Bring Smile From Dad With Sizzling Sirloin

FATHER'S DAY MENU

Frosted Apple Juice Broiled Sirloin Steak Kabob Garnish Twice Baked Potatoes Buttered Asparagus Caesar Salad Hot Rolls Strawberry Shortcake Coffee Tea Milk

tant date to circle on your calendar right now! This very important date is for that VIP your family. It's Father's

In most homes there's little served his favorite dishes just

Topping his list of favorite foods is sure to be steak, why not serve him that meat

Dad will want to preside at the table over the sirloin steak so the whole family may enjoy the elegance of such a temp-ting piece of meat.

To make Dad's task of carving the steak easy be sure that his carving lmife is sharp. It should be kept separate from other cutlery so that its edge will not be nicked.

Here are tips for Dad on carving a sirloin. With a sharp pointed knife cut around the

bone. T hen remove the bone to the side of the platter or to another plate.

Next, place the fork firmly on the steak and with the sharp knife held at a slight angle begin to slice across the entire steak, Makes Slices from 1/2 to 3/4 inch thick.

Colorful vegetable kabobs - what could be more delicious with the steak? Here's how easy they are to prepare. On small 3 to 4 inche - wooden picks thread mushroom caps, cooked carrot slices and cher-

Brush kabobs with melted butter or margarine and broil alongside the meat for a few minutes and serve with the steak BROILED SIRLOIN STEAK

Beef sirloin steak, cut 1 to 2 inches thick Salt and Pepper

Set oven regulator for broiling. Place steak on rack in broiler pan, insert broiler pan and rack so top surface of l-inch thick steak is 2 to 3 inches from heat, and a 2-ther steak steak, 3 to 5 inches. When one side is browned, season and turn with tongs, Finish cooking on second side, Season, A 1-inch thick strioin steak requires 15 to 20 minutes to-tal cooking time for rare, 20 to 25 minutes for medium, A 2-inch thick sirloin steak requires 30 to 25 minutes for rare, 40 to 45 minutes for

1966 COTTON PREMIUMS, DISCOUNTS ANNOUNCED

Premiums and discounts for grade and staple length and mi-cronaire readings of upland cot-ton which will be used by the Commodity Credit Corpora-tion in making loans on eli-gible qualities or 1966-crop upland cotton have been announced by the USDA. As under the 1965 program, premiums and discounts are provided for all official grades of upland cotton. The base loan rate for 1966-

crop Middling 1-inch upland Cotton at average location will be 21 cents per pound, gross weight, before adjustments for micronaire premiums and dis-counts. On the basis of premiums and discounts for grade and staple length and the average production of each quality for the period 1960 through 1964, the minimum loan rate for Midthe minimum loan rate for Middling 1-inch cotton is 79 points above the National average support price for all qualities. Therefore, the National average support price (average of the crop) will be 20,21 cents per pound.

Schedules showing base loan rates for Middling 1-inch cotton at each approved warehouse will be issued later.

Under the 1966 upland cotton program, cotton farmers (except those on small farms) who signed up to take part agreed to reduce pl antings at least 12.5 percent below the farm's effective allotment and to meet other program provisions. By such participation, the grower could become eligible for price support loans on all cotton produced; he also could qualify for a diversion payment of 10.5 cents per pound on the farm's projected yield of the acreage planted for harvest within the farm's domestic allotment (65 percent of the effective allot-

The price-support and diversion payments serve to main-tain farm income and to offset the lower cotton loan rate. At the same time, the loan rate will continue "one-price" cot-ton at around world price levels and thus make it possible for peach growers must control diseases ranging from leaf curl, peach scab, bacterial spot, brown spot and rhizopus rot

down to root knot.

In addition, the specialists explain that the plum curculio, the oriental fruit moth, the peach tree borer, scale insects, plant bugs and beetles also present control problems for

the fruit growers.

Many of the peach diseases are caused by fungi and bacteria which can be effectively controlled by fungicides. However, the type of fungicide and the time of application varies from season to season and from one section of the state to one section of the state to

continued operation are; \$5,000 from the Mary Duke Biddle Foundation of New York; \$100 from the Stanly County Mental Health Association; \$12,000 from the Wright Refuge Board, Inc., of Durham; and \$10,000 from the Hillsen Fund of Greensboro,

As an example, the specia-lists cite peach scab as a di-sease caused by fungi which overwinters in shallow twig lesions on which spores are pro-duced. Fruits start becoming infected after petalfall and con-tinue to be affected, often cracking. A continuous spray control program is effective in control-ling the disease.

The plum curculio, an important peach pest in the state, can be economically controlled if growers will follow a recom-mended spray schedule. In untreated orchards over one-half of the peaches may be distorted and wormy because of in-sects. Parathion, malathion, dieldrin and guthion are se-veral insecticides which will effectively control the plum curculio. However, the timing

of sprays is very important.

Peach growers wishing spray
schedules for disease and insect control can obtain 18-page

circulars by request.

The circular, "Peach Disease and Insect Control," can be obtained from county exten-sion offices or from the Department of Agricultural Infor-mation, North Carolina State University, Raleigh.

JAMES SPRUNT INSTITUTE CHARTERED 1785 WASTO THE GRIENA ASSESS NORTH CAROLINA

JAMES SPRUNT INSTITUTE IS KEEPING PACE WITH THE GROWTH OF POULTRY AND

LIVESTOCK PRODUCTION IN

EASTERN CAROLINA

Poultry and Livestock farms
are continuing to grow in value
and in size in North Carolina.

For this reason, commercial
poultry and livestock production

East Duplin Adult Class

The Vocational Department of the East Duplin High School arnounces plans for an adult class in Housing and Management. These classes are scheduled to meet in the home economics department. There are no fees and the public is invited to are becoming increasingly specialized. Improved mechanizations and methods require technically trained people. Advanced skills and techniques are needed in the production, processing, marketing, and storage of poultry and livestock along with their products.

Fundamental training is a requirement for successful employment in the expansion of North Carolina's poultry and livestock industry. The content of this curriculum is designed to give students a good understanding of the basic skills for a success in this industry. June 16 "Flower Arranging"
8:00 o'cleck p.m.
June 21 "Family Legal Advice" 8:00 o'cleck, p.m.
June 28 "New Trends in Foods" 3:00 o'cleck, p.m.

The many objectives of the Poultry and Livestock Technology Curriculum include (1) productive, marketing, processing and distributing livestock and poultry along with their products; (2) Specializations of live stock and poultry industry; (3 practiced principles of our economic systems, and (4) effective communications and human

You may register now for the Fall Quarter in Poultry and Livestock Technology at James

Hillsdale Fund of Greensboro. "We are extremely pleased with, and grataful for, the support we have received, not only from professional people but from lay persons across and beyond the state," Buchanan said, "Based on this kind of support and the fact that Wright School is rendering a real service to emotionally disturbed children, we feel confident that the next General Assembly will appropriate funds for its support," he said. runds, have assured its continuation through next spring. According to Neil Buchanan, director of the school, the 1967 General Assembly will be asked to reinstate the facility as a state-supported institution. Among the contributions making possible the school's Spray Program Aids Peach Disease, Insect Control

Wright School Will

Continue To Operate

Everything is not "peaches and cream" for the fruit grow-

RALEIGH - Wright School, a state facility for emotionally disturbed children in Durham, will continue to operate after June 30, although without the aid of state funds.

Although the 1965 General Assembly failed to appropriate monies for the school's operation beyond the 1965-86 fiscal year, contributions from several private sources, together with Federal matching funds, have assured its continuation through next spring

North Carolina peach growers must practice insect and disease control from the time leaves fall off trees up until hours before harvest. Even though harvesting of some ear-lier varieties will soon begin, the fight continues.

North Carolina State University specialists point out that

U. S. cotton to move through marketing channels without the need for either an equalization or an export payment.

The schedule of micronaire

premiums and discounts for 1966-crop upland cotton is available at ASCS county offices.
Micronaire readings determine the fineness and maturity of the fiber. These qualities affect the spinnability and value of the

Agriculture Action

By VERNE STRICKLAND N. C. Farm Bureau Federation

PLEASE, PRESIDENT

Please, President Johnson, I'd rather do it myself! I sup pose it's some vestige of pride that makes me want to hold up my own shield and wield my own sword and build my own

Somehow the protective wing you would spread over me seems more a hindrance than a help. If I depend on your wings, how will I ever learn to fly?

Don't try to spare me defeat or faflure. No man can recognize happiness except by con-

Don't rip the top rungs off the ladder. I'd lose the will to climb.

Don't paint our flag a som-ber grey. The beauty's in the Don't take the reins from

the people. The driver also holds the whip. Don't erase the boundaries of North Carolina, Our pride is in our own identity.

Don't strangle free enterprise. There's the nation's

Don't condemn our poor to eternal despair. A man on the bed of welfare would sleep on. Don't promise my children euphoria. Heaven is not administered by a federal agency.

Don't preach to me of fru-

gality. I have learned to live within my own budget.

Don't ask me to join a pil-grimage for rights without responsibilities. Liberty must be its own bridle.

its own bridle. Don't try to make love a law. Congress cannot improve on my conscience.

I know you mean well, Mr. President, but in your haste to clear the path of progress, the trees you fell bar the way. You must remember that the people sharpened the axe you swing. And we'd rather swing it outselves.



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III, Attorney At Law, Kenansville, North Carolina.

FARM SALE AT PUBLIC AUCTION

COURT HOUSE DOOR-KENANSVILLE

JUNE 20, 1966

THE KENAN FARM IN FAISON TOWNSHIP WILL BE OFFERED

FOR SALE AT THE COURTHOUSE DOOR IN KENANSVILLE,

DUPLIN COUNTY, AT 12:00 O'CLOCK NOON ON MONDAY, THE

20TH DAY OF JUNE, 1966, UPON AN OPENING BID OF \$24,500.00

UPON TERMS AND CONDITIONS TO BE ANNOUNCED AT THE

This Farm Consist Of 65 Acres, More Or Less, With

5.68 ACRES OF TOBACCO

7.5 ACRES OF WHEAT

ACRES OF FEED GRAIN BASE

1966 Crop Allotments As Follows:

Day of course.

as he likes them,

eater's delight - sirloin steak and that man-favored dessertstrawberry shortcake with

June 19 - here's an impor-

question as to Dad's favorite way of celebrating the day. It's dinner with his family and being

For best results in broiling, steak should be cut at least 1 inch thick, Remember to use tongs instead of a fork to turn meat so juices don't escape.

on a heated platter.



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Save time, confusion, travel and baby sitting fees. See exactly how your new Bigelow will look in your home. Just pick up the phone and give us a general idea of your color and style preference. Then relax! We'll call on you at your convenience, show you a carefully selected range of samples and give you an accurate, on-the-spot quote.

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