

THE POLK COUNTY NEWS and TRYON BEE
Consolidated Nov. 1915

Published every Friday at
TRYON, NORTH CAROLINA
Office phone 99 Residence. 45.

Entered as second-class matter April 28, 1911
at the post office at Tryon, North Carolina, under
the act of March 3, 1879

C. BUSH, Editor and Publisher

Subscription \$2.00 per Year

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"Long May It Wave."

LIVE STOCK NOTES

The big draft horse is self-repairing.

Prepare warm, dry, but well-ventilated quarters for the brood sows.

Early gains are the cheapest gains in feeding any kind of live stock.

In fattening hogs for market, they should be fed a balanced ration regularly.

There should be more hogs on many farms, enough at least for the meat supply of the manager.

Sleeping quarters should be provided that will keep the hogs comfortable and keep them from squealing and piling upon each other on cold nights.

REDUCE LOSS BY CHOLERA

Farmers Must Organize in Determined Effort Consisting of Self-Imposed Quarantine.

(Prepared by the United States Department of Agriculture.)

Permanent reduction in losses from cholera, says the United States department of agriculture, can be expected only when farmers organize in a determined effort consisting principally of self-imposed quarantine, the continuous employment of sanitary measures and the early use of the serum treatment should the herd become infected or dangerously exposed.

PREVENT CROWDING OF PIGS

Properly Constructed Feed Trough Will Permit Each Little Porker to Get His Share.

Young pigs should be given their feed in such a manner that each individual pig gets its share. The simplest way to accomplish this is to allow the pigs to eat from a properly constructed feed trough, one that will keep the pigs out of the feed and will lessen the possibility of crowding.

Good Health Life's Greatest Blessing

Happiness and Success Within Easy Reach of Red-Blooded Men and Women

Anemic Condition Unnecessary

Pepto-Mangan Makes Rich, Red Blood—Builds Up Pale, Thin Anemic Men and Women

Good health is the most important asset of life. Without a vigorous, strong body and a keen mind, true happiness and enjoyment are impossible.

And yet so many women and men too, whose misfortune it is to be pale, thin and anemic, hopelessly accept this condition in the belief that robust health and real happiness are not for them.

Thousands of men and women have been restored to vigorous health and lasting happiness by Gude's Pepto-Mangan. This beneficial blood tonic contains the very properties so vitally needed to improve the blood. Pepto-Mangan, if taken for a few weeks, will enrich the blood and create thousands of tiny red blood cells that are so necessary to carry nourishment and strength to every part of the body.

Pepto-Mangan is safe, beneficial, and pleasant to the taste. For convenience it is prepared in liquid and tablet form, both possessing exactly the same medicinal properties.

Be sure to ask your druggist for "Gude's" when you order Pepto-Mangan. "Gude's" is the genuine Pepto-Mangan. Look for the name "Gude's" on the package. (Advertisement)

SPEECH OF L. L. JENKINS

Accepting the Nomination for Congress, at the Tenth District Republican Convention at Hendersonville, N. C., February 7, 1920.

"Mr. Chairman, gentlemen of the convention and fellow republicans of the tenth congressional district of North Carolina:

"There are times in the lives of us who are not any words will suffice to express the thoughts which spring forth from the human mind or the deep feelings of emotion which swell in the human breast. It is this condition which confronts me at this moment in the proudest hour of all the years of my life covering a period of over a half century. All I can do is to call upon every atom of my being to arouse itself in gratitude to you for the distinguished honor which you have done me in naming me as your candidate for highest position directly in the gift of the electorate of this great district, a seat in the lower house of the national congress. With all my heart I thank you for this evidence of your faith in my loyalty to the party which you, in part, represent, and for your confidence thus manifested in my ability to meet the obligations which attach to leadership. More particularly still, do I appreciate the fact that you should count me as qualified to meet and perform, worthily, the duties and responsibilities which devolve upon those who hold positions of such high estate as that for which you have nominated me. This latter comes to me with special force, knowing as I do, that all of you feel with me that the nominee of this convention is going to be the next congressman from the tenth district.

"I love the people of the southland, for they are most closely my own; I love the people of North Carolina with a son's affection; I love with passion the people of my adopted district, and no sacrifice would be too great for me to make to the end that they might enjoy to the fullest, all the blessings and happiness which could come to a prosperous and contented citizenship, and I authorize you to pledge to them, if elected, that I will direct all of my energies of body and mind, unselfishly and without reservation, to the accomplishment of whatever things would best promote and conserve their interests in every respect. There is no people in all the land more thoroughly American, or who possess more red blooded corpuscles than those who inhabit this beautiful country of ours. I am sure, therefore, that we all love our common country with a patriotic devotion which knows no limitations and I know every one of you will gladly join me today in pledging anew, our allegiance to the glorious flag and for the defense of our sacred institutions of liberty vouchsafed unto us by the constitution of the United States.

"There has never been a time in all history when our nation has been so beset on all sides by chaos and confusion, as is the case at this time, and it behooves every one of us, at any sacrifice, to extend to the utmost limit of our powers in an effort to bring such influences to bear upon the situation as will tend to calm the troubled waters and place us back more nearly to our former moorings and put us in position where we can, with greater safety, undertake to perform whatever mission we may owe to the rest of the world.

"There are, however, in my opinion, many things which will have to be done and many changes in our domestic policy before we can hope to reach a happy economic condition, and there is indeed a very great task ahead of those in authority whose duty it is and will be to lead in the accomplishment of our mission both at home and abroad. It is a task from which a timid or a selfish man would shrink, for it involves sacrifices of everything which one, in the evening of life especially, craves for himself. Because of my love for my country, I covet a part in the great work, and hence I accept your nomination and face the possibilities of the future with confidence and unafraid. Later on I shall expect to address myself to a discussion of the issues set forth in the platform which has been adopted by you here today, as well as some other things pertaining to the interest and welfare of the people at large, and more particularly some things relating to the finance of the country and to the operation of the federal reserve system and the subject of state and federal taxation and the 'high cost of living.' I shall also desire to enlarge upon the position taken by this convention on the subject of labor and capital; sufficient to say at this time, that we have in our country, on the one hand and a one extreme, an element of destructive radicalism which breeds anarchy on the other extreme we have a reactionary bourbonism which breeds anocracy. Capital is prone to charge labor with responsibility for the former, and sometimes labor is disposed to permit the agitator to connect all capital with the latter class. It is important, yea necessary, that they both shall get together in more harmonious and friendly understanding and spirit of co-operation, and establish a happy middle-ground between these two dangerous extremes, and stand together in favor of a progressive, conservative, constructive Americanism, capital to be willing at all times to give labor a square deal, and every consideration consistent with distributive justice, and labor should be willing to reciprocate such treatment with a most sincere and honest effort to perform, faithfully and well, and without stint, the obligation which such consideration on the part of capital imposes upon it.

When such an understanding has been consummated between these two great factors in the economic life of our nation, we will have gone a long way toward a solution of some of the most serious problems with which we are having to contend, and our troubles will gradually vanish before the onrush of two such mighty forces working together as did the armies of the central powers before the charge of the allies at the Argonne and Chateau Thierry. The sons of the capitalists the sons of labor stand shoulder to shoulder there when the destiny

Pneumonia

often follows a Neglected Cold
KILL THE COLD!

HILL'S CASCARA QUININE BROMIDE

Standard cold remedy for 20 years
—in tablet form—safe, sure, no opiates—breaks up a cold in 24 hours—relieves grip in 3 days.
Money back if it fails.
The genuine box has a Red top with Mr. Hill's picture.
At All Drug Stores

of our nation hung in the balance. Should they do less here in the period of reconstruction when such great opportunities are being presented to us to lead all of the nations of the earth in wealth, influence and power? Must our boasted democracy and republican institutions fail to function because of avarice, selfishness and greed, and because of our consequent inability to deal with the forces which make for our destruction? These are questions which must be answered and answered soon. Methinks I can hear the voice of Theodore Roosevelt crying unto us from the great battlefields of Heaven, 'To your tents, O Israel.' (Advertisement)

NOTICE.
WANTED TO SELL—The timber from 300 or more acres of virgin forest, for immediate removal. Usual varieties, mostly oak, pine, chestnut, birch, hickory, walnut, etc 8 miles northeast of Saluda, in what is known as Green River cove.
E. J. BRADLEY & SONS.
Saluda, N. C.

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MISSILDINE'S PHARMACY
For Sale:—Team of good work mules; one springer, will be fresh soon. See C. J. Lynch, Tryon, N. C.
Pure bred Rhode Island Red eggs \$2.00 for fifteen. From good winter layers.
A. H. DANIEL,
Candler, N. C.

Wanted:—Home-made chairs. Will pay good price. Must be smooth and nice white seats. Want some at once. Arthur Scruggs, Tryon, N. C.

NOTICE.
T. A. Pendleton enters 3 acres of land, more or less, in Columbus or Greens Creek township, Polk county, N. C., on waters of Hugh creek, adjoining lands of Elias Cantrell, McFarland land and others.
Entered March 4, 1920.
F. M. BURGESS, Entry Taker.

NOTICE
Having qualified as administrator with will annexed of the estate of Mrs. Mattie A. Nelson, deceased, all persons having claims against said estate are requested to present the account to me within twelve months from date, or bar by statute will be lead. All persons indebted to said estate will make payment to me without further notice of settlement.
This 3rd day of March, 1920.
W. G. EGERTON, Administrator.

NOTICE.
The undersigned having been duly appointed administrator of the estate of H. L. McDowell, deceased, late a resident of Polk county, all persons having claims against the said H. L. McDowell, deceased, are notified to present verified statements of the same to the undersigned on or before the 8th day of March, 1921, or this notice will be plead in bar of their recovery. All persons indebted to said estate are notified to settle the same forthwith.
This 8th day of March, 1920.
W. L. McDOWELL, Administrator.

NOTICE.
There will be held an election in White Oak township at the various precincts and same Registrar and Judges as the County Home bond election, on April 20th, to vote road bonds on said township in the sum of \$50,000 for the purpose of building about 20 miles of road from Tryon by way of Mill Spring and same order in Columbus township for \$30,000 bond issue for about 30 miles of gravel road leading from Tryon to Mill Spring and from Columbus to Sandy Plains. The bonds to be sold by County Highway Commission when State and Federal aid is available. The elections to be held same date and place of the County Home bond issue. Those voting for the bond issue voting a ticket with the words "For Road Bond Issue." Those voting against it the words "Against." By order Board County Commissioners, March 1st, 1920.
F. M. BURGESS, Clk. to B. C. C.

Attend the Hampshire Swime Meeting, at Tryon on Tuesday, March 16. It will do you good.

You Plant Them OUR SEEDS GROW

The Crops Will Be Bumpers

Holding the friendship of the seed dealers and the planters of Western North Carolina and acquiring new friends every year is a record we are proud to possess. Our steady increases in seed tonnage distributed each year is good evidence of the

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Write Today for Our 1920 Catalogue
The Planting Guide for Western North Carolina

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Tax Listing Personal Property Notice

All persons in Polk County are hereby notified that they must list all property at once under the new revaluation act. Come on the dates named below in the following townships:

Last call for Tax Listing in White Oak Township.
Don't fail to meet me at Pea Ridge, Mrs. Taylor's Store, Thursday, March 18th, 1920.
Mill Spring, Lewis Store, Friday, March 19th, 1920.
The law makes it a severe penalty for your failure to list, and, this is the last call.

GEO. A. GASH,
Tax Supervisor, Polk County.

Introducing the "BON MARCHE SPECIAL" HAIR NETS

These hair nets are made and packed exclusively for this store. They are of Natural Hair, are made full size and come in Cap or Fringe Shape. Each Net has been inspected and is Guaranteed to be perfect. Each envelope is stamped "Bon Marche Special" and to procure this we have contracted for thousands of dozens of Hair Nets of this quality and will sell them for an indefinite time at

15 cents each
2 for 25 cents

Colors: Black, Auburn, Light, Dark and Medium Brown, and Blonde.
(White and Grey Nets are 25c each.)
Buy "Bon Marche Special" and get the Best.

Bon Marche Asheville, N. C.

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Collections a specialty. Deeds and Mortgages prepared, and Contracts written at reasonable prices.
TRYON, N. C.

Tryon Lodge No. 118 Knights of Pythias

Castle Hall in Missildine Building Meets Thursday Evening at 8:30 VISITORS WELCOME

W. F. LITTLE NOTARY PUBLIC

Tryon, N. C.

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SALUDA, N. C.

Classified Advertisements.

FOR SALE OR RENT:—35 acres, good house and barn. Conveniently located near town. Fine place to keep boarders. House partly furnished. Apply to James Leonard, Real Estate, Tryon, N. C.
WANTED—Cow peas, if you have any to sell, we want to buy them. HOMES SEED STORE, Spartanburg, S. C. 162 E. Main St.

Mack P. Spears

Attorney at Law
Columbus - N. C.

COOKERY FOR THE CONVALESCENT.

Economy and variety may perfectly well go together—the better the cook, the greater the economy. Economy means getting full value for the expenditure, whether it is money or time.

In the majority of homes the care of the sick falls upon the people in the home as one cannot always get a nurse or pay for one.



The greatest care should be taken in the selection and care of food for the sick. The first requisite is cleanliness. The patient should have as much of a variety as possible, as those who are ill have poor appetites and tire of sameness in food much sooner than those who are well.

The physician's orders should always be followed and no new food should be introduced without first inquiring as to wisdom of the change.

Those recovering from fever have an abnormal appetite which cannot be satisfied with safety. Many have lost their lives by being allowed some food which was craved, but which the patient could not digest.

The liquid diet may be varied in such a manner that it never becomes monotonous. In beginning a more solid diet care should be taken to have the change very gradual.

Chicken Panada.—Remove the skin and every particle of fat from the breast of a chicken. If the fowl is a large one half of the breast will be sufficient. Place in a saucepan with enough water to cover and simmer slowly for two hours, or until the meat is very tender. Take it from the broth and cut it into small pieces, then press through a sieve, using a large spoon. Add the broth to the chicken, season to taste with a bit of salt. Add four tablespoonfuls of cream and bring to the boiling point. Serve in a pretty bowl with crisp bits of toast cut in fancy shapes.

Meat Pate.—Scrape with a small tin spoon a piece of beef cut from the round. This removes the tender meat fibers and leaves the connecting tissue which is tough and hard to digest. Press the scraped beef into a flat cake and broil in a smoking hot pan or toast on a fork over coals. Season it to taste before making it up into balls. Serve on triangles of toast garnished with parsley.