

New Delight Chili Con Carne

With real Bayou beans, or plain, or with the real and famous Mexican chili. The seasoning is most zesty and tasty dish anywhere.

McNeill & Libby
Chicago



McNeill's VAPO-MENTHA

The External Vapor Remedy for
CROUP AND PNEUMONIA

Explains How Family Was Enabled to Use One Fan Two or Three Generations.

the Japanese economy is a high virtue. Two old men of Tokyo were one day discussing means of saving.

manage to make a fan last about twenty years, said one, "and this is my system: I don't wastefully open the fan and wave it carelessly, but only one section at a time. It is good for about a year. Then the next, and so on until the fan is eventually used up."

years for a good fan!" exclaimed the other. "What sinful extravagance! In my family we use a fan for two or three generations, and we show we do it: We open the fan, but we don't wear it out by waving it. Oh, no! We hold it under our nose, and we breathe it!"—Everybody's.

Not Here.
was looking for an apartment. "I must be in a first class neighborhood," she said, "and it must have large rooms, three baths and all the modern conveniences, and I won't pay over \$4 a month."

Tried Both.
Widow—If you married again I suppose you would want a woman of my type.
The Widower—Yes, but just about my type.
The Widow—Medium?
The Widower—Yes. My first wife was a strong-minded woman and my second was a weak-minded woman and I was about as bad as t'other.—Judge.

Sure Thing.
Catie is a long-headed girl.
How so?
Instead of trusting to luck at the roulette she got engaged before coming down, and makes her fiancé come to see her once a week."

A Religion With Him.
What is your father's religion?
Well, I guess. It's the only thing I know on Quindaro."

Assisting
Ambition
Men of ambition—with the desire to forge ahead—need energizing food to help them compel success.

Grape-Nuts
is a success food. It is made from whole wheat and malted barley and, pound for pound, contains far more "go" and "get there" than ordinary foods.

It retains all the nutriment of the grains, including their natural mineral salts—Phosphate of Potash, etc., often lacking in ordinary food, but essential to thorough upbuilding of sinew, brain and nerves.

Grape-Nuts is partially pre-digested and agrees with all. It is the ideal vigor-food for old and adult.

"There's a Reason"
sold by Grocers everywhere.

Strengthened With Might

By REV. WM. WALLACE KETCHUM
Director of the Practical Work Course, Moody Bible Institute of Chicago

TEXT—That he would grant you, according to the riches of his glory, to be strengthened with might by his spirit in the inner man.—Ephesians 3:16.

This is one of four petitions which constitute Paul's prayer for the Ephesian Christians. It teaches us for one thing that God intends his people to be people of power. One speaking of this prayer says: "Paul's prayer is God's purpose." By this he means that what Paul prays we may have and may be, God intends we shall have and shall be. Before every Christian God places potentially this blessing of power. That is, every Christian may have this power if he desires it and makes it possible for God to give it to him. For God never purposes for us to have anything that he does not make it possible for us to possess it. To do otherwise would be to tease and tantalize us, and God never does that. When he exhorts us to "be strong in the Lord, and in the power of his might," he makes it possible for us, if we make it possible for him, to be strengthened with might by his spirit in the inner man.

The expression "inner man" undoubtedly means the soul—the inner self—as distinguished from the visible material body which it animates. Peter calls the inner man, "the hidden man of the heart" (I Peter 3:4). And Paul in another place speaks of it as "the inward man," contrasting it with "the outward man," which, he says, perishes daily (II Cor. 4:16).

It is very evident from this that the strength which may be ours is not physical power, nor even mental power which many strive to attain, but inner spiritual strength. It is strength of Christian character and nobility of soul.

The one possessing this inner strength is fortified against temptation. It was this strength that enabled Joseph to maintain the integrity of his character in the face of the temptation of Potiphar's wife and prompted him to reply to her evil suggestion: "How then, can I do this great wickedness and sin against God?"

It is the strength, which when possessed, makes one mighty in holy service. Paul without it, would never have been the mighty apostle; and without it Peter would have remained the vacillating cowardly disciple. Without it there would have been no Martin Luther, no John Knox, no Charles Wesley, no William Carey, no Charles Spurgeon, no Dwight L. Moody. These men were what they were and did what they did, because they were strengthened with might by his spirit in the inner man.

Again, this petition teaches us that God is the one who imparts this inner strength through his holy spirit. The petition is, "that he would grant us to be strengthened with might by his spirit." So while in another place we are exhorted to "be strong in the Lord and in the power of his might," we learn here that the strength by which we are to be made strong comes from God. He is the one who empowers us. Yet, if we are to be strengthened by God, we must place ourselves before God in such a way that he can give to us the strength of the Lord. We of ourselves are impotent, but God has made every provision for impotent people to be people of power. He is able and waits only our willingness for him to impart unto us his strength.

The laws that govern the imparting to us of his strength are the laws that govern the reception into our lives of the holy spirit in power. It is the holy spirit who is spoken of in the word as "the spirit of might." He it is then, who must have his place of power in us if we are to be strengthened with might in the inner man. The early church was commanded to tarry in Jerusalem for the power necessary for service, and on the day of Pentecost while they tarried the power came, when the holy spirit descended upon them. Ever since that day "the spirit of might" has been in the earth ready to take his place of power in every believer's life.

Ready and willing is he to empower the people of God, but ready and willing only as we recognize him as the power we need to make us strong, ready and willing if we will surrender ourselves to God, and by faith receive the holy spirit to be in us what he desires to be, "the spirit of might." Then there will be fulfilled in our lives the apostle's prayer which, while primarily for the Ephesian Christians, is also for us that we might be strengthened with might in the inner man.

The greatest truths come not by reason but by inspiration.—Arthur S. W'phere.

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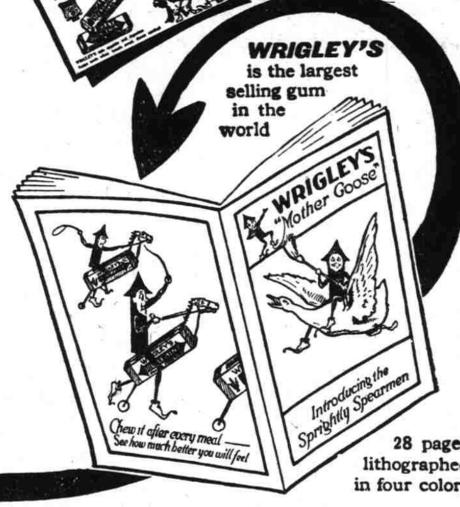
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Just as He Had Said.
"You remember selling me some hair-restorer when I called the other day to get shaved, you hoary-headed old thief?" roared the indignant customer. "You sold it under false pretenses, sir. You said it would restore my head to its original condition."
"Well, didn't it work?" asked the barber.
"Work? No. It's taken off what little hair I used to have, and I am as bald as the pavement now."
"That's quite right, sir. No false pretense about that. I said it would restore your head to its original condition, and you know, sir, most of us are born bald."

Too Much for Them.
It was a minstrel performance, and in the intervals between the songs the usual jokes were being perpetrated.
"What am de difference between an old maid and a married woman?" asked Sambo.
"Why," explained Sambo, "de old maid am lookin' for a husband ebry day, an' de married woman am lookin' for 'im ebry night!"
There was a pause, and several elderly gentlemen got up and stole softly into the night.

Getting Even.
"The cook asked for a week off to get married, so I gave it to her."
"I don't think I would have done that. You can't spare her very well now."
"I know I can't, but it was the only way I saw to ever get even with her."

To Drive Out Malaria
And Build Up The System
Take the Old Standard GROVE'S TASTELESS chill TONIC. You know what you are taking, as the formula is printed on every label, showing it is Quinine and Iron in a tasteless form. The Quinine drives out malaria, the Iron builds up the system. 50 cents. Adv.

The Haughty Help.
"Do you miss the summer boarders?"
"Kind o'," replied Farmer Cornstossel. "A summer boarder is right comfortin' to have around from time to time. He ain't nigh so bossy an' fault-finder as the hired men."

For the Human System.
For cuts, burns, bruises, stiff neck, sore throat, sprains, lame back and bunions, use Hanford's Balsam of Myrrh. It is guaranteed. It is for external use only. Always have a bottle on hand, ready for accidents. Adv.

Explanation.
"What's an automobile lunch?"
"Why, the kind you see put up all ready for a motor trip."

Ask anybody about it—Hanford's Balsam. Adv.

There are all kinds of chumps, including the one who has a ship tattooed on his arm.

And a lot of people would rather believe a lie than the nude truth.



How to get the most from a pound of coffee

First, get a coffee that has been thoroughly aged when green. Proper aging changes the raw, strong taste of the bean to a mellow, rich flavor.

Next, it must be roasted by experts under perfect conditions. Skillful roasting brings out the full delicacy of the natural flavor. Unskillful roasting spoils the flavor and causes a heavy and wasteful loss in weight.

Finally, coffee must be packed in a way that will keep it fresh, and protect it from outside odors and from moisture.

In Arbuckles' Coffee you get all these advantages. You get a coffee thoroughly aged when green, skillfully and uniformly roasted; then guarded from moisture and odors in special, sanitary, sealed packages.

If you haven't used Arbuckles' Coffee lately, do so now. See what big value you get—how the delicious flavor will please and satisfy. Get a package today.



Better than Ever

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