

Mental Health Services In Duplin & Sampson Area

The Duplin-Sampson Area Mental Health, Mental Retardation, and Substance Abuse program is governed by the area board, a group appointed by the Duplin and Sampson county commissioners to serve as the comprehensive planning, budgeting, implementing and monitoring group for community-based programs. The primary objective is to provide a continuum of community-based alternatives for adequate diagnosis, appropriate treatment and effective rehabilitation of the mentally ill, mentally retarded, and the substance abuser in the catchment area.

The concept of mental health refers to a condition of psychological maturity — a relatively constant and enduring function of personality that denotes emotional stability, intellectual efficiency and social effectiveness of the people. Helping people to help themselves towards these objectives depends largely on the community needs, preparedness and the funding resources.

The Magnitude of the Problem

Population surveys of both rural and urban communities show that 20 percent of the adult population has some impairment of function resulting from mental disorder. One person in every ten is hospitalized at some time in life for a mental illness.

Although the overall rate for mental disorders is around 20 percent, only 27 percent are in treatment. Others stand isolated with no service. Among children aged 3-15 years, the overall prevalence of mental health problems range between

5-15 percent. Approximately three percent of the babies born each year may have a diagnosis of mental retardation.

About 25 percent of the elderly have significant mental health problems. Twenty-five percent of all reported suicides in our country are committed by the elderly. Despite the high rate of mental disorder, treatment statistics show that the elderly receive less care than younger adults.

Alcoholism accounts for nearly eight percent of the population, with an additional three percent as chronic alcoholics. The extent of drug abuse is unknown. However, estimates show a range from 3-15 percent of the students are involved with a variety of drugs.

Some Questions Frequently Asked About Mental Health Services

1. - How do I know when I need help?

In general, life is not altogether smooth and easy. Human behavior may be viewed as an adjustment that comes between an individual and the environment or within himself in the satisfaction of a need. It is determined by the individual's personality and the environmental factors. Since some of the needs are not satisfied, the individual resorts to psychological defenses. Increasing conflict and frustration, and failure of the defense mechanisms lead to varying degrees of mental illness that cause feelings of hopelessness, helplessness, anxiety, depression, poor appetite, sleeplessness, weight loss, confusion, emptiness, irritability, and suicidal remina-

tion. Under these circumstances you may consider professional help, such as your family physician or the mental health services.

2. - What will happen when I go for help at the Mental Health Center?

Generally, the receptionist arranges an appointment with a therapist who will discuss your problems and arrange for appropriate evaluation, diagnosis and treatment. All patient's cases are under the direct supervision of the clinical director. When you go to the Mental Health Center take with you information on Medicare, insurance and Medicaid sticker (if you have one), and all medications currently prescribed by your doctor.

3. - How much will it cost?

A sliding scale of fees, based on income and the number of dependents is used to determine the fees. Insurance, Medicare and Medicaid payments are also accepted.

4. - Are the services provided by the Center held in confidence?

The Center maintains strict confidentiality of the records. The information contained in the medical records are divulged to appropriate persons or agency with written consent form of the patient, or parent or guardian in the case of children.

What are the working hours?

The clinics are open from 8 a.m. to 5 p.m. on weekdays. During holidays, weekends and after office hours, the mental health staff on call is available for emergency mental health services.

The following mental health, mental retardation and substance abuse services are available to the residents of Duplin and Sampson counties:

a. Inpatient Services: Short-term treatment for acutely disturbed mentally ill, alcoholic or drug abusers is available at the Psychiatric Inpatient Unit through a contractual arrangement with Duplin General Hospital at Kenansville.

b. Outpatient Services: Evaluation, diagnosis and treatment for mentally ill, mentally retarded and sub-

stance abusers are available during the week from 8 a.m. to 5 p.m.

c. Partial Hospitalization: As an alternative to inpatient hospitalization, full day or partial day treatment are available for individuals who require follow-up care when they return from inpatient services, or state institutions.

d. Consultation and Education: The primary goal of this program is to help prevent and control mental illness, and promote positive mental health by helping people acquire knowledge, attitudes and behavior patterns that will foster and maintain their well being.

Qualified mental health professionals are available to provide educational programs for other agencies, civic groups and community groups. These activities are designed to increase people's awareness of mental health problems, and resources available to promote prevention and control of mental illness, mental retardation, alcohol and drug abuse.

e. Emergency Services: Psychiatric emergency services are provided by qualified mental health staff 24 hours a day, seven days a week. During working hours, call the mental health center and the receptionist will make arrangements for a qualified mental health staff person to evaluate the nature of emergency and provide appropriate services. During holidays, weekends and after office hours, the staff on call will make necessary arrangements through the cooperation of the Emergency Room Services provided by Duplin General Hospital in Kenansville, and at Sampson Memorial Hospital in Clinton. In Duplin County, call 296-1851. In Sampson County, call 592-5791.

Location of Mental Health Services
Duplin County Kenansville Division
 Duplin General Hospital, 3rd N., Highway 11, Kenansville. Telephone: 296-1851

Sampson County Clinton Division
 Office Complex, E. Rowan Road, Clinton. Telephone: 592-5791

In addition to the above-mentioned programs, the following special programs are also available to the residents of both Duplin and Sampson counties:

a. Archway East: This is a residential rehabilitation program for alcoholics aimed to maintain their sobriety and improve their self-confidence, self-respect, self-reliance and a better understanding of their role in society. A variety of treatment techniques are available to the residents based on their individual needs, with emphasis on the philosophy and objectives of Alcoholics Anonymous. Location: West Ridge Street, Rose Hill. Telephone: 289-2342.

b. Sampson Child Development Center: The center provides treatment, education and rehabilitation programs for children who are six months to 16 years of age, and identified as mentally retarded and/or physically handicapped. On admission,

an individualized treatment and educational plan is established by the team. This program is under the auspices of a cooperative agreement with the Duplin County School System, Sampson County School System and the Clinton City School System. Location: McKoy Street, Clinton. Telephone: 592-5945.

c. Omega Enterprises and Sampson Adult Developmental Activity Program: These programs are open to adults who are mentally retarded, and/or physically handicapped. The main purpose is to provide education, training and sheltered employment to improve their self-help skills, and personal and social adjustment. Locations: 1) Omega Enterprises, West Ridge Street, Rose Hill. Telephone: 289-4161. 2) Sampson Adult Developmental Activity Program, McKoy Street, Clinton. Telephone: 592-5945 or 592-1715.

d. Group Homes: These are residential rehabilitation programs for mentally retarded adults. Generally, five or six individuals live in a house under the supervision of a staff person who functions as cottage parent and helps them learn self-help skills aimed towards independent living. The group homes are administered through a contractual agreement with Duplin-Sampson Group Homes, Inc., a private non-profit group. There are four group homes in our area. Location: 1) Bell-Jordan Group Home, Bell St., Warsaw. Telephone: 293-7871. 2) Sampson Group Home, Highway 421 S., Clinton. Telephone: 592-5856. 3) Magnolia Group Home, N. Peterson Street, Magnolia. Telephone: 289-4270. And 4) Garland Group Home, Herring Ave., Garland. Telephone: 529-2301. For additional information, contact the Mental Retardation Specialist at 592-5791.

e. Alcohol Drug Education Traffic School: The function of the ADETS is to provide education for first offenders convicted of driving while impaired.

The ADETS class is conducted by the Duplin-Sampson Area Mental Health, Mental Retardation and Substance Abuse Services. A certified instructor, using an approved curriculum, provides 10 hours of instruction, utilizing group discussion, films, literature and testing to alert each individual to the problems and dangers of driving under the influence of alcohol or drugs. Students shall be those offenders referred by court authorities, hearing officer of the N.C. Division of Motor Vehicles and other Mental Health Centers.

f. Drug Education Traffic School: The function of the DES is to provide drug education insight for first offenders convicted on drug charges as described in GS 90-96 effective Feb. 1.

The Duplin-Sampson DES class is contracted through Wayne and Cumberland County Mental Health/Mental Retardation and Substance Abuse Services. A certified instructor using approved curriculum provides 15 hours of instruction utilizing group discussion, films, literature, decision-making skills and testing to alert each individual to the problems and dangers of drug usage.

Editor's Note - The above was submitted by the Duplin-Sampson Area Mental Health, Mental Retardation and Substance Abuse Services.

Ground Breaking Ceremonies

The ground breaking ceremonies for Duplin Retirement Village will be held at 5:30 p.m. on Thursday, Sept. 15 at the construction site next to Warsaw Elementary School on NCSR 1900 and 1901.

The developers of the retirement center are: Dr. Robert H. Shackelford and Dr. Hervy B. Kornegay Sr., who are associated with Mount Olive Family Medicine Center, P.A.; W.F. Harper, an executive with Seymour Johnson Federal Credit Union; Charles Harrell, administrator, former business manager of Mount

Olive College, who is now associated with Medical Park Nursing Center and Mount Olive Retirement Village.

The first phase of the retirement center will consist of an 18,000-square-foot building located at the intersection. This building will house 60 retired residents. The building will be self-contained with a dining facility, a kitchen, and laundry facilities. There will be private and semi-private rooms, located in the building. The retirement center will have several recreation rooms with lounges for television and various recrea-

tional activities. There will be a storage building at the rear for personal clothing, luggage and other residents' items.

The total costs of the land, buildings and equipment will be in excess of \$750,000 and will require approximately six months' construction time. It is anticipated that the building will be open for residents in March 1984.

The second phase of the project will be retirement-type apartments which will be built at a later time. The building will be constructed by Construction and Design Corp. of Goldsboro and will be supervised by Bob Cousins, president of the corporation.

The financing is being handled by First American Savings and Loan Assoc. of Warsaw and Goldsboro, and S.B.A. Neuse River Council of Governments, New Bern.

When the facility is in full operation, it will employ a total of 36 people.

Other information can be obtained from Charles Harrell, Administrator, Mount Olive Retirement Village, P.O. Drawer 32, Mount Olive NC 28365 or by calling 658-6501.

Duplin School Menus

Sept. 26-30

Breakfast

In addition to assorted cereals, juice or fruit and milk, the following will be served:

- Mon. - apple cinnamon muffin
- Tue. - ham biscuit
- Wed. - buttered toast
- Thur. - cranberry nut muffin
- Fri. - toasted English muffin with bacon

Lunch

Mon. - hot dog with chili or

Restitution Report

Gov. Jim Hunt announced that in the first six months of 1983, the courts ordered \$45,438 in restitution for crimes committed in Duplin County.

During the same period, \$25,856 was disbursed to victims of crimes.

"I want to commend the judicial system," Hunt said, "for making good use of restitution as a punishment for crime. I also want to thank Duplin County Clerk of Court John A. Johnson for collecting and disbursing the restitution funds in a timely manner."

The data was made available by the Criminal Justice Analysis Center of the Governor's Crime Commission. The clerks of court send in quarterly reports on restitution.

Statewide for the first six months of 1983, the 84 counties participating report the courts ordered \$5,567,376 in restitution; \$2,366,295 was collected and \$2,231,617 was disbursed.

Alphin Reunion

According to Rosemond Tyndall, the Calvin and Sally Outlaw Alphin clan will hold their annual family reunion on Sunday, Sept. 25 at 12:30 p.m. in the Oak Ridge Community Building. You are asked to bring a picnic lunch and tea.

Summerlin-Martin Reunion

The Summerlin-Martin family will hold their annual family reunion on Saturday, Sept. 24 with supper being at 5:30 p.m. at the Rose Hill Municipal Building. All friends and relatives are invited to come and bring a picnic lunch.

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Lay away early for Christmas and FREE gift wrap.

Kenansville 3rd Annual Fire & Rescue Day
Sat., Sept. 24th
 Beginning at 11 am in the Park
 Games for the Kids start at 1 p.m.

AUCTION
 Beginning at 6 p.m. at the Fire Department

DANCE
 Starting at 7:00 - Until

All proceeds to be used for the purchase of new equipment. Any donations will be welcomed. For more information, contact any member of the Kenansville Fire & Rescue Department.

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NOTICE

Public Hearings on School Merger

Tuesday, September 20 at LAGRANGE ELEMENTARY SCHOOL

Tuesday, September 27 at SOUTH LENOIR HIGH SCHOOL

[Both Meetings will be held at 7:30 p.m.]


The Lenoir County Board of Education will hold Public Hearings on the matter of school merger on the above mentioned dates. All persons residing in the Lenoir County School District are invited to attend either or both of these meetings to express their feelings on possible merger of the Kinston City and Lenoir County Schools.

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