

JOHN WILLIAM KENNEDY.

Was born in Calhoun county, S. C. His forebears were of the best old Southern stock; and his ancestry runs in unbroken lines to ante-revolutionary days; his grandfather was the first governor of Georgia, and gave his life for his country in the war for independence.

The Kennedys were of Scotch-Irish migration, and bore their share in shaping the national life which had its birth along the Atlantic seaboard. They have given yeoman service in every crisis in the Nation's history.

Judge Kennedy, as he was known among us of Tryon, was a typical Carolina gentleman. He was the very soul of honor. His word was final. A stern sense of duty guided all his performances. As chairman of the Board of Commissioners for Polk county and of the town council of Tryon, he commanded the respect of his constituency and gave eminent satisfaction as a public servant.

The Judge was a great favorite in the social realm. Humorous, witty, jovial, his hearty laugh enlivened any circle. In the fraternalities to which he belonged, in party gatherings and in the more formal social occasions; he was everywhere the honored guest or gracious host.

But it was in his own home that his genial nature shone in highest light. Hospitable without stint, and the urbanity of his manner filled his house with gracious welcome. It was my good fortune to be a member of his household for several years, and the warmth of his friendship, like sunshine across the wandering path of an itinerant preacher.

Behind all those virtues which so endeared him to his fellows lay unfathomed depths of religious feeling. In his quiet modesty he "practiced the presence of God." Ofttimes we sat on the high veranda of Sunset Hill and watched the stars go by. As our own pipes burned low he would begin to tell of the yearnings of his spirit—just a word here and there—until the simplicity of his nature lay like a great meadow land abloom with the flowers of the soul.

Since he entered in we have another friend in the beautiful country. This thought of him makes the journey more worth while for all who knew him.

W. A. NEWELL.

SANDY SPRINGS.

Rev. Barber filled his appointment at New Hope, Sunday. He delivered an interesting sermon to a large congregation.

Hoyt McMurray and Grayson Blanton came home from Camp Sevier on a twenty-four's pass, Saturday, returning Sunday. Their many friends were glad to see them home again, and hope they may come again soon.

Mrs. Sallie Smith spent Sunday with her daughter, Mrs. M. L. Westbrook.

Farmers are getting along slowly with their planting owing to so much rain and cold weather.

V. L. Splawn's family, from Gaffney, S. C., have moved to their farm here.

—W. S. S.—

We have always felt that just as soon as the farmers of Polk county realized how badly they were needed in this fight that they would get into it, and results show that we were not mistaken. There has never been a crisis in our national life but what the farmer rose to the occasion.

—W. S. S.—

The retail merchants of North Carolina have recently been taking to large a margin on sugar, in the opinion of the Food Administration, which has issued a new ruling effective at once, governing the sale of sugar. Under the new ruling, no dealer will be allowed to charge more than one cent a pound on sugar in original packages. On sugar that has to be reweighed and repacked, a margin up to 1 1/2 cents a pound is allowed. Under no circumstances must the maximum price exceed 9 cents without the specific permission of a duly authorized Food Administration official.

Pelican's Habits.

The pelican is commendably regular in his habits. The parent birds catch fish, and, after eating their fill, fly to their young, who eat by thrusting their bills down the mother's throat and feasting on the half-digested food.

—W. S. S.—

Bua a Liberty Bond and help swat the Kaiser.

A general idea of the quantity of food sent to European allies by the United States from July 1, 1914, to January 1, 1918, is given by figures just announced by the U. S. Food Administration. In that period the United States has furnished complete year-round rations for 57,100,983 people. In addition there was enough extra protein to supply this portion of the diet for 22,194,570 additional men.

The total export of wheat and wheat flour to the three principal allies is equivalent to about 384,000,000 bushels. Pork exports for the 3 1/2 years amounted to almost 2,000,000,000 pounds. Exports of fresh beef totaled 443,484,400 pounds. The amount of food exported to Russia is negligible compared with that sent to the western allies.

ONLY AMERICA CAN HELP.
 * "On your side are boundless *
 * supplies of men, food, and material; *
 * on this side a boundless demand *
 * for their help. *
 * "Our men are war-weary and *
 * their nerves have been strained *
 * by more than three years of *
 * hard, relentless toil. *
 * "Our position is critical, particularly *
 * until the next harvest, *
 * but the United States can save *
 * us. *
 * "You Americans have the men, *
 * the skill, and the material to *
 * save the allied cause." *
 * SIR JOSEPH MACLAY, *
 * British Shipping Controller. *

GROGERS HELP IN 50-50 PLAN

SIGN PLEDGE TO CARRY OUT FOOD ADMINISTRATION PROGRAM.

POST CARDS IN STORES.

Explain New Wheat Ruling to Thousands of Customers—Insures Greater Food Saving.

Grocers of the nation have accepted enthusiastically the 50-50 basis for the purchase of wheat flour and are doing their utmost to explain the new regulation to the housewife. This ruling by the U. S. Food Administration requires each purchaser of wheat flour to buy one pound of cereal substitute, one kind or assorted, for every pound of wheat flour. It was necessary to restrict the use of wheat flour in order that the allies and our fighting forces abroad might be assured of an adequate supply of wheat to meet their vital needs. This supply must come from our savings because we have already sent our normal surplus.

Wheat saving pledge cards were forwarded by the Food Administration to all retail food merchants, and these are being signed and posted in stores throughout the country. This card states, "We pledge ourselves loyally to carry out the Food Administration program. In accordance with this order we will not sell any wheat flour except where the purchaser buys an equal weight of one or more of the following, a greater use of which in the home will save wheat:

"Cornmeal, corn flour, edible corn starch, hominy, corn grits, barley flour, potato flour, sweet potato flour, soy bean flour, feterita flour and meals, rice, rice flour, oatmeal, rolled oats and buckwheat flour."

Some confusion has resulted on the part of the consumer in construing this "50-50" ruling to mean that an equal amount in value of substitutes must be purchased with wheat flour. This is a mistaken idea. The ruling states that the consumer in purchasing flour shall "buy at the same time an equal weight of other cereals."

One exception to this ruling is concerning graham flour and whole wheat flour, which may be sold at the ratio of three pounds to five pounds of wheat flour. This provision is made because approximately 25 per cent more of the wheat berry is used in the manufacture of these flours than standard wheat flour.

Another exception is that concerning mixed flours containing less than 50 per cent of wheat flour, which may be sold without substitutes. Retailers, however, are forbidden to sell mixed flours containing more than 50 per cent of wheat flour to any person unless the amount of wheat flour substitutes sold is sufficient to make the total amount of substitutes, including those mixed in flours, equal to the total amount in wheat flour in the mixed flour. For instance, if any mixed flour is purchased containing 60 per cent wheat flour and 40 per cent substitutes it is necessary that an additional 20 per cent of substitutes be purchased. This brings it to the basis of one pound of substitutes for each pound of wheat flour.

A special exemption may be granted upon application in the case of specially prepared infants' and invalids' food containing flour where the necessity is shown.

Some misunderstanding seems to exist on the part of consumers in assuming that with the purchase of wheat flour one must confine the additional 50 per cent purchase to one of the substitutes. This is not the case. One may select from the entire range of substitutes a sufficient amount of each to bring the total weight of all substitutes equal to the weight of the wheat flour purchased. For instance, if a purchase of 24 pounds of wheat flour is made a range of substitutes may be selected as follows:

Cornmeal, 8 pounds; corn grits, 4 pounds; rice, 4 pounds; buckwheat, 2 pounds; corn starch, 1 pound; hominy, 2 pounds; rolled oats, 8 pounds.

These substitutes may be used in the following manner:

Cornmeal, 8 Pounds.—Corn bread, no flour; corn muffins or spoon bread, one-fourth flour or one-third rice or one-third hominy; 20 per cent substitutes in whole bread.

Corn Starch, 1 Pound.—Thickening gravy, making custard, one-third substitute in cake.

Corn Grits, 4 Pounds.—Fried like mush, used with meal in making corn bread.

Rolls Oats, 8 Pounds.—One-fourth to one-third substitutes in bread, one-half substitute in muffins; breakfast porridge, use freely; oatmeal cookies, oatmeal soup.

Buckwheat Flour, 2 Pounds.—One-fourth substitute in bread, buckwheat cakes.

Hominy, 2 Pounds.—Baked for dinner, baked for dinner, with cheese sauce.

Rice, 4 Pounds.—One-fourth substitute in wheat bread, one-third substitute in corn bread, boiled for dinner (a bread cut); as a breakfast food, to thicken soups, rice pudding instead of cake or pie, rice batter cakes.

Several grocers have stated that their customers who strictly observe the 11 wheatless meals each week find it necessary to buy substitutes in addition to those ordered under the 50-50 plan.

Drawbacks

There are drawbacks to nearly everything. The fragrant rose has its thorn, the busy bee has its stinger, the useful has its kick, and so on down the line.

There is seldom success without omy at the start. It isn't always to pinch and scrimp and save, but us who start out with nothing, travel that road. The savings thus ed if placed in a good bank like ours they are safe, will in time mean ease and satisfaction for you.

Mutual Bank
LANDRUM, S. C.

Your Patriotic Call to Duty



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Polk County Patriotic Meeting

MILL SPRING

Sunday, Apr. 28, 11 a. m.

Methodist Church

LIEUT. COPELAND

United States Navy will be present and will relate experiences in actual service.

OTHER SPEAKERS WILL BE PRESENT

This is a Polk County meeting so let every man, woman and child, who can, attend.

Polk County Liberty Loan Com.

This space given by The News

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