

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

TEACHEY'S SUPERMARKET

ACROSS STREET FROM PINK HILL SCHOOL
PINK HILL, N. C.

WHERE YOUR FOOD STAMPS GO FURTHER.

RECIPE OF THE WEEK

BARBECUED CHUCK OR POT ROAST

- 1 - 8-oz. c. tomato sauce
- 1/2 c. beef broth
- 2 onion chopped
- Paprike to taste
- garlic powder to taste
- salt to taste
- 1 - 5-lb. pot roast or chuck roast
- 1/4 c. catsup
- 1/4 c. vinegar
- 2 tsp. Worcestershire Sauce
- 1 tsp. mustard

Combine tomato paste, beef broth, salt, onion. Season with garlic, salt and paprika. Place roast in covered dish, add tomato sauce, refrigerate for 12 hrs. in mixture or overnite. Remove roast from marinade. **Keep the Marinade.** Brown roast slowly in hot fat in dutch oven. Add vinegar, catsup, Worcestershire Sauce and mustard to marinade sauce. Stir to blend. Pour over roast. Simmer covered for two hours 30 minutes or until tender. Yields 8 servings. Adds delicious flavor to plain beef roast.



TEACHEY'S
\$50.00 WINNER:
TERESA FOWLER
ROUTE 1
PINK HILL, N.C.

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|--------------------------------|---------------|---------------|
| MANWICH SPAGHETTI SAUCE | 300 SIZE | 79¢ |
| HUNTS TOMATO SAUCE | 300 CAN | 2/89¢ |
| ROYAL GUEST PEACHES | NO. 2 1/2 CAN | 69¢ |
| STOKLEYS CUT BEANS | 303 CAN | 3/\$1 |
| PARKAY MARGARINE | 1-LB. | 2/89¢ |
| NESCAFE COFFEE | 10 OZ. | \$3.99 |

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|--------------------------------------------|---------------|
| 6 PK. SNICKER CANDY | \$1.19 |
| DIXIE CRYSTAL 10XX SUGAR CONFECTION | 55¢ |
| UNCLE BEN RICE | \$1.29 |

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|---------------------------------------|--------|------------|
| BAKERS ANGEL FLAKE BAG COCONUT | 14 OZ. | 99¢ |
| MT. OLIVE SALAD CUBES | 12 OZ. | 69¢ |
| 3-LBS. BANANAS | | 99¢ |

SMOKED PICNICS

LIMIT 1 WITH \$10.00 FOOD ORDER
LB.

59¢

- | | | | | | |
|-------------------------------|-------|---------------|-------------------------------------------|-------|---------------|
| POT ROAST | LB. | \$1.49 | CHUCK ROAST | LB. | \$1.39 |
| STEW BEEF | LB. | \$1.59 | WHOLE HOG SAUSAGE | LB. | \$1.29 |
| 4-LB. FROSTY MORN LARD | | \$1.79 | FROSTY MORN BOLOGNA | 1-LB. | \$1.19 |
| BEEF MASTER FRANKS | 1-LB. | \$1.39 | HOLLY FARMS BREADED CHICKEN FILLET | LB. | \$2.19 |

FRESH HAMBURGER

89¢

LB.

PEPSI-COLAS

2 LITER



83¢

3-LB. RED DELICIOUS

APPLES

69¢

LB.

SPECIAL SUNDAY

MONDAY AND TUESDAY ONLY!

SAV-MOR BLEACH

(LIMIT 1 WITH \$10.00 OR MORE FOOD ORDER)

GAL.

ALSO

59¢



FROSTY MORN FRANKS

59¢

LIMIT 1 WITH \$10.00 FOOD ORDER
WEIGHT WATCHERS 6 PK. PK.

POPSICLES \$1.19

DONALD DUCK ORANGE JUICE 64 OZ. **89¢**

FINE FARE APPLE SAUCE 25 OZ. JAR **39¢**

22 OZ. DOVE DISH DETERGENT **89¢**

CARESS BATH SOAP **49¢**

SCOTTOWELS **59¢**

10-LB. RED

POTATOES

1 59

CHARMIN TOILET TISSUE 4 PK. **99¢**

FLEX NORMAL DRY SHAMPOO 16 OZ. **\$1.79**

GENERIC TEA BAGS 100 CT. **69¢**

ARMOUR VIENNA SAUSAGE 5 OZ. **2/79¢**

MR. P. PIZZA **69¢**