POLK COUNTY NEWS, TRYON, N. C.



I of spring millinery, leads to elabor- which "Line' appears to play the leadation; hats are intricate, and there ing role and "Fur" is an actor of is much work on them. Even the much increased prominence. Fabrics tailored hat which is expected to be are as they have been, soft and velsomewhat plain as compared with its vety-styles in the main simple, but so dressy companion, is an affair of well managed that the new season's elaborately made ornaments or braid- coats are flattering affairs. They have ing or tucking, and of unusual shapes. a smartness and a vivacity that will At least half of the shapes, whether | endear them to their wearers. for street, sports or dressy wear, are

Summer furs have established themcovered with highly lustrous fabrics, selves as a part of the play in the





Good name in man or woman, dear my lord,

i. the immediate jewel of their souls; Who steals my purse, steals trash; 'tis something, nothing;

Twas mine, 'tis his, and has been slave to thousands;

But he, that fliches from me my good name.

Robs me of that, which not enriches

And makes me poor indeed. -Shakespeare's "Othello, the Moor of Venice."

DISHES FOR THE CONVALESCENT

The convalescent should be given as much variety in food as possible. as weat diges-

tions and poor

appetites are apt to thre of food served in the same way much quicker than persons in health. It is hard to real-

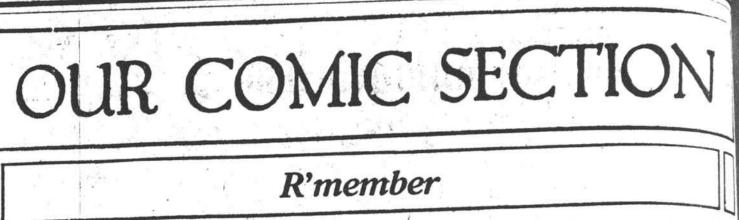
ize that a person who is ill or is re-

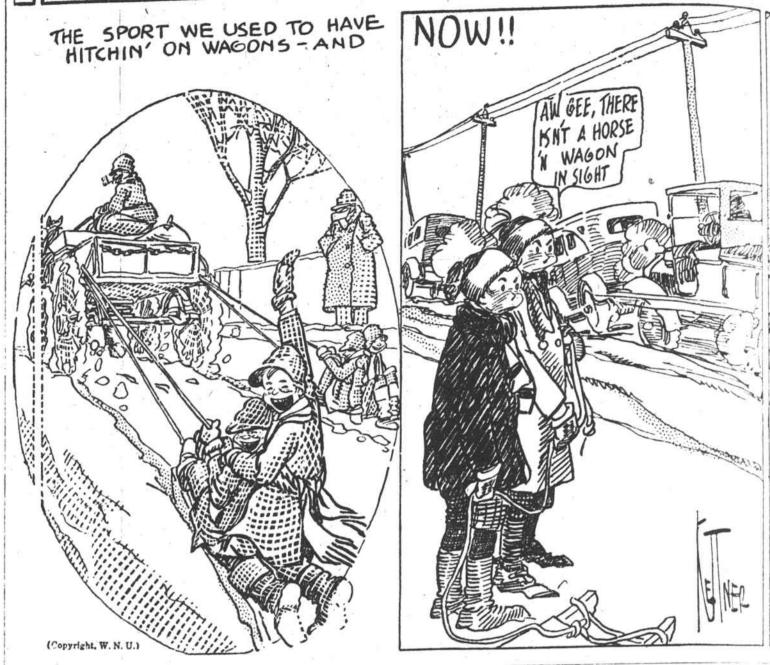
covering from illness is out of balance mentally as well as physically. so it is necessary to be patient and humor them as much as is possible. Persons recovering from a fever are apt to be ravenously hungry and will eat more than is good for them. The liquid food may be given in larger quantities, but the solid food must be given in small quantities.

Bisque of Clam and Sago .- Boil an ounce of sago in salted water-the water in which the sago has soaked over night. Cook until perfectly transparent, then add one-half cupful of hoiling milk and a tenspoonful of butter. Pass the clams through a meat chopper, bring them to a boil in their own liquor, add the sago, season to taste with salt and pepper, thicken with cracker crumbs and serve in a pretty bowl with thin toasted bread.

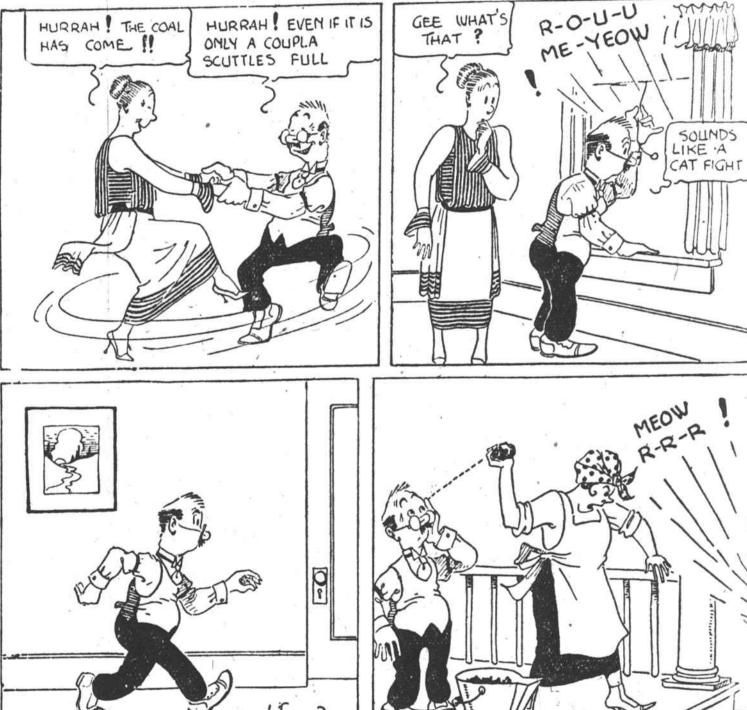
Prune Whip .- Stew a half-dozen prunes with a little sugar and lemon Juice, in the same water in which they have been soaked over night. Put them through a sieve, add the beaten white of an egg and serve heaped in a glass with a dot of whipped cream.

Pineapple Pudding. -- Place In a double boiler a half cupful of water. When boiling add a tablespoonful of sugar and stir in the yolk of an egg mixed with a teaspoonful of cornstarch Stir until smooth and thick. then add one-half cupful of grated pineapple or pineapple juice. Beat to





The Cat's Me-ow Gets the Coal



L.T. VAN LELM.

DIVERSITY SHOWN IN THIS GROUP OF HATS

signer of coats. Privileged to use

fabrics, although taffeta silk, and some ness brings grist to the mill of the de dish and top with whipped cream. other silks, hear them company.

brims founded on the bell and the poke collars, they appeared in the earliest ful of flour into a saucepan and stir shapes. But there are off-the-face showing-and received the glad hand until it thickens; then add one-half shapes, tricorns, turbans and toques of welcome. Other models have fol- cupful of water or canned fruit juice. so that the choice is wide enough to lowed, with cuff's as well as collars of three tablespoonfuls of sugar, the insure a becoming style to everyone. fur.

Something of the diversity which Two models have been chosen for promises to give everyone a hat a lit- illustration here-both with a bit of Beat the yolks and add to the sauce. the different from that of her inti- fur in their make-up and styled with beating briskly; let the sauce cook mates, appears in the group of early an eye to becomingness as well as over the fire at a simmering point, spring models pictured. A pretty model practical all-round wearing qualities. fold in the stiffly beaten whites and at the top of the group is of brown The coat at the left has a short yoke, serve. baropet haircloth with tan soutache supporting a straight-line body that braid decorating the flaring and has sufficient fullness for confort and

interesting brim, turned upward at the achieves long, graceful unbroken lines, back. Below it, at the left, a black emphasized by the wide, loose strap milan makes a background for a huge trim at each side. The short-haired

STYLED WITH AN EYE TO BECOMINGNESS

ocerde of narrow grosgrain ribbon | fur collars on coats of this character with metal edges, which is braided are usually in the same color as the about the crown. At the right a hat coat.

grosgrain ribbon to match A large hat fastening with a handsome ornament. Cold roast pork, cut into dice with

of henna, suede-finished cloth is A more youthful model appears at stand until cool, then add one-half trimined with loops and quilling of the right with surplice front opening, supful of good milk.

the boiling point, then fold in the stiffly beaten egg white and chill. These are mostly seculiarly millinery | spring wardrobe and their becoming. Heap up in a glass or pretty pudding

Plum Pudding Sauce .- Put one-half The major ty of hats have drooping them in the first spring models for cupful of butter and one tablespoongrated rind of half a lemon. Separate the yolks and whites of four eggs.

> Let us be better men! In a world that geeds so much The loftler spirit's touch. Let us grow upward toward the light Wedded to wanting to do right Rather than wedded to human might.

SEASONABLE GOOD THINGS

Peach and Grape-

O Western Newspaper Union

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A salad which is especially good at this senson and of materials found in the home and

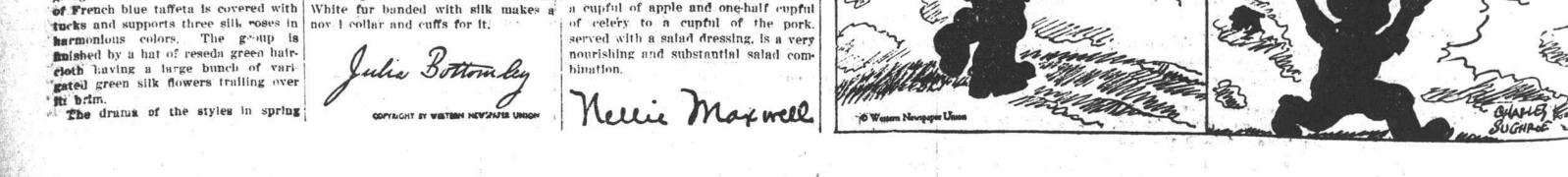
market is: fruit Salad. -- n heart leayes of lettuce arrange halves of canned

peaches, fill the centers with finely-shredded celery and arrange sections of grapefruit around the peaches; sprinkle with chopped pecan meats and serve with the following dressing: Beat until firm onehalf cupful of cream, add paprika, one-fourth teaspoonful of f.lt. two tablespoonfuls of lemon juice. Place a spoonful of this dressing on the peach and garnish with a candied cherry.

Oatmeat Bread. - Take one-half upful of bolling water, let stand until lukewarm, the add one-fourth of a cupful of molasses, one teaspoonful of salt. Dissolve one-fourth of a yeast cake in a little water, stir in all the flour it is possible to put into the mixture, using a spoon : let rise over night or until light. Pour into a bread pan and let rise until twice its size. Bake in a moderate oven for two hours.

Shirred Eggs With Bacon,-Into ramekins, brushed with butter, place a tablespoonful of cooked bacon, break an egg into each cup, sprinkle with seasoning and set into the oven to bake just long enough to set the egg. Raisin Gruei .-- Take a dozen large raisins, seed, place in a double botter and pour over them a pint of boiling water; cook for an hour. Strain off the water and thicken it with one teaspgonful of cornstarch dissolved in a tablespoonful of milk; stir constantly while adding, cook ten minutes or longer, add salt and sugar to taste. Let





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