

NO PRICE BARRIER

WE GUARANTEE YOU THE LOWEST TOTAL FOOD PRICES IN AREA

QUANTITY RIGHTS RESERVED
WE ACCEPT FOOD STAMPS

SOUTHERN PRIDE MIXED FRYER PARTS

59¢ LB.



COCA-COLA

2 LITER

99¢

USDA CHOICE

NEW YORK WHOLE STRIP

SLICED FREE



\$2.99 LB.



BANQUET POT PIES

8 OZ.

3/99¢



IGA SUGAR

\$1.49

5 LB. BAG

SMUCKER'S GRAPE JELLY



\$1.29

2 LB.

BRAWNY PAPER TOWELS



BIG ROLL

59¢

FRESH PORK LOIN SALE:

RIB HALF PORK LOIN	SLICED FREE	\$1.29 LB.
LOIN HALF PORK LOIN	SLICED FREE	\$1.39 LB.
1/4 PORK LOIN MARKET STYLE BACKBONE		\$1.49 LB.
PORK LOIN ROAST		\$1.59 LB.
RIB CHOPS		\$1.79 LB.
LOIN CHOPS THIN CUT		\$1.89 LB.
CENTER CHOPS		\$1.99 LB.

TROPICANA GOLD-N-PURE ORANGE JUICE

99¢

OIL



20 OZ.

POST RAISIN BRAN

\$1.78

SMUCKER'S GRAPE JUICE

99¢

ARMOUR POTTED MEAT	3 OZ.	4/\$1
ARMOUR VIENNA SAUSAGE	5 OZ.	2/89c
CHEF BOYARDEE PAC MAN WITH MEAT	15 OZ.	87c
CHEF BOYARDEE SPAGHETTI DINNER WITH MEAT	19 OZ.	\$1.69
NORTHERN TISSUE	4 ROLL PKG.	89c
RINSO DETERGENT	GT. SIZE	\$1.09
LUX LIQUID DETERGENT	22 OZ.	89c
GENERIC DRY ROASTED PEANUTS	16 OZ.	\$1.29
KAL KAN DOG FOOD	14 OZ.	2/79c
LYSOL CLEANER		\$1.99



FRESH GREEN CABBAGE **29¢** LB.



CALIFORNIA STRAWBERRIES PT. **69¢**



JUMBO CALIFORNIA NAVEL ORANGES **3/\$1**

FAMILY PACK TOMATOES **99¢**

CELLO CARROTS 1 LB. BAG **39¢**



YELLOW SQUASH **49¢** LB.

CRISP BROCCOLI **99¢** BUNCH



NEW CROP TEXAS WHITE ONIONS **59¢** LB.

RUSSET POTATOES **4 POTATOES \$1**

CRISP CELERY **39¢** STALK



CHICKEN ALMOND ORIENTAL

- 3/4 cup diced cooked chicken
- 1 3/4 cups sliced fresh mushrooms
- 1/2 cup diced bamboo shoots
- 1/2 cup diced fresh water chestnuts
- 1 1/4 cups diced celery
- 1 1/2 cups diced cabbage
- 3/4 cup fresh snow peas
- Chicken broth
- 1 cup slivered almonds
- 1 tablespoon butter or margarine

Combine chicken, mushrooms, bamboo shoots, water chestnuts, celery and cabbage in steamer or saucepan. Sprinkle with salt and add about 1 inch chicken broth to pan. Cover and steam for 4 to 5 minutes. Add snow peas and cook 3 to 5 minutes longer. Melt butter or margarine over medium heat. Add almonds and brown lightly.

new recipes