words are true, "Ye have not chosen me, but I have chosen you." He calls us by his Holy Spirit, by sick beds, by sorrows, by the words of friends.

"I've found a Friend, oh, such a Friend! He loved me ere I knew Him; He drew me with the cords of love, And thus He bound me to Him."

(2) He proved attractive to this man. The Pharisees acted out their feelings, "I am holier than thou." But, though sinless, Jesus was the friend of sinners. He won Matthew's heart, and when men know the love of him who was lifted up on the cross for their sins, they are still drawn to him. Raphael's "Transfiguration" is an unsightly daub when seen from certain angles; we must get the right viewpoint to behold the glories. To s broken and contrite heart, Jesus is altogether lovely.

(3) He was misunderstood. The Pharisees inquired, "why eateth your Master with publicans and sinners?" It cost Matthew something to follow Jesus, but it cost Jesus more to reckon him among his disciples. Even if it requires great sacrifice to become a Christian, we should remind ourselves that Christ's followers often cause him grief and shame; still, he invites us.

The Saint.

What were the results of Christ's call on Matthew? (1) He left his business. It may

make a similar demand now and some may not be willing to heed it; the Gadarenes preferred their swine to Jesus (Luke 8:26-37). But Christ promises, "Seek ye first the kingdom of God, and all these things shall be added unto you." (Matt. 6:33). (2) He became an open disciple. By the grace of God, he takes rank above Nicodemus and Joseph, who were disciples "but secretly." The hearts of some go out to Christ, but they are not willing to confess him before men. But the promise is, "If thou shall con-

fess with thy mouth the Lord Jesus, and shall believe in thy heart that God hath raised him from the dead, thou shalt be saved." (Romans 10:9). (3) He endeavored to win others. The feast in the house was doubtless



For sick headache, bad breath, Sour Stomach and constipation.

Get a 10-cent box now. No odds how bad your liver, stomach

or bowels; how much your head aches, how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish bowels -you always get the desired results with Cascarets.

Don't let your stomach, liver and bowels make you miserable. Take Cascarets to-night; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach, backache and all other distress; cleanse your inside organs of all the bile, gases and constipated matter which is producing the misery.

A 10-cent box means health, happlness and a clear head for months. No more days of gloom and distress if you will take a Cascaret now and then. All stores sell Cascarets. Don't forget the children-their little insides need a cleansing, too. Adv.

Brilliant Idea. Young Mother-I really don't know

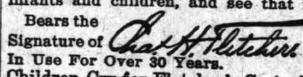
why he cries so. Bachelor Friend-Perhaps it is his

teeth coming through.

Young Mother-No! He isn't teething.

Bachelor Friend-Maybe it's his hair coming through that hurts him!

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it



Children Cry for Fletcher's Castoria

Correction.

"My poor husband got mixed up innocently in that shooting affray, and they brought him home to me half dead."

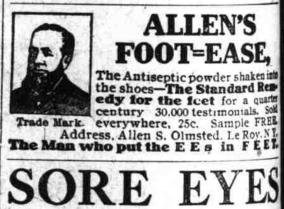
"No, madam; only half shot."

HEADACHE AND BILIOUS ATTACKS Caused by Malaria removed by the use of Elixir Babek cure for such ailments. "Myself and whole household had suffered very much for some time with Malarial Fever. 'Elixir Babek' has for the purpose of acquainting his friends with Jesus. Every follower of Christ has the opportunity of reach-



CTOO 2208 Clark Av., St. Louis, Mo. UU and get a FREE Trial Bottle. OIL FC-TENE

CURES ECZEMA AND ALL ST AFFLICTION **GUARANTEED** OIL 50c - 81 SOAP # Send ten cents for samples. EC-ZENE CO., ST. PAUL, MINN



Dr. Salter's Eye Lotion relieves and cures sore and inflamed eyes 24 to 48 hours. Helps the weak eyed, cure without pain. Ask your druggist or dealerin SALTER'S. Only from Reform Dispensary 68 S. Broad, Atlanta, Georgia





No. 7-The Cattle Tick-The best 2 cents; in quantities, 1 cent.

cents; in quantities, 3 cents.

quantities, 2 cents.

cents; in quantities, 15 cents.

No. 11-Harvest Scenes of the showing harvesting in many countries. Single copy, 50 cents; in quantities, 35 cents.

No. 6-Engine Operator's Guide-

	was a burden. I was for years afflict- ed with bilious sick headache, caused		No. 13-Diversified Farming in the	ing those in his circle of influence. The cultivated Henry Drummond help-	ski & Co., Washington, D. C. Service prompt.' Send for Price Lange Service prompt.' Send for Price Lange State Store CHARLESTON, S.
	by indigestion, and nothing seemed to relieve me.	count of their educational value They	Single copy 4 cents: in quantities	ed students especially, while Samuel Hadley led many a drunkard to Jesus.	"That jockey beat the record "
	The trouble became so severe I had to leave my work for days at a		No. 14-For Better Corn in the Oat	What blessing you will miss, what loss	Did he do it with a whip?"-Balti- Our Liver-Gall Book sent re-
Y.	Elling.	prose and may be obtained by multing	quantities 1 cent.	may come to your friends, if you do not follow Christ!	Sauth origination Market State
	not sleep and the doctor said I		six page booklet. Single conv 4 center	mouplace. Matthew seems to have	
	was on the verge of nervous prostra- tion. I saw an adv. concerning Grape-	teresting story of the world-old strug-	In guantities 2 cents.	plain man of business. Yet he was	Take Grove's
1	"What Grape-Nuts has done for me	gie for cheap bread. Single copy, 3	tural value. Thirty-two pages hart	made an evangelist and apostle: and	
j	sleep like a child, am entirely free	No. 2-Greeds of Great Business	cents.	foundations of the new Jerusalem	The Old Standard
	a headache in over a year. I feel like	who have helped to make business	Farms-Giving the results of experi-	made out of Bunyan, the swearing	Grove's Tasteless
-	a new person. I have recommended it	in quantities, 3 cents.	Twenty pages. Single copy 2 cents:	11000, and has wronght meny mah	
Ż	cipally Grape-Nuts while working on	everyday textbook on the many	Besides the booklets named share	name in "The Lamb's book of life!"	chill Tonic
	Seit better in his life." Name given by Postum Co., Battle	cents: in quantities, 2 cents	ther interesting amiguiting the issued	Why should you do without him?	is Equally Valuable as a General Strengthening Tenic, Because it Acts on the
	Creek, Mich. Read "The Road to	tion of valuable articles on farm sub-	pertinent to crops in all parts of the	He has not closed the day of grace, He has not shut the gate	Liver, Unives out Malaria, Enriches the Blood and Builds Up the Whole System.
なら		titles. 3 cents	such subjects as cowpeas, soy beans,	Out of the total of 83.638 Christians	You know what you are taking when you take Grove's Tasteless chill Tonic, as the formula is printed on every label, showing that it contains the well-known
	Bree read the above letter? A new me appears from time to time. They me genuine, true, and full of human	No. 5-The Story of Twine-This traces briefly the manufacture of	silos, feeds and feeding mode and	on the church records in Japan, 30,666 are non-resident, or about 37 per cent	tonic properties of QUININE and IRON. It has no equal for Malaria, Chills and Fever, Weakness, General Debility and Loss of Appetite. Gives life and vigor to
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