

FORCED TO EAT CRUSHED ICE

And Was Not Even Allowed Privilege of Sitting Up, but Finally Wins Out.

Kaplan, La.—Mrs. Casamear Burkhardt, of this town, gives out following for publication: "I feel that I owe my life to Cardui, the woman's tonic. I was married last April, and was in fairly good health. Shortly after marriage my health began to fail, and for three long months I was threatened with serious sickness.

I passed most of my time in bed, with a nurse at my bedside. At last, I was told an operation was necessary. I was so weak I could retain nothing on my stomach but crushed ice, and was not even allowed to sit up in bed.

A friend of mine advised me to use Cardui, the woman's tonic, and they got a bottle for me, as a last resort.

After taking Cardui for one week, I was able to be up in my room. After continual use for two months, I was in perfect health, and could do all of my work without tiring.

I take an occasional dose of Cardui and Black-Draught now, to keep my system in good condition.

Several of my friends are using Cardui with good results. I am never without it in the house."

There's a bottle of Cardui waiting for you at your nearest druggists'. Get it and begin taking today. You will never regret it.—Adv

Benefit of the Best Light.

We should be as generous with a man as we are with a picture, which we always give the benefit of the best possible light.—Ralph W. Emerson.

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Welch* in Use For Over 30 Years.

Children Cry for Fletcher's Castoria

Bound to Be Heard.

"Who is that man that always accompanies you to the ball games?"

"He's a Scandinavian. When I want to speak slightly of the umpire I tell it to him and he translates it into his own tongue. Nobody understands him, so nobody can take offense."

Wheel Talk.

Wayside Walter and Tired Tommie met for the first time in several months.

"Been across the country," Wayside Walter explained.

"Traveling incog?" asked Tommie. "Nope," replied Walter, "in the axle."—Youngstown Telegram.

Dr. Eliot on Education.

Dr. Eliot says: "The practise of England and America is literally centuries behind the precept of the best thinkers upon education." Is it not humiliating that an American is forced to make such an admission concerning our most vital American institution?

What can be done? How can this wasteful school system be speedily remedied so that it fills its real function and sends out into the world boys and girls developed according to their individual talents as far as those talents permit? It is a big question, but in my next article, I propose to outline a rational, practical system of public education which will serve those ends.—Pictorial Review.

HER MOTHER-IN-LAW

Proved a Wise, Good Friend.

A young woman out in Ia. found a wise, good friend in her mother-in-law, jokes notwithstanding. She writes:

"I was greatly troubled with my stomach, complexion was blotchy and yellow. After meals I often suffered sharp pains and would have to lie down. My mother often told me it was the coffee I drank at meals. But when I'd quit coffee I'd have a severe headache.

"While visiting my mother-in-law I remarked that she always made such good coffee, and asked her to tell me how. She laughed and told me it was easy to make good 'coffee' when you use Postum.

"I began to use Postum as soon as I got home, and now we have the same good 'coffee' (Postum) every day, and I have no more trouble. Indigestion is a thing of the past, and my complexion has cleared up beautifully.

"My grandmother suffered a great deal with her stomach. Her doctor told her to leave off coffee. She then took tea but that was just as bad.

"She finally was induced to try Postum which she has used for over a year. She traveled during the winter over the greater part of Iowa, visiting, something she had not been able to do for years. She says she owes her present good health to Postum."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.

Postum now comes in two forms: Regular Postum—must be well boiled. 15c and 25c packages.

Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum.—sold by Grocers.

TAMPICO DIRTY CITY

Discovery of Oil Makes Change in Mexican Town.

Despite Grimy Evidences of Commerce Port Still Is Central American and Interesting—Much Bustle Evident.

New York.—At last Tampico has become world known. On that cluster of bungalows, the old church and the jail built on a sand heap, the eyes of the world are focused.

The little port up the Panuco river, Tampico, ought never to have become a great city. It has none of the instincts of a city. If only oil had not been discovered the place would be today as it was 100 years ago—a lazy, fly bitten center of indolent industry. A point at the end of the river convenient for bartering purposes; somewhere where the Indian women could beach their canoes and exchange their fruits and dye stuffs for cloth and gaudy finery.

Nowadays there are wharves there and a railway depot. Big steamers are alongside the quays and mechanics in dirty blue overalls make the landscape unpleasant to look upon. Where once there was nothing but the subtle murmur of exquisite heat, now there is the noise of locomotives and the jarring rattle of the gear of unloading steamers.

Apart from the unlovely evidence of increasing prosperity, Tampico is still picturesque. Only its water side, its river front, has been "improved." Behind the smashing noise of the railway depot the old rabble of houses and drinking shops and churches remain. The place in its essence, as it were, is still Central American and beautiful. Dirty, yes, but splendidly dirty.

The old square remains, and by the square the green and white cathedral and the white painted, dirt incrustated jail. The jail is a romance in itself. It is a place unique. Perhaps the most democratic prison in all the world. There you can be lodged for some trivial offense—drunkenness, for instance—and then perhaps forgotten. If you have no friends or no money, you might remain there for months. Justice—or should we call it law?—in Tampico is a casual thing. Everything is a matter of tomorrow—the tomorrow which never comes. So that if you happen to be a prisoner without outside influence your stay may be a prolonged one—unless you have a few dollars with which to bribe the jailer.

The worst of it is, your fellow prisoners will probably steal your clothes. But, in spite of the wharves and the railway, the old native market remains. The people from upriver still come downstream in their dugout canoes and barter with the town folk. They exchange honey and sarsaparilla and luscious fruits for pulque, tobacco and cloth. Pulque of course, is the native spirit—the fermented juice of the alo—which produces quick drunkenness.

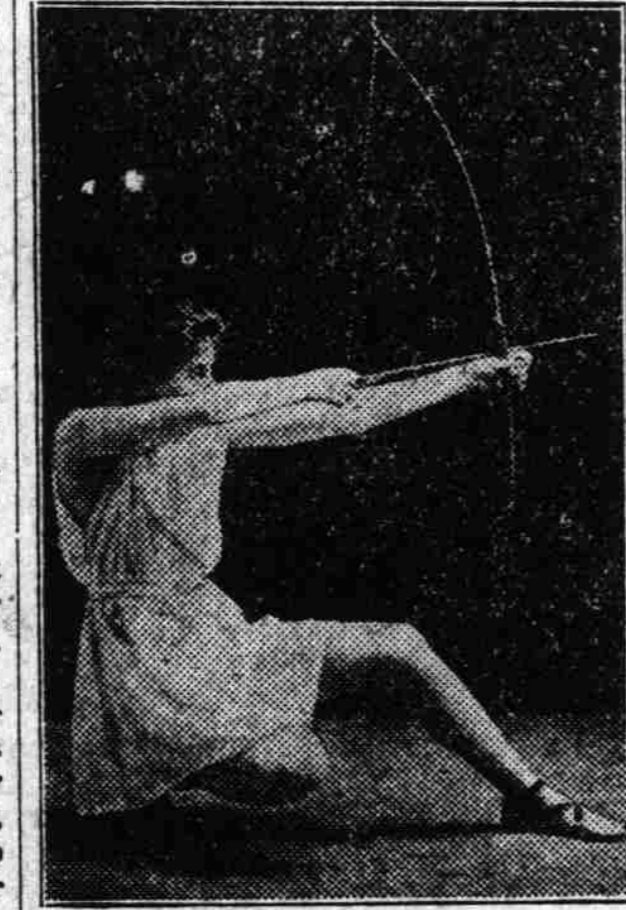
The little brown skinned, dark eyed children still gambol in happy nakedness beneath the old bridge; and there one still hears the music of the native instruments. The women from

Will Revive Greek Ideals

Noted English Physical Culturist Here to Show Americans How to Perfect Minds and Bodies.

New York.—Mrs. Diana Watts, the noted English physical culturist, is here with her revived Greek ideal for the perfection of our minds and bodies. Five years of study, during which time Mrs. Watts isolated herself on the Isle of Capri, off the coast of Italy, has convinced her that she has rediscovered the Greek ideal of physical fitness which has been lost to the world for centuries.

Though she admits she has reached the age of forty-seven, she stands be-

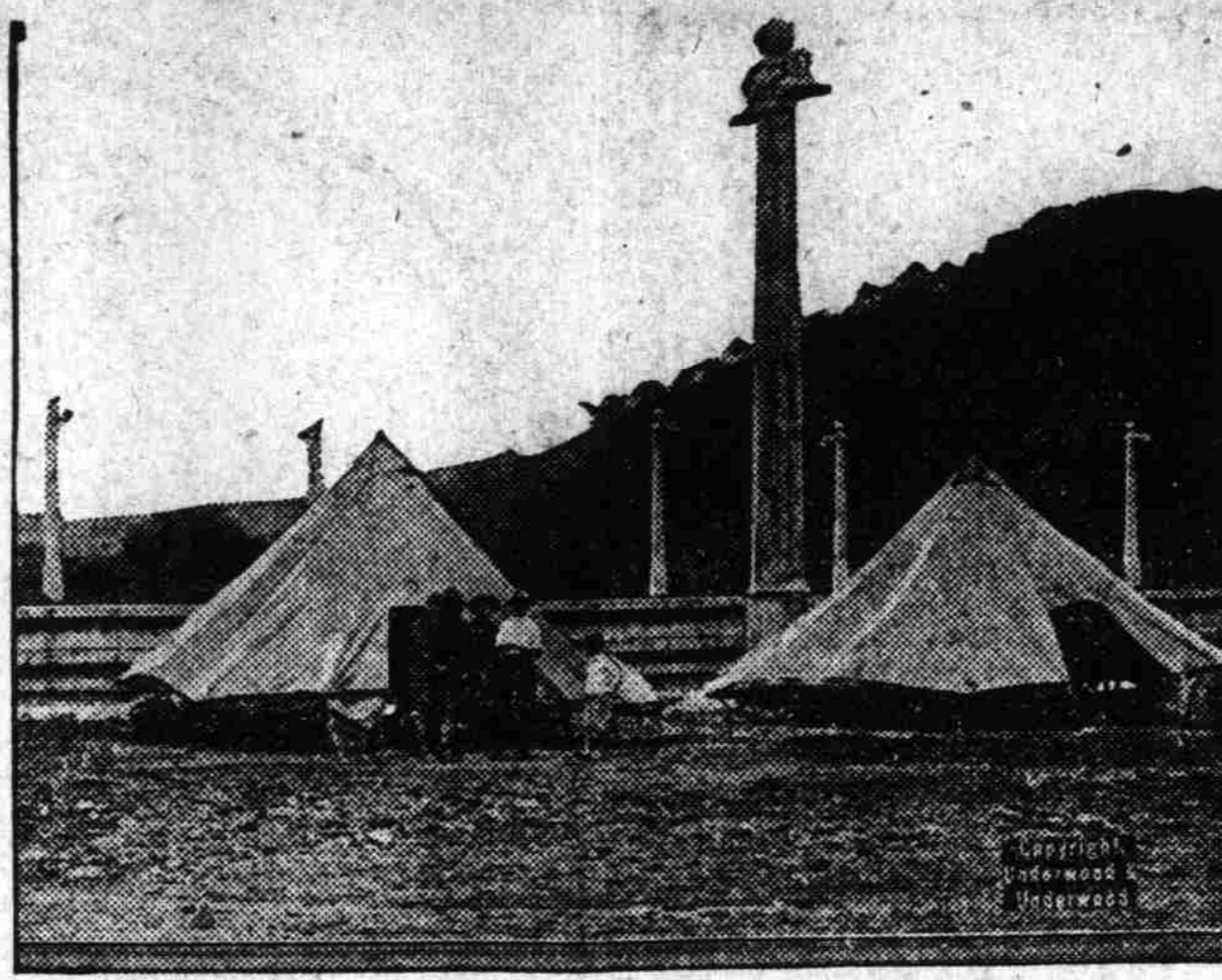


Mrs. Diana Watts.

fore the public today, a new type of perfect woman. The flush of youth is in her cheeks, and in every line of her supple body is traced the contour of youth. The energy and vitality of a strong man is in her pliant muscles. All this she has achieved in five years after working out the methods employed by the ancient Greeks.

Mrs. Watts has the distinction of being the only woman who appeared on the platform of the Institute Marey of Paris. At the invitation of Professor

PROTECTING THE PANAMA CANAL



To guard against any possible attack on the Panama canal there is now stationed at each of the locks one company of United States infantrymen. The photograph shows some of the soldiers and their tents at Pedro Miguel.

the far-off, unspoiled districts of the interior—copper colored, straight haired women, shy and beautiful—sing their curious songs as they unpack their bundles of fruit, while their menfolk sun themselves and discuss cock-fights. Yes, by the old bridge in old Tampico one can always find gorgeous pictures—ever changing and entrancing, filled with flashing colors and infinitely brilliant.

But, of course, Tampico is important in spite of these things. It is called the oil metropolis of Mexico. Certainly it is the safest port on the Mexican gulf. The place commands most of the commerce of the City of Mexico, and all of that of a vast number of mining camps and centers of the interior.

American industry and capital have combined; together they have converted a remote, shallow and most treacherous roadstead into an important harbor. The engineers brought rocks from the mountains—70 miles away—and piled them out to sea. They built two great breakwaters, 1,000 feet apart, which extend to a distance of 7,000 feet into the gulf. Thus, after a million dollars or so was spent, Tampico, from being a little village seven miles up a surf guarded river, became a widely known port. The city is still seven miles up the Panuco river, but now big steamers cross its shattered bar and moor alongside the wharves which front its railway system.

The Panuco river is a curious stream, wide and swift flowing. It winds and twists, and is instinct with many weird currents. Navigators are not in love with it. As a matter of fact it is easier for big ships to hit one of its banks than to keep within the fair-way.

Jailers Attend Banquet.

Chicago.—After making every prisoner promise to be good and not get into mischief, jailers and guards at the county jail locked cell doors, turned out the lights and attended a banquet to Sheriff Michael Zimmer in the Congress hotel.

SEES HIS LEGS CUT OFF

Application of Local Anesthetics and His Own Nerve Make It Possible.

Denver.—"Go to it, doc! Saw 'em off above those bum knees! That's it! Good boy, doc! Say, but that's some neat job."

William Dunn sat in an operating chair at the county hospital and smilingly watched the amputation of his two worthless legs, as he talked. That he was able to take a directing part in the operation was due to the use of local anesthetics.

"Now I can get out and earn my own way," Dunn chatted on, while the surgeon was busy with knife and saw.

The surgeon who performed the successful operation on Dunn's legs has fitted up a crude wheeled chair for his patient to use in selling papers when the leg stumps heal.

Dunn suffered from locomotor ataxia 12 years.

Dog-Eating in Germany.

Paris.—Despite the frequency in the poorer quarters of Paris of the stores called "Chateau Cheval," the name indicating that the butcher is selling horseflesh, hitherto no dogs have been introduced in the French cuisine. Le Matin publishes an article on German fondness for dogflesh, with an elaborate chart of figures showing the increased yearly consumption throughout Germany during the last six years, and concluding with the sarcastic reference: "Is this a utilitarian effort to combat the higher cost of living, or merely the manifestation of an actual fondness for a diet so loathsome?"

SURPRISES HER SOCIAL SET

Miss Jeannette Allen, Noted Horsewoman, Announces Engagement One Day and Marries Next.

Washington.—Miss Jeannette Allen, the daring equestrienne daughter of Lieut. Col. and Mrs. Henry T. Allen, and one of the leaders in the younger army set in Washington, has surprised her friends by announcing on a recent Sunday her engagement to marry Lieut. F. M. Andrews of the Second



Mrs. F. M. Andrews.

cavalry and by marrying him the next day. Mrs. Andrews has won many prizes by her horsemanship at the shows and has the reputation of being always in the fore at the society fox hunts in the vicinity of Washington. The Andrews will make their home at Fort Ethan Allen, Vermont, where Lieutenant Andrews' regiment is stationed.

JEWELS OF LONDON MUSEUM

Ancient and Interesting Relics Are Now to Be Seen at Stratford House.

London.—The London museum, removed from Kensington palace to Stafford house, is twice as interesting as it was, and more. At Kensington there was no scope for definite arrangement. In the noble rooms of Stafford house overlooking the mall it has been possible to follow a chronological order and to convey in the costumes and the pictures, in the pottery and the weapons, in the books and the thousands of other local relics, a clear and telling history of London from Saxon times until the present age.

The most interesting addition that has been made to the museum was shown in the gold and silver room at a recent private view. It is a case containing 150 jewels of the early seventeenth century that were found by a workman two years ago in chalk soil 16 feet beneath the cellar floor of an old house in London.

There are gold and enamel pendants and rings, enameled gold chains, a gold and enamel scent bottle set with diamonds and rubies, and a very fine diamond ring, crystal chalices and other communion relics, amethysts, sapphires, rubies, garnets and turquoises.

Like the box in which they were found, with the earth all over them, the pearls had decayed. But for the rest the treasures, as one of the visitors remarked, have the appearance of being so extraordinarily modern that all the gems look as though they might be bought in a jeweler's shop today.

Three hundred years ago some one must have buried this wonderful casket of treasures, hoping for an opportunity to secure its safe recovery. That opportunity never came, and the romance or crime that led to its concealment will never be unearthed. The scene of its recovery and the sum that was given to the man who found it remained a secret.

Woman Driven From Home.

Poughkeepsie, N. Y.—Declaring that she was driven from home because she could not do as much farm work as a man, Mrs. Alice K. Pitcher, twenty years old, seeks a separation.

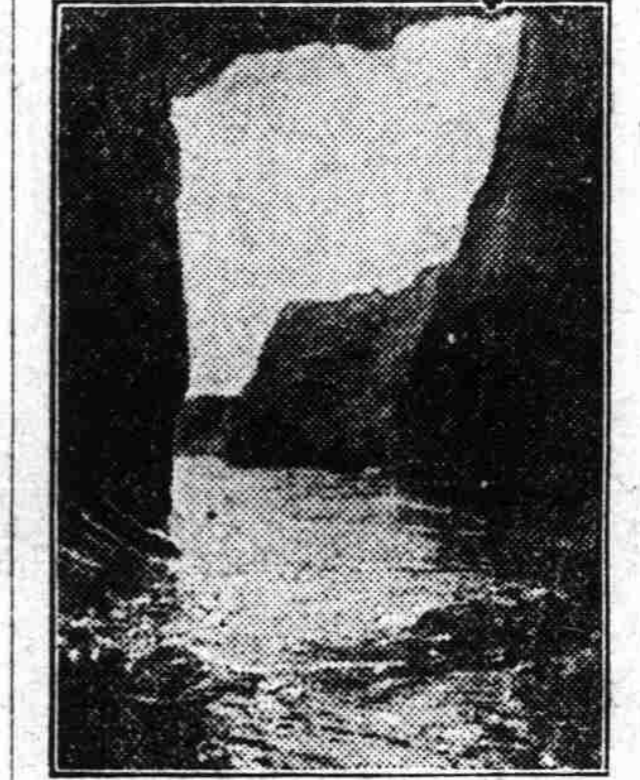
FULL OF ODDITIES

Channel Islands Queerest Part of the British Isles.

Owing to its Remarkable Climate Flowers and Plants Indigenous to Southern California Will Be Found There in Winter.

London.—The Channel islands are fuller of oddities and anachronisms than any other part of the British Isles, which is saying a good deal. The very climate is an anomaly. You find there in winter the flowers and plants that you see in Florida or Southern California—pampas grass, palm, eucalyptus, magnolias. You may see three-story houses hidden beneath blossoming vines. When London and New York are deep in snow or slush, you may see acres and fields of jonquills and narcissus, tossing their golden locks in the breeze. This remarkable climate arises partly from the Gulf stream, and, in the case of Jersey, partly from the configuration of the island, which slopes from high cliffs on the North down to sea level on the South, shutting off cold winds and making of this little territory a kind of forcing bed.

Jersey is famous for five products—cattle, fruit, flowers, potatoes and cabbages. The Jersey cattle need no one to speak their praise. The fruits and flowers you may buy, if rich enough, and if not you may admire through the windows of the exclusive shops of Regent street and Bond street. Most of the "bashful young potatoes" of W. S. Gilbert's "Patience," that arrive in time to go with the spring lamb and green peas to the dinner tables of Britons have filled out their jackets in the warm Jersey soil. But like most other things, the Jersey potato is degenerating, if I must believe the old Jerseyman whose cozy parlor behind the Pomme d'Or was my usual evening house of call. "They'm not what they used to be, sir, not since they use the vraise on 'em. Why, they did use to



The Devil's Hole, Guernsey. One of many caves in this rock-bound coast.

be that rich they'd eat like chestnuts. Cheap they was, too, tence or a shilling, may be, the cabot. But the rich Lunnon folks do get 'em all now, and it ain't for the likes of us to put 'ork to 'em."

As for the cabbages, what does the reader say to cabbages on stalks eight or ten feet high? He will probably say that they cannot be the ordinary round vegetables that go by that name; yet they are. I suppose it is the climate and soil that make them go to such lengths, or perhaps the vraise. Whatever it is, I should like to bring them to the notice of Luther Burbank, and he might evolve a cabbage tree say 50 feet high and with a head in proportion. It would be magnificent for shade purposes, too.

BEAUTY HEIR TO \$10,000,000

Mrs. Frances Skinner of Boston, Former Shop Girl, Receives Husband's Estate.

Boston.—By the death of her husband, Francis Skinner, on the steamer Caronia en route from England to New York, his widow, formerly Miss Sadie Carr, a Boston shopgirl, becomes heir to an estate valued at \$10,000,000. Mr. Skinner was a prominent Boston clubman and yachtsman, and a nephew of Mrs. "Jack" Gardner.

Mrs. Skinner, who was a very beautiful girl, was one day at Marblehead with several fair friends, and with them was admiring the yacht Constellation as she lay at anchor in the harbor. Mr. Skinner invited the then Miss Carr and her party aboard, and the acquaintance began that resulted in marriage. For several years Mr. Skinner's matrimonial alliance was frowned on by members of his family, but a reconciliation came about in due time.

Policewomen Are Heroes.

Chicago.—Two policewomen proved themselves heroes when "Officers" Burt and Sheridan pulled John Coleman, five, from beneath a street car after he had been knocked down and was about to be mangled by the wheels.

Fast Train Tosses Man Into Ditch.

Chicago.—Vanjoy Ditter received only a few scratches when the suction of a fast passenger train drew him on the pilot for a few seconds before he was tossed into a ditch.

Good Cause for Alarm

Deaths from kidney disease increased 72% in twenty years. People do nowadays in so many ways that they start filtering of poisoned blood through the kidneys. Beware of fatal Bright's disease. Backache or urinary ills suggest kidneys, use Doan's Kidney Pills to water freely and reduce the diet to coffee, tea and liquor. Doan's Kidney Pills command attention, for no other remedy is so widely used or so generally successful.



Get Doan's at Any Store. 50c a Box. DOAN'S KIDNEY PILLS. FOSTER-MILBURN CO., BUFFALO, N. Y.

The race isn't always to the swift often depends on the jockey.

ACHY FEELINGS, PAIN IN LIMBS and all Malarious indications removed by Elixir Babek, that well known remedy for all such diseases. It has been taken up the three bottles your 'Elixir Babek,' and have the so well and entirely free from pain. Jacksonsville, Fla.—Mrs. E. H. Babek, Elixir Babek 50 cents, all druggists by Parcel Post prepaid from Babek, Ski & Co., Washington, D. C.

Its Supply. "The meter furnishes light doesn't it?" "Yes, in volumes of gas."

Tetterine Cures Itching Piles

"One application of Tetterine cured of a case of Itching Piles I had for years."

Bayard Benton, Waterbury, Conn. Tetterine cures Eczema, Tetter, Itch, Ring Worm, Infants' Scald, Pimples, Itching Piles, Rough Skin, Patches on the Face, Old Sores, Dandruff, Canker Sores, Corns, Blisters and every form of Scap and Disease. Tetterine 35c. Tetterine 50c. At druggists, or by mail direct from The Shuprine Co., Savannah, Ga. With every mail order for Tetterine give a box of Shuprine's No. 1 Liver Free. Adv.

Get the Kernel. Look to the essence of a thing whether it be a point of doctrine, practise, or of interpretation.—Marcus Aurelius.

RINGWORM ITCHED TERRIBLY

1545 Aisquith St., Baltimore, Md.—"My children were afflicted with what they called ringworm of the scalp, contracted from a house-cat they were playing with. The ringworm formed on their scalps about the size of a silver dollar and their hair fell out leaving a round scale or crust on the scalps. Their hair fell out in many spots. There was terrible itching and they scratched till the blood came. They were very fretful and could not sleep at night, and they were very cross.

"They were treated for several months with no improvement whatever. I was told they would never have any hair and would always be bald. Then I began using Cuticura Soap in connection with Cuticura Ointment and the first week I could see the wonderful remedies were doing all they were claimed to do and six weeks' time they were entirely cured. They all (signed) Mrs. S. Pollock, Jan. 1, 1913.

Cuticura Soap and Ointment are throughout the world. Sample of each free, with 32-p. Skin Book. Address: Postcard "Cuticura, Dept. L, Boston."

Said With a Regretful Sigh. Miss Young—What in your opinion is the best time for a girl to marry? Miss Elder—Whenever the man is willing.

Warning to Women

Do not neglect Nature's Warning Signals.

If you suffer from headache, nervousness, sick stomach, constipation, palpitation, hysterics, or a heavy feeling in the head, TAKE HEED for nature is saying to you as plainly as if the words were spoken, "I NEED HELP."

The tissues, muscles and membranes supporting your womanly organs need strengthening—a tonic, need FOOD.

STELLA-VITAE will supply what is needed, will supply it in the form that brings quickest and most lasting results.

STELLA-VITAE, tested and approved by specialists, has been PROVEN to be nature's Great Restorer of strength to womanly organs. For THIRTY YEARS it has been helping suffering women.

No matter how many remedies you have tried, no matter how many doctors have failed to help you—you owe IT TO YOURSELF to try this great medicine for ailments of women.

THE TRIAL WILL COST YOU NOTHING unless you are benefited.

We have authorized YOUR dealer to sell you ONE bottle of our positive, blood-purifying GUARANTEE of "money back if NOT HELPED." AFTER YOU are satisfied he will sell you six bottles for \$4.00.

Go or send this very day, this very hour and get that ONE bottle and be convinced that you have at last set your feet firmly on the road to perfect health and strength.

Thacher Medicine Company, Chattanooga.