POLK COUNTY NEWS, TRYON, N. C.

Says Teethina Saved Her Baby From the Grave

"I actually believe Teethina saved my baby from the grave, for she was the sickest little thing you ever saw for six weeks," writes Mrs. B. W. Wamble, Route 4, Elba, Ala. "She had the best treatment we could give her, but seemed to get worse instead of better. When we stopped everything else and gave her Teethina she got better right away, and now she is a laughing, playful little darling and eats anything."

If Mrs. Wamble had given her little one Twethina at the first sign of trouble she would have been saved many anxious hours.

Teethina is sold by leading druggists or send 30c to the Moffett Laboratories, Columbus, Ga., and receive a full size package and a free copy of Moffett's Illustrated Baby Book .-(Advertisement.)

Wood Choppers Are Gone.

Wood- choppers have disappeared and in all the big wood centers of eastern Connecticut. Where thousands of cords should be piling up, not a single tree is being felled. Prophecies are made that wood will go up to \$20 a cord, if not higher, by early winter. -Indianapolis News.

STOMACH MISERY, GAS, INDIGESTION

"Pape's Diapepsin", is the quickest, surest relief for indigestion, gases, flatulence, heartburn, sourness or stomach distress caused by acidity. A few tablets give almost immediate stomach relief. Correct your stomach and digestion now for a few cents. Druggists sell millions of packager of Pape's Diapepsin.-Adv.

Hard to Please.

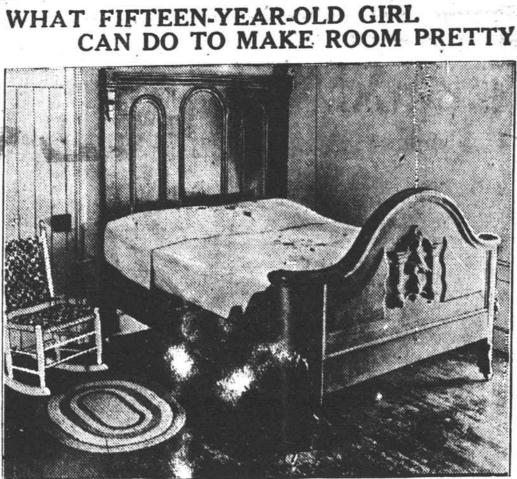
Mrs. Beanpole was giggling to herself as she read the paper.

"Can't you stop that giggling," demanded Mr. Beanpole. "How can I get my accounts audited?" She preserved a hurt silence.

"There you go," snarled Mr. Bean-

pole. "Smile, consarn it."-Louisville Courier-Journal.

Hall's Catarrh



Room Beionging to Two Virginia Far m Girls.



Exterior of This Farm Home.

orange to harmonize with the walls and drapery. She also hemstitched her sheets and pillow cases as part of club work and made the coverlet and bolster slip herself. These are made of unbleached muslin, the edges buttonholed in black, with a butterfly design appliqued in brown and orange.



Medicine is a Combined Treatment both local and internal, and has been successful in the treatment of Catarrh for over forty years. Sold by all druggists, F. J. CHENEY & CO., Toledo, Ohio

True Indeed.

"I thought," said the disappointed friend, "you told me this election was going to be a walk-over." "Well," answered the former candidate, "it was. I was the doorstep."-Washington Star.

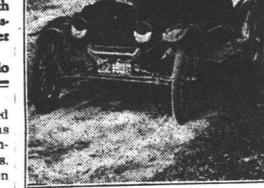
WOMANLY WEAKNESS

Birmingham Lady Took Cardul

for Relief of Change of Life

Troubles and Says It Helped

Her "So Much."



Home Demonstration Agent Arriving to Help Plans of Club Member.

This butterfly design is repeated in the lace curtains at her window. Example for Others.

The usual result of having one room length and open at the front, fastenin a house done over in this way by ing with buttons, but there are occaan ambitious girl is to stimulate the sional side openings. The introducfamily to see what can be done to tion of brushed wool in collars and improve the rest of the house, particularly the living room and dining room. The lower picture shows the home demonstration agent arriving to help plan the club member's changes, and the upper one shows the exterior of this farm home.

wood shades, brown, beige, navy and | sllky and immensely becoming fur of tan leading in colors.

In the suits, coats are usually hip be safely pronounced the most popular thing in furs. Its vogue 'extends through summer and winter and it provides the finishing touch for suits, trimmings makes opportunity for atstreet dresses, afternoon and dinner tractive color contrasts. Navy and costumes. Fur lends a touch of luxury beige, navy and red, blue and gray, brown and orange, tan and brown are and richness dear to the heart of womcombinations that are repeated in the en and it harmonizes with everything. "Platinum fox" is the name given to display. Bandings of brushed wool appear on both coats and skirts, as light colors, dyed to match the suits or

the fox, and among them are the plentiful hares.

The familiar neckpiece pictured may

Suicides. About 16,000 Americans committed

suicide last year, according to insurance statisticians. It compares with around 10.500 murders.

LOMBARD IRON WORKS, AUGUSTA, GA.

Trimmed

The suicide rate was 15 out of every 1,000 population. Figuring it on the basis of lifetimes, suicide apparently ends about 1 life out of every 150. It is a futile attempt to escape from the unescapeable, for we take our troubles with us when we pass over.

Woman is the ancestress of the lady,



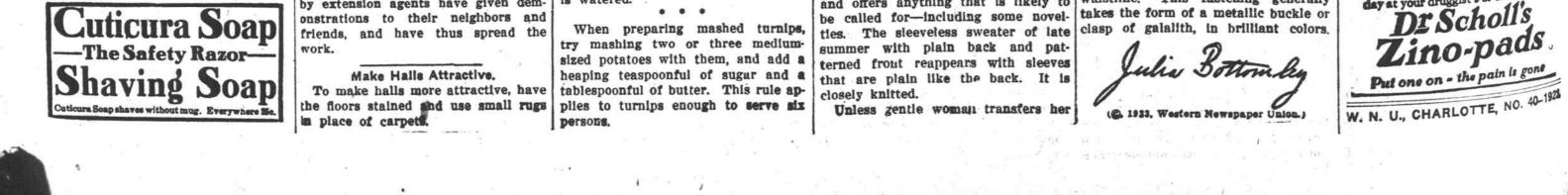
Teething rash, prickly heat, eczema, chafing, and other skin disorders to which babies are subject can be quickly subdued by Resinol. Apply this pure, soothing, healing ointment to the alfected parts and note how soon baby's fretful crying stops as its cooling touch relieves the itching and burning.

Resinol Soap for baby's hair keeps it soft and silky. At all druggists,



Stop their pain in one minute For quick lasting relief from corns, Dr. Scholl's Zino-pads stop the pain in one minute by removing the cause

-friction and pressure. Zino-pads are thin, safe, antiseptic, healing, waterproof and cannot produce infection or any bad after effects. Three sizes-for corns, callouses and bunions. Cost but a trifle. Get a box today at your druggist's or shoe dealer's



MAKING CRISP POTATO CHIPS | SPANISH BEEFSTEAK IS GOOD

With Increased Commercial Manufacture Has Arisen Many Problems -Bulletin Explains.

Birmingham, Ala .- "I first took Cardui for that tired, worn-out feeling that comes from being dreadfully rundown," says Mrs. Catherine E. Smith, of 2106 Stout Street. "Twenty-five years ago I was suffering from womanly weakness. . . . I 'read of Cardul in an almanac, and thought I would try it. I got a bottle and it helped me from the first. 'After that, during the whole of my married life, I took Car- ment Bulletin 1055, Methods of Manudui when I needed it.

"About four years ago, change of life came on me. . . . I grew weaker and weaker, and was confined to my bed where I laid on my back for days. I was told that only a severe operation could do me any good, and this depressed me very much for I dreaded such an ordeal.

"I remembered how Cardui had helped me for female trouble in the past and I had read of how it had helped other women during the change of life, so one night I told my husband to go to the drug store and get me a bottle. I began taking it at once. From the first dose I could feel myself getting stronger. . . . I continued to take Cardui until I was entirely through this very trying period of a woman's life. . . . Cardul is a wonderful medicine for women. It helped me so much that I gladly recommend it to other women suffering as I did." At druggists.



With the increase in the commercial manufacture of potato chips has arisen many problems, including the question

of what varieties of potatoes are best adapted to this method of preparation. The comparative value of several varietles of potatoes was recently determined, 'therefore, by the bureau of plant industry of the United States Department of Agriculture, and a report of the findings printed as Departfacturing Potato Chips, is now ready for distribution.

The report shows that potatoes must be of proper maturity and starch content to make good crisp chips. It describes the kind of fat best suited to frying, the equipment, recipe, time and degree of temperature for cooking. It also shows the percentage of chips obtained from different varieties and their comparative value for market purposes.

The information given in the bulletin can be used in making chips at home as well as commercially. The value of different varieties of potatoes for other methods of preparation is discussed. For example, a table showing the percentage of loss in peeling can be applied to the selection of potatoes for making mashed potatoes as well as chips.

Copies of the bulletin may be had upon application to the department at Washington.

BEEF CANNED BY HOUSEWIVES

Meat of 150 Animals in Texas County Made Into Stews. Roasts, Soup Stock, Etc.

In Tarrant county, Texas, says a report received by the United States Department of Agriculture, about 150 beef animals were canned by housewives during the year. The beef has been made up into stews, roasts, steaks, soup stock, and chill. Most of the people attending demonstrations by extension agents have given dem-

Disadvantage of Driving Out Juices by Pounding Overcome by Addition of Flour.

Pounding meat before cooking is an old-fashioned method of making it tender. While it has the advantage of breaking down the tough tissues, it has the disadvantage of driving out the juices and with them the flavor. A way of avoiding this loss is by pounding flour into the meat, says the United States Department of Agriculture. The flour catches and retains the juices. The department suggests the following method of making Spanish beefsteak:

Cover two pounds of round steak, cut about one inch thick, with enough flour on each side to absorb the juices. Pound the steak until it is quite thin. Season with salt and cayenne pepper, cover with a layer of sliced bacon or salt pork, roll it up and tie with string. Place in a baking dish of earthenware or glass, with a tight-fitting lid. One cupful of milk and half cupful of water are added, and the steak is baked for two hours. It should be basted occasionally. The oven should be medium hot, and more liquid should be added if the original amount cooks away.



Put a pinch of soda into the water when arranging flowers. They will stay fresh much longer.

Paint in woolen clothing, no matter how hard and dry, can be taken out with equal parts of turpentine and ammonia.

. . .

Dip a knitting needle into the milk which you may suspect of having been watered. If there are no particles of milk adhering to it when you take it out you may be certain that the milk is watered.

light gray wool trims a suit in a darker these scarfs are shown in gray, taupe, shade.

suits in which the coats have an at-A navy blue suit, with the coat showing a faint pattern in red, is completed with a scarf of plain navy.

crop of sweaters is the largest ever and offers anything that is likely to waistline. This fastening generally

tan, sand, beige and colors of the same

is quite sure to persist, but is only at-Short coats have again come into style. The new models now being shown are made in box-coat and blouse effects, with standing or choker collars and a single fastening at the

MOST POPULAR THING IN FURS shown in the illustration, where a very | dresses to be worn with them, and

A distinctly smart note appears in character. The "dyed-to-match" idea tached throw scarf instead of a collar. tractive in guiet or neutral colors.

It goes without saying that the new