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"Long May It Wave."

WANTED— AMERICAN LABORERS.

The Newark Evening News recently carried the following advertisement from one of the business concerns of that city:

"LABORERS WANTED.

"Twenty-five good, husky American men wanted, willing to learn machine moulding in a foundry.

"We have been employing a bunch of Bolshevik aliens on this job, are heartily sick of them all and are going to employ from now on men that can talk the English language.

"Come with your overalls, ready to start to work."

It is altogether probable that the action of this Newark concern in advertising for Americans in the place of Bolshevistic aliens will become general throughout this country. A big Baltimore house employing hundreds of hands, many of whom are aliens, has recently stated that as rapidly as it can do so it will drop out all foreigners, even if naturalized, and seek to fill their places with genuine Americans.

The spirit is abroad in the land today to differentiate between Americans and aliens in this country for disrupting our business conditions and destroying our Government will soon find that Americans will have the pick of all jobs worth having, and that the alien will get only the jobs for which no American can be found. (Manufacturers Record, Baltimore Md.)

SUNNY VIEW.

Sunny View has had one successful week of school. The primary teacher did not arrive, and Miss Annie Wilson, will take charge until another can come.

Miss Clara Feagan, is back with us again, and all the students are glad to have her as their teacher.

A large crowd attended service at Cooper Gap, Sunday.

Mr. Dewitt Helton and Miss Clara Feagan, attended the Educational Rally at Columbus, Saturday, brought back with them the new teacher Miss Randall, of Cherryville, N. C.

Landrum Jackson, and W. D. Helton were on the sick list last week, but are much better at this writing.

Mr. Bill Jackson, of Spartanburg, is spending a few days with home folks.

Miss Esther Gibbs and Mr. Ed Barber passed through this section, Sunday, enroute to Red Mountain.

Sunny View school is planning doing her bit to raise funds for the Soldiers' Monument. We hope every one will do their part. We who have loved ones sleeping in "Flanders Fields" feel that we never can do too much for this worthy cause.

Misses Lizzie and Mattie Williams were dinner guests of Miss Annie Wilson Sunday.

Messrs. Hobart Whiteside, Bill Jackson and Dewitt Helton went opossum hunting, Saturday, and got two large ones.

Mr. Ralph Jackson made a trip to Asheville, last week.

Mr. Ernest Ruff left last week for Sun Burst, N. C., where he has accepted a position.

Mrs. Julia Dimsdale has been very sick for two weeks, with Dr. Smith attending her.

Drunk With Love.

"Oh, Amorous Dove" by this imposing queen, was one of the best songs of the evening."—New York Times.

NIGHT AND DAY CAMP IS LIFE SAVING STATION



Tuberculosis kills 150,000 persons in the United States every year. These two women escaped. They are shown in the Night and Day Camp conducted by the St. Louis Society for the Relief and Prevention of Tuberculosis. They are among the fortunate ones because they knew how to take care of themselves when this great menace threatened them. They knew that the cure lies in plenty of fresh air, even if the temperature is away below freezing, sunlight, good food and rest under proper medical supervision. Tuberculosis is not only curable but is preventable as well.

The prevention lies largely in right living, in building up a strong bodily resistance. Eight out of ten persons are infected at some time in their lives, according to figures of the National Tuberculosis Association, the leading agency in the United States in the fight upon this disease. This organization is sponsor for the annual Red Cross Christmas Seal sale, from which the funds to carry on the work throughout the year are chiefly derived.

RURALITES HAVE BIG HEALTH ADVANTAGE

Abundance of Fresh Air and Sunlight Do Much to Check Ravages of Tuberculosis.

DANGER IN CLOSED WINDOWS.

National Tuberculosis Association, Which Sponsors the Annual Sale of Red Cross Christmas Seals, Reports 150,000 Deaths Each Year From the Disease.

People who live in the smaller towns and on farms have a great health advantage over the city dwellers in that they have ever an abundant supply of fresh air and sunlight.

These two gifts of nature, so lavishly bestowed, are not always appreciated to their fullest extent. They are two of the strongest weapons against the menace of tuberculosis, of consumption, as it is sometimes called.

But consumption is not unknown in the rural districts. The death rate is sometimes as great in these sections as in the more crowded localities, chiefly because of carelessness or indifference to laws of health.

Few, indeed, are the farm houses or the homes in the smaller cities and villages that cannot have an outdoor sleeping porch. On the contrary, we often find that the windows of sleeping rooms in the home are shut tight in the mistaken belief that night air is harmful.

This paves the way for disease, especially tuberculosis, which generally attacks the lungs.

White Plague Kills 150,000 a Year. The white plague claimed 150,000 lives last year in the United States. More than 1,000,000 Americans are suffering from it today. These figures are compiled from reports of experts all over the country and sent to the National Tuberculosis Association, the leading agency in the country to combat this disease. This organization is sponsor for the Red Cross Christmas Seal sale, from which its financial support is chiefly derived.

As medical science has proved consumption is both preventable and curable, the suffering caused by this disease is largely unnecessary. Most tuberculosis victims are between the ages of eighteen and forty-five.

Causes Half Billion Loss Annually. These are the years when people are most active, the years of their greatest production. The snuffing out of these lives just when they are at the height of their usefulness means an annual loss to the country of nearly half a billion dollars.

Fresh air is the cheapest of medicines. Outdoor sleeping porches are not only for the sick. They help well folks to keep well, and the country dweller can have this aid to healthy living at far less inconvenience than his city neighbor.

You can help directly by seeing that you and your family are living under the most healthful conditions possible.

FACTS ON THE ARCH ENEMY OF HUMANITY.

Tuberculosis kills producers—chiefly men and women between the ages of 16 and 45.

It claims workers—active men and women in the homes, the office and the shop.

It causes 150,000 deaths in the United States every year.

It costs the United States in economic waste alone about \$500,000,000 annually.

More than 1,000,000 persons in this country are suffering from active tuberculosis right now.

It menaces every community, every home and every individual.

AND YET TUBERCULOSIS IS CURABLE AND PREVENTABLE.

It is spread largely by ignorance, carelessness and neglect.

The National Tuberculosis Association and its 1,000 affiliated state and local organizations wage a continuous winning war on tuberculosis.

The work of these organizations is financed chiefly by the sale of Red Cross Christmas seals.

Drive the menace of tuberculosis from your door.

FIGHTING TUBERCULOSIS.

The National Tuberculosis Association has launched an extensive educational campaign. A recent health survey revealed a yearly death rate in the United States of 150,000 and there are today 1,000,000 active cases.

THE SYMBOL OF HOPE.



This is the emblem of the National Tuberculosis Association which annually sponsors the sale of the Red Cross Christmas Seals.

112 Millions used last year to KILL COLDS

HILL'S CASCARA QUININE BROMIDE

Standard cold remedy for 20 years—in tablet form—safe, sure, no opiates—breaks up a cold in 24 hours—relieves grip in 3 days. Money back if it fails. The genuine box has a Red top with Mr. Hill's picture. At All Drug Stores.

Tree Trunks Made Cisterns.
The gigantic baobab tree of central Africa, the trunk of which sometimes attains a diameter of forty feet, often serves as a natural cistern, retaining rain-water in large quantities in a cavity formed at the top of the broad trunk. Taking the hint thus afforded by nature, the Arabs artificially hollow out the huge baobabs and fill them with water during the prevalence of rains, as a provision against the dry season. These cisterns are in many cases twenty feet in height and eight or ten feet in diameter.

Will the Influenza Return?

Public Health Authorities Predict its Recurrence

Guard Against it by Building Up the Blood

Pepto-Mangan Creates Rich Red Blood and Increases Strength

Surgeon General Blue, of the United States Public Health Service, in a recent statement from Washington, warns the public that the much-dreaded influenza epidemic will probably return this fall and winter. All medical authorities agree that the weak, bloodless, run-down individual is more likely to contract this (as well as any other infectious disease) than is the strong, robust, red-blooded man or woman. In view of these facts, it is wise to use every effort to build up the blood and thus increase the bodily resistance to the invasion of the germs of the disease. Gude's Pepto-Mangan is an absolutely dependable red-blood builder in all conditions of lower vitality not due to serious disease of the vital organs. It improves the appetite, imparts color to the cheeks, and creates new hope and ambition in those who become pale, weak, and listless. Physicians recommend Gude's Pepto-Mangan. When you order, be sure the word "Gude's" is on the package. Without "Gude's," it is not Pepto-Mangan. Furnished in both liquid and tablet form. For sale by all druggists.—Advertisement.

Same Old Arithmetic.
Some university professors are talking about getting out a new arithmetic. However, our guess is that it will bother the boys just as much to discover how long it will take one man to build a wall 18 feet long and six feet high and 12 inches thick, if eight men can build a wall three times that size in four days. Arithmetic has always been the castor oil of school life; they may fool with it as much as they will but they'll never find a way to make it pleasant to take.

James Watson Says, "I'll Never Forget When Farther's Hogs Got Cholera."

"One morning he found 20 hogs dead and several sick. He called in the Vet. who after dissecting a rat caught on the premises, decided that the rodents had conveyed germs. Since then I am never without RAT-SNAP. It's the surest, quickest rat destroyer I know." Three sizes, 25c, 50c, \$1.00 Sold and guaranteed by The Ballenger Co. and Carolina Hardware Co.

LYNN.

Mr. Wilkey Capps of Lynn has been appointed by the State Agricultural Department as Federal Forest Fire patrolman for the district.

Prof. W. R. Gruber of Marion, N. C., is repairing and tuning the piano in the school this week.

Mr. Lucian L. Hicks, of Spartanburg was visiting in Lynn, last Sunday.

The father and mother of Mr. Ben Blackwell, of Dana, N. C., paid him a visit a few days ago.

It would be very commendable if the community would do some work on the school grounds; lay out some walks and driveway to get to and from the school building; also some lights provided for on the grounds would be very much appreciated by the older people attending services these dark nights.

Mr. and Mrs. G. H. Bradley and children Mr. and Mrs. R. B. Cannon and Master Harold Cannon Dewitt Cannon, Miss Essa Williams, Miss Edith Keatin and Mr. Foster, of Spar-

L & M SEMI-PASTE PAINTS
BEST THAT CAN BE MADE
Cost to you \$3.25 a Gallon when made ready to use
RECOMMENDED BY SATISFIED USERS FOR OVER 40 YEARS
Obtain COLOR CARD from our Agents or
LONGMAN & MARTINEZ, Manufacturers New York

A SANITARY MEAT MARKET

Our meats are kept in a sanitary ice box, which we keep as clean as 100 years of experience and painstaking labor can keep it. We buy the best meats on the market, both native and Western. We grind our sausage and feel satisfied that if you want clean, sweet meats you can do no better than let us serve you.

Market prices paid for Cattle, Hogs, and Chickens.

A. H. WILLIAMS.

Real Estate

For farm lands or town property see

W. T. LINDSEY, Tryon.

Thrift Days ARE REAL DAYS

The time for saving and getting ahead in the game of life is NOW.

With a Bank Account started and steadily growing you will experience a pleasure of accomplishment and saving that comes from naught else. The best way is to come in and start an account today. Don't delay on account of the amount you have for the start.

BANK of SALUDA
Capital \$10,000.00
Saluda, N. C.

JOHN B. CANNON, Pres. PRESTON H. BAILEY, Cash.

HASSLER SHOCK ABSORBERS

For Your Ford

Will prolong its life and add to your comfort.

We have a complete line of Ford parts and accessories, and know how to install them.

Goodrich Tires and Tubes
"The Best in the Long Run"

GAS FREE AIR OIL

Ballenger-Morris Motor Co.
FORD SERVICE STATION
Tryon, - North Carolina

Cannon, Sunday.

Mr. Melvin Rhodes is nursing a very sore foot from an accident which happened while working at a saw mill a few days ago.

The campaign is now on for the Soldiers Memorial Fund through the schools of the county.

About four o'clock last Friday morning the citizens of Lynn were awakened by a fire alarm. The little house in the rear of the hosiery mill, used for the superintendent's office and a junk room and many and various things stored therein were a total loss. The loss is estimated at about \$3,000. The origin of the fire is supposed to be combustion or rats.

Tench C. Edwards, son of Mr. and Mrs. A. A. Edwards, of Mill Spring, who is one of Uncle Sam's boys that has seen service overseas for two years, returned home on a furlough, yesterday.

SALESMEN WANTED to solicit orders for lubricating oils, greases and paints. Salary or commission. Address The Lenox Oil & Paint Co., Cleveland, Ohio.

NEWS ads get results.

Her Heavenly Program.

Aunt Callie was a very religious negro woman—of the shouting variety. She was telling the children about heaven, and what she expected to have when she got there. "When I get to heaven, I gwine take a crown with angel gwine gwine, an' put it on my head. Den I gwine git out my lile habb an' play some of dem chunes on it. Den I gwine stream down in my lile wings an' fly from heaven to cherry beam."

Picturesque Lisbon.

Lisbon, the westernmost of European capitals, spreads itself in terraced fashion over its 11 hills, extending for more than five miles along the shores of the famous Rada de Lisboa and for more than three miles inland. Beyond the narrow channel which flows out of the Rada through which flow the waters of the Tagus lies the open sea, and some 800 miles away over the horizon to the west are the Azores.

Most El-phants Are Cowards.

Only about twenty-five out of every 1,000 elephants in India can pass the tests for courage which are put them before they are used in the hunting.