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KRAFT 1000 ISLAND DRESSING 16 OZ. 99¢



Understand Aging Parents

Each generation has its unique problems, and one for the middle-aged is getting along with aging parents — parents who now may be growing more dependent on their adult children.

Communicating with the older generation may be easier for you if you stop and think through what is happening to your parents. And, it is not easy to realize what it might be like at their age — when you find you can no longer do everything you once did.

When you are in your mid-years, you are still full of plans for the future. So, it is hard to see that your parents' future may hold fewer things of importance. But try to put yourself in their shoes. Go out of your way to be patient. And, most important, show them kindness based on understanding, concern and love.

Your parents are bound to appreciate this and, in turn, may be more understanding of your needs, too.

Trapped Feeling Can Be Avoided

It is no fun to feel trapped by your home and family, so when you get that feeling, do something about it.

The first step is to honestly admit your dissatisfaction or frustrations without feeling guilty about it. Talk to your husband, a friend or neighbor, but don't become a nag or a bore on the subject. After all, everyone has trapped feelings some of the time.

How can you keep from becoming a victim of trapped feelings and boredom? By keeping busy, by sharing yourself with others, by coming out of emotional hiding.

Try to rediscover and develop the natural ability to relax that you had as a child. And, develop the courage to show your natural feelings. Also, use your inner resources such as imagination, contemplation and perception.

Use external resources only to supplement your inner resources. Don't demand to be entertained. And, respect your true self, not some image of yourself.

There is no way you can avoid boredom completely, so don't try. The trick is to not let boredom or a trapped feeling get you down.

Legal Notice

NOTICE OF ADMINISTRATION NORTH CAROLINA DUPLIN COUNTY

The undersigned having qualified as Executor of the estate of Lila Dail Sullivan, late-deceased of said Duplin County, this is to notify all persons having claims against the estate of said deceased to file them with the undersigned at Route 1, Box 340, Mount Olive, North Carolina 28365 on or before the 10th day of November, 1983, or this notice will be pleaded in bar of their right to recover against said estate.

All persons indebted to said estate will please make immediate payment.

This 10th day of May, 1983, William G. Sullivan, Executor Estate of Lila Dail Sullivan Route 1, Box 340 Mount Olive, N. C. 28365 6-9-4t-pd

NORTH CAROLINA DUPLIN COUNTY

NOTICE OF RESALE

Under and by virtue of an Order of the Duplin County Clerk for the General Court of Justice, Superior Court Division, made in Special Proceeding File No. 83 SP-22, entitled "Raymond Cavenaugh, Executor under the Last Will and Testament of Hilburn Moore, Deceased, et al vs Aaron Moore and wife, Nellie Moore et al" and further pursuant to an Order of Resale entered by this Court on the 10th day of May, 1983, upon an advance bid, the undersigned Commissioner will, on the 27th day of May, 1983, at 12 noon, at the Duplin County Courthouse door in Kenansville, North Carolina, offer the First Tract for resale to the highest bidder for cash upon an opening bid of Twenty-Five Thousand Two Hundred Fifty and no/100 Dollars (\$25,250.00) a certain tract of land lying and being in Island Creek Township, Duplin County, North Carolina, and more particularly described as follows:

FIRST TRACT: BEGINNING at a 3/4 inch iron pipe in the center of the pavement of S.R. No. 1148, the Northeast corner of William T. Smith's lot (Book 805, page 751), said iron pipe being located North 72 degrees 50 minutes 25 seconds West 685.91 feet, North 80 degrees 14 minutes 50 seconds West 1715.07 feet, and North 81 degrees 24 minutes 30 seconds West 627.17 feet from a nail and cap in the centerline intersection of S.R. No. 1148 and N.C. Hwy. No. 11, and runs thence:

1. With the center of S.R. No. 1148 North 81 degrees 26 minutes 00 seconds West 110.00 feet to a railroad spike, the Northwest corner of William T. Smith's lot; thence
2. With the center of S.R. No. 1148 North 82 degrees 55 minutes 20 seconds West 10.02 feet to a 1/2 inch iron rod; thence
3. With Mattie Dail's line North 08 degrees 41 minutes 20 seconds West 232.27 feet to a walnut tree; thence
4. With Mattie Dail's line South 79 degrees 32 minutes 40 seconds West 106.37 feet to a 1/2 inch iron pipe in the line of Allen Teachey and V.H. Rouse's land; thence
5. With the Teachey and Rouse

line as follows: North 09 degrees 49 minutes 15 seconds West 21.74 feet to a 3/4 inch iron pipe, North 27 degrees 07 minutes 20 seconds West 40.00 feet to a 1/2 inch iron pipe, North 10 degrees 22 minutes 40 seconds East 57.00 feet to a 3/4 inch iron pipe, and North 09 degrees 22 minutes 20 seconds West 452.00 feet to a 1/2 inch iron rod at the head of a ditch, the Northeast corner of Allen Teachey and V.H. Rouse's land; thence

6. With the ditch and the line of Teachey and Rouse North 77 degrees 55 minutes 00 seconds West 209.08 feet to a 1/2 inch iron rod, the Southeast corner of W.B. Hayes land; thence

7. With the Hayes' line, and to and with a ditch North 09 degrees 47 minutes 00 seconds East 579.18 feet to a 1 inch iron pipe at the intersection of two ditches, the Southwest corner of T.T. Harrell's land (Book 602, page 191); thence

8. With the Harrell line and a ditch South 87 degrees 23 minutes 05 seconds East 266.11 feet to a 1 1/4 inch iron pipe at the intersection of two ditches, the Southeast corner of T.T. Harrell's land; thence

9. With the Harrell line and a ditch North 06 degrees 22 minutes 45 seconds East 136.55 feet to a 1 1/4 inch iron pipe at the intersection of two ditches, the Southwest corner of Joe McMillan's land (Book 440, page 195); thence

10. With the McMillan line and a ditch South 60 degrees 24 minutes 15 seconds East 150.66 feet to a 1 1/4 inch iron pipe at the intersection of two ditches, the Northwest corner of Allen Teachey and V.H. Rouse's land (Book 558, page 51); thence

11. With the Teachey and Rouse line and with a ditch South 07 degrees 42 minutes 10 seconds West 687.38 feet to a 3/4 inch iron pipe at a turn in the ditch; thence

12. With the Teachey and Rouse line and with a ditch and beyond, South 10 degrees 07 minutes 00 seconds East 753.51 feet to the point of beginning, CONTAINING 9.08 acres, more or less, shown as Tract 1 on a map entitled "Survey for Hilburn Moore Estate," dated Nov. 29, 1982, as recorded in Map Book 11, page 107, of the Duplin County Registry, and being that land described in a Deed to Hilburn Moore and Rena H. Moore, his wife, as recorded in Book 411, page 492, and being part of that land described in a Deed to Hilburn Moore and his wife, Wilma Cavenaugh Moore, as recorded in Book 487, page 303, of the Duplin County Registry.

Subject to 1983 ad valorem taxes. The highest bidder at said sale will be required to make a cash deposit of ten percent (10%) of his bid as evidence of good faith.

This 10th day of May, 1983, W.E. Phillips, Commissioner 5-26-2t-P&P-148

Hundreds of Used Kitchen Cabinets, Doors, Windows, Ranges, Water Heaters, Commodes, Tubs, Sinks, Electrical Boxes and Supplies, Dressers, Chest, Tables, Chairs, Desk, Lots More.

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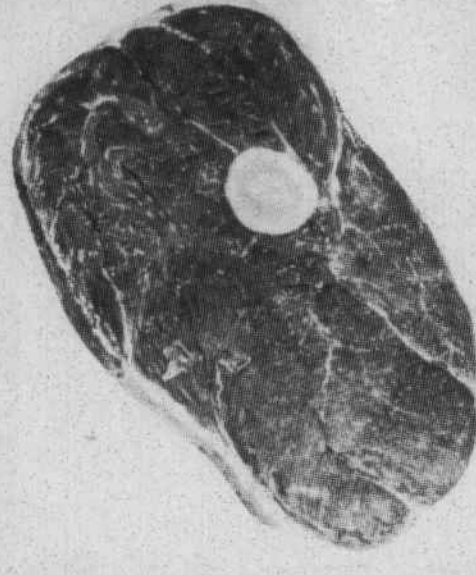
FINE FARE EARLY JUNE PEAS 303 CAN 2/69¢

LUX SOAP 3 BAR 79¢

YELLOW ONIONS 3 LBS. 59¢



FRESH CUCUMBERS 29¢ LB.



RUMP ROAST LB. \$1.99

FROSTY MORN FRANKS

12 OZ. PKG.

89¢

FULL CUT ROUND STEAK

\$1.69 LB.

SIRLOIN TIP ROAST

\$2.09 LB.

FROSTY MORN BACON

\$1.39 LB.



A-1 STEAK SAUCE

5 OZ.

83¢

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