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—W. S. S.—  
Tell our brave boys "over there" that you believe in them by buying Liberty Bonds.

—W. S. S.—  
If the American boys succeed in reaching Berlin we trust that they will bring back a few souvenir potatoes from the points on Unter Den Linden, where the food hog has not had all-pervading reign.—State Journal.

—W. S. S.—  
It isn't necessary for the Asheville Times to have a correspondent in neighboring towns. They have a reportorial staff so smart that it can sit in the Times office at Asheville and write up any kind of a story it desires.

—W. S. S.—  
From the number of officers killed, appearing in the casualty list of the Americans, every day, it is evident that it is still a case of "Come, boys," and not "Go" as is the case with the Hun officers.

—W. S. S.—  
Germany denies having any knowledge of the so-called Austrian peace proposal until it was published. However, if the allies had accepted it, then Germany would have claimed the credit of the whole affair.

—W. S. S.—  
Henry Ford declares that he would give a million dollars to be out of the senatorial race. Judging by precedent when President Wilson has entered Republican-Democratic fights, we should say that Henry is well out of it now.—State Journal.

—W. S. S.—  
A big service flag was dedicated at the Confederate reunion at Tulsa, Okla., Tuesday. It weighs more than 110 pounds and contains 167,000 stars, each representing a direct descendant of a Confederate soldier who is now offering his life for his country in the war for world liberty.

—W. S. S.—  
Tomorrow marks the opening of the Fourth Liberty Loan campaign. The government is asking for a loan of six billions of dollars. Of course our people are going to subscribe to the full amount. But let's do it at once, and thus help drive another nail into the coffin of Kaiser Bill.

—W. S. S.—  
It isn't often that a great newspaper gets caught "napping" but the New York Times did so. Upon receipt of the telegraphic report that Austria had asked for peace, the editorial writer immediately became busy and wrote an editorial advocating that the United States proceed to treat with them. He afterward had the pleasant (?) job of retracting his words and admitting he had reached a hasty conclusion.

—W. S. S.—  
On every front comes good news of allied victories. Down in Palestine the victories of the British and their allied Arabs sounds like reading the new testament. Even Nazareth, the home of Christ, has been taken from the Turk. Soon all the Holy Land will again be in the hands of Christians. After that look for the return of the Jew to Palestine, and the springing up of a new, powerful nation of that race. Truly the probabilities of an allied victory are many.

—W. S. S.—  
Let those who will cut out the gas, the joy-ride for me. The boys in France may take their chance to get their grub o'er sea. The Sunday ride—it is my pride to raise the dust that day. I'll take my girl and hit the grit and run her when I please. I saved some sugar, meat and wheat, because they screwed 'em down, but gas I'll burn unless they turn and put the lid on that. I'm free, half white and twenty-one, and got to ride or bust. Let those obey without delay who like their country's call, but I'll ride on and burn the gas and never stop at all. No sissy man, old Uncle Sam, you'll find this gent to be.—Monroe Journal.

**HUNS DIDN'T GET UKRAINE GRAIN**

**It Was Burned There by Remnants of the Czech-Slovak Retiring Army.**

**TOUCH TEUTS IN STOMACHS**

**Food Allowances Reduced, and Starvation in Some Places is Apparent—Take Revenge for Oppressive Treatment of Bohemia.**

Washington.—Amid the many easy triumphs which enabled the Teutons this year to slice great sections from the map of Russia, like coupons from a bond, Germany and Austria both suffered one frightful disappointment. And the pang was in the weakest part of their political anatomy—the collective stomach of their peoples.

The grain of which the two kaisers expected to plunder the Ukraine was not there—at least there was so little of it that Germany had to lower her bread ration, while Austria continued to starve a bit more rapidly. The supplies had been burned.

These fires were lighted, with a kind of poetic justice, by the remnants of the Czech-Slovak army—deserters from the Austrian ranks and inveterate enemies of the Hapsburgs, who had been reconstituted into Russian military units under the Kerensky regime and fought so splendidly for Russia before the whole nation collapsed from the gnawing of the bolshevik.

**Fortunate for the Allies.**

Until March of this year this Czech-Slovak army had been stationed in the Ukraine—50,000 men in line and 50,000 more in reserve. Then bolshevik representatives dissolved their organization and took away their arms, though about 20,000 refused to part with their weapons. They were given promises that they would be allowed to leave Russia for the United States, but, of course, no means of transportation were provided. And so they remained where they were.

It was fortunate for the allies that they did. As soon as they realized that Germany's chief objective in Russia was the Ukrainian grain supply they began a systematic campaign of pillage and burning, in which they were assisted by the peasants themselves, aroused at the thought that the old landowners were to return under German protection.

The evidence that the Czech-Slovaks were successful is incontestable. Count Czernin, Austro-Hungarian prime minister until his little exchange of pleasantries with M. Clemenceau, placed the responsibility for the bare Ukrainian cupboard on the shoulders of the Czech-Slovaks. German representatives in the Austrian reichsrath repeated the charge in greater details. A Magyar deputy in the Hungarian parliament recently declared that the Czech-Slovak army in Ukraine had burned or taken away everything of value.

**Had Their Revenge.**

Not only did they destroy what they could, but they fought bitterly to prevent the Teutons taking what was left. Retiring and hampered by their lack of equipment, they stopped to meet the advancing Germans repeatedly in the field. Their last battle, one of those confused struggles which get little space in the cable reports, was fought near Bachmac, halfway between Kieff and Kursk on the road to Moscow. After the fight, though the Czech-Slovaks had been armed chiefly with axes, they themselves buried more than 300 Germans.

Certainly in Ukraine the Czech-Slovaks have had their revenge for three centuries of suffocation and oppression in Bohemia. But throughout the war they have launched shattering blows against their Austrian and German enemies and the whole idea of Mittel Europa.

**KEEP LOST MEN'S PHOTOS**

**Navy Department is Anxious to Perpetuate Memory of Enlisted Men.**

Washington.—Secretary Daniels is anxious to preserve in the navy's record photographs of all men of that branch who have lost their lives in the service. He is requesting relatives and friends to send photographs to the recruiting division, bureau of navigation, navy department.

The purpose is to perpetuate the memory of enlisted men. Officers are required to provide photographs and official pictures are taken of all graduates of Annapolis.

As rapidly as photographs of enlisted men are received copies will be made for the records of the navy department and the originals returned to the owners. A photograph of each man will be forwarded by the department to the training station where he began his career in the service. There, a memorial gallery or hero's corner will be formed.

**Sets Example to Teachers.**

White Cloud, Kan.—Professor Roberts, superintendent of the schools here, has set the example in patriotism for his men teachers. Instead of attending a county teachers' institute he has gone to work raising garden truck on a farm.

**The Sign Of Heart Failure**

No other important disease is so much misunderstood by the general run of folks as is heart failure.

In the first place, people generally imagine that heart failure is a sudden calamity coming unheralded out of a clear sky. People are like the fairy-tale version of the ostrich; when danger threatens they refuse to see it. Heart failure is always a very slow, insidious process, taking years to develop, as a rule, and giving ample warning signals to the victim, if he will only heed them. If a victim succumbs to any sudden effect of a failing heart it is not because he had no warning. It is because he preferred to play the part of his own doctor, or perhaps to let some persuasive drug manufacturer serve in that capacity.

Neither palpitation, nor distress about the region of the heart, nor pain in the heart can be considered characteristic signs of approaching heart failure. We are speaking now of the common, everyday kind of heart disease which vies with apoplexy, Bright's disease, cancer, pneumonia and tuberculosis in the vital statistics.



THINK IT OVER.

**Premature Loss of "Pep" Mentally and Physically, Breathlessness, "Bronchial Trouble" and a Nervous Cough Call for a Real Physical Examination.**

department. The real warning symptoms of heart failure are not such as would lead the average layman to suspect his heart. Rather they cause him to suspect his stomach, his liver, his nerves, anything but his heart. And right here is where he makes his serious mistake. It is so easy to try a few bottles of some worthless nostrum which happens to be advertised insistently as a remedy for the stomach, liver or nerves.

Among the more frequent early signs noted in the histories of a large number of cases of heart disease are the following:

A falling off in mental efficiency, as compared with the patient's previous standard. A loss of "pep" in physical capacity rendering it more difficult than formerly for the patient to cope with moderate physical strains, although not yet old enough to expect such loss of strength. A little breathlessness on slight exertion, which was

formerly not noticed by the patient. Less sound sleep than the patient formerly enjoyed. A more or less constant slight "bronchial trouble," with only a little nervous cough and no expectation to speak of.

Such symptoms are "meat" for the patent medicine vender. His alcoholic tonic, his acetanilide-containing "nerve tablet," his narcotic-laden "cough remedy" will make the patient forget, for a while, the unpleasant symptoms.

With this type of heart failure, so gradual and unalarming in onset, there is no "murmur," no valvular leakage to be detected. Indeed, no doctor can tell by merely listening to the heart whether it is perfectly normal. No longer is the ancient distinction between "organic" and "functional" a distinction; it is just camouflage or in other words a sorry effort to conceal the doctor's knowledge or lack of knowledge. All heart disease is "functional" at first—and it may never cause more than mere "functional" disturbance if the patient is intelligent enough to consult his doctor and follow his advice from the beginning. A doctor must study his patient, observe the blood pressure, watch the behavior of the circulation under varying conditions, in order to know the real state of the heart.

**QUESTIONS AND ANSWERS.**

X—Not Very Progressive.  
W. C. Penn. We are contemplating locating one of our plants in X—; your state. Will you please tell me if it is considered a healthy town, if they have an active health department, any supervision over the milk supply, regular medical inspection of schools and if you consider it safe, from a health standpoint, to bring such an organization into North Carolina?

Answer: X— is an excellent town in which to live and of course the plant ought to be located there. But we regret to say that the death rate from preventable diseases is much higher than it ought to be. They have no organized health department. The only sign of a health department is the stub record showing a physician is paid a small salary as city physician, but who makes his living in private practice. One of the life insurance companies and the ladies of the Woman's Club each employ a nurse. A few dollars was spent last spring to purchase fly poison for the stables. They have a nice little milk inspection service, but if the bacterial count doesn't indicate more germs than the capacity of the delivery bottle, a dairy is not closed. The medical inspection of school children will conform to the State law; so you need have no fear on that score.

It will be easy to make the town safe for your organization. But be sure and specify before you move. All that will be necessary will be to make known the size of your proposed pay-roll. The "business men" will immediately take notice.

**Bad Teeth vs. Rheumatism.**

Allan T. Is it true that bad teeth cause rheumatism?

Answer: Bad teeth are recognized as one of the gateways by which rheumatic infection gains entrance to the body. The rheumatism may not appear until years after the first decay of the teeth. So, that extracting the teeth will often fail to help the patient. The thing to do is to visit the dentist often and prevent infection.

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